



# Palmerston North Boys' High School

## Newsletter 2015 - August

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Polson Banner remains at School for 2015



1st XI Hockey win Super 8



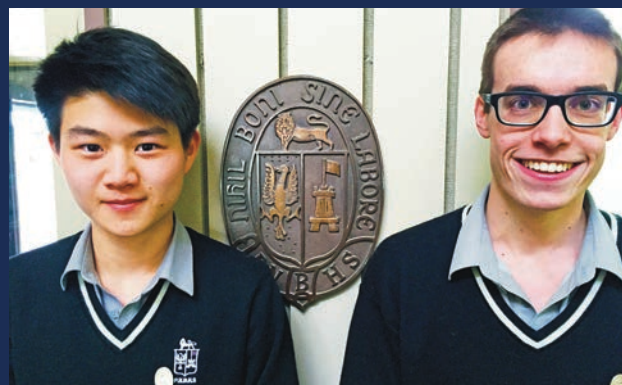
Superb performances from gifted trumpeter, James French



Pasifika group at the Fusion Festival



Individual winners of Year 9 Haka competition



Top Massey students - Bogo Lee and Sam Dobson



Tama Tu Tama Ora boys survive two tough weeks



Willie Apiata, VC, at school for Leadership Week





## From the Rector Mr David Bovey

At the funeral service I talked about Mr Tamatea's contribution to the school throughout his time with us and I added that in describing Dawson's contribution to Boys' High, it isn't about a list of roles he had or even his huge range of involvement – it's about people, and the impact he had on people, about the way he treated people.

The new term began with the terribly sad news that Mr Dawson Tamatea had passed away. Mr Tamatea had been a teacher at PNBHS for nearly 30 years and his contribution to our school was immense. Mr Tamatea's funeral service was held here at school and we certainly appreciated the support of the school community in that regard. That the service was so well-attended is testament to the number of lives Mr Tamatea has touched.

At the funeral service I talked about Mr Tamatea's contribution to the school throughout his time with us and I added that in describing Dawson's contribution to Boys' High, it isn't about a list of roles he had or even his huge range of involvement – it's about people, and the impact he had on people, about the way he treated people. We saw that by the number of people at the service, we saw it from the countless messages of support we received from around the world, from Old Boys and from complete strangers who were moved after seeing the young men of the school perform a haka as the hearse carrying Mr Tamatea arrived at school for the service.

I also noted that Mr Tamatea had worked with four Rectors in his time at the school – and when you consider that since 1902 the school has had only nine Rectors you will understand the significance of Mr Tamatea's time with us.

The clip of the haka has certainly attracted a fair amount of attention from around the world. At last count there were more than five million views on YouTube, and Year 12 student Te Ariki Te Puni was interviewed live on GMT, a BBC World News programme, which was organised through Old Boy Andrew Roy, Foreign News Editor at the BBC. Mr Tamatea would be quite tickled with all the attention.

What we did see from our young men was a huge amount of respect and pride and for many young men the haka was an ideal outlet for expressing and dealing with their grief. In an assembly we as a school community remembered Mr Tamatea giving our young men the opportunity to be part of the grieving process as we as a community deal with such a huge loss. And it was important to talk about; as Shakespeare once said "Give sorrow words; the grief that does not speak knits up the o'er wrought heart and bids it break."

Dawson was a wonderful man and will be greatly missed.

## School Reports

I noted in the previous letter that reports had gone out last term. It is worth mentioning here just how positive the overwhelming majority of those reports were. Year 13 reports, in particular, were outstanding in the main and showed that those young men are focused on achieving the best possible academic results from this important year. All year levels were impressive, and as ever it is just a small minority who are letting themselves down with poor effort or behaviour. Focus in the classroom is paramount if each of our young men can achieve to his potential.

## Open Day

The recent Open Day saw large numbers visit the school throughout the three sessions. Indeed, the numbers were significantly higher than in recent years. I would like to thank those involved in Open Day; the staff and the many young men who gave their time to ensure Open Day was a success. Special thanks go to Year 9 pupils Tamati Ruawai and Brennan Couchman who, along with Head Prefect George Gaimster, spoke at each of the presentations. My thanks also to those young men who acted as tour guides and did a superb job of providing their groups with information about the school from a young man's perspective.

Enrolments for 2016 close on Monday 7 September.

If you require further detail please contact the school office on 06 3545 176.

## NCEA Internal Assessments

All parents of young men sitting NCEA this year should be receiving fortnightly electronic or hard copy updates from us regarding internal assessments that are due in the following two-week period. We hope these are useful and would encourage you to discuss your son's assessment schedule with him so that he meets all deadlines and can pass all assessments at a level commensurate with his ability and level of application.

The teaching and assessment programme for young men sitting NCEA this year is at the business end of the year. It is essential that young men maximise the use of their time so that they can secure a qualification of worth.

Internal examinations take place from Friday 11 September to Friday 18 September and young men need to take these examinations seriously. Effectively these are practice examinations for the externals they will sit in November and it is the last opportunity for them to receive indicators as to their progress.

The results from these examinations will also be used if a young man should require an NZQA derived grade because of bereavement, serious illness or an accident during the external examination period. Thus we would stress that young men take these examinations very seriously as every year we have a number of students who need this type of assistance. Sometimes young men think that it will not affect them.

## Winter Tournament Week

We wish all of our teams competing in National and Regional tournaments all the very best as they travel throughout the country in week seven of the term.

D M Bovey - Rector

## Student Achievement

### Super 8 tournaments:

**Badminton** – the Senior A team finished runners-up at the recent event in Hamilton.

**Basketball** – the Premier A team finished sixth at the tournament held in Napier

**Chess** – the Senior A team finished fifth.

**Cross Country** – finished runners-up to Hamilton BHS; our best result to date in this competition. The juniors, in particular, did well.

**Hockey** – the 1st XI won the Super Eight title for the eighth time – a great result.

**Football** – the 1st XI finished fourth in Gisborne after promising signs prior to the tournament.

**Rugby** – following the results above, the 1st XV lost to New Plymouth before defeating Tauranga prior to the holidays.

**Cycling** – Campbell Stewart won the Omnium event at the National U19 Track Cycling Championships held in Cambridge.

**Academic** – Bogo Lee (4 x A+) and Samuel Dobson (3 x A+) were the top performers in Massey University Semester One papers as part of the Year 13 Accelerate programme. Year 11 student Edward Chen achieved two A+ grades, including one in a 300-level paper. Sam Angel and Jake Mayston also achieved two A+ grades.

**Basketball** – Oscar Oswald was named captain of the NZ U16 basketball team that played in Australia.

**Cycling** – At the NISS Road Racing Championships held in Cambridge on the first weekend of the holidays the Senior A team won the time trial and the Junior A team finished third in their time trial. In individual events, Robert Stannard was first in the U20 Road Race and third in the U20 Criterium, which was won by Campbell Stewart. Michael Richmond was second in the U14 Criterium.

**Hockey** – Matthew Chard, Angus Griffin and Hayden Phillips played for the Central U18 team that won the National U18 hockey tournament during the holidays. Hayden was named player of the tournament.

**Rugby** – Brayden Iose was selected for the Hurricanes U18 team that

defeated the Crusaders U18s.

**Cycling** – at the NISS Track Championships Campbell Stewart won the U20 Scratch race with Carne Groube second. Campbell won the U20 Elimination race with Robert Stannard second and Carne third. In the U20 Points Race, Robert finished first with Carne second. In the teams' events, PNBHS won both the U20 Pursuit (Campbell, Robert, Carne and Andrew McKenzie) and the U20 Sprint (Campbell, Robert and Carne).

**Music** – the Stage Band and OK Chorale held a fundraising concert at the Hunterville Town Hall recently. It was well-attended and also featured the Old Boys' Band. A successful and enjoyable night.

**Pasifika Fusion** – the Pasifika Cultural Group took part in the recent Pasifika Fusion Festival. Melo Tuimana was awarded first place in the poetry section and Jaden Antonio was first in the visual art category.

**Polson Banner Exchange** – the biggest exchange of the year. The 1st XV won 51-10 in a match that is also part of the Super Eight competition. It is the first time in the history of the fixture, dating back to 1904, that a team has scored 50 points or more. In other fixtures, the 2nd XV and Year 9 Rugby XV were beaten while the 3rd XV won; in hockey, the 1st XI, 2nd XI and U15 teams all won their matches; in football, the 1st XI won 4-0, while the 2nd XI and U14 teams were both beaten. Senior debating lost, juniors won; Premier A basketball won 80-72 while the golf team were soundly beaten. Overall, the exchange was 8-6 to School. More details can be found in the special reports in this newsletter.

**Music** – the Concert Band received a Gold Award at the Hawke's Bay Festival of Bands held at Lindisfarne College in Hastings.

**Drama** – the annual Dramafest season is underway with classes performing plays, seniors as part of their internal assessment programme.

**Mathex** – Year 9 and 10 teams represented the school at the annual Mathex competition held at the Racecourse. Three teams were entered at each year level; one of the Year 9 teams finished runners-up, while in Year 10 PNBHS teams finished first and second equal.

**Basketball** – Haize Walker and Callum McRae have both been named in the NZ U17 team.



### From the Deputy Rector

Social experiments have concluded that teenagers model a lot of their behaviour on the adults whom are significant to them, and with whom they spend considerable amounts of time.

### Student Achievement - NCEA

Recently the 2014 Public Achievement Information for New Zealand schools was released by the Ministry of Education. This data is produced annually and tracks progress towards the governments 'better public service' targets.

Against the key benchmark of school leavers with NCEA Level Two, PNBHS have moved from 83.4% in 2012, to 92.1% in 2014. For Maori students this figure has moved from 65% in 2012, to 82.7% in 2014, and for Pasifika students, from 60% in 2012, to 71.4% in 2014.

These results are generally pleasing, but do indicate that we have progress to make in terms of Maori and Pasifika student achievement. This is a key focus of our staff professional development in 2015.

### School leavers with a minimum of NCEA Level 2 in 2014:

Palmerston North Boys' High School	92.1%
Manawatu/Wanganui Region (boys)	72.2%
Manawatu/Wanganui Region (total)	77.2%
Boys Nationally	74.5%
Decile 9 Boys	90.3%
New Zealand Total	77.1%



## NCEA Literacy and Numeracy

Our annual review of curriculum programmes includes our literacy and numeracy programmes. This data shows very positive achievement in these key areas.

	Literacy				Numeracy		
	PNBHS	National	National Boys' Schools		PNBHS	National	National Boys' Schools
2010	90.7	81.7	86.1	2010	91.2	89.0	92.2
2011	94.5	91.0	85.8	2011	93.7	90.8	88.7
2012	95.1	88.6	92.7	2012	94.9	86.4	88.8
2013	97.1	89.9	93.4	2013	96.2	87.3	89.2
2014	97.2	90.7	96.6	2014	97.2	88.5	95.5

## Massey University Semester One Results

Recently we received the results of the semester one Massey University papers studied by our young men, and there were some very impressive performances. A total of 69 papers were entered, with twenty eight grades in the 'A range'; 16 A+, 8 A, and 4 A- results, meaning our young men achieved A grade passes in 41% of the total number of papers in which they were enrolled. Another twenty nine were in the 'B range'; 16 B+, 8 B and 5 B-. The top performers were Bogo Lee (4 A+), Samuel Dobson (3 A+, including two second year papers), Edward Chen (2 A+, including a third year paper), Sam Angel (2 A+) and Jake Mayston (2 A+).

## Open Day

On Thursday, July 30, we hosted our annual Open Day for prospective students and parents. More than 80 young men volunteered their time to escort tour groups through the school for the evening sessions. My thanks go to all those who were involved in Open Day either as tour guides, assisting subject departments, speakers at the parent presentation or musicians who performed. We received many very positive comments about these young men and their ability to relate positively to both the students and parents who were here.

## NZQA/NCEA Update

The beginning of term three has been incredibly busy for all members of our school community. The majority of young men in the senior school are busy with internal assessments, on top of their involvement in the plethora of co-curricular activities that are on offer. Many subjects will be intending to have all internal assessment completed by the end of term three, creating a window of time in which both students and teachers can shift their attention to preparation for the external NCEA examinations.

It is essential that our senior school examinations, Friday, 11 September, to Friday, 18 September, form a key part of students preparation for their external examinations. While these examinations are 'mock'; they are important for two reasons. Firstly, this is an opportunity for your son and his teachers to accurately gauge his progress and understanding in the Achievement Standards which will be assessed. The feedback your son will be provided with should be a key component of his preparation for the external NCEA examinations. Secondly, should your son miss an NCEA examination through illness or injury, and be required to go through the Derived Grade process with NZQA, the results of these examinations will form the basis of the final grade he is awarded. While it is easy to 'assume' this process will not apply, we are inevitably required to provide such information for a number of students each year.

## NZQA Fees

Thank you to the vast majority of families who have attended to the fee requirements for NCEA. All young men studying NCEA and/or Scholarship subjects are required to pay fees to NZQA. If these fees are not paid, students will not be entered by NZQA for either internal or external assessments. If you have yet to pay fees, or believe that you may qualify for financial assistance, please contact the Finance Office urgently. Any fees not paid in time will incur a \$50 late fee and will require you to work directly with NZQA.

## The Teenage Brain

The workings of the teenage brain, especially in boys, are considered by many to be something of a mystery. In recent years this complicated subject has been the topic of a number of research projects that have helped to explain some of the issues facing young men today. In *'The Teenage Brain: A Neuroscientists Survival Guide to Raising Adolescents and Young Adults'*, Dr. Frances Jensen unveils to workings of the brain in a common sense and easy to read manner.

The frontal lobe houses the 'executive' function centres of the brain – the source of insight, judgement, planning and decision making. Brain scans of people of varying ages have identified that brain development – the connectivity of the various components of the brain – moves from the back to the front, meaning that the last area to be 'connected' is the frontal lobe, and this connection occurs later in males than it does in females. This helps to explain the sometimes puzzling behaviour exhibited by young men.

Some key points made by Dr. Jensen include:

- Teenagers need between 9 and 10 hours of sleep every night. This is because so much is going on in their lives and they are learning so much. Memory and learning are consolidated during sleep. If your son isn't getting enough regular sleep this will have an impact on his academic performance.
- A lack of co-curricular activities increases risk-taking behaviour in boys, while involvement in team activities appears to have a 'protective' value in keeping boys away from risky behaviour.
- Smoking reduces development of the executive function centres of the brain, linking smoking to increased involvement in risk-taking behaviour in teens.
- A range of studies have indicated that the age at which young people first use alcohol is becoming younger and younger. In the USA in 1965 the average age a person first used alcohol was 17.5 years, today it is 14 years of age. The consumption of alcohol has an impact on brain development in teenagers and inhibits the already under-developed decision making centres of the brain. At times, young men make what can only be considered to be 'dumb' decisions. The impairment of alcohol makes the prevalence of such poor decisions more likely.
- Neuroscience is revealing that teen consumption of marijuana is not as inconsequential as previously thought. Aside from marijuana being seen as a 'gateway drug' – leading to the use of more harmful substances – the concentration of THC, the psychoactive agent in cannabis, has more than doubled, from around 4% in 1985, to about 10% today. A range of international studies have indicated that teens who have used cannabis are more at risk of future mental health issues than those who have not.
- The wiring of the teen brain makes them more susceptible to addiction. This makes the consumption of drugs and alcohol by teens concerning, and further suggests that the likes of online gaming and social media use does need to be monitored so that it does not become a concern.

## Social Media

Dr. Jensen advises parents to remember “the teen brain is a novelty-seeking, risk-taking machine.” Such novelty and risk can also be found in the online world. Indeed, the reward centres of the brain that are stimulated by drug taking are the same centres observed to be stimulated in studies of internet addicts. Teenagers today are the first generation to be exposed to the breath-taking range of digital distractions available today. Jensen notes that “today’s teenagers are the world’s leading authorities on technology, and while adolescents are the savviest of users, they are also the most vulnerable.” The instant gratification that accompanies a new ‘like’, ‘follow’ or ‘share’ holds a level of allure for teens that it is difficult for adults to fully comprehend.

The similarities between drug addiction and internet addiction can also be found in some of the exhibited behaviours and include, for example, neglect of responsibilities, failure to complete school work, concealing behaviour, lying and social isolation.

Digital distractions tempt teens to attempt to multitask – studying or completing homework while their phone or other device is beside them. Skipping from one task to another, in order to respond to messages or update Facebook, simply does not work, despite the likely contrary opinions of your son. Multitasking has been shown in a number of studies to be an impediment to learning, and also releases stress hormones such as cortisol and adrenaline that further impede learning and the retention of information.

Jensen provides some sage advice for parents:

- Avoid the temptation to multitask by encouraging prioritisation and structure. Make lists of tasks to be accomplished and cross each task off as it is completed.
- When your son comes home from school, have him empty his bag in front of you and assist him to organise and prioritise his homework tasks.
- Set expectations that homework is to be completed without distractions, digital or otherwise. If tasks are completed while your son has his phone next to him or with the television on in the background, the learning will not be cemented or retained to the extent it would be without these distractions.
- Developing habits such as these will equip your son with a range of organisational skills that will assist him to be successful in all areas of life. Rather than approach the issue of digital distraction as something your son needs to be punished for, think of it as support he requires in order to stay balanced, well rounded and comfortable in social environments.

## Role Modelling

Social experiments have concluded that teenagers model a lot of their behaviour on the adults whom are significant to them, and with whom they spend considerable amounts of time. Consequently, parental attitudes and behaviour in relation to drugs and alcohol have a powerful influence on the attitude and behaviour of teenagers. In relation to alcohol consumption, Jensen states “Those who are monitored closely by their parents or guardians and who are given clear rules are less likely to abuse alcohol. Conversely, those parents who are less strict and more accepting of adolescent drinking were more likely to have teens who engaged in risky behaviour in college. Teens with lax parents were also more likely to surround themselves with friends who abused alcohol.” In terms of addressing drug use, she revealed “Recent research shows that fear of losing their parents’ trust and respect is the greatest deterrent to adolescents’ drug use. They won’t tell you this, of course, but when asked by researchers what prevents them from experimenting, a majority of non-drug-using teenagers say it’s because their parents would be disappointed in them if they did. So, take advantage of this power, however unacknowledged by your son.”

**What can you do?** Role modelling safe and appropriate behaviour

is key. This applies to all aspects of life – from sleeping habits, diet and social media use, through to the consumption of alcohol. The research Jensen quotes identified positive impacts from parents talking with their teens about drinking and other risk-taking behaviour.

Don’t hide from discussing any concerns you have about your son’s behaviour with him. However, the manner in which you approach such discussions is crucial. Having a conversation in which you are ‘equal partners’ will help to engage your son, whereas a lecture will not. If the conversation is becoming heated, agree to some ‘timeout’ and return to the topic when you are both in a better frame-of-mind. You will at times hear responses and details from your son that you don’t really want to. Your reactions to hearing such information are critical; if you can remain calm, acknowledge your disappointment, thank your son for sharing, and respond in a rational manner, you create an environment in which he is more likely to engage with you in the future; if you respond out of anger or frustration, you lessen the likelihood of future dialogue. Teenage boys generally do want to have these discussions, even if their attitude and approach do not always indicate this.

Further information can be found on Stratus (look under the Parents tab/Education Research).

## Character

Character, and more specifically character development, is a key tenet of ‘what we do’ at Palmerston North Boys’ High School, and we believe strongly that being of good character is fundamental to success in life. The first chapter in ‘Legacy: What the All Blacks can Teach us about the Business of Life’ is devoted to this subject. In this publication it is noted that “A collection of talented individuals without personal discipline will ultimately and inevitably fail. Character triumphs over talent.” Famous American coaches John Wooden and Vince Lombardi are strongly referenced for their creation of a culture of excellence that consistently resulted in success both on and off the arena of competition for their teams. The author concludes that in selecting players, the All Blacks place “emphasis on their fundamental and foundational values, going so far as to select on character over talent.” An example of this in the All Blacks team environment is the tradition of players sweeping the changing room after each match; regardless of experience, or position in the team hierarchy, each player takes his turn to sweep the sheds as it is important to “never be too big to do the small things that need to be done.”

There are important messages in this for all of us, especially our young men. Doing the little things, for example picking up litter, ensuring uniform is worn correctly, ensuring manners are used, and being polite and positive in our interactions with each other, will not in themselves earn recognition, but they contribute significantly to creating a culture of excellence in which they can thrive.

One of our school values, and a foundational component of character, is humility. This character trait was apparent in Les Munro, the last surviving New Zealander involved in the famous Dambusters raid who passed away recently. In a Dominion-Post article written soon after his death he was remembered as a man who did not see himself as a hero or as anything special; he was just doing his job and could not comprehend the profile he gained in recent years saying “People still come up and shake my hand and say ‘thank you’ – but I’m unsure what to say. It is somewhat embarrassing to have people thank me for what so many others did.”

Of similar ilk is bomb aimer Johnny Johnson, one of only two remaining survivors from the raid. After flying through thick anti-aircraft fire to reach his target dam, Johnson then forced his pilot to make no fewer than nine runs against the dam before he was finally satisfied that the conditions to release the bomb were perfect. When asked about this, he simply replied “I would say we were satisfied in doing the dams raid. It was just another job we had to do.” Such humility deserves our admiration, and is in stark contrast to the culture of egocentricity and instant gratification that is so dominant today. This is an example all of us can learn from.



## PNBHS LEADERSHIP PROGRAMME – August 2015

Mr Tamatea was a great leader, a great role model and an educated man of outstanding character. The huge hole he leaves in our school is mirrored by the wonderful legacy and example he gives us to follow. The legacy and the challenge his wife Andrea presented to us at a recent school assembly explored us as a school community to not let the tragic loss go to waste. She presented the values he lived by and these have been framed and presented to the junior school and to the senior school through the Barrowclough Programme. They are: Step out and step up; Focus on and celebrate the positive things in your life; Smile and see the good in others; Cherish the people in your life; be the Best you can be; always be Humble; most importantly, Enjoy each day and be happy. The character education programme in the school will continue to reinforce the legacy he left us at every opportunity.



### Our Challenge



**Remember his values and live by them:**

1. Step out – step up
2. Focus on and celebrate the positive things in your life
3. Smile and see the good in others
4. Cherish the people in your life
5. Be the best you can be
6. Always be humble
7. Most importantly enjoy each day and be happy

Andrea Tamatea – PNBHS Assembly 31<sup>st</sup> July 2015



33 Year 10 students recently took up the Tama Tu Tama Ora challenge and they were joined by 11 seniors led by Ben Pigott to supervise their Solo experience. It was a character building experience for the two weeks and we were delighted with the growth, resilience, maturity and courage displayed by the young men who accepted the challenge.

The final week of Term 2 was the Sir Peter Blake NZ Leadership Week and we had a number of visitors to the school who spoke to the school along the themes of "Believe You Can" with character the main school theme for the 2015 programme. John Heenan from the NZ Character Edu-

cation Foundation defined the true meaning of character for the school using a story about a southern man named Jack Johnstone who had impeccable character and great integrity as his story vehicle. He also highlighted the importance of character through education, leadership and community development. Willie Apiata, VC visited



our young men and spoke in open forum in a question and answer session where he shared a number of great stories about never giving up in hard times. Dame Susan Devoy, DNZM, CBE shared her secrets to success which revolved around passion, sacrifice, hard work, focus and self-belief...believing you can do it. As the sister of six brothers and a mother of four sons she was well qualified to advise our young men and she delivered powerful messages about being your best and giving your best, being bold and courageous with a social responsibility to do what is morally and ethically right. Former Olympic rower Rob Hamill, MNZM reinforced for our young men the power of passion and belief and making dreams and goals come true by

never bowing to any challenge with his remarkable story of grief and belief whilst rowing the Atlantic and pursuing the legacy of his brother who died at the hands of the Khmer Rouge in Cambodia. The Flying Doctor from Bulls, Dr Dave Baldwin completed an outstanding week challenging the school to develop their DREAM and make it come true through daring, resilience, extra hard work, achievement and keeping the dream to yourself to quietly achieve it. It was a fantastic week.

### Learning Leadership

The second Barrowclough Seminars for Years 11 and 12 have been delivered: Year 11 covered Values, Qualities and Principles of Leaders and Year 12 centered on tools for success as a leader. As always, good discussions were had in the general food for thought piece centering on current affairs affecting the world we live in along the general themes of passion, purpose, charisma, communication skills and proactive drive. The final Barrowclough Seminars are taking place this week. A special edition for the junior school was presented on the life lessons and leadership of Mr Dawson Tamatea and the challenge from Mrs Andrea Tamatea to honour his legacy was also presented.

Many young men have been taking the initiative to make the most of the development opportunities for personal growth and raising the beam and a real success story has been a new group in the school led by Colson Verdonk raising funds for World Vision.



Thank you for your continued support of your young men. The Leadership Journey continues.

Paul King

Leadership Director





## Sports Talk with Peter Finch

The day after a fantastic tournament win by the Hockey 1st XI and the school is still buzzing. Well done boys. In securing the eighth Super Eight hockey title, this team now holds

more Super Eight titles than any other PNBHS code. Correct me if I'm wrong but I believe the coaching and management team have secured seven of those, a remarkable record in anyone's book.

The Super Eight series is nearing the end for 2015 and as it stands we have been placed first or second in 6 out of 10 completed events with only Clay Target Shooting to be added.

Congratulations also to the 1st XV for retaining the Polson Banner and producing a fantastic display in front of a big crowd here at school.

We recently held the second 'Speaker's Corner', where we had guests talking on topics of Sports Psychology, Sports' Agents perspectives, Nutrition and recovery tools. These topics were delivered to elite athletes, their parents and aspiring elite athletes from the school's Sports Development Programme. Two links can help those

interested in finding out more:

An overview of Young Athletes programme <http://www.studiorubix.co.nz/young-athletes.html>

An overview of a recovery package <http://www.matchfittoolbox.co.nz>

An increasing number of talented athletes have come asking for training advice. The awareness that in order to be the best they can be they need to adhere to protocols in: technique, nutrition, skill development, tactics, prehabilitation and rehabilitation, recovery regimes and sports specific conditioning is heartening. The one non negotiable theme or strand that many fail to fully accept is that hard work and personal sacrifice is required to even get near to potential. Nihil Boni Sine Labore.

Winter Tournament week is almost upon us as are the National Championships in Swimming, Skiing, Cycling and Basketball. I wish all athletes and support teams safe travels and successful competition.

## Consent Presentation

Leading up to the PNBHS Ball on 15 August, it seemed timely to ask the Palmerston North Police to give a presentation to Year 12 and Year 13 students regarding consent.



Constable Cornwall kept it simple early on, "NO means NO..... means NO". He went on to point out that most complaints involving consent involve alcohol and/or drugs, are made about people in their own social circle, typically involve 16 – 21 year olds and are compounded by a failure to plan or think ahead.

Constable Thurston gave a female perspective and used drinking tea as an analogy. ....An unconscious person can not drink the tea or consent to drinking the tea... Just because you made someone a cup of tea last time and they drank it, doesn't mean they want to have another cup of tea...."

By-standers were encouraged to become up-standers, looking after their mates and letting them know if what they were doing (or posting on social media) was 'not cool'.

New laws regarding social media were also discussed and students were made aware that they must have permission before they record an image of someone and they must also get permission to then post that image on social media.

In summary, Constable Cornwall said "Have a plan, go in groups, stick together, eat, control your alcohol intake, look after your friends and make sure that expressed consent is given.

A powerpoint presentation is available on Stratus for those who want more information regarding this consent presentation.

## Junior Debating

### vs Wellington College

As part of the annual exchange, our premier junior debating team of Aidan Berkahn, Ronan Carroll and Finn Martin faced Wellington College in Week One of this term. The moot was that "New Zealand should not participate in international sporting events against countries with poor human rights."

Our boys presented a strong model of sport providing international exposure of human rights abuses, and of providing visible models of good governance to those countries.

Wellington College were, as expected, well organised, highly articulate, with one of their speakers named best speaker. The debate was extremely close, with both sides making strong points and offering reasonable rebuttals. The adjudicator, a law student from Victoria University, commended both sides for their speaking skills and well-reasoned arguments. PNBHS were declared the victors by a scant one and a half point margin.

### John Prestage Junior debating

Every year PNBHS is involved in a junior debating competition for Years 9 and 10 that comprises eleven schools in the region. Our school is represented by seven teams.

This year the Term 1 and 2 moots have covered sending soldiers to Iraq and immunisation being compulsory in state schools. 'Euthanasia should be legalised,' is the moot for Term 3.

The PNBHS 'Homeless' team of Finn Martin, Ronan Carroll and Aidan Berkahn and the PNBHS Macedonians team of Doug Greenston, Milo Costanza-van den Belt and Callum Crawley have thus far won both debates.

The Macedonians were helped to victory by 'ring ins' for the term 2 debate against Wanganui Collegiate. These students were Robin Park and Chris Watson. The other five teams have each won one and lost one debate. Ronan and Milo have each been named as best speakers in their debates.



## Performing Arts - a huge range of activity



Wow! What a busy last few weeks the Pasifika Boys have had. During the month of July the boys were warming up to the Fusion Festival which was held on 23 July at The Regent. During the last week of term the Cultural Dance group began to increase their practices from Saturday nights to lunch time practices as well. Their tutor, Old Boy Ellington Matalave, did a great job



in preparing the boys for several items to perform at the festival.

In addition to the Cultural Group performance, many students within and outside of the Cultural Group, entered other categories such as Science, Art, Talent, Drama, Speeches and Writing.

The festival demonstrated many talented Pasifika students. It also conveyed their ability to use this opportunity to showcase their best self to the public.



Some results from the festival were;

- Melo Tu'imana came 1st in the Poetry Writing Section,
- Jaden Antonio came 1st in the Art Category, and
- Sila Sinamoni came 3rd in Art and also took home a consolation prize for the most entries into the competition.

Overall, we were pleased to see the group represent the School with courage and humility. Once again, thank you to the tutors and the teachers who helped us with the entries and groups into the Pasifika Fusion Festival of 2015.

Kate Tutavaha.

### All Go in the Music Department

#### Term 2

The Barbershop Chorus "The B.S Boys" along with the PNBHS Quartet travelled to the Te Raurapa Event Centre in Porirua on Thursday 22nd May to compete in the Wellington Regional Barbershop competition. It was a quick trip leaving once school had finished and competing in the evening session. Under the direction of old boy Mr Timothy Shirriffs, the chorus of 40 boys performed two songs and were very happy to be placed third in the Chorus competition. The quartet (Takarangi Love, Tama Tipene Colpman, Taylor Govers, Baxter Perry) had competed earlier in the day and gained 4th place and a wildcard entry to the National Young Singers in Harmony to be held in Hamilton from the 8 to 10 September. Both groups will travel to Hamilton to take part in this event.



The music department undertook their annual two day Roadshow on Wednesday and Thursday 27th and 28th May. This sees a large number of our groups board two buses and travel around the district visiting local and rural primary schools to perform the various music styles and genres that make up our department. While a very good public relations activity it also allows us to present our students as male role models to the younger people we visit. This year the schools involved were St James, Ross Intermediate, Aokautere School, Monrad Intermediate, North St School Feilding, Halcombe School, Feilding Intermediate, and Ashhurst School. The various bands and ensembles were very well received in all the schools with highlights being the two big boxes of chocolates given to the boys by Aokautere School, which went down very well. A waiata and haka performed for the boys from both St James School and Monrad Intermediate was appreciated by the boys, and the smiling open faces that the boys encountered in every school always provides a good motivation to up their performance level.

Once the Roadshow had finished, the Stage Band boys had a day off before they were required to play at the Manawatu International Jazz Festival; a very good solid performance was rewarded once again with the Best Manawatu Big Band trophy. Blue Avenue Jazz Combo performed later in the day and again a good strong combo performance saw James French awarded Best Trumpet player for the competition (right). All this was good practice for the boys who then headed to Wellington on Wednesday June 3rd and 4th for the NZ School of Music Jazz Project competition. The standard at the competition is very high and both groups played above expectations. The big bands section had the added challenge this year of being critiqued by the adjudicators on stage in front of the audience once the band had finished playing. A big lesson in how to receive constructive criticism. Burnside High School Big Band were awarded the Best Band and Best Combo awards. Our boys can be very proud of their performances.



The regional Chamber Music contest was held at the Speirs Centre on Saturday June 6th this year and we had one of the smallest entries we have had for some time. Representing our school this year were the guitar trio *Livewires* (Ben Pigott, Ezra Te Awe Awe Wall, Bogo Lee) *The Troubador String Trio* (Daniel Hodgetts, Jack Scelly, Matthew Brennan), *The Norton Trio* (left) (Nathan Lau, Jason Lau, Keun Hee Lee) and *Juniors Just Jazzin' About* (Ronan Carroll, Robin Park, Jeffrey Ye, Broc Doolan, Ethan Dodds, Nathan Hayward). The adjudicator nominated all of these groups for the Adjudicators award and in the end awarded it to the guitar trio *Livewires*.



The regional Big Sing competition held at the Regent Theatre is always greeted with much ex-



citement every year as no one wants to turn down a chance to spend the day in a theatre dominated by the female variety of students.

This year PNBHS entered four groups, our large *PMU choir* consisting of all Year 9 & 10 Performance Music students, and, for a group which is compulsory, they always surprise themselves with a solid performance. This year this was followed by the all comers choir *S.O.A.P or (Son of a Pitch)*, again a very emotional performance performed sensitively. Although not eligible for selection to National Finale, the *B.S.Boys Barbershop Chorus* stole the show with a very energetic and amusing performance of the barbershop songs they had sung in Wellington.



*OK Chorale* is a very young group this year and nerves were very much to the fore before their afternoon performance, but in true PNBHS character the boys mastered the nerves and put in a very complete and tight performance which saw them once again retain the Commentator's Special Performance award trophy, awarded to the group that was considered to give the best performance overall. They also retained the trophy for Best Acapella Performance, and a nomination to be considered for the National Big Sing Finale in Wellington in August.

The *OK Chorale* had no time to rest on their laurels as they were supporting artists the next night at the annual Manawatu concert held in the Speirs Centre. The guest artists were M.I.B (Musical Island Boys), who are the current World Champion Barbershop Quartet and are led by old boy Matthew Gifford who was a student at school from 1999- 2001.

Rockquest heats were held on Friday June 12th; the duo of Baxter Perry and Takarangi Love were the only group to make it through to the regional finals.

The Stage Band are undertaking a development tour to Adelaide Australia later in the year. While there, they will attend a workshop to be held by Mr Bill Broughton, a very accomplished musician and motivator and will also travel to Mt Gambier to spend two days at the James Morrison Music Academy.

### Term 3

Term 3 is supposed to be more subdued than the manic Term 2, but this has not proven to be true so far, especially for members of Stage Band as they perform one or two times a week to fundraise for their upcoming Australian tour. As part of this effort, Stage Band, OK Chorale and an Old Boys' Band joined local acts to perform at the Hunterville Town hall. This was a great night to a very appreciative crowd and is something that we will be keen to replicate in the future. Community service is a strong part of the music department's ethos and so far this term groups have performed at many events for a range of audiences.



Amongst all of this, the Concert Band travelled to Hastings to compete in the Hawkes Bay Festival of Bands. After a very solid performance they were pleased to receive a gold award to match a similar award won earlier in the year.

At the end of week four we have just completed our annual school concert. This year's theme "Meet you at the Bandstand" showcased the diversity of talent

that we have in the department. A highlight was our guest Old Boy saxophone maestro, Johnny McCormick, who joined our sax quartet and Stage Band in a memorable Finale number. Johnny has been a tutor at PNBHS for more than two decades and is an inspiring teacher and performer.

### Coming Performances

22nd August: Stage Band, Commerce Ball  
 23rd August: OK Chorale – Zonta Club, Hotel Coachman, 2pm  
 27th/28th August: Stage Band Old Boys' Dinner, Auckland Grammar  
 29th August: 21st Birthday payout.  
 8th September: The B.S.Boys – Hamilton, National Young Singers  
 9th September: The B.S.Boys – Hamilton, National Young Singers  
 10th September: The B.S.Boys – Hamilton, National Young Singers  
 12th September: Stage Band – Kilwinning Lodge – 7pm  
 24th September: Stage Band – Nurses Conference –Awapuni Function Centre  
 26th September: Stage Band depart for Adelaide  
 3rd October: Stage Band return from Adelaide.

### Results

- PNBHS Concert Band: Gold award at Feilding Festival of Bands; Gold Award at Hawkes Bay Festival of Bands
- OK Chorale: Gold award National Big Sing Finale, 2014; Best A capella Performance and Commentator's Special performance award at Regional Big Sing
- "The B.S Boys": 3rd place – Wellington Regional Young Singers in Harmony
- Barbershop Chorus: Selection for National Young Singers in Harmony
- PNBHS Stage Band: Best Manawatu Big Band at Manawatu Jazz Festival
- 'Livewires Guitar Trio': Adjudicators award in the Regional Chamber Music Contest
- James French: Best Trumpet at Manawatu Jazz Festival

### 2015 NZ Representatives

James French	NZ Youth Jazz Orchestra
George Gaimster	NZ Secondary Students Choir
Takarangi Love	NZ Secondary Students Choir
Ben Orwin-Higgs	NZ Secondary Students Choir

### Careers Events Coming Up

August 13:	Victoria University Course Planning
August 13	STAR Automotive 3 Starts
August 21	Common Confidential Reference Forms close with Mr Adams (Halls of Residence Applications)
August 27	A Trade BCITO Construction Tour
August 28	Victoria University/Massey (Wgtn) Open Day – we are taking a bus down for Yr 13 students
Sept 8	Auckland University of Technology Course Planning
Sept 9	Waikato University Course Planning
Sept 18	Applications for a place in a University Hall should be sent in by now
Sept 22	Auckland University Course Planning
Sept 30	Halls of Residence Applications Close
Oct 19	Otago University Course Planning

Help with University Course Planning, Enrolment and Scholarship Applications is available from Mr Costley in the Careers Room



## Dramafest 2015

Three classes have performances remaining.

All performances are at 7.30pm in The Little Theatre (Drama H Block behind the Ian Colquhoun Memorial Hall).

Door sales only:

Years 11 – 13: Adult \$5, Student \$3, Family Pass (up to 4 people) \$10

Year 10 performances only: gold coin donation

### Week 5 Level 2 Drama (Mr Burton)

Tues August 18 and Wed August 19

*Niu Sila* written by Dave Armstrong and Oscar Kightley

This hilarious but moving play explores the influence of Pacific Island culture in 1980s NZ

### Week 6 Level 3 Drama (Mr Burton)

Tues August 25 and Wed August 26

*Foreskin's Lament* by Greg McGee

A fascinating glimpse of NZ's macho rugby culture of the 1970s.

NB: SOME LANGUAGE MAY OFFEND

### Week 7 Year 10 Drama (Miss Patterson)

Tues September 1 and Wed September 2

*DENIAL* anonymous

"Yeah, if I'm honest, drugs created new problems and stuffed up the good things I did have."

(Pics of these productions will be in the next newsletter)



## PNBHS/PNGHS senior musical production 2016

On stage in the Speirs Centre for nine performances - March 10 - 19

### COMPULSORY information evening:

Term 3 Week 10 Mon Sept 22: 7.30pm Speirs Centre

Workshops and auditions will take place in the first three weeks of Term 4, 2015.

Those who are interested in doing some background exploration should check out the PNBHS/PNGHS production website: <https://sites.google.com/a/pnbhs.school.nz/seniorproduction/>

There are also many clips of the Happy Days TV series on Youtube.

Any queries to Mr Chris Burton (Director) [burtontc@pnbhs.school.nz](mailto:burtontc@pnbhs.school.nz)

We teach singing!! While Performance Excellence is our perennial goal, experience is not necessary but enthusiasm and commitment are!

Cast is open to PNBHS and PNGHS students who will be in Year's 11-13 in 2016. Students at any level will be able to apply to join the crew and band in Term 4.

## Year 9 Kapa Haka Competition

**Top 4 form classes** were: 9VN, 9 GI -tie winners; 9FR and 9 DC

**Kaea - Haka Leaders:** 1st Carson Hepi (9DC), 2nd Joshua Whittle (9HV), 3rd Caleb Ratahi (9VN)

(Pics on back page)

## NZ Super Eight Football Tournament

Played in Gisborne

Palmerston North Boys' High 1st XI Football team finished 4th at the Super Eight Tournament.

The 1st XI Football team travelled to Gisborne to play in the annual Super Eight Football Tournament.

### The team played Gisborne Boys' High School in game 1, drawing the match 2 – 2.

Boys' High started well with several opportunities on goal that were not finished off. Sean Liddicoat had his penalty shot saved by the keeper. The team went into the lead after a free kick from Blake Koolen that went through the keeper's hands. Soon after, Gisborne equalised from a well taken shot from just out of the box. In the 2nd half, playing into the wind, Boys' High had several more opportunities and were rewarded by a nice left foot shot from Nick Carrick. Unfortunately, with minutes to go, Gisborne equalised from a free kick that was floated into the box, with the ball finding the back of the net after a goal line scramble.

### In the afternoon, Boys' High played Napier Boys' High School in game 2, winning the match 1 – 0.

Boys' High started well, dominating possession and generally putting together some penetrating attacking moves. After several missed opportunities, Mitchell Cutts finally found the back of the net, after taking the ball into the box and shooting past the goal keeper. In the 2nd half, both sides had their chances, but failed to capitalise on them.

### On day two, Boys' High 1st XI played Tauranga Boys' College in game 3, winning the match 1 – 0.

This was an exciting game where we had several chances early in the game, but were unable to find the back of the net. Mid-way through the 1st half, Troye Aitken shot from the top of the box, hitting the side bar, and going in. Both sides endeavoured to score in the 2nd half, but the score stayed at 1 nil to Palmy Boys.

This win allowed us to finish top of their group.

### In the afternoon, Boys' High 1st XI played New Plymouth Boys' High School in the semi-final, drawing the match, but going on to lose 4 – 2 in a penalty shoot-out.

This was an intense match. Nil all at half time, with both teams having shots on goal. At full time, neither team had scored with the game a draw, at 0 – 0. The match went to a penalty shoot-out. New Plymouth Boys' High managed to hit the target with their penalty strikes, while we had a few early misses. Boys' High lost 4 – 2 on penalties.

### On day three, Boys' High 1st XI played Hamilton Boys' High School for 3rd and 4th place, losing 2 nil.

Both teams played attacking football right from the start and manufactured several goal scoring opportunities. Hamilton were able to convert from a corner to put themselves 1 up after 20 minutes of play. In the 2nd half, we had our chances when Blake Koolen floated a ball into the box, where Sean Liddicoat got his head to it. Unfortunately, the ball was intercepted by the keeper. Soon after, a defensive error in the box allowed Hamilton to extend their lead.

The 2-nil loss gave Boys' High 4th place.

The team now looks forward to the National Tournament later in the year.



# NZ Super Eight Hockey Tournament

3-8 August in Palmerston North

From Monday 3rd August through to Wednesday 5th August, the PNBHS 1st XI hockey team competed in the annual Super Eight hockey tournament, held this year in Palmerston North. This is a tough tournament with five games of hockey played over 2 ½ days. The eight Super Schools teams are split into two pools with the top two teams in each pool playing semi-finals and finals, and the bottom two teams playing off for minor placings.

On Monday morning PNBHS played Gisborne BHS and beat them 4 nil. Gisborne were a much stronger opposition than in previous years. However, early goals saw us up 3 nil at the break and another was scored just after half time. This enabled all players to gain valuable game time. However, the constant changing of players disrupted the second half performance somewhat. Goal scorers were Brendan Payne (2), Ben Blyde & Hayden Phillips.

The second match on Monday afternoon was against Napier BHS who we had beaten 5-1 the week before in the Polson Banner Exchange and, again, we won 5-1. As in the first match, the first half was a tense affair and the half time score was nil all. We scored straight after half time, but Napier equalised not long after. However, as the match progressed, we scored goals on a regular basis, two in the last few minutes to again inflate the score somewhat. Goal scorers were Thomas Walshe, Hayden Phillips, Matt Chard, Tom O'Connor & Ben McAlley.

Tuesday morning's last pool match was against New Plymouth BHS who we had also played earlier in the year, and we again beat them, this time 3 nil. Early goals again allowed us to rest key players in preparation for the afternoon's semi-final match. Our defence was particularly strong yet again, led by Angus Griffin in goal and fullbacks Bradley Grapes and Matt Chard. Of note was the impressive penalty corner drag flick by Brendan Payne which rocketed into the top of the goal. Goal scorers were Hayden Phillips, Ben Blyde & Brendan Payne.

Tuesday afternoon's game was a semi-final against Tauranga Boys' College, played in wet conditions on a water logged turf after heavy rain which slowed the ball down somewhat. A tense first half remained scoreless and it wasn't until ten minutes into the second half that Tom O'Connor was on the end of a good team passing manoeuvre to sweep the ball under the Tauranga keeper to score for us. (Tom also scored a crucial goal in last years' semi-final win). Both sides continued to create scoring chances but some gutsy play from the PNBHS players kept Tauranga at bay and allowed us to win this match 1 nil in very trying conditions.

The final and fifth match in three days was played on Wednesday morning against Hamilton BHS who were the 2014 national second-

ary school hockey champions. Hamilton came out strongly and dominated the first fifteen minutes of the match. They put pressure on our wing halves and our defence had problems getting out of our own half. We were guilty of turning over possession back to them. Hamilton converted an impressive drag flick penalty corner after only three minutes to give them a 1 nil lead. Angus Griffin in goal then made some impressive saves to keep us in the match. As the half wore on, the PNBHS players composed themselves and started to play better hockey, retaining possession. Late in the half, Hayden Phillips broke into the Hamilton defence taking Hamilton players with him and he managed to find an unmarked Tom O'Connor in front of the goal and Tom calmly scored the equaliser for us. The second half was another tense affair with end to end action, and the final score was locked at 1 all.

Golden goal extra time was played. Five minutes of nine-a-side hockey (no goalies), then if no score, five minutes of seven-a-side, then five minutes of five-a-side, as soon as a goal is scored the match is over. If it remained scoreless, a penalty shootout with the goalies would then occur. PNBHS started this extra time with confidence and in the fourth minute, Greg Bates intercepted a ball from the Hamilton defence and passed it to Hayden Phillips inside the attacking circle, and with Hamilton players around him and with a narrow angle to shoot at goal, he calmly shot the ball into the Hamilton goal to give us the win, making us Super Eight hockey champions for 2015.

Midfield players Thomas Walshe, Levi Loudon, Greg Bates & Matt Small worked tirelessly throughout the tournament. However, all players gave their all and were a credit to PNBHS.

Since the inception of the Super Eight hockey tournament in 1999, PNBHS has now won this tournament eight times out of the seventeen tournaments, having made the final nine times in the past eleven years.

The PNBHS 1st XI Super Eight hockey team comprised:

Greg Bates (co-captain), Hayden Phillips (co-captain), Ben Blyde, Matt Chard, Bradley Grapes, Angus Griffin, Callum Judd, Levi Loudon, Ben McAlley, Ben O'Connor, Tom O'Connor, Brendan Payne, Matt Peel, Matt Small & Thomas Walshe.

Hayden Phillips was named Most Valuable Player for PNBHS.

Thank you to all the parents and well wishers who supported the 1st XI throughout the tournament. Thank you also to Lindsay Calton, Mike O'Connor and Dave Tomlinson for organising a well-run Super Eight.





## vs Hamilton Boys' High School

The first XV came up against a well drilled and committed Hamilton 1st XV in the weekend. Rain during the week meant the field was reduced to a quagmire during the game and it made for very heavy going but both teams played with an intensity befitting a fixture of this nature.

Enjoying the benefits of the strong wind, we started well and put the much vaunted attack under pressure with some excellent periods of defence. This led to uncharacteristic mistakes from the National Champions and we were able to jump out to an 8-0 lead. Hamilton roared straight back with impressive running from their strike weapons in the backline and it was 8-5 midway through the first half. We were then forced into mistakes as Hamilton ramped up their defence and we failed to use the wind to our advantage with a non-existent kicking game. Our defence stayed strong despite gifting Hamilton a number of opportunities and it was 8-5 until the final act of the half when an attacking decision turned into a costly error with Hamilton scoring right on the stroke of halftime to take a 10-8 lead into the break.

The second half effort as the field turned into ankle deep mud again was superb in terms of commitment and attitude but progress up the field was extremely difficult reducing the game to an arm wrestle in the middle half. Hamilton were able to score from a close line out and while we had our chances we made errors in the attacking 22 which allowed them, now playing with the benefit of the wind, to turn us around and we would have to start again.

In the end a 15-8 loss shows again the progress we are making as a team but until we drop our error rate and play with more clinical accuracy, we will struggle to get the results we desire against this top level opposition.

Points Scorers:  
Try: Jackson Ferris  
Penalty: Tyler Larkan

## vs St Pat's, Silverstream

The 1st XV got back into the winning circle yesterday with a come from behind win against St Pat's, Silverstream. This year marked the 80th year of the rivalry and the two teams played out an entertaining encounter.

The game started poorly for us with miscommunication at the kick off allowing Stream to score a try inside the first minute of play. We bounced back well and scored one of our own ten minutes later after some good attack play and the scene was set. Both sides were using their possession well with Stream employing a kick heavy game that made us have to run back from depth. We had periods of success doing this and our attack was going well but once again defensive lapses allowed Stream to mount pressure and they were more clinical with their opportunities and came away with points. The half time score was 16-12 to the home side but could just have easily been the other way given the territory and possession we had had.

The second half saw much of the same with Boys' High unable to show the patience required to score points and Stream started to pile on the points jumping out to a 30-12 lead with fifteen minutes remaining. With the Silverstream school out in force in support and singing on the sidelines, our bench players started to make an impact with Wes Veikoso scoring a try to put the score to 30-19. At this point caution was thrown to the wind as a glimmer of hope was seen with the home side tiring. Another try started with a run from Leighton Ralph in our deadball area and ended with the awe-inspiring sight of big Fabien Kiri galloping 95 metres to score under the posts and the score went to 30-26. Two minutes later Paddy Kellow was put into space with only the National U18 Sprint champion to beat over a 65 metre match race – Paddy won and we were ahead 33-30 needing to hold on for five minutes to claim a rather unlikely victory. Hold on we

did despite Stream launching a barrage of attacks and the Wallace Cup was retained.

An exciting game and one that showed what we were capable of with a bit of belief and a huge amount of desperation to prove our pride in the jersey.

Points Scorers:  
Tries: Fabien Kiri 2; Stewart Cruden; Wesley Veikoso; Paddy Kellow  
Conversions: Leighton Ralph 2; Tyler Larkan; Stewart Cruden

## vs Tauranga Boys' College

The 1st XV squared off against Tauranga Boys' College for the Mitchell Cup over the weekend. This is an eagerly anticipated fixture between two teams who promote homegrown players and given the prevailing conditions in Tauranga, it promised to be an open affair.

Tauranga started the more positive of the two sides and found themselves inside the attacking 22 in the quest for the first points. They were awarded a penalty that they missed which allowed the 1st XV to clear and get into the opposition half. A clearance kick from Tauranga was fielded and given to a stampeding Fabien Kiri who ran from his own half way hurdling would-be tacklers and gassing the defence to open the scoring. Tauranga replied fairly quickly with a misread on defence at lineout time and then went straight back onto attack before a fairly opportunistic try to Jackson Ferris gave us some breathing space. A third try to Braydon Iose from the resulting kick off after some outstanding continuity play saw the team lead 21-7 and starting to get on top. Unfortunately, this was undone with a lack of urgency amongst the backs to snuff out another set piece backline move and the half finished 21-14 and the game evenly balanced.

The second half continued in the same manner as the first. However, the pendulum started to swing in favour of the 1st XV with some strong ruck work and intelligent use of the football and a kicking game that started to find some empty spaces. One raid into the oppositions half saw a Jackson Ferris break and pass to Fabien Kiri to increase the lead out to 28 – 14 with a further penalty added to make it

31-14. Unfortunately the foot was lifted off the throat at this stage and Tauranga started to fire more shots at our tiring defence, scoring two quick tries, to make it 31-28 and game on. The 1st's stuck to their game plan and a massive effort at scrum time led to a turnover that Fabien Kiri took advantage of to streak away 50m and score his third try for the game (and 7th try in three games) before Jackson Ferris again snuffed out a promising attack scooping on a loose ball to run in his second try, resulting in the score getting out to 43 – 28. With time up on the clock, Tauranga launched one more attack and scored with the last play of the game to make the final score 43-33.

This was a great advertisement for running rugby and while at times defence was optional, the 1sts can certainly be satisfied with its attacking prowess.

Points Scorers: Tries - Fabien Kiri 3; Jackson Ferris 2; Braydon Iose  
Conversions: Tyler Larkan 5; Penalty: Tyler Larkan

## vs King's College

The 1st XV went head to head with one of the better performing Auckland 1st XV's when they played King's College on the last weekend of the holidays.

We started extremely well with James Stratton scoring a long range try from a scrum. The team was playing with good shape and stretching their opposition on the edges when we had the ball, and defending well when we didn't. Kings scored a penalty to get to 7-3 but then we replied with a penalty of our own and another try to take a 15-3 lead into halftime.





## endous win against Napier Boys'

The second half saw an uplift in tempo from the home side on attack and they started to gain some parity in possession but our defence remained staunch and James Stratton scored a second try to extend our lead out to 22-3 with 20 minutes remaining. Unfortunately at that stage the execution of basic skills deserted us and our error rate climbed. Not fielding kickoffs, missing touch with penalties and kick offs that didn't go ten all gave King's much needed possession and territory and they scored points almost at will. In the end they scored 24 unanswered points in the last 20 minutes and we snatched defeat from the jaws of victory.

The first 50 minutes of the game were a real showcase of our abilities and we were fully in control however lapses that have plagued us all season continued and the end result was extremely frustrating for players, coaches and supporters alike.

The team plays Rotorua Boys' High School on Saturday before the season ending clash with Napier Boys' High. The team will be hoping for the consistency required to finish a roller coaster season on a high.

Points Scorers:

Tries: James Stratton 2; Liam Giltrap

Conversions: Tyler Larkan 2; Penalties: Tyler Larkan

### vs Rotorua Boys' High School

The 1st XV played its penultimate game of its Super Eight campaign against a very "experienced" Rotorua outfit on Saturday. With a game plan involving running the bigger side around, the team set out to play attacking rugby in front of its supporters, including the 1965 and 1975 1st XV teams.

We started exceedingly well scoring a try in the first five minutes as a result of our attacking mindset and some superb edge play from Massimo Kirikiri freed Liam Giltrap up to dot down in the corner. Tyler Larkan nailed the difficult kick and Rotorua knew they were in for a scrap. The fine start was then undone with some embarrassing defence out wide to allow their fleetfooted centre to waltz through



from a simple set piece strike almost untouched. This got them off and running and they were gifted two more tries from intercepts to the same player in fairly quick succession. We replied with another well-worked team try to Liam Giltrap in a similar manner to the first to head into the half 19-15 down. The half was fairly evenly split in terms of possession and territory and there were some thunderous hits on defense.

The second half saw the home team maintain its attacking stance and using its explosive runners out wide. Unfortunately, the error count started to rise and Rotorua's excellent backs were able to capitalise and score two tries in quick succession to stretch its lead out to 31-15. The last 15 minutes, however, belonged to the 1st XV who were able to string many phases together on attack and scored a try to DJ Hemopo to narrow the gap to 31-22. Rotorua were starting to visibly flag. However, despite creating three more clear scoring opportunities, we were unable to close the game out.

In the end the error count, as it has done all season, counted against us and a team as good as Rotorua doesn't need too many chances to score. There were some very good positive play from us however and we can head into the Napier game confident in our style of play, providing we can cut down the amount of mistakes.

Point Scorers:

Tries: Liam Giltrap 2; DJ Hemopo 1;

Conversions: Tyler Larkan 2; Penalty: Tyler Larkan

### vs Napier Boys' High School

The eagerly anticipated Polson Banner match was played on home turf. Both teams had produced up and down seasons and knew that a victory in this last game of the season would leave a positive feeling about the year.

After an inauspicious start from both sides, we opened the scoring with some strong running from the forwards opening up space out wide for Liam Giltrap to crash over in the corner. This set the tone for



the afternoon with the team using an attacking shape which had the tight forwards running very direct through the middle of the park to create space on the edges for the explosive athletes out wide to run. Linking play from Leighton Ralph, Hunter Waller and Stewart Cruden helped steer the team around and the team showed the skills they had shown, if somewhat inconsistently, through the year. There were a further three tries in the first half to the home side, with Jackson Ferris scoring an excellent one on one try, DJ Hemopo finishing off a well worked set piece move and Liam Giltrap scoring a second try in similar fashion to his first. Napier replied with a try of their own after some strong pick and go work from their forwards. Halftime score 24-5.

The second half started with Napier again heading into the attacking 22 and scoring a try from a charge down and for a while threatened to mount a serious challenge. This was snuffed out with a penalty to Tyler Larkan which served to settle the team back into its attacking flow and again we were able to get into shape and move the ball into space well. The tries started to tick along with James Stratton (below) scoring a superb second half brace, Massimo Kirikiri crossing over and Tevita Fehoko scoring a memorable try which saw him explode up the field for a 40 metre sprint.

In the end, a memorable occasion for all to be involved in and the team rests well knowing they retained the Polson Banner for the school with a scoreline of 51-10

Points Scorers:

Tries: James Stratton 2; Liam Giltrap 2; Jackson Ferris ; DJ Hemopo; Massimo Kirikiri ; Tevita Fehoko

Conversions: Tyler Larkan 2; Jackson Ferris; Tevita Fehoko; Penalties: Tyler Larkan







### 2nd XV - loss 30-0

This long-standing match was played with the typical passion that is created by the Polson Banner fixture. Both teams played with pace and intensity. PNBHS was led by Captain Riki Parata with his typical physicality. In the past years, PNBHS have had the upper hand in these matches and Napier seemed desperate to reverse this trend. PNBHS took some time to get into the match which, unfortunately, resulted in Napier scoring four tries before half-time. The second half showed a better response by PNBHS who threatened Napier's line a number of times but they were unable to convert the territory into points. PNBHS's game was much better in the second half and the match was more evenly balanced. PNBHS's defence was stoic and accurate but without converting territory and points, the game was lost. The final result was a 30 – 0 defeat to PNBHS.

### Development XV (3rds) - win 19-12

The PNBHS Dev XV made a fast start with a length of the field try to Ethan Helu-Makasini following a superb break from Mason Murrow. Napier came back hard but strong defence held them at bay. Another good break from Darren Hirschberg put Ethan away again for his 2nd try and a 12-0 lead. Some late pressure saw Napier rewarded with a try, 12-7. A try early in the 2nd half to Finn Davey saw the lead extended to 19-5 before a try to Napier brought it back to 19-12. The PNBHS line came under huge pressure in the last 15 minutes but some outstanding attitude and commitment on defence saw them force a turnover and clear into touch and claim a tough victory.

### Year 9 XV - loss 21-5

The team first came together during the week of the game as a selection of the best Year 9 players from the school's two under14A sides. The boys played with positive intent and performed admirably in patches. Being the first time playing together as a team, they struggled to consistently work as a unit, especially with getting numbers to the breakdown. A key difference was Napier's ability to go wide which often gave them good territory and more scoring opportunities. The team was competitive throughout but eventually went down 21-5. A solid effort for what was for most players, their first inter-school fixture.

### 1st XI Hockey - win 5-1

The PNBHS 1st XI hockey team competed in the annual Polson Banner exchange, the first time in a number of years due to previous clashes with the Super Eight hockey tournament, usually played around the same time.

Napier BHS came out strongly and were very competitive in the first half. A goal scored by Hayden Phillips in the 20th minute after some individual skill by him, allowed us to be 1 nil up at half time. The PNBHS players didn't panic and Brendan Payne gave us a 2 nil lead, ten minutes into the second half. However, Napier scored from a goal mouth scramble soon after to make the match close again. In the last five minutes, as Napier tired, Thomas Walshe, Ben McAlley & Ben Blyde all scored for PNBHS to give us a slightly inflated 5-1 win after what had been a tight match.

### 2nd XI Hockey - win 6-3

A much stronger Napier Boys' High 2nd XI team greeted us this year in what had become a rather dominant exchange in recent years. An early goal from a set piece was an encouraging sign but the game didn't progress as easily from then on. We dominated both possession and territory but opportunities to score were wasted and kept Napier in the game. A flurry of goals towards the end secured a pleasing, but far from perfect, 6 – 3 result.

### Colts XI Hockey - win 14-0

Fluid passing, solid defence, and some strong finishing inside the attacking circle stunned the Napier team and the relentless flooding of attack meant the boys scored quick goals to dominate the first half finishing 8 nil up at the break. In the second half, the structure fell away as the space and ease of transfer from defence to offence meant that the team had multiple chances to score, with six more goals being scored to finish the game 14 nil up.

While it was good to have a convincing win, especially after being on the receiving end of similar score lines against some of the region's 1st XIs, the boys will need to improve their option taking and composure in front of goal moving forward to tournament.







## 1st XI Football - win 4-0

The 1st XI started well, dominating possession and generally putting together some penetrating attacking moves. Troye Aitken opened the scoring after pouncing on a through-ball from Taylor Monk and deflecting it into the back of the net. Soon after, Alex Saunders-Malouf scored two nice goals, putting Boys' High into a 3 nil lead, just before half-time. In the 2nd half, with both teams having several chances to score, Boys' High sealed the win after Taylor Monk found the back of the net, making the final score, 4 nil. The win was a result of fine team work and slick passing from all members of the team. Players to stand out were: Blake Koolen, Joe Craven, Sean Liddicoat, Taylor Monk and Alex Saunders-Malouf.



## 2nd XI Football - loss 1-6

To say that the PNBHS 2nd XI had a frustrating match against the Napier 2nd XI would be an understatement. In rather benign conditions, the 2nd XI was able to hold the lion's share of the ball, controlling the midfield well and setting up numerous goal scoring opportunities, particularly in the second half. However, the Napier team were able to make fast breaks and exploit our rather flatfooted and immobile defense. Crucially, Napier were able to convert their chances whilst we squandered precious ball inside the attacking half. The 6-1 loss suggests a lopsided affair. This was one of those matches that the 2nd XI should look back on as a wasted opportunity.



## Junior XI Football - loss 1-2

The Napier team we faced was organised and technically accomplished, this much was clear very early on in the match. They had players who were capable of dictating the tempo in the middle of the pitch and they were strong defensively. However, after a settling in period, we really started to dominate possession of the ball. Napier scored first against the run of play but we scored soon after to level at 1-1. Unfortunately, poor defending caused us to concede again early in the second half making the score 2-1 to Napier and profligacy in front of goal on our part consigned us, ultimately, to defeat. Generally a good performance but the game exposed our primary weakness and area for development: finishing.



## A and B Golf

The matches were played at the Palmerston North Golf Club with each player playing their equal in scratch matchplay. The A team consisting of Liam Finlayson, Jamie Connell, Campbell McHugh and Charlie Oliver played some good golf against strong opponents, but all ended up losing 1 down, 5 and 4, 2 and 1 and 5 and 4 respectively. The B team consisting of Steven Bamford, Kaleb Idemaru, Mitchell Hughes and Bradley McSherry also played some good golf resulting in some tight matches, ending up with a 5 and 4 win, a 2 and 1 loss, another 2 and 1 loss and and 2 down respectively. Overall, it was a great day of golf with some high quality matches, with both teams looking forward to next year's fixtures.



## Senior Debating - loss

The senior debating team (Denzel Chung, Hayden Washington-Smith and Theo d'Arbois) affirmed the moot 'That boat people should be sent back to their country of origin'. Napier successfully negated the argument of our team, who did, however, make a very good attempt to set up a plausible case for a difficult moot.

## Junior Debating - win

Our premier junior debating team of Aidan Berkahn, Ronan Carroll and Finn Martin faced Napier Boys' High School recently in the annual debating exchange. The moot was that "New Zealand should increase its refugee quota." Our boys presented a strong argument for doubling the present quota. They pointed out that in world rankings our refugee quota is extremely low per capita. The Napier boys were well organised and argued strongly that there is so much poverty in NZ that we should fix up our own problems first. However, our team rebutted by pointing out the vast sums in our latest budget that are to be targeted towards alleviating poverty. Ronan Carroll was named best speaker. This was well deserved due to his robust rebuttal and summary of points of clash as third speaker.







Year 9 Kapa Haka - see results on page 10



Music Concert 2015



**Polson Banner 2015**

Rugby, Hockey & Football

