



# Palmerston North Boys' High School

## Newsletter 2015 - November

Volume 21 No 7

2 November 2015



Ben Piggott has been selected to join the Young Blake expedition to go to the Southern Oceans in January 2016



Adam Haworth showing his skills on a quad bike as part of the North Island Agricultural competition which PNBHS went on to win



Senior music students show their talents before the school at Assembly



In NSS Cycling Nationals, Campbell Stewart (centre) won the Points Race; Madi Hartley-Brown the U16 Road Race and the team came 2nd overall



U20 team, led by Campbell Stewart, winning the Time Trial at Nationals

Te Ariki Te Puni, as part of the Fuji-Xerox Young Leaders programme, put together an expo for PN students focussing on youth health issues



Murray won the tug-o-war in the Senior Monrad Cup

## Exams - the Final Reckoning





## From the Rector Mr David Bovey

As the use of IT increases here at PNBHS we will continue to ensure that the tail is not wagging the dog - IT for IT's sake is a waste of time and too many see technology as the panacea for all educational ills. Technology is not going to drive the academic programmes that are on offer at PNBHS, instead it will support those programmes.

Dear Parents,

Welcome to the final newsletter of the year. It seems that with each edition this newsletter grows as we endeavour to include the remarkable range of achievements of the young men of our school.

With each achievement the school community is able to reflect with some pride on the calibre of young man we are fortunate to have here at Boys' High. Most of the more than 1700 pupils are positive and willing to embrace the school ethos and so build on the traditions and reputation that we as a school have developed over time. These young men know what we as a school consider to be important.

With this in mind, the importance of the upcoming senior examinations cannot be overstated. Preparation for the examinations must be an absolute focus in the coming weeks, and for many of our young men, this term will define the academic worth of 2015. A number of young men will have banked on counting credits so that they are aware of just what they need to 'pass'. This is a risky strategy and some will fail because of it.

Study, study, study. That will be the key. Do not accept responses from your son that suggest he does not need to study for his examinations. He does if he is to achieve the academic success he needs to give him the opportunity to take subjects of his choice here at school next year, or to get him into a course of tertiary study, or an apprenticeship or a job upon leaving school.

That may mean our young men may need to sacrifice something to ensure they have the time they need to prepare well. They will need to put their online life on hold, perhaps; the milieu of social media won't be of any assistance. For some, this could be difficult. The Fear of Missing out (FOMO) means some may even look for excuses not to study. This would be unwise.

The psychology behind FOMO would suggest that the angst created by this decidedly 21st century term "perpetuates the fear of having made the wrong decision on how to spend time, as (you) can imagine how things could be different", according to Wikipedia. Thus, our young men will need discipline in the times ahead, and they will need to have some foresight – a few weeks of hard work may not be the enjoyable option, but it will be the necessary one.

The message is clear – there can be no substitute for hard work. Like you, we want our young men to succeed, to do their very best; to give themselves the best chances, the best opportunities.

The same message regarding preparation applies also to the junior school, who have school examinations this term. These, too, are important in terms of gauging your son's progress this year, as well as being a significant factor in regards to class placement for 2016.

To all our young men facing the challenges of examinations, all the best. May you get the results you deserve. To those who are leaving us at the end of the year, thank you for your contribution throughout your time at Palmy Boys' and all the very best for your life after school.

### Modern Learning Environments and the Use of Technology in Schools

A recent article appeared in the national media regarding the Ministry of Education's push for what were called 'Modern Learning Environments' but are now 'Innovative Learning Environments'. Essentially, the thrust of the article was how a number of well-performing schools throughout the country had poo-hooed the concept. Indeed, one school principal believes the Ministry had "gone overboard in their attempts to be modern".

Teaching and Learning continues to develop both in terms of what is delivered and how. We follow these developments with interest, and the concept of ILEs at secondary level has been the subject of some robust debate. It is early days, and while there is a definite lack of research in terms of the impact of strategies of this kind, there are concerns that teaching and learning is being driven by the classroom environment the Ministry wants to see. Thus, critics of the system worry that having several classes in open plan classrooms, where pupils learn in groups or on their own will lead to a negative impact on achievement.

At a time when universities throughout New Zealand have significant concerns that young people are arriving at university with wholly inadequate preparation for the academic rigour of tertiary courses, we must be sure we are not throwing out the baby with the bath water.

Our position is straight forward. Strategies such as the ILEs are experimental; with just one shot at secondary education we are concerned that students are guinea pigs in a high stakes experiment. The steady rise of our school's achievement results with a mix of traditional and contemporary teaching and learning tools means that while we will move forward as we necessarily must, we will do so ensuring what we believe is best for our young men.

The same can be said of the use of technology in the classroom. The increase in e-Learning and the growing list of IT programmes designed for use in schools has been significant in recent times. These are important and powerful tools in teaching and learning, with some potentially wonderful applications in the classroom; but it must be emphasised that that's exactly what they are: resources and tools for our teachers to use. As the use of IT increases here at PNBHS we will continue to ensure that the tail is not wagging the dog - IT for IT's sake is a waste of time and too many see technology as the panacea for all educational ills. Technology is not going to drive the academic programmes that are on offer at PNBHS, instead it will support those programmes. There is no substitute for excellent teaching.

### Enrolments 2016

At this stage there are close to 380 enrolment applications received for Year 9 in 2016. There is still time to submit late enrolments although given the projected numbers the school may need to implement the enrolment scheme and a waiting list for students out of zone be created.

### School Fees and Donations

Our thanks are extended to all families who have paid their son's school fees and donations for 2015. We appreciate your support as we aim to maximise the opportunities provided to all young men. Many of the programmes and opportunities the school offers would not be able to be offered without these contributions.

## Student Achievement

- Fuji Xerox New Generation Leaders – Te Ariki Te Puni was awarded joint first for his presentation at this forum.
- BOT Student Representative – Joel Fleet-Stephenson has been elected to this position for 2016.
- Overseas Tours – the Commerce group and the Stage Band returned during the holidays from successful trips to Australia, while the cricket group returned from a successful tour to Australia, India and Sri Lanka.
- Cycling – Robert Stannard competed at the World Junior Road Cycling Championships in Richmond, Virginia performing well in both his events.
- Basketball – at the NZSS Championships hosted in Palmerston North, the Premier A team performed creditably in finishing 11th with a young team.
- Clay Target Shooting – at the NZSS Championships in Hamilton, the Senior A team performed well, finishing 5th, much higher than their placing at the previous day's North Island competition. Scott Taylor won the NZ Skeet event and along with Harry Gibbs and Tate Ferguson was selected in the Wellington Region five man team.
- Cycling – at the NZSS Championships held in the local area (Koputaroa and Feilding) in the first weekend of the holidays, the Junior A team won silver medals in the Teams Time Trial. Madi Hartley-Brown was first in the U16 Road Race and was second in the Points Race. Max Taylor received a bronze medal in the U15 Points Race. The Senior A team also won the silver medal in the Time Trial; Campbell Stewart was first in the U20 Points Race with Carne Groube finishing third. Overall the school finished third in the country.
- Triathlon – David Martin finished 38th at the World Junior Triathlon Championships held in Chicago. David was third out of the water and leading off the bike but getting the stitch meant he struggled throughout the run leg.
- Swimming – Xavier Hill achieved a number of top ten finishes while swimming for the NZ Junior Team in Canberra. In doing so he broke Manawatu records in the 100m butterfly and the 50m breaststroke. He was also part of the NZ 4x100m medley team that won a bronze medal.
- Chess – the Senior A team finished seventh at the NZSS Championships held at PNBHS.
- Manu Korero – Te Ariki Te Puni won the prestigious Korimako Trophy at the 50th Nga Manu Korero Speech competition. Te Ariki won the impromptu section, was second in the prepared category and finished first overall in the English language section.
- Rugby League – Fabien Kiri and Jackson Ferris played for the NZ U18 league team against Australia during the holidays.
- Rugby – Liam Giltrap played for NZ Schools against Australia in Brisbane during the holiday break.
- Boxing – Jayden Machuca won a silver medal in the 52kg weight division at the National Boxing Champs in Invercargill.
- Cycling – Carne Groube – won the U19 Scratch Race at the Oceania Championships in Invercargill.
- Small bore Shooting – Cameron Eveleigh finished third overall at the NZSS Small bore Championships.
- Music – Michael Ashdown has been selected for the NZSS Brass Band on the flugelhorn.
- Mathematics – PNBHS teams finished first and third at the Mathex competition with the Year 9 team finishing runners-up.
- Science and Technology Fair – Ajay Kumar received a Fonterra High Distinction Award for winning his category at the recent Manawatu Science and Technology Fair.
- Jimmy Carter Quiz – the quiz team finished second at the annual JC Quiz.
- Music – the Barbershop Chorus finished sixth at the Nationals in Hamilton recently.
- Swimming – at the NZSS Swimming Championships Chris Arbuthnott won five gold medals and two silvers in his AWD category; a number of other swimmers performed creditably and the team finished ninth overall.



### From the Deputy Rector

We are of course aware that the motivation and inclination to study and revise comes more easily to some young men than others. While parents cannot do the work for their sons, your encouragement and support will make a significant impact on the quality of revision that your son undertakes.

### Examinations

Examinations are fast approaching and it is essential that young men are giving themselves the best chance to achieve to their potential through an organised and committed revision programme. We are of course aware that the motivation and inclination to study and revise comes more easily to some young men than others. While parents cannot do the work for their sons, your encouragement and support will make a significant impact on the quality of revision that your son undertakes.

You can assist by:

- Ensuring there is an appropriate study space in the house. It needs to be a quiet space with sufficient room for him to be able to spread out exercise and textbooks.
- Working with your son to establish a revision timetable. It is important that time is allocated to all subjects and achievement standards – not just those he enjoys or finds easy.
- Ensure your son gets plenty of sleep, regular exercise and has a healthy diet. These three factors will ensure he can study effectively, can concentrate in examinations and remains in good health during the examination period.
- Getting enough sleep is essential. Research over the past decade has confirmed the relationship between sleep and learning in adolescents. Because so much is going on in adolescents' brains - they are learning so much at such a fast pace, especially as they prepare for examinations - they need much more sleep than their parents; 9 1/4 hours per night has been identified as the optimal sleep time for adolescents. Please note: this is time asleep, not simply time in the bedroom where digital distractions can often reduce that figure significantly. (source: 'The Teenage Brain: A Neuroscientist's Survival Guide to Raising Adolescents and Young Adults').
- Ensuring your son gets enough sleep might involve some difficult discussions and tough decisions around his access to digital devices in his bedroom for the next few weeks.
- Make sure there is an accessible copy of the examination timetable displayed prominently at home. Unfortunately, each year there are a small number of young men who miss their examinations because they have relied on their mates for information rather than consulting the examination timetable. In these situations there is nothing that can be done to help, they are simply not eligible to get the available credits.



Young men returning to PNBHS in 2016 need to be aware that there are prerequisites they need to achieve in order to be accepted into each subject and to move from one NCEA level to another. These prerequisites are independent of NCEA level certification and are based around the demonstration of sufficient background knowledge and understanding to proceed in a subject. The message from us is very simple; all young men must aim to achieve to the best of their ability and not be satisfied with anything less than their very best effort.

NCEA examinations begin on Friday, November 6. Your son will receive personalised information regarding his examinations. If he is unsure of any details please consult the NZQA website ([www.nzqa.govt.nz](http://www.nzqa.govt.nz)) or contact the school. By enrolling for NCEA your son is agreeing to abide by all NZQA assessment rules and procedures and that he will follow the instructions of the examination supervisors. All school rules also apply throughout the examination period. Please remind your son of the following in particular:

- He must bring his admission slip to all examinations.
- Cell phones are not permitted in examination rooms.
- PNBHS expectations in relation to grooming apply at all times. It is important that he attends to this as having to sort issues out prior to an examination starting will create unnecessary stress for him.
- No student will be allowed to enter an examination room after the first 30 minutes.
- Students sitting Scholarship examinations are required to bring photo ID as well as their admission slip.

It is a Palmerston North Boys' High School expectation that students remain in the examination room for the duration of their examination. We also expect that students will make a genuine attempt at all Achievement Standards they have been entered in. Achieving this will require that students make use all of the time available to them. Non-attendance at an examination, or leaving an examination early, will void a student from consideration for awards at the school Prizegiving.

## Derived Grade Process

Should your son miss an NCEA examination through a legitimate illness or injury he may be eligible for a derived grade. In this instance, the grades he received in the school end-of-year examinations will be used to help determine his final grade. If your son finds himself in this position please contact the school immediately. Evidence of the injury or illness, such as a medical certificate, is essential. Further information about the

derived grade process can be found on the NZQA website.

## Accelerate/Massey University Programmes

It is timely to provide another reminder to accelerate students that they require a minimum of a Merit average if they wish to continue in the accelerate programme in 2016. Students who intend to take Massey University papers in 2016 are reminded that as well as having a Merit average at Level 3, they must also gain the University Entrance qualification. Tentative enrolments for 2016 Massey papers have been taken. If your son has not completed this process it is essential that he contact Mr Benn at school as soon as possible.

## Resilience

Resilience is an essential quality for young men during the examination period. By their very nature examinations are stressful, especially so for young men who may be struggling academically, or for those who may not have made the effort they could have throughout the year. Even for those young men who are well prepared, questions that were different to what they were expecting, or a change in the format of the examination paper, may be enough to throw them. Having the ability to recover readily from such frustrations and disappointments is important. Dwelling on problems is not productive.

You can assist your son with a quick debrief after each revision session or examination. This will allow him an opportunity to vent his possible frustrations and give you an opportunity to steer him in a positive direction. Brevity is key, and statements such as "You should have done more work during the year" will not help. Your son is after your support and encouragement so that he can make maximum use of the time that is available to him. Young men often find it difficult to put their struggles and concerns into perspective and consequently fairly minor concerns can, at times, become all consuming.

You can assist by providing this perspective. Difficulties and failure are a fact of life and all of us have to face these issues at times. The most important thing is how we respond to setbacks. Viewing them as opportunities to learn is vital, as it is not the setbacks that define us, it is the manner in which we respond to them. Author James Michener summarised this eloquently when he stated that "Character consists of what you do on the third and fourth tries."

## Harmful Digital Communications Act

Cyberbullying is becoming a greater issue in the increasingly digital world young men today inhabit. Posting, liking, tagging or sharing messages or images that are inappropriate, or likely to cause harm or distress to another person, is, quite simply, wrong. It

is also now an offence. It is important that young men realise the impact that their on-line behaviour can have on other people, that they are now more accountable for this behaviour and that 'silly' decisions could have long lasting consequences for them.

The Harmful Digital Communications Act is designed to mitigate the harm caused to individuals by electronic communications and to provide victims of harmful digital communications with a quick and effective means of redress. The Act introduces a new criminal offence of "causing harm by posting digital communication". This includes posting a digital communication with the intention that it causes harm to the victim, posting a digital communication that would cause harm to an ordinary reasonable person in the position of the victim or situations in which posting the communication causes harm (defined as serious emotional distress) to the victim.

Factors that may be used to determine whether the post would cause harm, include: the extremity of the language used, the age and characteristics of the victim, whether the digital communication was anonymous, whether the digital communication was repeated, the extent of circulation of the digital communication, whether the digital communication is true or false and the context in which the digital communication appeared. A person convicted of an offence is liable to imprisonment not exceeding two years or a fine not exceeding \$50,000. Furthermore, if a person incites or counsels someone to commit suicide the person need not actually commit or attempt suicide for the offence to take place. The offence is punishable by up to three years imprisonment.

Please take the time to discuss your son's use of social media with him, as it is only a matter of time until a 'throwaway' comment, or the sharing of an inappropriate message or image, results in prosecution.

## Summer Learning Loss

While the end of the school year is still some time away, it is timely, in this, the last newsletter of the year, to mention summer learning loss. Summer learning loss is the decline in academic skills and knowledge over the course of the summer holidays. While not a common theme for discussion in New Zealand, it has been the subject of much research in overseas settings. The decline in learning varies between age levels and subjects. A common finding across numerous studies is that, on average, students scored lower in mathematics and reading tests at the end of the summer holidays than they had on the same tests administered prior to the holidays.

The thought of doing 'school work' over the holidays to offset the summer learning loss is likely to hold little appeal for many. However, research has identified that providing a range of different experiences, and oppor-

tunities for young people to do 'new' things over the summer holidays, can go a long way to alleviating the summer learning loss.

Recreational reading plays a key role in maintaining literacy skills. Parental encouragement and role modelling of regular reading, during the holidays is therefore, vital. Further information about summer learning loss, and some suggestions of how families can help to prevent this, can be found under the Parents/Parent Interest tab on Stratus ([stratus.pnbhs.school.nz](http://stratus.pnbhs.school.nz)).

## School Prizegiving

The annual school Prizegiving takes place on Wednesday, December 9, beginning at 7.00pm in the Arena 2 stadium. The Prizegiving is a real highlight of the school year and allows us collectively, as a school commu-

nity, to celebrate the successes of our young men in a wide range of academic, cultural and sporting areas. All students are expected to attend the Prizegiving and an invitation and warm welcome is extended to all families and friends of the school.

At the conclusion of the Prizegiving students will be issued with end-of-year documentation, including the school magazine, the Palmerstonian. The cost of the Palmerstonian is included in the General Donation portion of your son's school fees. If this component has not been paid, and your son wishes to have a copy of the magazine, he will need cash to purchase one. At the conclusion of the Prizegiving all Year 13 Leavers are invited to the 'Leavers' Supper' in the school hall, provided by the PTA.

## Defaulters

Ensuring the return of textbooks, library books, sports uniform and other equipment which has been issued to students, along with the payment of school fees, is an essential exercise at the end of each school year. These matters need to be attended to by 1.30pm on Wednesday, December 9, otherwise your son will be placed onto the Defaulters List. This means that he will not receive his Palmerstonian or other documentation at the conclusion of the Prizegiving. To avoid the disappointment of being put in this position, I encourage you to work with your son to ensure that he has met all of the necessary commitments. If you are unsure of your current position with regard to school fees please contact Mrs Beck in the Finance Office.



## Sports Talk with Peter Finch

I would like to welcome back our Cricket touring party from their trip through Australia, Sri Lanka and India and thank the staff for their relentless work to enable these kind of opportunities.

Whilst our summer codes are busy training, playing and preparing for local competitions, North Island or National Championships, we are very much into an audit and review mode for school and regional secondary schools sports awards for the 2015 year.

PNBHS will again be very well represented at this year's Manawatu Secondary School Sports Awards and I would like to congratulate all of our young men who have already been shortlisted and wish them well for the presentation evening. The school will also shortly be into preparation for our own sports prize giving and with the calibre and quality of our athletes, this event annually must be the envy of most other schools in New Zealand.

Whilst celebrating successes of the year to date we must also have a view forward to next year and beyond to ensure sustainable exposure and success in the future of our athletes in their respective areas of pursuit.

Head coaches for all major codes have been appointed and their plans for next year are well under way. This year's Breakfast Club trial will be repeated and extended to ensure athletes who train before school don't go without sound nutrition before entering into an academically challenging day. The Tuesday after-school injury and rehabilitation clinic will also be repeated and extended to assist with appropriate return to play routines. PNBHS have made an agreement with TBI Health, found in Grey St. just minutes from school, to provide physiotherapy assistance to staff and students at a very good rate and with some preferential booking times to ensure our athletes are diagnosed and treated as soon as possible. Construction of another weights room space is about to start any day which will give a greater out of class time capability within the school for athletes to follow through prehabilitation, rehabilitation and or conditioning programmes to adequately prepare themselves for the rigour of top-flight sport.

The focus for all of our students over the next few weeks and months must be academic, as no matter how good you are in your sport, you will need an academic base in which to make the most of the opportunities presented in your future. Good luck to you all.



## Spartans Debate Team Round 3 "The Battle"

Throughout Term 3, the Year 9 Spartans Team has been led into the fields of battle by their trusted mentor, Malachi Hill. Our opening speaker, Jude Wightman, outlined our model for our attack on the Hosting House's affirmation that 'Euthanasia should be made legal in New Zealand'. Although Cullinane College responded with some strong artillery stating that 'euthanasia was the humane way', we still had Andrew Karatea waiting in the cavalry to charge on as second speaker and rebut this clash point in the debate. To boost the confidence in the troops, the order



was made by Lieutenant Hill for William Wood to enter the third round of speaking. With William's fresh eyes and enthusiastic approach, hope filled the hearts of many. However, this was soon laid to rest as his point was besieged by the leader's of Cullinane's leader. Finally, Andrew was once again sent into the battle field and brought the resistance to a ceasefire with the repetitive use of the phrase "we have won this debate". As the debate drew to a close, both sides waited in angst for the final outcome to be made by the adjudicators. Hooray! It was what we had worked for, for so long, victory for the Palmerston North Boys' High Spartans Debate Team.

Kate Tutavaha - TIC of the Spartans Debate Team.



## Commerce Trip to Australia



A trip of a life time was had by all that were involved with the commerce trip to Australia, during the Term 3 holidays of 2015. 30 Boys and three staff members set off from PNBHS on a trip that would open the boys' eyes to the world of commercial and international business, giving them opportunities to visit international companies such as Google, Qantas and Microsoft.

The boys visited many places in Melbourne. Starting off their tour was a visit to the Melbourne campus of Monash University. Here the boys got a tour around the law and commerce building. Up next was a visit to AIMI Stadium where the boys met with the current chairman of the Melbourne Storm (and old boy, Bart Campbell). The boys were lucky enough to get an exclusive look through AIMI Stadium. To finish off the official proceedings in Melbourne, the boys met with an Australian Young Rich Lister. During the meeting the boys got the opportunity for a Q and A session with him where they learnt about his success story in becoming one of Australia's most successful businessman.

The boys next stop was to Sydney where they had the opportunity to look through Sydney University. Here the boys experienced a guided tour of the campus. While in Sydney the boys also looked through Sydney's Google HQ, the home of Street View. Qantas Link Headquarters was another main stop for the boys. Qantas were fantastic hosts, providing the boys with multiple speakers in a range of areas. Microsoft was another stop off for everyone. At Microsoft the boys learnt about the future of technology and what Microsoft is doing to stay ahead of the game in the ever-evolving market. During our stay in Sydney the boys had dinner with a group of old boys from varying generations and backgrounds.

The commerce trip then took the boys to Auckland for the final stretch. In Auckland the boys met with Seamus Barnett (2013 Head Boy). Seamus was kind enough to host the boys at Auckland University for the whole day, where he had prepared a business challenge for the boys to complete. Next the boys met with Ewan Westergaard at Craigs Investment Partners. Mr Westergaard spent half the day explaining what Craigs does and how it relates to business and commerce. We spent the second half of the day on the ANZ trading floor. The trip was concluded that night with dinner at Sky City.

Overall the boys thoroughly enjoyed the tour. Great contacts and memories were made. Special thanks must go to Mr Turnock, who spent many hours organising and preparing the trip, especially the walking tour of Sydney. Special thanks must also go to the staff on tour: Mr Black, Mr Doolan and Mr Sinclair.





## Cricket Tour of Australia, Indian and Sri Lanka



The 1st XI Cricket Development Squad has just returned from their 23 day tour to Australia, India and Sri Lanka. The boys who travelled were: Trey Bidois, Bradley Fulton, Isaac Harris, Jack Harris, Reuben Harris, Mason Hughes, Jack Lord, Floyd na Nagara, Whetu na Nagara, Ben O'Connor, Tom O'Connor, Charles Parker, Braden Rowe, James Stratton, Hugh Symes, Thomas Walshe, Harry Wenham and Bryn Wilson.

The tour comprised ten 50 over games; four in Perth, two in Bangalore, one in Chennai and three games in Colombo.

Despite the team only registering three wins, eight of the fixtures resulted in close finishes.

The tour offered the boys a unique opportunity to travel to some of the world's greatest cricketing cities to play the game they love. The boys experienced different cultures, food and conditions all the while learning much about themselves and their individual skills. The boys will have a new found appreciation of the adversity faced by international cricketers when they tour the sub-continent.



### Notable Performances...

**v Kent Street Senior High School, Perth:** Floyd na Nagara 51, Jack Harris 2 for 30 and Braden Rowe 2 for 36

**v Christ Church Grammar School, Perth:** Hugh Symes 47 and Charles Parker 43, Jack Harris 2 for 35 and Bradley Fulton 2 for 31

**v Rockingham Mandurah District Cricket Club Development XI, Perth:** Whetu na Nagara 41, Isaac Harris 33n.o. and Ben O'Connor 2 for 21

**v Guildford Grammar School, Perth:** Tom O'Connor 47, Whetu na Nagara 62n.o., Jack Harris 2 for 16 and James Stratton 2 for 41

**v Imtiaz Ahmed Cricket Academy U19, Bangalore:** Mason Hughes 59, Whetu na Nagara 59n.o. and Bradley Fulton 7 for 23

**v Jain International Residential School, Bangalore:** Mason Hughes 67, Charles Parker 64 and Harry Wenham 2 for 56

**v St Bede's Sports Foundation, Chennai:** Harry Wenham 39

**v Nalanda College, Colombo:** Charles Parker 57 and Tom O'Connor 55, Bradley Fulton 2 for 41, James Stratton 2 for 29 and Isaac Harris 2 for 6

**v Royal College, Colombo:** Mason Hughes 32 and Reuben Harris 2 for 19

**v Zahira College, Colombo:** Ben O'Connor 3 for 26, Harry Wenham 3 for 38, Tom O'Connor 60 and Floyd na Nagara 37



## Awards in Science, Languages and English

### Science



The ICAS Science Competition was held in June this year and 272 students chose to take part. The test is a one hour test made up of forty-five multiple choice-style questions. It tests students' skills and knowledge in Science and provides teachers with an insight into their students' understanding of Science and the world around them. One student, **Malachi Hill**, (left) received the High Distinction grade and he is one of the top 1% of students in NZ and the Pacific region who sat the ICAS test this year. Thirty-eight students gained a Distinction grade this year and they are in the top 2-3% of all students who sat the same test. Congratulations to all these students who have excelled in this Science Competition.

The Otago Science Quiz this year was sat by 52 students on the 10th June 2015. The cohort consisted of senior students who volunteered to sit the quiz. Five students received Merit awards and one student, **Reuben Dods**, received a Distinction award worth \$50. Of particular note, two students, namely, **Roman Jensen** (11EA) and **Samuel Dobson** (13LG)

gained 3rd place equal in New Zealand for their year level. They both received \$100 each. (picture right - front row: Dods, Jensen, Dobson)



All the students who took part in these Science competitions should be commended for their efforts and their enthusiasm for Science.

*Geedha Reid*

*HOD Science*

### English ICAS Awards

High Distinction to (l-r) **Aidan Berkahn, Toby Gray, Ronan Carroll**



### Language Awards - ICAS and IGCSE

In the *IGCSE German* course, **Jordan Shilton** and **Jim Harvey** (pic left) gained an A pass (80-89%) while **Samuel Dobson** (pic right) gained an A\* pass (90% and above.)



In the *Assessment of Language Competence* exams which 154 students entered, (left pic below) Assessment in Language Competence German Certificate 2 and 3 Distinction or High Distinction grades were awarded to (back): Anu Muller-O'Neill (Listening and Reading), Horatiu Susa (Listening and Reading), (front) Finlay McRae (High Distinction in Listening, Reading) Jordan Shilton (Certificate 3 Listening), Roland Clayton (Listening and Reading)



and (pic below right) in the *Assessment in Language Competence French Certificate 2 and 3* Distinction or High Distinction grades to (back) Denzel Chung (Listening, High Distinction in Reading), Harrison Ward (Reading), Toby Gray (Listening and Reading), Matthew O'Leary (Listening), Micaiah Hunt (Certificate 3 Reading) (Front row): Ben Howard (Certificate 3 Listening, High Distinction in Reading), Mathew Waite (Certificate 3 Listening and Reading), Steven Jiang (Listening and Reading), Emmanuel Joseph Shaji (High Distinction in Listening, Distinction in Reading), Andrew Matheou (Reading)





## Leadership Report

*"One repays a teacher badly if one remains only a pupil." Friedrich Nietzsche*

### The Circle of Education

Four vital lessons we need to teach young men were recently discovered on a blog site by Brendan Malone. These have been used recently as anchors for a number of leadership and character education presentations to our young men. Passing the skills and knowledge to the next generation is a vital part of what we do in the circle of education, developing educated men of outstanding character. It is very pleasing to see the number of young men who understand their importance in this educative process, as they are not just a pupil, as Nietzsche states, but they are also the next generation of leaders and teachers to continue to carry the flame of education. Young men are stepping up to write a book, or do a presentation, book review, offering to assist a teacher, and tutoring or mentoring other students. One young man recently told me you do not need a badge to lead and he is just one example of many young men in the school whether they be Prefects or not, who mentor junior students both formally and informally. The joy a teacher feels when young men step up and offer to coach, or teach or mentor or take responsibility is very rewarding – for both the student and the teacher. These young men are serving their school and living a life of purpose and challenge.

Ten Year 12 students recently attended the **yLead Rangitira Leadership Conference** in Rotorua (sponsored by Old Boy Mr Bill Kermode) with about 100 peers from fellow Super Eight boys' and girls' schools. The intent was to inspire them to continue raising the beam in education and character in our school in 2016. Whatever position they hold in the school next year, from the feedback, it is clear that our young men are high quality individuals who can and will make a difference. They have considered proposals to assist in making their school better in 2016 and these have been presented to the Rector and Deputy Rector. There is no doubt that through their vision to "unite the school through a sense of pride and community", they will succeed in sowing seeds in this area for the future.

Final reviews of the 232 seniors in the **Barrowclough Programme** goals and achievements are proving yet again the power of this programme. Not only does it provide these men with something to strive for, it is proving to be the point of difference when applying for positions in the senior school and beyond.



Paul King  
Leadership Director

**Seizing the Day.** Many of our young men are stepping up to lead and take advantage of a number of opportunities to lead and make a difference. Joel Fleet-Stephenson attended a World Vision Leaders Scholarship in Auckland in the holidays and he will continue in 2016 to build on the excellent work of Colson Verdonk in 2015, raising funds for this worthy organisation. Four Prefects completed outstanding community service in the holidays speaking and singing to an Aged Care Community. Five young men spent a day in Trentham on a Westpac Bank sponsored Apiata Challenge, where they were mentored by Willie Apiata, V.C., a very special day. One off sessions on Learning Leadership so far this term were conducted setting a challenge for Year 9 students and personal relationships for Year 10. Two final sessions are programmed later in the term. The leadership journey continues.



### Library News

We are having a good term with new books still arriving, among them some great donations. This is a timely reminder of the great legacy which School Leavers can give to their school, in the form of donated books in their field of interest, whether it be a thriller or a sports book. We insert a book plate in the front of the book so that all borrowers can see the name of the previous student, who enhanced our collection.

This is the time of year when we have to say good-bye to some of our Student Librarians who have been with us for four years of volunteer service. Brandon Montagnani in particular has been an outstanding member of the team over the years, making himself available to step in and help when the need arises.

All Seniors' books have to be returned before they begin exam leave and, if they have any library fines outstanding or lost books unpaid for, they will unfortunately lose study leave. Our Juniors may borrow books for another few weeks until stocktake begins, and we encourage all Year Nines to complete reading 15 books (or more) for the Year 9 Reading Challenge!

Mrs Langley

### Book Reviews

Every Wednesday students and staff present book reviews with the aim of encouraging the young men to read. This term Prof Glynn Harper presented his latest book - *Johnny ENZED*, and Connor Hurnard, a Year 9 student, spoke on *Lockwood and Co* by Jonathan Stroud.





## Various Sporting and Cultural Reports

### Cycling report

The 2015 year has again been one of great success for the PNBHS cycling team. The numerous results throughout the year pay tribute to the hard work the squad has put in both on and off the bike during the course of this year's cycling season. Some of these results include multiple Track and Road National titles, North Island Secondary School titles, all the way through to our very own double track Junior World Champion and most recently Oceania Track titles. This year we have had numerous New Zealand representatives within the PNBHS cycling squad. These riders were lucky enough to ride and compete in countries like Kazakhstan (Campbell Stewart), USA (Robert Stannard, David Martin) and Australia. From these opportunities we have been able to see some of these boys perform on an international stage and reach success on a global scale.



The NZ National Schools' Road Cycling Champs held on the first weekend of the holidays saw the boys set their sights high with the goals of defending the Senior Boys' Team Time Trial title and the overall Top Boys' School Trophy. With a clear target,

hopes were high leading into both the Senior and Junior team time trial events. With the sun shining, both the Junior A and Senior A team put in performances to be very proud of. Both teams came away with silver medals with the Senior A team missing out by only 12 seconds to Auckland Grammar. Following on from this success, riders moved on to the individual road race and points race with high hopes. With a dominant presence across all events, Madi Hartley-Brown put in an outstanding ride in the U16 boys' road race to come away with a national title - the previous winner in this event was Campbell Stewart. Not to be outdone, Campbell coming off a break after winning his world track titles, was out to prove a point after not being able to show his sprinting prowess in the U20 road race. The U20 boys' Points race held at Manfeild, revealed the true dominance of PNBHS cycling. In this event, all Senior boys rode well as a team setting the stage for Campbell to sprint his way to first place and Carne Groube into third. With this effort, and the team as a whole, we were able to come away as the 2nd placed boys' secondary school in New Zealand. Rider of the event was Madi Hartley-Brown with silver medals in the Team time trial and points race, not to forget his national title in the U16 road race.



PNBHS now looks forward to the road race season with a number of our senior riders competing in the North Island team series over the coming month. As a team, PNBHS Cycling, we will look to finish the year strongly with our riders competing at the Tour de Manawatu and then the Manawatu Novice tour in December.

### National Secondary Schools Small-bore Rifle Competition

The PNBHS team consisting of Cameron Eveleigh, Justin Marshall and Regan Fraser travelled to Wellington on the last Friday of Term 3. Arriving at the range at 1530hrs the team was able to complete a practise shoot in preparation for the competition held over the following two days.

Saturday saw 21 teams, equipment, support crews and the organisers crammed into the space of a large classroom. There was a very good turnout of teams from both North and South Island schools.

The first section of our competition was to compete for the honour of representing the North Island for a subsequent shoot against the South Island team. All members of our team shot well against some highly skilled competitors.

Cameron, who is coached by the Rongotea club, shot the highest North Island score of 293.14 which placed him 3rd overall. Selected for the North Island team, Cameron went on to shoot 191.3. Unfortunately, the South Island team won the Secondary Schools' Inter-Island trophy by a very close margin.

Cameron shot well enough to represent New Zealand on the Sunday in the premier section of the competition against the United Kingdom. This being a postal shoot, the results will not be known for some time.

Cameron's aggregate total for the overall competition placed him in a tie for 3rd place, but on count back he was judged to have scored higher due to his last card (100.5).

The final event was for the mixed teams Plate competition in which Justin's team achieved second place.

### Secondary Schools Small-bore (SSS) National Postal Shoot

This was a competition shot over several weeks of the season.

Cameron once again distinguished himself and was presented with 2 awards, achieving Bronze in the individual competition, and Silver in the 'C' grade competition.

### Clay Target Shooters finish 5th at Nationals

13 of our shooters travelled to Hamilton at the start of the holidays for three days of shooting. This included the North Island DTL champs on Saturday, the national DTL champs on Sunday then the North Island and National Skeet champs on Monday. There were a little over 300 shooters and around 40 schools represented. Placings are awarded by 'high over all' (best of boys and girls combined) then 1st, 2nd, 3rd by gender. It is fair to say that expectations were not as high as in the last few years, as we had a rather young 'A' team who had not dominated the local circuit as much as previous teams had.

### The North Island DTL champs:

There were no great individual highlights here and both our A and B teams finished well off the pace.

### National Champs:

The A team had a much better day and were placed a very creditable 5th. The only individual highlights came with two of our shooters scoring a 'possible' (20 / 20) in the single barrel event to go into the shoot offs.

Rep teams are selected by Fish and Game region and the five man Wellington team comprised three of our shooters; Scott Taylor, Harry Gibbs and Tate Ferguson.



## Old Boys take on School in Cricket and Hockey

In both codes, youthful energy and effort were no match for the wily experience of the old fellas which meant they did not have to run around as much! Great to have old boys travelling from afar as New Plymouth and Wellington to play.

Hockey 2-5 loss; Cricket loss to NZCT Junior team by 40 runs.

Two great games enjoyed by all!



Richard Calkin, Josh Cleaver, Stan Fulton, Paul Gibbs, Connor Tunnicliffe, Gary Wenham, Glynn Champion, Steven Vindriis, Mike Taiuru, Dave Fulton, Scott Davidson (absent but played - Brett Davis)  
Toor Butt, Ben Roberts, Harley Smith, Rishabh De, Bryn Wilson, Finn Martin, Doug Ashton, Sam Russell, Jack Wenham, Max Harris (front) Reuben Love, Mitchell Leach



Mark Lovelock, Josh Cleaver, Blake Gloyn, Richard Fogarty, Aaron Purser, Jason Peel, Tom Abraham, Sam Moffatt, Ben Molloy, Matt Brougham, Paul Lovejoy, Richard Calkin, Nathan Penny, Steve Lucinsky, Bruce Kensington, Jake Blanks, Greg Bates  
Hayden Phillips, Ben Blyde, Matt Peel, Levi Loudon, Brendan Payne, Matt Chard, Tom O'Connor, Ben McAlley, Callum Judd, Matt Small, Tom Walshe, Ben O'Connor, Bradley Grapes

### Early Notice

An Evening With Ruth Pretty in the Speirs Centre



Well known celebrated New Zealand Chef, Ruth Pretty, will be sharing her skills in the Speirs Centre on Friday 8 April 2016. It will be a fun evening of Italian cooking, tasting, prizes give aways and more! Book early!  
Tickets available (\$50) at PNBHS office! An ideal Christmas present.



## North Island and New Zealand Skeet:

The North Island Skeet event didn't go too well for our shooters with no individual placings of note.

The New Zealand event saw Scott Taylor placed 1st boys (2nd in the country), with Fraser Martin 5th.

## Shand Shield Choral Competition

The Shand Shield Choral competition was held in the last week of Term 3. Each club produced a choir of up to 40 members performing two songs; the compulsory Motto Song and an optional song from the theme ANZAC - a song written by either an Australian or NZ artist. Some clubs managed to squeeze in both countries by using a Crowded House song or the Gotye/ Kimbra duet. Many clubs found the compulsory motto song challenging, as it is difficult to customise and it became clear that it isn't that well known by many students; something we will have to rectify before prizegiving. There was some exceptional student leadership, with Murray having a great "think tank" in a very well functioning group. It is great to see so many students step out of their comfort zone to perform, and the adjudicator; Old Boy Dean Parkinson was amazed at what could be achieved in under four hours practice. In the end only three points separated the top three places and the placings could have very easily been different.

The final placings were

- 1st. Kia Ora
- 2nd. Albion
- 3rd. Murray
- 4th. Phoenix
- 5th. Vernon
- 6th. Gordon

The award for outstanding student leadership goes to Baxter Perry from Kia Ora who performed *Royals* by Lorde.

## Premier A Basketball 2015 Secondary Schools National Championships

The top 24 basketball teams in New Zealand met in the Term 3 holidays at Nationals in Palmerston North. Before the tournament the goal was to finish near the top of the middle 8 so in 9th-12th place.

### Game 1 vs Te Awamutu College.

Te Awamutu did very well at their regional tournament and they started the game well, leading 24-16 at quarter time. A strong second quarter from PNBHS helped out by two crucial 3 pointers from Oscar Oswald meant we went into the main break 48-40 ahead. Two Te Awamutu players including NZ rep Tomas Higgins got into foul trouble and PNBHS capitalised on this and went on to win 97-92. Callum McRae top scored with 27 points and got 20 rebounds. Oscar Oswald scored 24 points and Aaron Davis 21.

### Game 2 vs Wellington College

This was our 6th game against Wellington College this year. Before going into this game we had managed to beat them four times so complacency was a concern heading into this game. Wellington were desperate for a win, but a good second quarter got us out to a 37-28 lead at half time. Both sides were guilty of conceding too many fouls. Aaron Davis and Jack Henry would foul out late in the game. Credit to Wellington College who managed to put up a good fight but we clung on to win a very close game 65-57. Callum McRae top scored with 24 points and Oscar Oswald got 17 points

### Game 3 vs Middleton Grange

Middleton Grange had three "big big's" including Sam Timmin's, recent 3X3 World Champion, a 120kg, 6 foot 10 man-mountain. An intriguing contest within a contest would be to see how well Callum McRae would go against Timmins. Callum managed to contain Sam to just 15 points, a great contest between "now" and "future" athletes.

PNBHS started well to trail 18-21 at the first break, but an impressive defensive effort by Middleton in the second quarter restricted us to six points and we were down 24-43 at half time. Other teams would have given up, but Boys' High won the next two quarters and, after a strong comeback, lost 67-79. Sam Timmins was classy with a few three point shots but Callum McRae had an excellent game ensuring that Timmins was well contained under the basket. Matangirei Hipango was a stand out in this game, and displayed great options for PNBHS.

### Game 4 vs Auckland Grammar School

On paper, we should have won this game, but sport isn't won on paper. We started well and were up 21-17 at the end of the first quarter. Turnovers, 16 in total, cost us. We tried very hard to shut down the Grammar shooters, but they rose in confidence beyond the arch and their 3 point shooters hurt us. Oscar Oswald top scored with 26 points, Callum McRae got 16 rebounds and Haize Walker had 7 assists. PNBHS were well beaten 76-97. It was a good lesson for the young team as this big loss would end up haunting the team when it came to top 8 aspirations.

### Game 5 vs Cashmere High School

The equation seemed simple, win this game and make top eight, lose and we make bottom eight. That was all the inspiration the team needed. The game was played at a frenetic pace. Cashmere's Joe Cook-Green was sinking baskets at will and seemed unstoppable, but Aaron Davis started strongly, competing for every possession. As the game headed into the third quarter, Cashmere got into foul trouble, but tragically for them Joe Cook-Green ruptured his Achilles' tendon and was out of the game. PNBHS went on to win 86-73. Celebrations were short lived however, as on the court next to us, previously unbeaten Middleton Grange unexpectedly lost to Auckland Grammar meaning PNBHS, AGS and Te Awamutu College were in a three way tie for second place. PNBHS placed 4th in Pool A based on points differential, meant we were in the playoff for positions 9-16.

### Game 6 vs Christchurch Boys' High School.

Although the team were disappointed not to make top eight, there were still three games to play. This was a battle of the NZ U17 point guards. Hazie Walker and Christchurch Boys', Quinn Clinton, were team mates not long ago, so this was going to be a great game in this area. PNBHS wanted a good start, but Christchurch started well and got out to a 10-2 lead. PNBHS did well to only be trailing 18-22 at the first quarter.

We managed to keep on track and work towards getting the opposition into foul trouble and this led to three opposition players fouled out before the end of the game. The Prem A kept their composure to finish strongly, winning the final quarter 27-11.

Callum McRae top scored with 22 points and Haize Walker got 15 points and 9 assists. Final score was a 78-61 win to PNBHS.

### Game 7 vs Onslow College

Onslow looked very good at regionals and we knew that we would be well beaten if we did not play to our maximum potential. Aaron Davis had his best ever game for PNBHS. He constantly took the ball to the hoop and Onslow could not break down his jump shot. Onslow led at every break, but Boys' High never gave up and even took the lead with six minutes remaining in the game. In the end, Onslow deservedly won 65-57. Aaron Davis top scored with 18 points and claimed 11 rebounds. Callum McRae scored 16 points and got 16 rebounds.

### Game 8 vs Liston

PNBHS got out to an early lead, but the starting five were tired after eight games in six days, so the bench players were introduced early into the game. Up 39-33 at half time, a poor 3rd quarter meant that Liston got back into the game. Down 59-62 heading into the final quarter, the team did well to win 81-79. Aaron Davis top scored with 20 points, Haize Walker got 19 points and Callum McRae got 15 points and 23 rebounds.

Final placing was 11th.

It has been a very long season, and after coming sixth at Super 8, PNBHS were the 3rd placed Super 8 team at Nationals. This was a very successful tournament for our young team.



## PNBHS International Student Homestay Opportunity



The Palmerston North Boys' High School International Student Programme is looking for excellent homestay providers to join our international student homestay community. The aim of our programme is to provide the students with a memorable and enjoyable experience during their time at PNBHS.



Long term homestay students arrive in late January and leave in December, however we do have short term students requiring homestay from ten days to one term and will pay \$230 a week in 2016 for their accommodation, but it is our expectation that the family regards the student as one of their own involving them in all household activities including local trips and excursions.

Successful contracts will be subject to applicant interview, the suitability of the household and Police Vetting process and student availability.

This is a proven long standing educational and homestay programme providing families with many rewarding and wonderful times, with numerous long standing relationships being established along the way.

If you would like to invite an international student to share your home and feel that you can provide a home environment that would appeal to our young Men, then please contact the Accommodation Manager, Mrs Wendy Christophers, on 3545176 Ext 775 or [homestay@pnbhs.school.nz](mailto:homestay@pnbhs.school.nz)

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James Benn  
BSc, MSc, MS, PhD  
[james@mathsclinic.co.nz](mailto:james@mathsclinic.co.nz)

## Top ICAS English and Science Awards



Science: Malachi Hill

English: (l-r)  
Aidan Berkahn,  
Toby Gray, Ronan Carroll



## Science Department

The ICAS Science Competition was held in June this year and 272 students chose to take part.

The test is a one hour test made up of forty-five multiple choice-style questions. It tests students' skills and knowledge in Science and provides teachers with an insight into their students' understanding of Science and the world around them.

One student, Malachi Hill, received the High Distinction grade and he is one of the top 1% of students in NZ and the Pacific region who sat the ICAS test this year. Thirty-eight students gained a Distinction grade this year and they are in the top 2-3% of all students who sat the same test. Congratulations to all these students who have excelled in this Science

### Competition.

The Otago Science Quiz this year was sat by fifty-two students on the 10th June 2015. The cohort consisted of senior students who volunteered to sit the quiz. Five students received Merit awards and one student received a Distinction award worth \$50. Of particular note, two students, namely, Roman Jensen (11EA) and Samuel Dobson (13LG) gained 3rd place equal in New Zealand for their year level. They both received \$100 each.

All the students who took part in these Science competitions should be commended for their efforts and their enthusiasm for Science.

*Geedha Reid  
HOD Science*

### BACK TO SCHOOL MADE EASY

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## YEAR 13 MOUNTAIN TRIP 2016

As part of the Year 13 programme at Palmerston North Boys' High School, all Year 13 students who are studying NCEA Level Three subjects in 2016 will attend the annual Year 13 Mountain Trip. This camp is an important outdoor education component of the school programme and will be held from Monday 15th February until Friday 19th February 2016.

The aim of the camp is threefold:

- 1 To provide a physical challenge.
- 2 To use the National Park environment and community life to aid social development.
- 3 To use the physical and biological features of this area to reinforce academic skills.

Students will be accommodated in seven lodges at the Top o' the Bruce on Mt Ruapehu. Each student will share in the daily running of the lodge, including all domestic duties and cooking. The final programme for this camp is dependent on the weather, however students may complete a team building and leadership day at Waiouru Army Camp, a tramp to the Summit of Mt Ruapehu (or a similar tramp), and the Tongariro Crossing. Geography students will also complete exercises to aid in their Geographical studies.

Students need to organise suitable clothing for this camp. This includes a 100% waterproof raincoat, polypropylene top and bottoms, gloves and suitable footwear. This clothing must be organized well in advance as the Mountain Trip takes place in the second full week of school in 2016.

The cost of the trip is \$220. Please note, depending on numbers returning in 2016, additional eligibility criteria may need to be introduced.

*Mr Siebert/Mr Kensington - Year 13 Deans*







## Senior Monrad Cup



Isaac Fonua



Mason Satherley



Niko Hargreaves



Nico Higgins



Solomon Gray



Alex Hoare



Antonio Sami



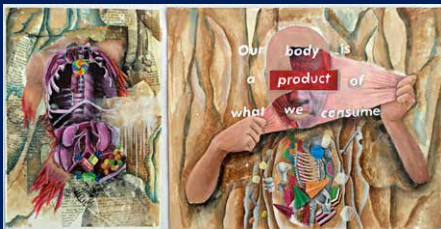
Cameron Wallace



Dylan Williams



Joe McDonald



Jonathan Nosa



Leeroy Tuisafia-Winn



Sila Sinamoni

(right) Jarred Collins



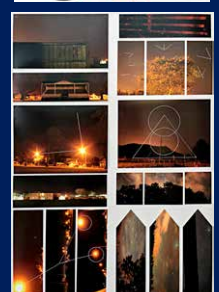
Finn Checkley



Keegan Fortuin



Sam Scully



Jacob Saville