

北帕默斯頓男子高中一國際部



北帕默斯頓男子高中 地點:北帕默斯頓, 紐西蘭 年級:9-13(年齡:13-18) 只限男生 全校學生人數: 1800 國際學生人數: 50 (5人來自香港)





紐西蘭

紐西蘭是一個有着4百 萬人口的國家。這裡有着世界上最令人嘆為觀止的美景。繁茂的農場,白雪覆盖的山脈以及金色的海灘 都讓紐西蘭這個國家顯得與眾不同。這裡的人民稱自己是"紐西蘭人(俗稱Kiwi)。 素以熱情好客以及休閒,安全,輕鬆的生活方式聞名於世。

北帕默斯頓

北帕默斯頓,又名"北帕",位於紐西蘭北島南部,人口約7萬5千人,離首都惠靈頓約兩小時車程,是紐西蘭的中央樞紐。

北帕有着各式各樣的商店、電影院、劇院和體育設施。北帕是一個非常安全的城市,這裡跟其他大城市一樣有著齊全的設施,卻不會有在大城市生活經常要遇到各種煩惱。

<u> 汪宣儒</u>





AN I DE TET AN



選擇北帕默斯頓男子高中的理由:

- 安全,寧靜,生活費用不高
- 小班教學
- 個體化的關注
- 出色的英語輔導(ELT) 課程
- 教育和"知識之城"
- 與高等教育學府和研究中心聯繫緊密
- 體育發展課程
- 專門和個性化的學生支援
- 全方位學術發展 (梅西大學試卷和劍橋大學國際考試)
- 學術:
- •我們的首要任務是幫助年輕人實現取得學業成就。我們的最終目 標是所有年輕人離開北帕默斯頓男子高中後能選擇自己想要的職 • 從戲劇課程到舞台劇和音樂節、交響樂、管樂隊到風笛樂隊 業生涯。
- 北帕默斯顿男子高中提供的課程範圍廣泛。從學術支援計劃到 NCEA考試(國家教育證書)、專業教育課程和梅西大學試卷。
- •我們為學生提供廣泛的學習機會,並認真對待課中和課後作業。 學生能在這其中獲得巨大的成功。
- 北帕默斯頓男子高中近期的畢業生均被墨爾本大學、賓夕法尼亞 州立大學、帝國理工學院、曼切斯特大學、美國加州大學聖地亞 哥分校和韓國大學等多所大學錄取。

- 學術指導 • 高速網絡連接
- 齊全的設施
- 種類繁多的課外活動
- 領袖訓練計劃
- 廣泛多樣的學科選擇
- 熱情好客的寄宿家庭





體育和文化:

- •我們學校提供廣泛的體育和文化活動,有57種不同水平的活 動可以供學生選擇。
- 我們有多種體育運動,從雪上運動和高爾夫球到傳統板球、 網球、曲棍球、足球、籃球和橄欖球。
- 和搖滾樂隊,我們在音樂和戲劇方面給學生提供廣泛的機 會。





我的名字叫李濟光。15歲,來自香港,我自2016年2月開始在北帕默斯頓男子高中就讀,我現在在北帕默斯頓高中就讀 11年班,我學習的科目是 科學,地理,數學,物理,business和英語。我打算在這所高中畢業,去英國上大學。這的學 費相對便宜,而且是個安全的國家,這裡比較注重環境的保護,所以空氣十分清新。在這裡學校是走班制,就像大學一 樣,你可以選4個你感興趣的科目,但有2個必修課。我才來到這裡學習了3週,一切都比較陌生,但是寄宿家庭對我很 好,我也可以迅速融入環境,交到了很多朋友。我通常騎自行車上學,放學后也騎自行車回家,十分方便。這裡也會有 很多中國人,中國元素隨處可見。這裡是個學習的好地方,周圍很安靜,你可以很放鬆的上學,親近自然



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新西蘭北帕公立男子中學

完善的學校設施

 斯皮爾斯中心: 368個坐席的禮堂,中央舞臺,2間寬敞的更衣室,1個燈光音響控制箱,衛生間,設備齊全的廚房,個人、團 體排練場地,2個電子琴課室,樂器儲物室和蘋果電腦室。

PALMERSTON WORT BOYS' HIGH SCHOO

- 1800個坐席的大禮堂:舞臺,全網路化,用於日常集會,交易會,博覽會,室內活動和競賽。
- 25米室内無障礙游泳池,健身房,看臺和更衣室。
- 14間專業科學實驗室用於生物學、化學、物理學、電子學和園藝學。
- •4間裝備齊全的技術工作室和2間木工、金屬加工、工程建設規劃室。
- •2個體育館,每一個都配備木地板,室內籃球場和更衣室設施。
- •1個專門用於舉重訓練的設施,包括一系列的有氧運動器材、機器和負重器械。
- NZCT(新西蘭社區信託)板球中心:新西蘭首個室內,具備氣候控制,天然草坪板球訓練設施。
- •6間電腦室可供課堂使用,電腦網路遍及整個學校。
- 資源優良的圖書館:26台電腦和16個小型電腦供學生查閱資料和作業。1.55萬本藏書,2萬本出版書籍,650張DVD,棋盤遊戲,列印設備,數碼投影儀和小型電視。
- 學校宿舍: 180個低年級和高年級床位, 2個體育館, 飯堂, 休憩區, 燒烤區, 會議室。
- 運動場地及設施:1個橄欖球場,2個訓練場,全方位看臺,運動館含兩個更衣室,2個足球場,8個網球場,2個室外籃球場, 8個板球網,2個硬質三柱門,1個草地三柱門,2個人工曲棍球場,2個室內排球場,羽毛球場,水球,皮艇球,電子計時顯 示器,心率監視器和跆拳道袋、墊、手套。









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TERTIARY PATHWAYS

Many of our international students when they graduate from Palmerston North Boys' High School choose to continue their studies in New Zealand. Some of our partnerships with tertiary institutions include:



PNBHS JUNIOR SUBJECTS

YEAR 9	YEAR 10
Compulsory:	Compulsory:
English	English
Information Technology	Mathematics
Mathematics	Physical Education
Physical Education	Health Education
Health Education	Science
Science	Social Studies
Social Studies	Choose 2 from the following:
Drama	English Enrichment
Choose 3 from the following:	English Language Tuition
English Enrichment	French Language
English Language Tuition	German Language
French Language	Japanese Language
German Language	Te Reo Maori
Japanese Language	Electronics
Te Reo Māori	Graphics
Graphics	Workshop Metal
Workshop Metal	Workshop Wood
Workshop Wood	New Zealand Studies
Agriculture & Horticulture	Agriculture & Horticulture
Business Studies	Business Studies
Visual Art	Physical Education Studies
Music	Sports Science
Performance Music	Visual Art
	Digital Art
	Drama
	Performance Music

PNBHS SENIOR SUBJECTS

YEAR 11 (N	CEA LEVEL 1)	YEAR 12 (N	CEA LEVEL 2)	YEAR 13 (N	CEA LEVEL 3)
Compulsory:		Compulsory:		Choose 5	
English		English		from the	
or		or	Mathematics	following:	History
English		English		rene wing.	5
Language		Language		English	Biology
Tuition		Tuition		or	
		or		English	Chemistry
or En clich		English		Alternative	9
English		Alternative			Electronics
Alternative				or En click	
M .1		Choose 4 from		English	Agriculture
Mathematics		the following:		Language	9
		j	D , 1	Tuition	Horticulture
Health		French	Biology		Horticaltare
Education		Language	Chemistry	French	Physics
			Chemistry	Language	r Hysics
Science		German	Physics	-	Accounting
		Language	5	German	Accounting
Choose 3 from		5 5	Accounting	Language	Economics
the following:		Japanese			Economics
		Language	Business Studies	Japanese	Mathematica
French		0 0	Economics	Language	Mathematics
Language	Chemistry	Te Reo Maori	Leonomies		M .1
			Mathematics	Te Reo	Mathematics
German	Agriculture &	Media Studies	Alternative	Māori	with Calculus
Language	Horticulture		/ iterriterive		
5 5		Building	Mathematics with	Media	Mathematics
Japanese	Physics	Construction	Calculus	Studies	with Statistics
Language			Galcalus		
Language	Accounting	Furniture	Mathematics with	Building	Outdoor
Te Reo Māori	-	Construction	Statistics	Construction	Education
Te Reo Phon	Business				
Furniture	Studies	Gateway & Star	Outdoor Education	Digital	Physical
Construction				Technology	Education
Construction	Economics	General Science	Physical Education	recimology	Studies
Graphics				Employment	
Graphics	Mathematics	Graphics	Physical Education	Pathways	Art History
Technical	Alternative		Studies	Programme	ý
	7 memorie	Digital		riogramme	Visual Art
Drawing	Physical	Technology	Sports Science	Cataway	
Digital	Education			Gateway & Star	Design
U	Studies	Mechanical	Art History	G SIG	
Technology		Engineering		Creation	Painting
Machania-I	Visual Art		Visual Art	Graphics	
Mechanical	VISUAL ALL	Classical Studies			Photography
Engineering	Drama		Design	Mechanical	rnotography
	Drama	Geography		Engineering	Drama
Classical	Denferrer		Painting		
Studies	Performance	History		Transport &	Music
	Music		Photography	Logistics	MUSIC
Geography	M ·	Electronics			Dorformers
	Māori		Drama	Classical	Performance
History	Performing Arts	Agriculture &		Studies	Music
		Horticulture	Performance Music		M- ·
Biology		A miDucine		Geography	Māori
		AgriBusiness	Maori Performing		Performing Arts
			Arts		



STUDENT TESTIMONIALS





Carson Hepi, Year 11

"Kia ora, my name is Carson Hepi and I am proud to be Māori and a student at Palmerston North Boys' High School. I'm studying Māori Performing Arts and Te Reo Māori as subjects at school, as well as having co-curricular opportunities such as Kapa Haka, Ki-O-Rahi and Mau Rākau. There are plenty of sporting opportunities as well – I play touch. The great thing is that there is a team or group for everyone. I think being Māori and being at Palmy Boys' is tu meke because you get to learn more about who you are and where you come from."

"My name is Ian Lee and I am studying in Year 12. I am so proud to be a student at Palmerston North Boys' High School. I am College House student and I enjoy my life there. I think it is interesting to make friends from different countries here. It is not really hard to learn English here because teachers are willing to explain things that you don't know clearly and so I can catch up quickly. I have joined the social basketball and badminton team. Leaning at PNBHS in more relaxing than my home country because you have enough time to do every internal and teachers will help us. I have taken Calculus, Science, Business, English and Accounting here. There are more subjects available here than in my home country and you can choose your own subjects for your career. I have been to Wellington with my friends. There are different activities for us to do. Some subjects will also have some field trips for us to go on. For example, in Science we go to the Manawatu Gorge to look at the different types of plants which is a different way of learning than to just sit in a classroom and I like it. I like to study here because it is more relaxing than in my home country and PNBHS encourages you to try different sports and activities as well as academic. I would recommend for other people to come and study here."



lan Lee, Year 12, Hong Kong



Max Hannah, Year 10

"The Learning Support Programme at PNBHS has really helped me. In Year 9 my English class had two teachers, which really helped because you got a lot of one-on-one time with the teacher. We had a support teacher in Mathematics who worked with us in small groups when we needed help. Being in a small class is great because it means that it is easier to get help from the teacher when I need it. I really like the sporting opportunities and I've played rugby and been involved with clay target shooting. My clay target coach has shown me a lot of different techniques that have helped to improve my shooting."

"My name is Finlay McRae and I am currently in Year 13. I am extremely grateful for the opportunities that Palmerston North Boys' High School has given me. Being part of the challenging Accelerate Programme has pushed me to reach my academic potential and this year I will study Massey University papers which are offered by the school. Outside of the classroom, Boys' High's sporting nature has allowed me to thrive in the 1st XI Football team that competes at a high level nationally. I was also a part of the German Language and Cultural Tour that travelled to Germany for a month last April; this was an outstanding and rare chance to be immersed in life in another part of the world. Having attended Boys' High, I know that I will have the academic credentials and maturity of character to engage confidently with life after school."



Finlay McRae, Year 13



Chris Dewhurst, Year 12

"There is a wide variety of opportunities in the performing arts that a student at Palmerston North Boys' High School can get amongst. As a Year 9 student, I was overwhelmed. Early in my first year I was dragged along to a meeting of the Junior Musical Theatre group, something that I had never seen myself being a part of, but Io and behold, I loved it. Fast forward three years and I am now a principle role in the 2017 PNBHS/PNGHS Senior Production, *Footloose*, and assisting in the teaching of Junior Musical Theatre. On top of my musical theatre commitments, I am also quite involved in the music department in groups such as Son of a Pitch Choir and the guitar quartet, Livewires. Both of these groups perform throughout the year at concerts and competitions, with Livewires coming second at a Regional Chamber Music Competition. I would strongly recommend that any new student gets involved in the performing arts as, in some cases, it is a once in a lifetime opportunity."

"In my time at PNBHS I have been involved in many different sports teams across multiple codes. The sporting opportunities here are second to none as there are teams for all capabilities, across all age groups, in any sport of your choice. Currently I am involved in the 1st XV Rugby and 1st XI Cricket teams. Through these teams I have had opportunities to travel throughout the North Island and compete against high quality opposition through the New Zealand Super Eight Schools competition and our traditional interschool fixtures. Additionally, I have had the opportunity to tour overseas, going to Australia, India and Sri Lanka with cricket. Later this year I am going to be part of the Rugby Development Tour to the UK and Europe. I find there are always opportunities for extra training and the coaching is top quality. Coaches are willing to give their time and are happy to help an individual improve their skills."



James Stratton, Year 13



Toshiko Kaneda, Mother, Hong Kong

"I have never been to NZ before. There are 3 reasons why I could send my son to NZ by himself. First of all, nowadays, SMS is so common and it is very convenient to get in touch, so we don't have to worry so much.

Secondly, teachers at PNBHS come often to Hong Kong so we can share what my son is doing in NZ life and, of course, academically. Also, there are many friendly and passionate staff to take care of all the boys and lead them to be gentlemen. I like the way PNBHS has clear guidelines in regards to their behaviour, grooming and academic performance which provides structure and discipline.

As long as my son is happy, I am happy, and his face shows that PNBHS is the place he wants to belong."



Palmerston North Boys' High School



College House Facilities

Dorms



College House has beds for up to 180 young men with 9 dorms varying in size between eight to thirty beds. All dorms are of a similar layout with bed areas shared in pairs with each pair separated by partitions. Year 13 boarders reside in one to three bed "flats" contained within each of the dormitories. Some of these flats include bathroom facilities. The sleeping areas are all heated to create a comfortable environment and are cleaned every day by our cleaning staff.

Recreation



Recreation spaces have been completely renovated in 2015. The main recreation space includes a projection unit with Sky TV, as well as 4 pods of smaller TV's for personal use. This Recreation Room also has a pool table and a table tennis table which are well utilised. A kitchenette provides the ability to make any extra snacks that boarders require outside of meal times. The "Rec Room" is a colourful and inviting environment for young men to relax in during their free time.



Year 13 boarders have a TV lounge complete with projected big screen SKY TV and a kitchenette.

Year 12 boarders have their own prep/recreation room complete with TV and a kitchenette.

Year 11 boarders have their own TV lounge. Other recreation areas include tennis and basketball courts, cricket nets, covered swimming pool, BBQ and courtyard areas and the playing fields.

Study Areas



Year 9, 10, 11 and 12 study is supervised by College House staff in allocated prep rooms. For Year 9, 10 and 11 these prep rooms are at school while Year 12 boarders have a dedicated prep room within the hostel. Year 13 students have study areas in their flats and follow self-directed study programmes. Year 12 students also have study areas in their bed areas for extra study requirements. Students have access to Computer Labs over at school during prep time.

Gymnasiums



College House has 2 gymnasiums on site for boarders to use. These gymnasiums are inclusive of both free weights and cardio machine equipment. The Gymnasiums are able to be used during a boarder's free time.

Dining Hall



The award-winning Hart Dining Hall was completed in 2010. This is a spacious area that provides ample space for all meals and other functions. Breakfast, lunch and dinner all take place in the Dining Room, 7 days of the week. Boarders return from school to have their lunch. Afternoon tea is packed by boarders at breakfast and taken to school. Meals are designed to meet the nutritional needs of active and growing teenagers.

Grounds



The ample school grounds provide opportunities for sports and other recreational activities. The location of College House provides easy access to the school gymnasiums for indoor activities and the indoor pool.

BBQ Area



The College House BBQ and Courtyard allows the boarders to congregate over the summer months and gives them opportunities to cook for their peers.





Palmerston North Boys' High School





Day in the Life of a Boarder

A Typical Weekday of a Boarder at College House

Time Activity 6:45am Boarders wake-up. A hostel run may be scheduled. Boarders shower and clean dorm. 7.30 -Breakfast. 8.00am Pack morning tea to take to school. 8.20am Dormitory inspection. 8.35am Depart for school. 1.20pm Boarders return to College House for lunch. Boarders depart from Dining Room for school once they have finished lunch. 3.20pm Return to College House from school. 3.20 -Sports training or co-curricular activities. Town leave may be taken on the following 5.25pm days:

	Year 9 and 10 – Monday Year 11 – Monday/Wednesday Year 12 and 13 – No set days
5.30 – 6.15pm	Dinner. All boarders remain in Dining Hall for presentations and notices.
6.15 – 7.15pm	Free time. Marching practice or other College House activities may be completed in this time.
7.30 – 9.00pm	Prep (study). Year 9 – 11: Supervised prep in classrooms at school Year 12: Supervised prep in Year 12 prep room at College House Year 13: Independent study in own rooms
9.15pm	Year 9 and 10 "lights out"
9.30pm	Year 11 "lights out"
10.00pm	Year 12 "lights out"



HOMESTAY

Our homestay programme is arranged with local New Zealand families living close to the school. They will offer a safe and supportive environment while you transition into the New Zealand culture and study here at PNBHS.

Close monitoring and regular household visits are conducted by our Accommodation Manager to ensure continuing suitability between the family and the student.

Regular student surveys are undertaken and staff are available at all times for support.

Benefits of Homestay:

- Improve competency of English language
- Learn the New Zealand 'Kiwi' way
- Homestay application to best match up the student and family
- Explore different cultures and traditions
- Safe and comfortable family environment
- Individual guidance, care and support
- Develop quality and lifelong relationships
- Join in the family activities
- 24/7 support from PNBHS International Department













ARCHERY ATHLETICS BADMINTON BASKETBALL BOXING CANOE POLO CHESS **CLAY TARGET SHOOTING** CRICKET CROSS COUNTRY CYCLING FOOTBALL GOLF HARRIER CLUB HOCKEY INDOOR CRICKET MOUNTAIN BIKING RUGBY RUGBY SEVENS SKIING SMALLBORE SHOOTING SOFTBALL SPORTS DEVELOPMENT PROGRAMME SNOWBOARDING SQUASH SWIMMING TABLE TENNIS TAE KWON DO TENNIS TOUCH TRIATHLON VOLLEYBALL WATER POLO WEIGHT TRAINING

BANDS CONTEMPORARY MUSIC CHOIR DRAMA DEBATING ENSEMBLE GROUPS KAPA HAKA PASIFIKA CLUB PUBLIC SPEAKING THEATRE SPORTS

CREST TO CREST CHALLENGE YEAR 10 CAMPS TAMA TŪ TAMA ORA YEAR 12 OUTDOOR PURSUITS YEAR 13 MOUNTAIN TRIP

ASTRONOMY BARROWCLOUGH PROGRAMME & AWARD BEEKEEPING DUKE OF EDINBURGH MATHS COMPETITION TEAMS QUIZ TEAMS SENIOR LEADERSHIP COURSES SCIENCE & TECHNOLOGY FAIRS VEX ROBOTICS















Established 190







Massey University offers international students a choice of two undergraduate aviation degrees.

- The Bachelor of Aviation (Air Transport Pilot); students train to become 'aviators with a difference'combining a university education with an in-depth understanding of the aviation industry. Facilities include; Technologically Advanced Fleet - Apple iPads as EFB's – Scenario- Based Flight Training.
- The Bachelor of Aviation Management; a business degree designed specifically for the dynamic and exciting global aviation industry.



PHANNATORN WASUGIRATIVANID	Bachelor of Aviation	May 2015
Palmerston North Boys' High School Massey University	2006-2011 2011- 2014	
	The last No. 7 also hardless	C 10 - 14

Phannatorn moved from Bangkok, Thailand to New Zealand at the age of 12 with no English where he enrolled in Year 9 at Palmerston North Boys' High School. After his trial flight at age 15, Phannatorn knew he wanted to follow a career as a professional pilot.

Massey University, NZ, offered him the unique opportunity to gain a professional aviation degree integrating flight training with University study. Phannatorn says that what he enjoyed most at Massey "was the knowledge and skills offered to him". In comparison to other fight training schools, Phannatorn felt that "Massey is probably one of the best in New Zealand".

TEERAWIT PULPINYO May 2012 Bachelor of Aviation

Palmerston North Boys' High School Massey University

July 2006- December 2008 2009-2011

Teerawit completed his high school education at Palmerston North Boys' High School to best prepare himself for his future study at Massey University.

Teerawit says he chose Massey University because "it is different from other flying schools around the world as it offers a degree in this field. This degree will support me in the future flying career as it offered a high standard of flying knowledge and other relevant theories."

Returning to Thailand in 2011, Teerawit joined Royal Thai Airways. He spent the initial year completing his 'Airline Transition Training' and was assigned to the Airbus A330-300.

He says "the ground training was very similar to what Massey is providing in the ATPL papers. Also from my two years' experience in an airline, I realised how well Massey had prepared everyone to be professional and ready for aviation industry today. Now I am really enjoying flying out of the capital of Thailand, Bangkok, to the most popular destinations in Asia and Australia in an Airbus A330-300."





Fee Schedule & Term Dates for Palmerston North Boys' High School International Programme 2017/2018

(All in New Zealand Dollars)

2017	2018	
TUITION:	TUITION:	
Full Year: \$14,300	Full Year: \$14,300	
Per Term: \$3,575	Per Term: \$3,575	
HOMESTAY:	HOMESTAY:	
\$240 per week (\$11,040 p.a.)	\$245 per week (\$11,270 p.a.)	
ADMINISTRATION FEE:Full Year:\$1,200Per Term:\$300	ADMINISTRATION FEE: Full Year: \$1,200 Per Term: \$300	
INCIDENTALS (REFUNDABLE):Full Year:\$1,000Per Term:\$250	INCIDENTALS (REFUNDABLE): Full Year: \$1,000 Per Term: \$250	
INSURANCE:	INSURANCE:	
(Insurance is quoted individually. Price below is	(Insurance is quoted individually. Price below is	
approximate).	approximate).	
Full Year: \$585	Full Year: \$585	
UNIFORM (REFUNDABLE):	UNIFORM (REFUNDABLE):	
\$850	\$850	
Loan uniform can be borrowed for short term	Loan uniform can be borrowed for short term	
stays. Students may need to buy parts of a	stays. Students may need to buy parts of a	
uniform due to lack of availability.	uniform due to lack of availability.	
HOSTEL FEES:	HOSTEL FEES:	
Full Year: \$14,500	Full Year: \$14,500	
Per Term: \$3,125	Per Term: \$3,125	
Holiday homestay is included in this price.	Holiday homestay is included in this price.	

TERM	START DATE 2018	END DATE 2018
Term 1	Monday 29 January	Friday 13 April
Term 2	Monday 30 April	Friday 6 July
Term 3	Tuesday 24 July	Friday 28 September
Term 4	Monday 15 October	Wednesday 12 December