Palmerston North Boys' High School





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John Adams, Guidance Counsellor, retires after 27 years service

Flyover at School ANZAC service

Sir John Kirwan encouraging boys to deal with depression



The German Tour outside Cologne Cathedral



Xavier Hill and others in th the Open 200 Medley



Ethan Helu-Makasini scoring in the victory over Francis Douglas - the first white jersey match



Te Ariki Te Puni wins Racial Unity competiton



The annual Road Race saw Murray come out on top.



The Old Art Block goes as new facility being built



From the Rector Mr David Bovey

A team who worked hard, who believed in themselves and, as Peter Fitzsimons recently wrote, a team "who believed in the virtue of team above all." A team that showed resilience, grit and character. It is said that in January the board told the team and its management they could now afford to buy a couple of big stars; the team said no. We believe in each other, and will continue playing just the way we have. And they did.

In 1592 William Shakespeare's *Richard III* opened with the famous line "Now is the winter of our discontent, made glorious summer by this sun of York" and while the eponymous character's soliloquy develops into something much more, it is oft quoted as the weather turns and the gloomy months of winter descend upon us.

The arrival of the perennially busy second term, after a wonderful summer and autumn, brings with it the winter sports season, cultural performances and, most importantly, examinations and assessments. Many of our young men will have many irons in the fire, so to speak; they will be balancing the demands of a full programme, both in and out of the classroom, and managing time is crucial.

There has been much talk of late celebrating Leicester City's remarkable run to the English Premier League title. And rightly so, for amid the hyperbole is a true underdog story that is as much about spirit and perseverance as it is about football.

The discovery of Richard III's body under a supermarket carpark in Leicester and his subsequent reburial in Leicester Cathedral has been suggested as one of the turning points in the fortunes of a club that has been trying for 132 years to win a title. A nice connection with a link to royal history, with a suggestion that history played a part in what unfolded.

There have been many upsets over the course of sporting history, and in the immediate aftermath of Leicester's title win there were comparisons with some of the great boil overs from throughout the years. But this was different – those upsets were, almost exclusively, one-offs: an on-the-day performance that took an opponent, and the sporting public, by surprise. Think Buster Douglas vs Mike Tyson; think Japan vs the Springboks at last year's Rugby World Cup. Leicester, week after week, month after month during a long, tough season, kept winning and kept ahead of the chasing pack, a pack that included teams that cost their club 15 times as much as Leicester's playing roster.

In an era when so much about sport is based around money, and the gap between the haves and the have-nots grows ever wider so that now only a few select clubs are real contenders for trophies, Leicester have shown that doesn't always have to be the case. From narrowly avoiding relegation last season to winning the title a year later with essentially the same team, the Foxes have shown that sometimes the 'little guy' can win.

Leicester's star striker Jamie Vardy's progress, one journalist remarked, "is the perfect example of how far a relentless work ethic and an unshakeable determination can take you." The same could be said for the whole Leicester team, and that is why, I believe, this story has resonated with so many people, football fans and non-football fans alike. A team who worked hard, who believed in themselves and, as Peter Fitzsimons recently wrote, a team "who believed in the virtue of team above all." A team that showed resilience, grit and character. It is said that in January the board told the team and its management they could now afford to buy a couple of big stars; the team said no. We believe in each other, and will continue playing just the way we have. And they did.

It is not just a tale about sport, but contains so many lessons about life: the value of hard work, of spirit, of character – values that we cannot put a price on.

As a school, we expect our young men to show the same ethos in and out of the classroom – to value effort, to eschew egoism and display selflessness, to embrace the culture and spirit of the school, to stand together when the doubters or critics make a noise, and to revel in the camaraderie of their peers so that we can collectively achieve our goals.

Reporting

Teaching staff will begin preparing mid-year reports for all students over the coming weeks. Reports will be posted to parents at the end of the term. In the interim, I encourage you to discuss your son's examination and assessment results with him and where need arises do not hesitate to communicate with us. I encourage you to do the same when you receive his mid-year report.

Winter Sport

There are a significant number of young men playing winter sports codes and we have worked fervently to get a staff member as a coach or manager. As you can appreciate, this is a major undertaking for the school and I sincerely thank those staff and senior students who have given so freely of their time to maintain an essential part of our school life. I also thank parents and volunteers who are assisting with teams as this allows your sons to have the best coaching we have available. We have been most fortunate to attract passionate people with the boys' best interests at heart.

Please remember that full and correct sporting uniform needs to be worn for all fixtures. We do not allow young men to have skins or similar clothing visible underneath their sports uniform. We have also reminded young men that it is our expectation that their socks are pulled up on the sports field and that the uniform is being worn correctly and with pride. We appreciate your support as standards are set in all aspects of school life. A further reminder that if a young man is away from school the day prior or day of a sporting fixture, he is ineligible to play.

Inter-School Fixtures and Field Trips

Before an inter-school fixture or field trip departs it is expected that any costs associated with the trip are paid in full to the Finance Office. Your son will receive a receipt for the payment and he should show this to his coach/manager. Young men who have not paid will not have permission to go on the trip, as is the case with the completion of appropriate documentation such as permission slips. Again, we appreciate your support in being up to date with all school fees. Young men in 1st sporting teams and those in our top performing arts groups are expected to attend both home and away fixtures in full formal uniform (No 1s). It is expected that all members have their own formal uniform, including blazer. This allows the school's hire blazers to be utilised by those who do not regularly wear the formal uniform. Senior blazers can be ordered by seeing Mr Atkin.

For those young men wishing to hire blazers for 'one off' occasions a refundable deposit and associated fee is charged. Mrs Dearlove in The Speirs Centre can provide more information about this service.

Attendance

Please remember to ring the Attendance Officer to record an absence prior to the day or the day of an absence. This will alleviate the Attendance Officer ringing you to check why your son is not at school.

When your son returns to school please provide him with a signed note that he needs to give to me after assembly. These notes allow our Attendance Officer to check the absence and confirm your son's return to school.

School Fees & Donations

School fees and donations for 2016 have been sent to parents from our finance department. If you have specific questions about fees or the payment of a donation do not hesitate to talk to us.

Each year as fees and donations are due for distribution the media and Ministry of Education do disseminate information suggesting that schools are well funded and that education is, or at least should be, free in this country. Unfortunately, the level of funding we as a school receives is inadequate and so the payment of donations and other fees is vital.

The school donations allow us to be the school we are. Specifically, without the donations we could not offer the depth in teaching at the school. Currently the Board of Trustees budgets a significant amount for additional teachers so that we can offer a wide breadth in our teaching subjects and this allows more subjects to have pathways from the junior school through to Year 13. Without paying for extra teachers we would have to reduce what we offer young men inside and outside the classroom.

School donations help put resources into curriculum areas and co-curricular areas and every dollar does help us to provide a high quality education. I would encourage you to support your son's education and Palmerston North Boys' High School by paying the donations. Remember, too, that the donation component is tax deductible.

Many parents are now paying by automatic payment on a regular basis that suits them. Our finance team will happily work with you to make arrangements and payment schedules that suit your individual needs. Thank you for your support.

D M Bovey Rector

Student Achievement

- Road Race held in the final week of Term I, the annual Road Race was a success. Top three finishers in each category were: U14 (Junior) – William Leong (Kia Ora), Liam Wall (Albion), Blain Quinn (Murray); U15 (Minor intermediate) – Sam Phillips (Albion), Luke Scott (Albion), Joe Reddish (Phoenix); U16 (Major Intermediate) – Dineth Rajapakse (Vernon), Michael Nicholls (Murray), Jett MacGregor-Dunn (Vernon); 16 & Over (Senior) – Finn Stewart-Withers (Albion), Samuel Bentham (Phoenix), William Taylor-Brock (Phoenix).
- Swimming Championships also in the last week of Term I, Kia Ora ran away with the swimming, so to speak; they finished first by a considerable distance, followed by Gordon, Phoenix, Murray, who were in a close battle for second, then Vernon and Albion. Kokoro Frost broke a school record in the Junior 50m backstroke
- ANZAC Service a special presentation from the Smith family of Philip Smith's posthumous war medal was part of this year's ANZAC Service. We were also fortunate to have Brendan Deere's WWII era Harvard for the flyover. Always a very special day and the boys, as they are every year in this service, were outstanding.
- Cross Country Held in the afternoon following the ANZAC Service, this year's cross country event involved 700 competitors. In the Junior section, Andre Le Pine-Day (Gordon) was first, with William Leong (Kia Ora) second and Blain Quinn

(Murray) third. Sam Phillips won the Intermediate section, and was first overall, followed by Benjamin Wall and Luke Scott – Albion 1,2,3. Samuel Bentham won the Senior event with Adam Fairclough second and William Taylor-Brock third – all Phoenix. Overall points for the day saw Murray finish first, followed by Kia Ora, Albion, Phoenix, Vernon and Gordon.

- Basketball at the St Pat's Classic tournament held annually in Porirua, the Premier A team won the title, defeating the hosts in the final. The Junior A team finished runners-up in their section.
- Cycling At the Manfeild Six Hour Challenge, David Martin and Mitchell Kinghorn took the overall honours, with Campbell Stewart and Andrew McKenzie third – in the Senior Men's category. In the U15 section school teams took all the podium places.
- Rugby the 1st XV had their first white jersey game of the year, defeating Francis Douglas Memorial College 39-0. A close loss to Auckland Grammar in the holidays was preceded by a loss to St Paul's, which wasn't close at all. The Super Eight season kicked off against Gisborne with a 27-29 loss.
- Canoe Polo Alex Nieuwenhuis has been selected for the NZ U21 team to compete in the world championships in Italy later in the year. Recent Old Boys Cole Hawkins, Sam Hapeta, Aaron Crabbe and Ollie Maassen were also selected for the team.

- Swimming Xavier Hill won two titles at the National Agegroup Championships – the 100m breaststroke and the 200m butterfly; he also won a silver medal in the 100m butterfly. Ryan Cutler won a bronze medal in the 13 yrs 50m backstroke at the same event.
- Cycling Robert Stannard won the U19 Road Race Championship event during the holidays and was second in the U19 Time Trial. That followed on from some success at the WCNI Championships where he again won the U19 Road Race title. He then travelled to Australia where he raced in the Australian World Champs Selection races, winning both the Individual Time Trial and the 75km Road Race.
- Trail Running Sam Bentham won first in age-group and first overall in a recent 24km trail run. Sam climbed over 700 metres and completed the course in a time of 2 hours 3min.
- Youth Leadership Te Ariki Te Puni won the 2016 National Youth Awards at a function at Parliament

- Old Boys John-Daniel Trask has been given a Massey University Distinguished Alumni award for his work in the software development field. John-Daniel is now based in Seattle, USA.
- Swimming at the NISS Swimming Championships in Palmerston North, Xavier Hill won the 100m and 50m butterfly, Oliver Inman the 200 backstroke and Ryan Cutler the 50 backstroke. These three, along with Kokoro Frost, Chris Arbuthnott, Lane Gordon and Henry Moir also achieved silver and/ or bronze medals.
- Motocross Zac Jillings finished third in his class at the National Motocross championships recently.
- Volleyball Phillip Turia has been selected in the NZ Junior Men's Volleyball team which will compete in the South-east Asia Men's Championships in Myanmar next month.
- We congratulate Old Boy Liam Squires on being selected in the 2016 All Black squad.



From the Deputy Rector

Moral: Life is going to shovel dirt on you. The trick to getting out of the well is to shake it off and take a step up. Every adversity can be turned into a stepping stone. The way to get out of the deepest well is by never giving up, but by shaking yourself off and taking a step up.

Junior Examinations

As you read this, examinations for junior students have just been completed and young men will now

be awaiting their results and first written report for 2016. We realise that for many students formal examinations can be an unsettling experience. Please take the time to discuss your son's examination performance with him. While it is natural to concentrate on the outcomes of the examinations, the mark obtained and whether or not this is a pass or fail, it is equally as important that there is discussion around his preparation for the examinations and, in particular, identifying what he could do differently next time in order to be better prepared and give himself the opportunity to further improve on his achievements to date. The second round of parent-teacher interviews in term three will provide an opportunity for you to gain detailed information on his examination performance. We believe very firmly that the junior examinations provide an important stepping stone in preparing young men for their external NCEA examinations. Consequently, their importance cannot be overstated.

Assessment Update

As this newsletter is published we are approaching the halfway point of the 2016 academic school year for senior students, who are busy working through a demanding schedule of NCEA internal assessment. This will be challenging their time management and organisational skills. Being able to prioritise and work to multiple deadlines have become increasingly essential skills for success under the NCEA system. Typically many boys procrastinate, and the often rushed last minute effort produced, results in lower assessment grades than they are capable of.

Should this be an area of concern for your son, I would urge you to contact his year level Dean so that we can provide him with some strategies to assist with developing his time management. An internal assessment schedule can be found on Stratus (under the Parents tab) to assist with your sons organisation.

NZQA News

NCEA fees information was recently sent to the parents of all young men undertaking NCEA assessment in 2016. The due date for NCEA fees is Friday, July 8, the end of this term. Please work with your son to check that the subjects and standards listed on the invoice are correct. If there are any questions regarding this, or if you think an error has been made, please contact me at school. Some students may qualify for financial assistance. Information regarding financial assistance and the relevant application forms can be found on the NZQA website (www.nzqa.govt.nz). Please be prompt with your NCEA fees payment. NZQA charges fees for lateness and will not process entries until the payment has been received. Please feel free to contact the Finance Office if you have any questions regarding NCEA or the payment of the associated fees.

Scholarship Entries

Scholarship provides an academic challenge as well as a number of financial incentives for successful students. In a change from previous years, a cost of \$30 per subject has been introduced by NZQA. While we encourage all eligible students to consider the Scholarship examinations, it does require a significant extra commitment in terms of revision and examination preparation. Many departments will run additional tutorials to assist with this. However, for some students the extra time required may be an impediment to their success at Level 3. For this reason we encourage all young men contemplating enrolling in Scholarship to discuss this with their parents and teachers so that an informed decision is made.

Young men who wish to enter Scholarship assessments will need to complete the PNBHS Scholarship Entry Form and return this, along with the required payment, to the Finance Office by Friday, July 29, at the latest. The PNBHS Scholarship Entry Form can be obtained from the Finance Office.

Resilience

At the end of term one we bid farewell to Mr John Adams, the school Guidance Counsellor for the last 11 years. Mr Adams addressed the school at his final assembly and shared the parable of 'The Farmer's Donkey' – a story with a very pertinent message for our young men:

One day a farmer's donkey fell down into a well. The animal cried piteously for hours as the farmer tried to figure out a way to get him out. Finally he decided it was probably impossible and the animal was old and the well was dry anyway, so it just wasn't worth it to try and retrieve the donkey. So the farmer asked his neighbours to come over and help him cover up the well. They all grabbed shovels and began to shovel dirt into the well.

At first, when the donkey realised what was happening he cried horribly. Then, to everyone's amazement, he quieted down and let out some happy brays. A few shovel loads later, the farmer looked down the well to see what was happening and was astonished at what he saw. With every shovel of dirt that hit his back, the donkey was shaking it off and taking a step up.

As the farmer's neighbours continued to shovel dirt on top of the animal, he continued to shake it off and take a step up. Pretty soon, to everyone's amazement, the donkey stepped up over the edge of the well and trotted off!

Moral: Life is going to shovel dirt on you. The trick to getting out of the well is to shake it off and take a step up. Every adversity can be turned into a stepping stone. The way to get out of the deepest well is by never giving up, but by shaking yourself off and taking a step up. What happens to you isn't nearly as important as how you react to it.

Having resilience, being able to respond positively to the challenges that life throws at us, is an essential skill for young men to develop. Disappointment and failure are a part of life that all young men will inevitably experience at some point in time - not getting the hoped for grade in an assessment or examination, not making the sports team or cultural group they hoped to, losing a sports fixture, falling out with members of their peer group or the break-up of a relationship are a few common examples of events many young men will experience, sometimes several of these at once. As adults, with the wisdom of hindsight, we can appreciate that there will be future opportunities for academic, cultural or sporting achievement, that by performing to the best of their ability our son may well be able to prove he deserved a place in the team or group he missed out on, that friendships and relationships develop and change over time, that none of these failures or difficulties is permanent and that they need not define your son in the future. We understand that what will define him is the manner in which he responds to these challenges.

In this vein, parents play an essential role in developing resilience. When your son experiences disappointment or failure he will want your support, even if he has difficulty articulating this. Having someone to listen non-judgementally to his concerns, and then assist him to develop a plan for the future, is essential. Apportioning blame, with your son or others, is not constructive.

Sir John Kirwan

Earlier in the term we were fortunate to have a presentation at assembly from former All Black, Warrior, Super 15 and international rugby coach, Sir John Kirwan. Following his international sporting career, Sir John has spoken openly about his battle with depression and is actively involved in mental health and depression awareness campaigns in New Zealand. That was the topic of his assembly presentation. Resilience was a key component of Sir John's message. He spoke about being dropped from the All Blacks in 1993 and that, in hindsight, it was one of his biggest learning experiences. He stressed that failing to make a team, or group, or getting dropped from that team or group, is not personal, "it's just how it is." Sir John reinforced the message that life is full of set-backs and disappointments, the crucial thing is how we respond to these. He also had a message that learning to concentrate on and savour the positive things happening in our lives is important.

National Young Leaders Day

Similar messages about resilience were a common thread in the presentations to fifty young men from Year 13 at the recent National Young Leaders Day. Brylee Mills was involved in a car crash at the age of six which resulted in the amputation of her left arm above the elbow. Despite the obvious physical challenges this provides she has excelled and was accepted to study dance at Sydney's prestigious Brent Street Performing Arts Studio for 2015. She has graduated from Brent Street and is now continuing her career as a professional dancer along with teaching and running a photography project based on strength and power. Brylee's message was that the setbacks and challenges in your life do not have to define who you are or what you become. Your responses to those setbacks and challenges are the telling factor. TV personality Petra Bagust highlighted that the person in control of your life is you. You might not be able to control everything that happens to you, but you can control how you respond.

Another key theme was the idea of 'giving back.' Petra also had a key message about 'giving back'. She stressed that it is not necessary to wait until we've 'made it' before we can give back, as this could come in many different forms - time, small financial donations or helping in the community for example. Chris Jupp from World Vision stressed that life shouldn't be "all about me" and that there are many opportunities to help other people. He believes passionately that everyone has the opportunity to make a difference in the world around them, and that the best way to do this is to help other people. Completing the 40 Hour Famine while he was in Year 13 was the kick start for Chris as he realised that small contributions from many people do indeed make a big difference. Chris encouraged the audience to do something to make a difference. This could be through supporting organisations such as World Vision, or it could be simply making the effort to spend time with and talk to socially isolated peers. Many acts can make a huge difference in people's lives, yet cost us nothing to perform. Chris finished by issuing a challenge - "put your hand up and make a difference."

The idea of 'giving back' is reinforced at school through the Barrowclough Programme and

Barrowclough Award, where there is a very deliberate focus on community service and providing opportunities and encouragement for young men to go out of their way to support others in their school and wider communities.

Resilience and Character

Young men will base a lot of their behaviour on the role models around them. "We don't grow in courage or wisdom or resilience by thinking alone. We grow in these virtues by observing how they are embodied in courageous, wise, resilient people of flesh and blood, and by emulating them" (Eric Greitens, Resilience: Hard-Won Wisdom for Living a Better Life). Spending time talking with your son about who his role models are, why they are his role models, and what he can learn from them, are important conversations. Sharing who your role models are and why you chose them, can be a very important part of these conversations, and provides opportunities to talk about being resilient and to help your son develop strategies to cultivate his resilience.

Goals and Ambitions

Another vital discussion to have with your son is around his goals and ambitions, both for the immediate and long term future. By this I do not mean a simplistic target of certain grades or a number of Achievement Standards to be gained during the year (although that is not to say that such targets are not important), but what does he want to do with his life and, more importantly, what type of person does he want to become and how will he achieve this?

Viktor Frankl was a Jewish psychiatrist imprisoned in Auschwitz concentration camp. During WWII his parents, wife and brother were murdered by the Nazis. Frankl, rather than submitting to defeat in the incomprehensible barbarity of his situation, as so many of his fellow prisoners understandably did, looked upon his circumstances as an opportunity to learn and this formed the basis of his later publication 'Man's Search for Meaning'. A key tenet of his work was that "those who have a 'why' to live, can bear with almost any 'how." Frankl believed that mental health "is based on a certain degree of tension, the tension between what one has already achieved and what one still ought to accomplish, or the gap between what one is and what one should become. Such tension is inherent in the human being and therefore is indispensable. What man actually needs is not a tensionless state but rather the striving and struggling for a worthwhile goal." Helping your son identify this 'gap' and strategies to help achieve his future goals are an important role for parents. Short term goals will change, and this is why it is important to also consider 'who' your son wishes to become, not only 'what' he wants to become.

Leadership Programme - April/May 2016

It is not rocket science - it is all common sense.

I was in Victoria recently and was able to visit three schools striving to do what we are doing here at PNBHS - develop educated men of outstanding character. The difference I guess was that all three schools

offer an education which comes at much greater cost. From discussions with the teachers I met, I concluded that there is no rocket science to developing future leaders through education or to developing character in young men. On one of the visits to a site in remote rural Victoria where Year 9 students spend a



full year at the outdoor site without distraction technology (no social media; no gaming), I saw two familiar quotes, one on character and one on integrity. It would



life can be easily attained

and come free to everyone

who seeks to attain them.

Not only do you require zero

talent, if you exemplify these

through personal self-lead-

ing every day, success will

surely follow.

appear we are all singing from the same song sheet on character, integrity and other such valued educational qualifiers required for young men to succeed in life.

But the sign that really got my attention and summarised it best, symbolised the WORK ETHIC fact that the best things in

10 THINGS THAT REQUIRE ZERO TALENT

BEING ON TIME EFFORT BODY LANGUAGE ENERGY ATTITUDE PASSION BEING COACHABLE DOING EXTRA **BEING PREPARED**

We recently commemorated our 202 fallen Old Boys at our school AN-ZAC service and the day of camaraderie with retired Old Boys was a special feature of the day. The passion shown by men such as Jim Kelly and Pat Hickton for their school and their mates they remember who fell is inspirational. Thank you again to all those who visited and helped celebrate the day in memory of our fallen heroes.

The second term is passing by quickly and summer has turned to a wet grind. Young men are fully committed on most fronts.

- A young man in Year 10, Carson Taare played and sang the Eagles "Hotel California" at a Head Prefect Assembly recently and lifted the school. When confronted with a sound system meltdown, he quietly told the boys "All good boys - these things happen," and when back up and running he proceeded to stun the school with his talent. What began as a dreary day was soon turned into a positive uplifting assembly through his courage, pride and humility, not to mention great resilience and courage. Well done Carson.
- A bus load of senior students recently attended a very good National Young Leaders Day in Porirua.
 - Our World Vision team led by Joel Fleet-Stephenson are busily fund raising for this excellent cause and organisation.
 - Learning Leadership continues this term with sessions for Year 9 and 10 in Weeks 6 and 10, and for Year 11 the Leadership Seminars are in Week 4 and 5. 40 students in two groups will also complete Leadership 101 this term.

39 students in Year 10 will shortly test their endurance and grit on the Tama Tu Tama Ora Outdoor Leadership Challenge at Makahika and due to demand for this activity a second group will also head bush in Term 3.

Upcoming Learning Leadership Events

- Barrowclough Seminars for Years 11 (May 26th 3.45-5 pm Speirs Centre) and 12 (June 1st 3.45-5 pm Speirs Centre); Year 9 and 10 -(Speirs Centre June 8th and July 5th);
- The Sir Peter Blake Trust NZ Leadership Week (4th 8th July) Theme is: "Believe You Can," and "Thoughts on Life and Leadership," where we have a good mix of former Old Boys and outside speakers coming to address our young men on their life journey to become educated men of outstanding character.

Thank you for your continued support of your young men. The Leadership Journey continues.

Paul King Leadership Director

Library News

We have had an incredibly busy time, accepting up to three classes at a time plus extra walk-ins to use our computers, Chromebooks and the printer. The Seniors are finishing off external assessments and the Juniors are printing old exam papers. Our Student Librarians are great with helping students to problem-solve on the computers and assisting with printing problems.

At interval and lunch, the Library is filling up with extra students playing chess, Uno, Blokus and other board games - with some rise in the noise level. Unfortunately, when it's really wet, there is not enough room for everyone and we can only let some in when others have left. If anyone needs help with any matter, please feel free to ask a staff member!

The Library has a wide range of non-fiction books, from hunting, drifting and SAS books to Guinness Book of Records annuals and self-improvement books. In addition, the government pays for all schools in New Zealand to have access to the large international newspaper and journal article databases, collectively called EPIC databases. These are a fantastic resource for any topic in any subject and the Library staff are happy to help anyone who is interested in using these, either in school or from home.





Speakers at Assembly

(l-r) Tim Abbiss, Matthew Brennan and Mr Paul Dredge all delivered the weekly book review. The purpose of these addresses is to let the boys know about books that have appealed.

Joel Fleet-Stevens made an appeal to the school to support the World Vision 40 Hour project.

Maori & Pasifika News

Tēnā koutou katoa, Malo e lelei, Talofa lava, Bula Vinaka, Kia Orana, Taloha Ni, Fakalofa lahi atu, Halo Olaketa, Ia Orana



Jono Naylor (National List MP),Mr Bovey, Te Ariki Te Puni, Ian Lees-Galloway (MP for Palmerston North)

Congratulations to Head Prefect Te Ariki Te Puni who has received a 'Change Maker – Cultural' award at the 2016 National Youth Week Awards. Te Ariki was presented with his award by Youth Minister, Nikki Kaye, at a ceremony at Parliament. Minister Kaye said "These awards are about recognising some extraordinary young people, but also taking a moment to reflect on the positive contribution that so many young New Zealanders are making

PNBHS Ngā Manu Kōrero Speech Competition

We are holding our school competition on Monday 13 June at 2.00 p.m in the Speirs Centre. We will select our speakers to represent Palmerston North Boys' High School at the Regional competition being held on Friday 24 June. This year we are co-hosting the regional event with Freyberg High School. I would greatly appreciated two to three parents to help out on the day to help make this a wonderful event. Please contact me if you are available to help. kendalj@pnbhs.school.nz 022 0907858

This year the following boys are stepping up to take on the challenge. Finn Martin, Xavier Bowe, Finlay McRae, Isaiah Smiler, Zody Takurua and Kaea Taylor

PNBHS Whānau Hui/Fono Meeting Date: Thursday 16 June Time: 6.00 p.m Venue: Speirs Centre

Term 2 has been extremely busy with our boys preparing for the Super Eight Kapa Haka Competition and the regional Ngā Manu Kōrero Speech Competition. He aha a matariki? Kia whakakau mai a Matariki kua whakanuia ko te tangata, ko ngā tikanga, ko te reo, ko te taha wairua me ngā kōrero tuku iho. (Matariki is a celebration of people, culture, language, spirituality and history.)

Our Māori Liaison teams from Massey University and Victoria University will be joining us for our Matariki celebrations. At 2.00 p.m they will talk with our Year 11, Year 12 and Year 13 students. They will be available in the evening to talk with whānau.

Please confirm your attendance for catering purposes by email or text kendalj@pnbhs.school.nz 022 0907858

Māori & Pasifika National Mentoring Programme

We have a group of Year 12/13 students who have been selected to be a part of this Ministry of Education programme. The primary goal of this programme is to assist a group of 18 students to reach their potential

and to be successful in NCEA Level 2.

Scholarships, Grants and Awards for Māori and Pasifika Students 2017

There are many scholarships, grants and awards available for Māori and Pasifika students, who are intending to go on to tertiary education. Therefore, it makes sense to do some research as most applications require certified whakapapa and letters of reference. http://www.careers.govt.nz/courses

World Indigenous Youth Summit 2016

Te Runanga o Ngati Pikiao Trust have invited two Year 12 students to attend the World Indigenous Youth Summit 2016. This three day Youth Summit will feature guest presenters, workshops and activities to bring together indigenous young people from around the world. Representing Palmerston North Boys' High School at this year's summit are Michael Papanui and Sayj Emery.

https://www.facebook.com/World-Indigenous-Youth-Summit

Pasifika News

This term has started off strong for our Pasifika students. Organising group practices and meetings have kept us all motivated and busy. However, our students have been reminded that their school work and assessments are priority.

PASIFIKA FUSION FESTIVAL UPDATE

Our cultural group has 42 participants. Practice days are Tuesday mornings at 7:30am and Wednesday afternoons 3:30-4:30pm in the Little Theatre (behind the School Hall). I would encourage parents and families to come along and see your son's performance and progress in these times.

If your son is participating in the cultural group, can you please ensure that he pays \$13 to the finance office. This will be for a performance lavalava /tupenu with a patterned crest, which he can have to own.

Below: Year 12 Pasifika Students at the Massey University Pasifika Graduates Ceremony



E felelei manu, ae ma'au i o latou ofaga Birds migrate to environments where they survive & thrive. Samoan Proverb



Various Sporting and Cultural Reports

Orienteering 2016



On Friday the 20th of May a group of 18 students from PN-BHS travelled to the Esplanade to compete in the Manawatu Secondary Schools Orienteering competition. The weather was not great with showers forecast,

along with thunderstorms for later in the day. Once checked in, many of the group proceeded to warm-up. Then, one by one, at two minute intervals the boys headed off. Mrs Neale and Mr Finch cheered each competitor on as they headed out around the secondary section of the course which was approximately 3km long, taking the competitors into and over various terrain, amongst bush, around the rail track and over bridges.

Luckily, there were only brief showers and large patches of sun during the event, meaning the competitors finished with a lot less mud on them compared to previous years.

Overall, PNBHS won the Secondary section of the competition taking 9 of the top 10 places. David Martin (right) took out first place for the third year in a row, with a time of 16 minutes 41 seconds, beating his younger brother Adam Martin, who had a time of 17 minutes and 14 seconds. Eric McKee placed third this year with a time of 23m 53, closely followed by Alan Kirk with a time of 24:03. Thor Kenyon who placed a very respectable 5th with a time of 24m 8. Josh Van Rynbach placed 6th,



Reuben Dods 8th, Jacob Olgivie 9th, Dineth Rajapakse 10th, Logan Mc-Kinnon 11th, Liam Quelch 12th, Tom Whiteman 13th, Luke Scott 14th, Cameron Van Rynbach 15th and Oscar Wight 16th. Unfortunately, Cameron Bright was disqualified having ran over time whilst also trying to find various checkpoints throughout the course. Well done to all those who competed, especially those who competed for the first time.

Clay target shooters make promising start to their season.

The school clay target shooting season is well underway with strong initial performances from our senior A and B teams as well as a number of



Enthusiastic group of youngsters take up the sport.

young students getting an introduction to our sport.

As has become our tradition in recent years, two of our senior teams kicked off their season by attending the Murray Luke Memorial shoot in Taupo. With a record turnout of 40 teams and over 200 individual com-

petitors our A team placed a creditable 3rd, beating many of our Super 8 school 'cousins'. At an individual level team captain Tate Ferguson placed 5th after shootout.

There is always a lot of initial interest shown in this sport when the call goes out for who would like to



join. Normally that number falls away quite rapidly as the realities of time, commitment and cost are realised. This year we have a core of about 15 'newbies' that have opted in for an initial introduction and some technical coaching from master coach Mr Gordon MacPhee. It is hoped that we can generate at least one, if not two, development teams from these young men.

All in all clay target shooting looks to be in good heart for the next couple of years at least.

North Island Swimming Champs



(l-r) Lane Gordon, Henry Moir, Oliver Inman, Xavier Hill, Kokoro Frost, Ryan Cutler, Chris Arbuthnott

This year's North Island Secondary Schools Swimming Champs were held at the Freyberg swimming pool Palmerston North on Saturday 14th May. Over 200 swimmers entered from as far north as Hamilton. Our boys performed very well with most achieving personal best times.

Overall PNBHS were placed second on points and third in the Relays.

Only two age groups are swum, 14 yrs and under and over 15 yrs. This makes competition tough if you are the low end of the age group. As a result, a number of swimmers were placed just outside podium finishes.

Our placings in the top three

- Xavier Hill: 1st 100 meters Butterfly, 1st 50 meters Butterfly, 2nd 100 meters Breaststroke, 3rd 50 meters Breaststroke.
- Oliver Inman: 1st 200 meters Backstroke, 2nd 50 meters Backstroke, 3rd 100 meters Backstroke.
- Ryan Cutler: 1st 50 meters Backstroke, 2nd 100 meters Backstroke, 3rd 100 meters freestyle.
- Kokoro Frost: 2nd 50 meters Freestyle, 3rd 50 meters Backstroke
- Christopher Arbuthnott: 2nd 200 meters Butterfly.
- Lane Gordon: 3rd 4500 meters Freestyle.
- Henry Moir: 3rd 100 meters Butterfly.

Sports Talk with Peter Finch



Cable, television, tabloids, radio and personal devices are full of examples of individuals and teams who have done well: the Rugby World Cup is still fresh in our minds, the upset of Leicester City becoming the winners of the English Premiership in Football, big raps for Steven Adams who has been predicted to be our next highest paid athlete.

These are examples of dreams being realised as a result of hard work and talent. Our national rugby team is littered with players who failed to make school 1st XVs, Leicester City twelve months ago were on the brink of relegation and our own Steven Adams has had his share of struggles to get to where he is now. In American Basketball, both Jordan and Curry were told "you are too small", but they stayed with it and proved critics wrong. They are all great examples of what this school preaches and believes in.

Increasingly we see young athletes who don't make the team of their dreams

and opt out of the code or move into a lower grade team to appear more successful. There appears to be a move to the American model of sport that has the elite, then the



spectator and no place for those who just haven't got there yet or just want to play at their best level, whatever that is.

Memories of playing sport whilst at school last a lifetime yet that window is so short in the big scheme of things.

The writer would encourage you all to be active several times a week, opt into activity, give it everything, enjoy the journey and the company and don't live with the regret of not persevering when things didn't go exactly to plan.

Peter Finch Director of Sport

Synopsis:

Performing Arts

Junior Musical Theatre

After a term of workshopping material from Big River under the tutelage of Mrs Kirsten Clark, 37 highly enthusiastic students are currently auditioning for the 20 or so roles for this year's end of year Junior Performing arts Showcase in Term 4. These are expected to be announced in Week 6. Such has been the huge demand to be part of this group that we are creating a second activity for those who do not make the top cut.

Dramafest

Drama classes have either just auditioned or are in the process of doing so, for their major class productions to be staged for public performances as part of our annual Dramafest in Term 3. These plays will be:

Year 10 Dreams by Barry Kay,

Level 1 Mountain Language by Harold Pinter,

Level 2 (both classes) *Niu Sila* by Dave Armstrong and Oscar Kightley **Level 3** *Once on Chunuk Bair* by Maurice Shadbolt.

Levels 2-3 have just concluded their first internal assessments or are in the process of doing so. The following earned Excellence grades:

Level 2 (Elizabethan Theatre): James Carmichael and Lewis Halewood (E8), Kyle Dahl, Ben Mikkelsen, Jacob Massicks, Scott McCready, Cooper McGuckin, Sam Meek, Ethan Lawton (E7)

Level 3 (NZ Drama): Micaiah Hunt (E8), Chris Arbuthnott, Baxter Perry, Jeremy Spicer and Paiki Thomson (E7)

This represents the highest proportion of Excellences we have ever awarded and is a mark of how seriously our students now take this subject.

PNBHS/PNGHS senior production 2017 Footloose



When Ren and his mother move from Chicago to a small farming town, Ren is prepared for the adjustment to his new high school. What he isn't prepared for are the local laws - including a ban on dancing - which are the brainchild of a local preacher bent on exercising control over the town's youths. When the Reverend's rebellious daughter sets her heart on Ren, her boyfriend tries to sabotage Ren's reputation and many of the locals are eager to believe the worst about the new kid.

Many will be familiar with numbers from the original movie and we look forward to taking you on another blast down memory lane.

Our season will run from March 16-25 in the Speirs Centre. We are delighted to announce Mrs Kirsten Clark will be our new Vocal Director.

Workshop/audition material will be posted in Term 3 with our compulsory Information Evening for all prospective Band and Cast members in the final Week of the term. Workshops and auditions will be in the first three weeks of Term 4.

Current and former senior production performers and other Old Boys are strongly represented in Abbey Musical Theatre's current season of the classic rock opera, Hair. In the cast are Nick Ross, Bex Palmer and Solomon Gray. Dylan Falkner is on Follow Spot, Nicola Morrison is the Choreographer and Damian Thorne the Director. Johnny McCormick is in the band.

Theatresports

Dom Oliver, Leveson Jensen and Charlie Johnson continue to run twice weekly sessions in the Drama block on Tuesday and Thursday lunchtimes. These are well attended by students from all levels who like to challenge their abilities to think and react quickly. All are welcome.

Militaria wanted!!!!

The PNBHS Drama Department regularly performs plays based around the NZ military

eg Once on Chunuk Bair (WW1) and Shuriken (WW2). We are always chasing authenticity for these and if you have any old items you would



be happy to part with, we would love to give them a new home to help us continue to educate young men in some important historical and social aspects of our past.

Please contact the HOD Drama: Chris Burton burtonc@pnbhs.school. nz

Various Sporting and Cultural Reports continued

1st XV vs Hutt International BS

The 1st XV travelled to the Hutt Valley to play its now traditional preseason warm up against Hutt International Boys' School.

The match started somewhat inauspiciously with HIBS scoring an intercept try in the first minute of the game as we tried to get the ball wide quickly from a well-taken kick off. This proved to be a bit of a blip, however, as the team went on a 74 point scoring spree for the rest of the game

HIBS tried valiantly and at times caused frustration with some willing defence but in the end we were able to come away with a fairly convincing 74-17 win.

Points Scorers:

Tries: Dino Rutten 2; James Stratton 2; Leighton Ralph 2; Tyler Goodwin; Matene Ruawai; Hunter Waller; Sean Pape; Greg Shaw; Sam Stewart Conversions: Stewart Cruden 4; Sam Stewart 3

1st XV vs Francis Douglas Memorial College

The 1st XV kicked off its white jersey campaign today with the now traditional fixture against Francis Douglas Memorial College from New Plymouth. Both sides have been evenly matched in the last three years and it is a much awaited game in the fixture list for both schools.

We started well securing the kick off and going straight onto attack. Play went through five phases before space was created on the edge before Wesley Veikoso showed a superb set of hands to pick a ball off his toes while accelerating and passing to put Brayden Iose away for a try. This set the tone for the day with the forwards working very hard through the middle of the field to create space on the edges for our loosies and backs to exploit.

In the second half, there was much of the same with plenty of space being created around the field to attack. However as the fatigue levels started to increase, so too did the number of handling errors. Playing into the wind, the team had to withstand more goal line pressure from the opposition and we worked hard to hold our line intact. When we went onto attack our ruck work was inconsistent. However enough work was done to create two more tries - one to Hunter Waller and a second to the industrious Mackenzie Tansley.



The final score was 39-0 with seven tries being scored. Pleasingly we were able to hold FDMC to zero points with some good defence, especially in our own 22.

Points Scorers:

Tries: Brayden Iose 2; Mackenzie Tansley 2; Stewart Cruden; Ethan Helu-Makasini; Hunter Waller Conversions: Stewart Cruden 2

1st XV vs Wellington College

The PNBHS 1st XV continued its preseason fixture list today with a game in the Hurricanes Festival against Wellington College. The team has been building well and wanted to continue its momentum against this traditional foe.



The half time score of 13-12 up is a good indication of the progress of the game in the first half. Play moved up and down between the ten metres with some surges into the 22's for each side, but there was very good defence shown by both sides, breaking down promising attacks. The half time message was around increased accuracy at the breakdown so as to create quick ball and this was certainly taken on board by the players. The forwards were continuing to generate good go forward and the speed of the ruck was starting to improve and thus our attacking weapons out wide were able to exploit the space well.

All in all it was a pleasing performance by the 1st XV and another step up from the previous game as we build towards the start of our Super Eight campaign.

Points Scorers:

Tries: Ariki Mullen; Michael Ioane; Te Ariki Te Puni; Wesley Veikoso

Conversions: Stewart Cruden 2; Penalties: Stewart Cruden 2

1st XV vs Scots College

The PNBHS 1st XV travelled down to a windy Wellington to play Scots College in the second round of the Hurricanes Preseason Festival. The Rugby Scholarship programme at Scots College had created a team that had played in the final of the last two National finals, winning one of them. Many of those players have since moved on and so it was going to be interesting to see how the team had evolved.

The 1st XV won the toss and elected to play into the wind in the first half, starting with plenty of vim and vigour. The team played an expansive type of game built on the back of strong running from the tight five that created space for the runners on the edges of the field. Such an approach paid dividends as a means to getting out of our half when kicking wasn't an option and led to two first half tries to the impressive Brayden Iose, both as a result from attacking play and accurate passing

Scots played with a little more confidence in the second half and showed again that it is often easier to play into the wind when trying to play a passing game but again our defence was responding well. The bench came on and made impact and different combinations were trialled to cover off what is a long season. Final score: 29-8.

Points Scorers:

Tries: Brayden Iose 3; Leighton Ralph; Ben Nixon Conversions: Sean Pape 2

1st XV vs St Pat's Town

The PNBHS 1st XV completed its preseason build up prior to the start of the Super Eight campaign with a good tussle against St Pat's Town (Wellington) in the sunny climes of Gisborne yesterday.

The team started well but were unable to capitalise on its early possession, missing a very kickable penalty and then knocking the ball on with the try line beckoning. However we were playing in the right parts of the field and making good decisions on attack. St Pats Town were struggling to get into the game but were handed a gift on a silver platter with an intercept try. This let them into the game and the battle was on. A strong run from Brayden Iose off the back of a scrum put James Stratton away only for the opposition to score again. The tit for tat continued with Brayden Iose himself dotting down after some strong work from Michael Ioane and Stewart Cruden. The half time score was 15-15 with both sides working hard defensively at the breakdown.

The second half saw much of the same with both sides enjoying the swings of momentum. Matene



Ruawai started to have more and more of an impact on the game with some crushing runs, one of which led to a try for himself to put us 20-18 up at the three quarter mark. Mistakes and ill-discipline around the offside line kept giving the opposition easy looks at our try line and while our defence continued to work hard, St Pa's Town managed a well worked set piece try to go ahead 23-20 with eight minutes left to play. Again the team went back to their strengths and looked to move the opposition around the field. This created an attacking opportunity that resulted in Stewart Cruden taking a gap and running 20 metres in to score the winning try, final score 27-23.

The game was pleasing in the fact that we had to fight hard to get out of a hole we had created through some inaccuracies at the breakdown, some forced, some not. That we got out of it required some excellent mental resolve and team work to do so.

Point Scorers:

Tries: James Stratton; Brayden Iose; Matene Ruawai; Stewart Cruden

Conversions: Stewart Cruden 2; Penalties: Stewart Cruden

1st XI Football play Paraparaumu College

Palmerston North Boys' High 1st XI Football team played Paraparaumu College on Tuesday, 24th May, winning 2 – 0.

This was the first time that an inter-school fixture has been played between the two schools, which provided a bit of mystery to the event.

The 1st XI started well, dominating possession and generally putting together some penetrating attacking moves. Thomas Viles opened the scoring after pouncing on a through-ball from Luke Palfreyman and beating the keeper with a well taken strike. Soon after, Alex Saunders-Malouf scored a nice goal, rounding the keeper and finding the onion bag. This put Boys' High into a 2 nil lead, early in the match, looking in full control.

In the 2nd half, Paraparaumu stepped up a gear and became more composed on the ball, with both teams having several chances to score. Boys' High dominated the mid-field, but found it difficult to penetrate the defence. Consequently, the score remained at 2 nil.

Prem A Basketball

The Prem A Basketball team have made a solid start to the 2016 season. At the St Pat's Classic at the end of April, they beat Rongotai College 66 – 50 and Wellington College 61 – 37 in pool play. They then beat New Plymouth BHS 52 – 46 in the Semi-final and beat St Pat's 47 – 32 in the final. Considering all these teams are regular Nationals attendees, these were impressive results.

The Wednesday night Men's League provides the team with tough, uncompromising opposition. In the two games so far the Prem A's have beaten Levin Comets 64 - 45 and lost 65 - 68 to Slow Break. In the Friday night Secondary Schools Competition, there have been two wins, 104 - 36 vs Wairarapa College and 101 - 26 vs PNBHS Junior A.

A win over the strong Scots College team, 65-61. Coming up: Hastings Boys' & Rotorua Boys' on June 11.

Junior A Basketball

St Pat's 2-day Classic, Wellington 29th and 30 April

The first game was against Rongotai College and they were full of enthusiasm and confidence. This was not, however, matched with intensity. We were out-hustled, out-thought and out-scored eventually losing 34-50.

The next game, against Wellington College started similarly and we had a slender lead at half-time.

The win was a result of fine team work and slick passing from all members of the team. Players to stand out were: Taylor Monk, Alex Saunders-Malouf, Thomas Viles, Troye Aitken and Luke Palfreyman.

In the Western Premiership league, played on the weekend, Boys' High are currently in 3rd place and within striking range of the top teams. The 1st XI use these games and inter-school



fixtures to develop their game plan, in preparation towards Nationals at the end of the season.

Photo: Taylor Monk (captain) and Lewis Atherton (deputy captain) in action against Paraparaumu College

Although playing better we still were not playing to the ability we had and were missing some very basic point scoring opportunities, however we held on to win 36-31.

In the quarterfinal against New Plymouth Boys' High School we were afforded time and space on the ball which allowed us for the first time in the day to settle into our practised plays. This result was a lot more comfortable and we won 58-30 guaranteeing the team two games on Day 2.

After a night of soul searching the boys set about the task of trying to beat a good St Pats Town team in the semi-final. With an intensity that had been missing the previous day, the starting five got the team off to an express start building a 13 point lead by the end of the first quarter. This enthusiasm and intensity carried through to the rest of the team and, by the end of the 3rd period, the lead was over 20. Keeping the screws on and playing great basketball, we went on to eventually win 51-16, providing us with an opportunity to avenge the previous day's result against Rongatai.

We started well in the final and by the end of the first quarter were only six points adrift. We were playing with good intensity and the decision making was great, however we were unable to score and our misses were quickly converted to points at the other end. We eventually lost 22-44, however to finished second in our first outing was very pleasing and a lot was learnt by both the players and management.

2016 Renaissance Men

The students who make up the scholars group, or Renaissance Men, are students who have proved themselves during their first three or four years of secondary school. Obviously, we are looking for academic talent, but that is not the only characteristic. A Renaissance man is one who has wide interests and a zest for life. Some of our members play for the 1st XI hockey team, others are members of the orchestra, some play squash, others are outstanding athletes or artists. All members of the Renaissance Men are outstanding scholars and participate in many of the extracurricular pursuits the school offers. These are young men with a thirst for life and adventure and are prepared to commit themselves on several fronts in the pursuit of excellence.

Some of the academic activities in which previous Renaissance Men have participated include:

- Study trips to South Island industry and universities
- Field trip to Christchurch Earthquake disaster management centre
- Devonport Naval Base
- Art restoration workshop at Melbourne Art Gallery

Air New Zealand operations management centre.

- Melbourne Australia urban management and sustainability study
- Bendigo gold mining economic study



mothy Cen, Long Qian, Sam Sartie, Niall Malone, Sam Reddiah, Matthew Brennan, Simon Su, Nathan Hotter, Kaveesha Fernando

The Renaissance Men group is coordinated by Mr Benn.

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Find us on: facebook.

Palmerston North Boys' High School Palmerston North Boys' High School – International College House PNBHS **PNBHS Old Boys Association**

NY 18. 1 14

CrossCountry and Road Race



You Tube **PNBHS**

stratus stratus.pnbhs.school.nz



3rd: William Taylor-Brock, 1st Sam Bentham, 2nd Adam Fairclough



2nd Ben Neill, 1st Sam Phillips 3rd Luke Scott



2nd William Leong, 1st Andre Le Pine-Day, 3rd Blain Quinn



1st: Kia Ora 2nd: Gordon 3rd: Phoenix 4th: Murray 5th: Vernon 6th: Albion









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2nd Sam Bentham, 1st Finn Stewart-Withers, 3rd William Taylor Brock



2nd Michael Nicholls, 1st Dineth Rajapakse, 3rd Jet MacGregor-Dunn



2nd Luke Scott, 1st Sam Phillips, 3rd Joe Reddish



2nd Liam Wall, 1st William Leong, 3rd Blain Quinn





1st XV Pre-season games



The school acknowledges the above businesses, who through their significant sponsorship arrangements, assist us in developing young men of outstanding character. We appreciate their support and encourage you to also support them in return





Erica Adams (Art) Coaching Touch PNBHS Juniors. Assisting: Pasifika 2016, Assisting Hockey 2nd XI 2016

"Remember that person who gave up....Neither does anyone else...."



Gerard Atkin (Deputy Rector) Coach U14 Wanderers Rugby Manager Junior Kings Basketball TiC PNBHS Young Farmers

"The learning that takes place through co-curricular activities complements the learning that takes place in the classroom, and both are vital for the development of young men."



Angie Baines (English/History) School Production Debating Manager of Celtic Football Team

"The mark of a great sportsman is not how good they are at their best, but how good they are at their worst." Martina Navratilova



Dave Barwick (PE & Sports & Cultural Dean)

Teacher in charge of Cycling and Cross Country Team

"It's the little details that are vital. Little things make big things happen". John Wooden

Going to University in Future Years?

Going to university or polytechnic is a big step for many students:

- subjects and courses are different,
- classes are different,
- accommodation is different,
- costs are expensive!

Tertiary institutions are concerned that students come to study without really knowing what they are doing. Students and their families need to check out all the options and spend time finding out about future study options. At PNBHS, Mr Brent Costley is available to students and their parents to provide help through this process. To date this year, over 150 Year 13 students have requested meetings to take advantage of this service.

Entry to university is based on University Entrance, but universities are setting their own individual entry standards and costs are going up. Mr Costley provides advice on this and on accommodation, scholarships, finance, student loans, and study courses at all New Zealand universities.

Students in Years 11 and 12 need to start finding out information for their future studies, so that they can choose the correct subjects in the senior school to meet university requirements. For example, you need to take physics in Year 13 if you want to be a vet! To enter design courses at some universities you need to submit a portfolio of original work, but at others you do not. You cannot assume that all universities do things in the same way. Parents who went to university will find that their university, and the whole university system, have changed in recent years. And students need to be aware of those changes.

Students can call in to the Careers Room to make an appointment to see Mr Brent Costley. Parents are welcome to come in and see him if they have questions – contact him by email: costleyb@pnbhs.school.nz

Careers Dept Update

Careers – Coming Up

- June 16: Your Education GAP Year/Overseas Exchange lunchtime C11
- June 20: 24 Careers Week A variety of Careers Speakers Register in the Careers Room
- June 22: Defence Careers Period 2 (Speirs Centre)
- June 24: Careers in Health at Mid Central Health register in the Careers Room
- June 24: Otago Uni Law Careers Seminar Speirs Centre at 1pm
- July 4: Testimonial Applications Open all school leavers should apply for a Testimonial
- July 7: Materials Handling/Hearing Conservation Course
- July 28: Dunedin School of Art Presentation
- Aug 3: Massey/Ucol Open Day
- Aug 12; Testimonial Applications Due

For information relating to any of these events call into the Careers Room and see Mr Adams.

"Have you had a look at Careers on Stratus and our facebook page? Facebook: Go to PNBHS Careers and Pathways

Stratus: Go to Students then Careers in the drop down menu There is all sorts of useful careers information on both sites."

International Homestay Opportunities

Have you ever thought about being a homestay to an international student?

- Options are available 2 weeks to 1 year
- \$230 per week
- Comprehensive homestay support
- Rewarding & enriching experience
- Explore new cultures & languages
 - Create lifelong relationships
 - A wonderful addition to your family

SHORT TERM HOMESTAY

- College House students require homestays for term breaks Only 2 weeks
 - \$460 remuneration



Mrs Shorter in Student Support is tearing her hair out about the huge amount of property that is just being left around.

Please name everything clearly. School clothes, PE gear, sports

gear & footwear, even mufti gear that they wear to training, pencil cases, etc., all need to be named.



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Contact: Karen Hennessy Phone: 06 354 5176 Email: hennessyk@pnbhs.school.nz

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