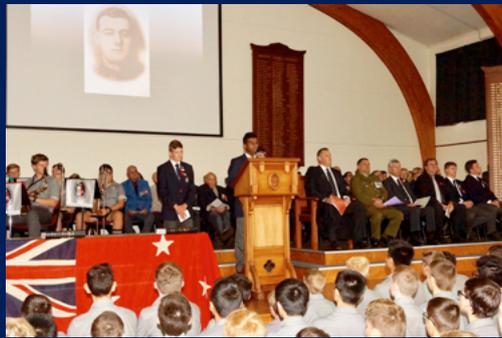


# Palmerston North Boys' High School

## Newsletter 2018 - May

Volume 24 No 3

1 June 2018



Row 1: ANZAC Address: Jamie Penn, Dineth Rajapakse, Jarod Govers.

Row 2: Mr Stuart Leighton reads Roll of Honour; Digby Werthmuller and prefects at Civic Ceremony; NZ Memorial in London - Hockey team laid a wreath



(top left clockwise) Alex Winiata at Assembly recounting his four month Te Araroa Trail experience; Finlay McRae, 2017 Dux Litterarum, receives award for Scholarship results; Ben Langton Burnell, back from Brisbane, visits the school; Jake McKinlay played in Malaysia for the NZ U17 Boys Basketball team



## From the Rector



Dear Parents

At a recent assembly, I read an excerpt from the book *The Winning Mindset*, by Professor Damian Hughes. In a section of the book devoted to the power of simplicity, Professor Hughes discusses the impact of interruption, and the sheer weight of information we are faced with on a daily basis, on our ability to concentrate. Research has revealed that compared to 1960, we are now consuming three times as much information, “but that by 2020 we will be generating forty-four times more data than we are today”.

This incessant bombardment has created a number of issues. The interruption caused by continuous disruptions is significant - “on average, computer users change windows and check email or another programme thirty-seven times an hour,” says Professor Hughes. “Often”, he says, “It can feel like there is no room in our heads to stop and think”. Many of us will know exactly how that feels.

The effect of such incessant disruption has been shown to have a detrimental impact on IQ: a leading clinical psychiatrist has “posited that the combined effect of incessant phone calls and emails can lead to a temporary drop in our IQ of an extraordinary and disturbing ten points”.

Barry Schwartz, who wrote *The Paradox of Choice*, notes, “We become overloaded. Choice no longer liberates, it debilitates. It might even be said to tyrannise”.

We see the effect of this on our young men. The ability to focus or concentrate for any great length of time is being eroded, as is, in some cases, the ability to remain self-motivated. For many of our junior pupils, who have recently completed their first set of school examinations, sitting in one place and concentrating for two hours will have been a significant challenge. Yet it is a skill that they must develop as they work towards the senior school and external examinations, and a skill they will be required to demonstrate throughout their lives.

They will have learned some important lessons about how to prepare for exams – and removing the disruptions and interruptions for extended periods of time will be an important step towards improving their ability to focus.

Term II is often demanding for the young men of the school, particularly for those who are heavily involved in co-curricular activities. Assessments, trainings, rehearsals, not to mention jobs and other teenage “stuff” makes for a very busy term. Added to that mix are the cold and wet winter months and the ‘flu season. It is therefore imperative that our young men look after themselves – get enough rest and sleep well, eat properly, prioritise what is important. Sometimes, a bit of grit is required to ensure obligations and commitments are met, and that motivation and focus are maintained.

D M Bovey  
RECTOR

## Rector's Administrative Notices

### NCEA Level One

Thank you to those parents who attended the recent meeting regarding the proposed changes to the NCEA Level 1 course. Thank you also to the large

number who took the time to contact us with comments and queries. It has been heartening to see so many parents taking an active interest in their son's schooling. The feedback has been most useful and

has been overwhelmingly supportive. Indeed, such was the number of responses from the school community that a decision will be able to be made in the near future. June 8 will be the final date for submissions in this regard. The conversation has now spread to other schools in the area, and there is now some discussion about the proposal being region-wide after a number of schools expressed an interest in following a similar path.

## **Reporting**

Teaching staff will begin preparing mid-year reports for all students over the coming weeks. Reports will be posted to parents at the end of the term. In the interim, I encourage you to discuss your son's examination and assessment results with him and where need arises do not hesitate to communicate with us. I encourage you to do the same when you receive his mid-year report.

## **Winter Sport**

There are a significant number of young men playing winter sports codes and we have worked fervently to get a staff member as a coach or manager. As you can appreciate, this is a major undertaking for the school and I sincerely thank those staff and senior students who have given so freely of their time to maintain an essential part of our school life. I also thank parents and volunteers who are assisting with teams as this allows your sons to have the best coaching we have available. We have been most fortunate to attract passionate people with the boys' best interests at heart.

It has been interesting to hear from coaches of responses to the selection or non-selection of boys in various teams. These decisions are made objectively, and not everyone will agree. That is the nature of team selection. Selection for a number of our teams is very competitive, perhaps even more so than some age-group rep sides, where factors other than ability can be influential. A number of our young men will be disappointed, as will parents on their behalf, which is natural; but the reactions of some have been disappointing. Determination and resilience are called for in these instances.

Please remember that full and correct sporting uniform needs to be worn for all fixtures. We do not allow young men to have skins or similar clothing visible underneath their sports uniform. We have also reminded young men that it is our expectation that their socks are pulled up on the sports field and that the uniform is being worn correctly and with pride. We appreciate your support as standards are set in all aspects of school life. A further reminder that if a young man is away from school the day prior or day

of a sporting fixture, he is ineligible to play.

## **Inter-School Fixtures and Field Trips**

Before an inter-school fixture or field trip departs it is expected that any costs associated with the trip are paid in full to the Finance Office. Young men who have not paid will not have permission to go on the trip, as is the case with the completion of appropriate documentation such as permission slips. Again, we appreciate your support in being up to date with all school fees.

Young men in 1st sporting teams and those in our top performing arts groups are expected to attend both home and away fixtures in full formal uniform (No. 1's). It is expected that all members have their own formal uniform, including blazer. This allows the school's hire blazers to be utilised by those who do not regularly wear the formal uniform. Senior blazers can be ordered by seeing Mrs Alderdice in the Uniform Outlet.

For those young men wishing to hire blazers for 'one off' occasions a refundable deposit and associated fee is charged. Mrs Dearlove in The Speirs Centre can provide more information about this service.

## **Attendance**

Please remember to ring the Attendance Officer to record an absence prior to the day or the day of an absence. The Attendance Officer will thus not need to ring you to check why your son is not at school.

When your son returns to school please provide him with a signed note that he needs to give to me after assembly. These notes allow our Attendance Officer to check the absence and confirm your son's return to school.

## **Staffing**

We have been fortunate to have former staff member Mrs Berry return to the English and Classics departments. Mrs Lowry is now on maternity leave and Dr O'Connor has retired. It is often difficult finding replacement staff during the year but all classes will be covered and appointments will be made where necessary in due course.

## **School Fees & Donations**

School fees and donations for 2018 have been sent to parents from our finance department. If you have specific questions about fees or the payment of a donation do not hesitate to talk to us.

Each year as fees and donations are due for distribution the media and Ministry of Education do disseminate information suggesting that schools are well funded and that education is, or at least should

be, free in this country. Unfortunately, the level of funding we as a school receive is inadequate and so the payment of donations and other fees is vital.

The school donations allow us to be the school we are. Specifically, without the donations we could not offer the depth in teaching at the school. Currently the Board of

Trustees budgets a significant amount for additional teachers, so that we can offer a wide breadth in our teaching subjects and this allows more subjects to have pathways from the junior school through to Year 13. Without paying for extra teachers we would have to reduce what we offer young men inside and outside the class-

room.

School donations help put resources into curriculum areas and co-curricular areas and every dollar does help us to provide a high quality education. I would encourage you to support your son's education and Palmerston North Boys' High School by paying the donations. Remember, too, that the

donation component is tax deductible.

Many parents are now paying by automatic payment on a regular basis that suits them. Our finance team will happily work with you to make arrangements and payment schedules that suit your individual needs. Thank you for your support.

## Student Achievements

- **Te Araroa Trail** – the runners finished in Wellington on the Tuesday of the first week of the holidays. A very successful undertaking, with over \$25,000 raised at this stage.
- **Swimming** – the annual



swimming sports were held in the last week of Term I. Kia Ora finished first, with Gordon second, followed by Vernon, Phoenix, Murray and Albion.

- **Wrestling** – Jack Scrimshaw won a silver medal in the Senior 76kg division at the NZSS Wrestling Championships.
- **Rugby** – the 1st XV have had wins over St. Paul's Collegiate, Francis Douglas Memorial

College, Scots College, St Pat's Town and Wellington College and a loss to Auckland Grammar.

- **Overseas Tours** – the Hockey Development tour to Singapore, the UK and Ireland went well, as did the 1st XI football tour to Australia. Both tours occurred during the Term I holidays.

- **Basketball** – the Premier A team won the St Pat's Classic Tournament, an annual pre-season competition in Porirua. The Junior A team also won.

- **Touch Rugby** – Carson Hepi has been selected for the NZ U18 team to compete in the World Cup in Malaysia later in the year.

- **Road Race** – the annual Road Race finally got underway after a couple of abortive attempts in the last week of last term.

Jaiden Meyer won the U14 category, Liam Wall U15, Andre Le Pine-Day U16 and Benjamin Wall the Senior race. Albion won the Senior event from Murray, with Vernon in third. Kia Ora won the Major Intermediate race,

with Phoenix second and Vernon third; Murray won the Minor Intermediate category from Vernon and Albion, while Gordon won the Junior race from Murray and Kia Ora – a good spread of results across all the clubs.



- **ANZAC Service** – the weather held for the annual ANZAC Service, where Jarod Govers, Dineth Rajapakse and Jamie Penn provided the ANZAC address.

- **Golf** – the Senior A team had a close win over Francis Douglas in the first year of an exchange that was added on to the rugby fixtures.

- **Academic Assembly** – at a recent assembly young men who achieved NCEA Endorsed with Excellence were recognised; those at NCEA Level 2 and Level 3 were presented with Super Eight Schools Scholar badges. Year 12 pupils who achieved

NCEA Scholarship passes in 2017 were also recognised. The awards were presented by Mr. John Reid, 1957 Head Prefect and the school's first Rhodes Scholar in 1960, who also spoke to the boys at assembly.



- **Cross Country** – the Cross Country out at Keeble Farm, Massey had been moved because of the re-scheduled Road Race. After last year's mud bath, the course was in perfect condition. Andre Le Pine-Day won the overall race and was the first Intermediate runner; Samuel Phil-



lips won the senior race and Nelson Doolan the Junior. Gordon was the top club in the Junior event, Murray in the Intermediate race and Albion in the Senior category. Overall, Murray won the day from Kia Ora, Albion, Gordon, Phoenix and Vernon.

- **Choir** – Robin Park and Carson Taare, along with recent Old Boys Daniel Hodgetts, Josiah Nevell and Keun Hee Lee were part of the NZSS

Choir that performed at the ANZAC Service at the National War Memorial.

- **Powerlifting** – Harrison Richards won a gold medal in the Junior U74kg class at the Central Districts Powerlifting Championships. His 201kg lift in the Deadlift broke the existing record by 7.5kg.
- **Football** – the St. Pat's, Town exchange saw the 1st XI draw 2-2, the 2nd XI win 6-1 and the Junior A team also draw 2-2.
- **Cross Country** – the Senior team finished third and the Junior (U16) team finished second at the Wellington Schools Cross Country race in Wellington.
- **Rugby** – Stewart Cruden played his 50th match for the 1st XV in their 22-20 win over Scots College in the Hurricanes Schools Festival series.
- **Swimming** – Ryan Cutler won the 15y and Over 200m backstroke at the NISS Championships held recently in Palmerston North. He also finished second in the 100m and 50m backstroke. He broke his own school record in the latter race. Kokoro Frost gained a second and third in the 15y and Over 200m butterfly and 50m backstroke respectively, as well as beating the school record in the 15y Years category 50m freestyle by

0.01 of a second. Michan Hunter gained a third placing in the 15y and Over 50m butterfly. The Senior Relay teams won silver in both the 4x50 freestyle and 4x50 medley relays.

- **Cross Country** – at the MSS Championships in Foxton, all three teams (Junior, Intermediate, Senior) won the team event in their respective category. Nelson Doolan won the junior race, with Luke Brown second and Thomas Harding third. The first seven runners home were Boys' High pupils. Andre Le Pine-Day won the Intermediate race with Liam Wall in second and Jamie Dennis third. 10 of the first 14 were from PNBHS. The Senior race was a much more competitive affair; Sam Phillips finished third and there were five further top-ten finishes.
- **Music** – at the Hawke's Bay Festival of Bands in Hastings, the Stage Band received a Gold Award and the Concert Band a Silver Award. The Stage Band was also named the Best School Band.



## from the Deputy Rector

### Junior Examinations

As you read this, the first formal examinations for junior students for 2018 have been completed. For many young men, particularly

those in Year 9, these will have been a challenging experience. While examinations are in many respects an 'end point', there are always many lessons that can be learned from them that will assist your son as he transitions through

his secondary schooling. Parents can play an essential role in making the most of these examinations. Rather than simply fixating on results – was it a 'pass' or a 'fail' – engage with your son in discussions about his examina-

tion preparation – which strategies did he find most helpful? What will he do differently in the future? How will he attempt to accelerate his learning and progress in the second half of the year? Working with him to set goals will assist his academic progress and reinforce the high expectations you have for his academic progress.

### Academic Presentations

At a recent assembly, young men who gained NCEA qualifications endorsed with Excellence in 2017 were recognised. Those who achieved NCEA Level One endorsed with Excellence were presented with New Zealand Super Eight Schools certificates. Young men who achieved NCEA Level Two or Level Three endorsed with Excellence were presented with New Zealand Super Eight Schools certificates and New Zealand Super Eight Schools scholars badges. A presentation was also made to Ronan Carroll and Jarod Govers, who both gained Scholarship passes in English in 2017 as Year 12 students. We were privileged to have Old Boy, and 1957 Head prefect, Mr John Reid at assembly to make the presentations. Mr Reid was the first Old Boy of Palmerston North Boys’ High School to be made a Rhodes Scholar.

#### NCEA Level One endorsed with Excellence:



Travis Adkins, George Ambridge, Xavier Bowe, Matthew Cao, Ciaran Carroll, Kevin Chen, Matt Curtis, Ciaran Egan, Jack Gibbs, Cassius Henman, Oliver Inman, Eric Jiang, Paul Kaiser, Kirk Kibir, Jason Lau, Paul Lee, Johnson Liu, Noah Lloyd, Caleb Martin, Lachie McNair, Jacob Mildenhall, Angus Moody, Alexey Morozov, Jacob Ogilvie, Sam Parry, Jakob Parry, Flynn Roache, Kavindith Rodrigo, Tamati Ruawai, Luke Scott, Mark Seumanu, Rohan Sharma, Ray Su, Thomas Sun, Weiyang Teh, Potiki Watling, Jack Wenham.

#### NCEA Level Two endorsed with Excellence:

Kaykay Adeyinka, Thiliner Ariyaratne, Ajay Bansal, Junhyuk Bahng, Nikhil Banerjee, Richard Bell, George Brown, Isaac Chan, John Cole, Rishabh De, Chris Dewhurst, Josh Ellingham, Jake Faville, Jay-



mon Furniss, James Harris, Campbell Jackson, Andrew Karatea, Eric Kwon, Hasan Mehmood, Louis Morrell, Joshua Morris, Robin Park, Cam Pomana, George Reddish, Joe Reddish, Nick Slegers, Kaea Taylor, Cail Terry, Callum Walcroft, William Wood, Kevin Xu.

#### NCEA Level Three endorsed with Excellence:



(left) Junius Ong, Ronan Carroll, Finn Martin, .

Scholarship Passes in English:



(right) Jarod Govers and Ronan Carroll

### Scholarship

We encourage all young men studying NCEA Level Three subjects to consider sitting scholarship assessments. NZQA explain that “New Zealand Scholarship provides recognition and monetary reward for the highest achieving secondary school students. Scholarship is assessed against demanding standards to challenge the most capable students in each subject area. Scholarship candidates are expected to demonstrate high-level critical thinking, and to integrate, synthesise and apply knowledge, skills, understanding and ideas to complex situations.”

Scholarship requires a significant extra commitment in terms of revision and examination preparation. Many departments will run additional tutorials to assist with this. However, for some young men the extra time required may be an impediment to their success at NCEA Level 3 and in gaining University Entrance. For this reason, we encourage all young men contemplating enrolling in Scholarship to dis-

cuss this with their parents and teachers so that an informed decision is made. If your son wishes to enrol for Scholarship examinations, he must complete the entry form available from the Finance Office, and return this with the \$30 per subject entry fee. International students considering entering Scholarship examinations should discuss this with Mr Retemeyer or Mr van Stipriaan.

### What does it mean to be a man?

There has been much in the media in recent months that portrays men in a negative light. The ‘toxic masculinity’ and appalling behaviour that has given rise to the likes of the #MeToo movement are unacceptable and, for the good of our society, cannot be tolerated. It is essential that the messages young men receive are ones that encourage positive behaviour and respectful attitudes to all members of our society. Given the very mixed messages that are communicated through contemporary media, especially social media, and the default sex and relationship education many young men receive via internet pornography, the extent to which any such positive messages might emerge is concerning.

Towards the end of Term 1, I met with a small randomly selected group of young men in Year 13 and posed two questions to them; firstly, what does society tell you about what it means to be a man? And, secondly, what do you believe it means to be a man? Their responses, in their words, are summarised in the chart right.

The purpose of this exercise was not to judge what is ‘right’ or ‘wrong’ in terms of our young men’s aspirations and ideas about their roles in the future, merely to gauge in some small way whether or not there were differences in what they thought society expected of them, compared to their expectations for themselves for the future. While there are a number of similarities between the two lists above, there are also some key differences. It is concerning that, when asked about societal expectations, many traditional stereotypical gender role expectations were identified – make more money than women, be confident, be rich, be popular. This is counterbalanced to some extent by the ambitions that these young men had for themselves – have a moral code, be loving, be humble, be compromising.

Messages about the need to ‘man up’ and be emotionally strong are likewise concerning. Previously we have shared statistics about the very concerning nature of the mental health of young people in New Zealand today, surely evidence enough that the ‘man up’ approach is not working? We believe very strongly that young men should be encouraged

What does society tell you about what it means to be a man?	What do you believe it means to be a man?
<p>DIY mentality</p> <ul style="list-style-type: none"> <li>• you're not a man if you have to get someone else to fix it for you</li> </ul>	<ul style="list-style-type: none"> <li>• Help your mates when they are in trouble. Be there for people when needed.</li> <li>• Must be capable of dealing with issues that might arise.</li> </ul>
<p>Alpha male</p> <ul style="list-style-type: none"> <li>• CEO of everything</li> <li>• Dominant</li> <li>• Be the money maker</li> <li>• Pushed towards certain jobs and career pathways</li> <li>• Take charge, men are the leaders</li> <li>• Someone who runs a family and provides for their family – ‘man of the house’</li> <li>• Always has the last say</li> <li>• Confident</li> <li>• Popular</li> <li>• Must be rich – make more money than women</li> <li>• Dress to impress</li> <li>• Successful</li> <li>• Reliable</li> <li>• Inspirational</li> <li>• Be really good at something</li> <li>• Determined</li> <li>• Play sport – important you do this and not music, drama etc.</li> <li>• Be a worker</li> </ul>	<p>Alpha Male</p> <ul style="list-style-type: none"> <li>• Put food on the table</li> <li>• Be in steady employment and earn a wage</li> <li>• Be a hard worker</li> <li>• Be a leader and lead the family</li> <li>• Over achiever</li> <li>• Be protective</li> <li>• A father figure</li> <li>• Be Inspirational</li> <li>• Use initiative</li> <li>• Responsible for children’s behaviour</li> </ul>
<p>Strength</p> <ul style="list-style-type: none"> <li>• must be strong and fit physically and emotionally – this comes through in the media and when hanging out with mates e.g. arm wrestling</li> <li>• men don’t cry, men don’t show emotion</li> <li>• take a concrete pill</li> <li>• the backbone of society</li> <li>• beer is the man’s drink – no girly drinks</li> <li>• be tough</li> </ul>	<p>Strength</p> <ul style="list-style-type: none"> <li>• Be fit and strong</li> <li>• Be emotionally strong – “man up”</li> </ul>
<p>Be a Gentleman</p> <ul style="list-style-type: none"> <li>• role model</li> <li>• take responsibility</li> <li>• outstanding character</li> <li>• be courteous</li> <li>• use brains before brawn</li> </ul>	<p>Be a Gentleman</p> <ul style="list-style-type: none"> <li>• Dress well and be well groomed</li> <li>• Respect women, respect all other people</li> <li>• Respect – verbally and physically</li> <li>• Respect others opinions and beliefs</li> </ul>

to share their concerns. Ideally this would be with a parent, or another adult in their lives they have a close connection to. Does your son feel comfortable having such conversations with you? If not, who would you like him to place his trust in? Have you had this discussion with him?

I hope that this information might be a trigger for some conversations with your son about what thinks it means to be a man, and what your hopes, aspirations and expectations might be in this regard. When I met with this Year 13 group, I also enquired how many had ever had a conversation with an adult about what it means to be a man. Only two of the group indicated that they had been involved in such a conversation.

‘Who’ our young men go on to become in the future is too important to be left to chance. If we are unwilling or unable to engage with young men about what it means to be a man, they will be ‘educated’ in this respect from a range of other influences. The messages they do receive are likely to be mixed and will no doubt include perspectives and ideas that are at odds with the values we hope they choose to live by.

We encourage you engage in these conversations, as in doing so you help your son realise the very positive role that he can play in the future of our society.

Recently we shared a post on the school Facebook page about the current second season of 13 Reasons Why. Included was this: "When we bring up hard topics with our kids and teens, even if you muddle your way through them, you are giving them direct evidence that you can handle challenging subjects. The result then is that they are more likely to come to you in the future when they face challenges. If we don't bring up issues related to all sorts of topics that come up in sexual lives, relationships in general, mental health, etc., then our kids are much more likely to look for answers on the internet or from peers—or no one at all—rather than sharing their concerns with us." While this statement related specifically to 13 Reasons Why, it is a message that can be applied to all areas of life.

Character

The development of our Character Education framework is continuing. Thank you to those in our community who provided feedback when our Graduate Profile was shared with you. This document encapsulates our school values and provides some indication of what this might 'look like' from a school and student perspective. The next step for us is to identify those aspects of school life in which character education is strongly embedded as a focus, and then to share and build on that good practice.

Developing Educated Men of Outstanding Character cannot happen in isolation. We hope that by emphasising our school values – courage, humility, industry, integrity, pride and respect – we are able to work with families to help in the development of young men who will make a positive difference in our community, and whom we can be proud of as our future leaders and parents.

## Matters Academic Mainly

### Construction Classes Build Prefabs

The senior construction classes are building a pre-fab classroom to replace one of the rundown P block pre-fab rooms. The plan is over the next few years to gradually replace all of P block in this way. A great exercise in hands-on learning.

A big thank you to Scafit for sponsoring the cost of the scaffolding. Scafit boss Dave Crowley supervises the Construction class as they erect the scaffolding around the classroom they are building.



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### Old Boy Shay Ashworth at Head Prefect's Assembly

It was fantastic to welcome Old Boy Mr Shay Ashworth to the Prefect's assembly this morning. Mr Ashworth attended PNBHS and College House between 2005 and 2009. Upon completing his secondary schooling he attended Lincoln University and

graduated with a Bachelor of Commerce (Agriculture) degree, specialising in Farm Management and minoring in Soil Science. After working briefly as a Stock Agent in Canterbury Mr Ashworth joined ASB bank through their graduate programme and is now a Rural Banker.

He shared information about his career pathway and the many varied career opportunities in the banking industry. Alongside this information Mr Ashworth shared some 'life lessons' that he has learned through his study and career:



- Hard work is important - people recognise and reward hard work. Anything that is worth succeeding in requires hard work and commitment.
- Relationships are really important. Respecting and being able to relate to varied groups of people is a key ingredient for success - "You need to be as comfortable having a beer with the shearers at the end of the day as you would be sitting down to dinner with the Queen."
- Be open to new opportunities and willing to learn new things.
- Having hobbies, sport and interests outside of work that you are passionate about is really important.

## New Zealand Association of Language Teachers Certificates of Excellence Awards for 2017

Each year the New Zealand Association of Language Teachers rewards high-achieving students, who sit NCEA Levels 1, 2 and 3 Chinese, French, German, Japanese and Spanish as a second language, with a Certificate of Excellence to recognise their achievements.

In each Level 1, Level 2 and Level 3 language course, there are five Achievement Standards which involve listening, reading, speaking and writing. To qualify for a Certificate of Excellence, 14 or more credits at Excellence level, including at least 3 from externally assessed Standards and 3 from internally assessed standards, are required.

Grades for the 2017 NCEA internal and external assessments resulted in eight PNBHS students qualifying for Certificates of Excellence.

Level 1 endorsed with Excellence:

French: Jack Harrison

German: Robert Norman

Japanese: Samuel Goodman

Level 2 endorsed with Excellence:

French: Alistair Keay-Graham

Japanese: Eric Kwon

Level 3 endorsed with Excellence:

French: Denzel Chung

German: Finlay McCrae

Japanese: Izumi Sato



(l-r) Eric Kwon, Robert Norman, Alastair Keay-Graham, Jack Harrison, Samuel Goodman

## 2017 Dux Litterarum, Finlay McCrae

was officially recognised as both a Premier Award winner and a Top Subject Scholarship Award winner following his outstanding 2017 Scholarship results. Finlay achieved the top mark in New Zealand

in Scholarship Physics.

He achieved Outstanding Scholarship passes in Calculus, History and Physics and Scholarship in Chemistry and English.

As a Premier Award winner, Finlay will receive \$10,000 per year for three years to go towards the cost of university study, and, as a Top Subject Scholar Award winner, he will receive an additional \$2,000 per year for three years towards his university study. These awards were conferred at a ceremony at Government House.



## PNBHS visits NASA in Houston, USA

Five young men from PNBHS experienced the 'trip of a lifetime' during the recent school holidays, visiting NASA in Houston. Finn Martin, Xavier Bowe, John Cole, Sean Ferguson-Pye and Wade Talatala are all part of the Pūhoro STEM (Science, Technology, Engineering and Mathematics) Academy. The academy, set up by Massey University with Te Puni Kōkiri support, fosters young Māori



school pupils from Year 11 on their journey through to university, and ultimately the workforce. The programme works to engage with teachers and whanau to support the students' science study and to build a wider community of Pūhoro students who share their passion for science. Thanks to Xavier for providing the report below:

"On the 16th of April, myself and 14 other students flew to Houston, Texas, thanks to the Puhoro STEM Academy and sponsors.

We were in Houston for 10 days, and we always seemed to be doing something.

On Tuesday and Wednesday, we went to NASA to the Johnson Space Centre (JSC). On Tuesday we were taken around different facilities at the campus by a man named Irwin. He took us to see things such as a full size space station (in bits), and a robot called Valkyrie which they are working on to send to Mars. They are working on it being able to handle the terrain, and be able to walk heel to toe as a human does to increase walking speed. On Wednesday,



we looked around the museum and bought things at the gift shop. They had some cool interactive things to do, as well as things to look at and read about.

On Thursday

morning we went to the Lone Star Flight Museum, where we learnt about different aspects of aviation, like flight dynamics. We learnt about pre-flight checks, what types of navigation is used and when they are used. We then got to fly a plane on a simulator. It was cool to get a taste of what it is like for pilots, but not quite the real thing.

In the afternoon we went to the First Robotics competition, where we looked around at the innovation fair, talking to people from different fields.

On Friday we went to Six Flags, San Antonio, which is a return five hour drive, which we did in the same day, but it was worth it.

Saturday morning we went back to the First Robotics, and watched some of the competition. It was cool to see the robots and what they could do and that this had all been achieved by school kids. In the late afternoon/night time, we went to a local pow wow, a gathering of native American tribes. It was really cool to be immersed in their culture, and to learn some dances. We did a Kapa Haka performance for them.

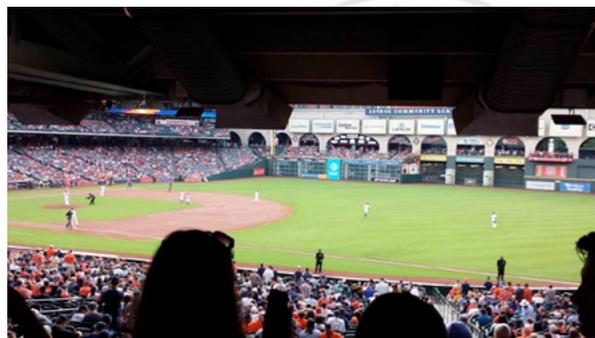
The Sunday was a bit of a sleep in day, and then we had a Native American family over at our house, as well as a storyteller, and they showed us some dancing and taught us about their culture. We then performed some Kapa Haka for them.



On Monday morning we went to a rocket company called Ad Astra, which was founded by Franklin Chang-Diaz in 2005. Ad Astra is developing a rocket engine that uses advanced plasma propulsion technology.

Mr Chang-Diaz is a former astronaut and has flown into space 7 times, the most times ever.

In the afternoon we went to the Houston Museum of Natural Science, and we took part in a simulation which involved flying to the moon, and then too Mars. On Tuesday morning we went to J.D Hudgins cattle ranch, where we met a fifth generation rancher. The cattle there were Brahmin cattle, which were interesting to see as we don't have them in New Zealand and they look



different to our cattle. At night we went to a baseball game at the Minute Maid Park where the Houston Astros were playing the Los Angeles Angels. We flew back Wednesday night and arrived back in New Zealand and straight away felt the cold.”

### ‘Sex with Attitude’ Presentation

We were privileged recently to host Nate and Brayden from Attitude – the youth education division of Parenting Place – who made presentations to our young men, focused around wellbeing.

For young men in the senior school the presentations covered ‘Sex with Attitude’ with a focus on developing healthy relationships and breaking down myths about sex. There was a particular emphasis on safely navigating the cyber world – the impact of pornography on relationships, sexting and how to keep yourself safe in the increasingly complex online world.



At Year 10 the emphasis was on drugs, particularly alcohol. Why do people feel the need to use drugs? What strategies can you use to keep yourself and your mates safe?

For young men in Year 9 the focus was general health and wellbeing – hauora. What are the physical, mental, social and spiritual dimensions of wellbeing and how can these be used to develop resilience?

We encourage parents to engage in conversations with their sons about the presentations today so that they become more than simply a ‘one off’ event.

These presentations build on content delivered at school, in particular through the Health curriculum. Additionally, at Years 9, 10 and 11 we partner with

ACC and the DHB who deliver the Mates and Dates programme, while the Police and a range of other agencies deliver the Loves Me Not programme at Year 12.

“Attitude – the youth education division of Parenting Place – is dedicated to equipping teenagers with the information and skills they need to negotiate the adolescent years and build meaningful lives. The materials, based on credible research and linked to the health curriculum, give young people strategies for solving problems, handling stress, building resilience and negotiating relationships.”

## PNBHS at Model United Nations

Recently eight young men from PNBHS – John Cole, Kavish Desai, Davis Farrar-Ferguson, Trent Hooper, Andrew Karatea, Keegan Leask, Rohan Sharma, William



## UNITED NATIONS

Wood – attended the Model United Nations in Christchurch. Year 12 student John Cole, a ‘High School Ambassador’ for the programme, prepared this report:

“Modelled events model real life situations or events and their diplomatic effects. They are events that develop civics education, public speaking, teamwork and critical thinking skills.

One of the main operational groups that runs these events is UNYouth. They are the primary operators of the well-known Auckland Youth Declaration.

Eight young men from PNBHS (and 2 others from the Palmerston North region) attended the event in Christchurch having generously received about \$1800 in travel, food and accommodation support. They stayed in shared bunk rooms at the Christchurch YHA

with other students at the event. The event was attended by approximately 120 students from all over the country.

The event was over the weekend of the 5th and 6th of May. It was provided with support from the EUCN, UC, Jean Monnet Ltd and NCRE. The event focused around modelling the decision-making process of the (real world) Free Trade Agreement currently being discussed between NZ and the European Union.

Ten scholarships for a University of Canterbury “Euro 101” STAR correspondence paper were awarded for excellence in the various working groups, with three students from PNBHS receiving these scholarship awards:

Andrew Karatea, Trent Hooper, Davis Farrar-Ferguson.

## Library Update

The Library is supporting the English Department with the new Manawatu Interschool literature quiz, The Readers Cup. Our school has two teams entered, who will read six selected titles and answer quiz-type questions, in a fun evening to be held in June. We have bought copies of the books and these are available to team members plus other borrowers. We wish the teams well!

Our Student Librarian team is growing with the newly appointed members being Jack Hancock, Kris Harrowfield, Charlie Philps, Dineth Rajapakse, Jordan Richard and Toor Butt. Welcome!

Mrs Kennedy keeps us well-informed with her interesting displays, often linked to current issues like “Eating plan for Junior exams”; “How is porn addictive?” and “Keeping safe in the Digital World”. During school and after-hours, our Library is a warm, safe place to visit!

Mrs V Langley

## ITI KAHURANGI

### Māori and Pasifika NCEA English Literacy Programme

Talofa lava – Kia ora,

The Māori and Pasifika NCEA English Literacy Programme is starting up again for another fantastic study year. The NCEA English programme is catered to students who are completing NCEA Levels 2 and 3, however we have had in the past students in NCEA Level 1 join in by completing homework or other school work, as well as taking part in the older levels where they are able. The aims are for all students to receive that extra study assistance by a highly qualified NCEA English teacher/s; and for those not in this level to be exposed to the study environment in preparation for the following year.

The NCEA Te Reo Māori programme is catered to students who are completing NCEA Levels 1, 2 and 3. All students taking Te Reo are welcome to this programme.

It is a FREE safe, holistic, informative and in a family friendly environment – we encourage our schools, teachers, mātua, parents to sit in on the programmes and meet other parents/guardians there as well as the tutors. The programme is open to Māori and Pasifika students wanting that extra push or extra assistance to help them reach their NCEA credits. The programme is fully resourced and available to cater to all our Māori and Pasifika students.

# Performing Arts

## Drama News

For our so-called “down” term, activity-wise, this one is proving particularly busy!

**Curriculum:** senior classes have all completed their first internal assessments.

Miss Belcher introduced a new topic, Commedia del Arte, at Level 2 and got a superb response from her students. Both she and Mr Greer’s Level 1 classes studied Melodrama while Level 3 students presented monologues from the NZ play, Verbatim.

Congratulations to the following who gained Excellence grades: Level 1 - Karmeehan Senthilnathan, Liam Hartnell, Lucas Grapes, Ollie Grant, Caleb Rayner;

Level 2 – Ethan Bringas, Hayden Day, Kokoro Frost, Dallas Jones, Vaaghisar Muthusamy Zac Soper; Level 3 – Miracle Malu and Chris Dewhurst.

Congrats also to Mrs Mills who married PNBHS Physics teacher Mr Philip Mills during the last holidays! Currently, she has her Year 10 half-year class in examination mode after exploring Greek Theatre.

They will finish the module with work on character development and a short performance.

### Junior Musical Theatre

Following more than a term of workshopping, last week a company auditions for the cast of *Captain Hook* were completed by Mrs Kirsten Clark, Mr Mark Kilsby and senior students Finn Davidson, Callum Crawley, Oliver Lodge and Zac Maskill. This spoofy take on Peter Pan will be performed alongside other Junior acts in the Junior Performing Arts Showcase in November.

The cast is: Hook: Vealata Tongati’o, Smee: GregWood, Splice: Boston James, Decking: Noah Purcell, Mainsail: Jack Billing, Rigging: Cameron Baker, Bilges: Seb Cave, Sharkey: Ben McQueen-Davis, Swing: Arahan Pilkington, Peter: Jacob Dredge, Dotty: Cody Whitley, John: Ethan Conger, Michael: Ben Cen, Tim: Josiah Luoni, Tom: Fraser Babb, Smitten: Harrison Hook, Patel: Blake Storrier, Chief: Telson Liuvaie, LBD: William Hince, Crazy Horse: Manu Easton, Badger: Grayson Lodge, Slug Bucket: Will Tate-Davis, Running Nose: Thomas Orr, Hovering Bunny: Sharif Ellicott.

All who participated in this process can be very proud of their energy and enthusiasm in what has been the most competitive group since its inception four years ago. We are hoping those who missed out will continue to develop their skills and passion in B Company. For the first time we have engaged an experienced adult to direct this group which will also feature in the Showcase in November.

Later this term we will be calling for junior students who wish to audition for the Junior Play, also a part of Showcase.

**Drama Trips** are featuring heavily over the next few weeks. By the time this goes to print, three will have been completed.

1. Two Theatresports teams, led by Finn Davidson and Miss Sophie Belcher, will have competed in the Super Eight Cultural festival in Rotorua. They have been prac-



tising hard with some skilled tuition from the Artistic Director of Centrepoint Theatre, Dan Pengelly, pictured in action.

2. A group of 43 senior students and seven staff are looking forward to the highly rated *That Bloody Woman*, at Centrepoint Theatre this week.
3. Next week, all Level 2 and 3 students will view a performance of the NZ play, *Verbatim*, in The Speirs Centre. This will be followed by a one hour workshop run by the professionals from Simple Truth Theatre. We are delighted to have students joining us for these activities from Awatapu College, Feilding High School, St Peter’s College and PNGHS.
4. On Tuesday June 19, we are taking all senior Drama students for a day trip to Toi Whakaari, The NZ Drama School, in Wellington. We will view a performance of *The Visit* which will be interrupted by comments and discussion from their artistic team and performers. This provides an excellent opportunity for students to develop deeper understanding about performance as well as a chance to learn about this high-achieving tertiary institution and what it offers.

Thanks to volunteers, Mrs Sally Darby and Mrs Carol Kellett, our now extensive wardrobe has had a major cleanout but we are struggling for storage space – any ideas would be appreciated!! Paul Dredge, Kirsten Clark and I are currently perusing material to make a choice for the senior production for 2019 – watch this space!!



Former PNBHS Drama student and PNBHS/PNGHS Senior Production Company member, Chris Watts, has done extremely well to have his own piece of Drama entered into the Edinburgh Fringe Festival for 2018. He performs on August 9. He is a great example of someone who has made his way in the Performing Arts through lesser known paths and sheer determination. Now he will get his well-earned chance to perform on the international stage. A number of our students are involved with Cen-

trepoint Theatre's Basement Company, selected from senior secondary students in the region: Finn Davidson, Hayden Day, Ryan Ngarimu and Trent Hooper. Basement Company will present Peter Pan during the next school holidays, 7-29 July, providing an excellent holiday activity for families.

Under its new management, Centrepoin is making a huge effort to support schools and encourage students to participate in all aspects of theatre – perhaps something many theatregoers in the Manawatu would not be aware of. The PNBHS Drama Department is extremely grateful for this and the impact it is having on a number of our students. With the closing of Dunedin's Fortune Theatre, we are even more aware of how unique it is to have such a dynamic centre of professional theatre in a provincial city. We all need to support it and introduce others to its fine array of entertainment.

Term 2 signals the start of the performance and competition season for the Music Department and we started with a bang.

The **Ok Chorale** and **PNBHS Stage Band** started the term with two community performances, 'Big Rigs for Cancer' on the Railway Land and Rotary's 'Rota Fest' in the Square. These were very well received and it is never easy to play on a stage outdoors.

The first competition of the term saw the **Senior Concert band** and the **PNBHS Stage Band** head off to Lindisfarne College on



Sunday May 20th for the Hawkes Bay Festival of Bands. After solid performances, the bands came away with a Silver for the Concert Band and a Gold for the PNBHS Stage Band. The Stage Band also won the award for The Best School Band, the first year this has been presented.

The Stage Band's next competition is the **Manawatu Jazz and Blues Festival** to be held at the

## Music News

Regent Theatreat 10.00am on Saturday 2nd of June. As part of the Jazz Festival they will also perform a combined lunchtime concert with Burnside High in the Square on Tuesday 5th June at 12.30pm until 2pm. The Stage Band then heads off to Wellington on Thursday 7th June for the **NZSM Jazz Project** along with many other bands from across New Zealand. This is a very busy day as members of Stage Band rush back to compete in the **NZ Community Trust Chamber Music competition** being held in the Speirs Centre on Thursday June 7th. The school is represented by 3 groups this year. PNBHS String Trio, a sax quartet and a percussion ensemble.

The OK Chorale travelled to New Plymouth Boys' High School on Friday 25th May as part of the Super Eight Cultural Festival.

The **Regional Big Sing** is to be held at the Regent Theatre on Wednesday June 13th. The school will be well represented with 4 choirs - **PMU Choir** made up of all Year 9 & 10 performance music students, the **S.O.A.P Choir**, which this year consists of some 90 plus students, the **Pasifika Choir** who hope to better

their success from last year and the **OK Chorale** who will once again compete to qualify as one of the top 24 choirs that progress through to the National Big Sing, to be held this year in Wellington in August.

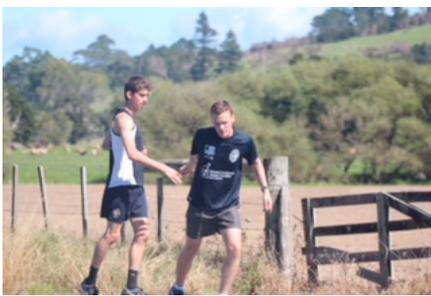
At the conclusion of competition a gala concert will be held in the evening at 7pm.

Support at any or all of these events would be appreciated.

### Music Department Dates 2018 for your diary

- 2nd June – Stage Band, Manawatu Jazz festival, Regent Theatre
- 5th June- Lunchtime Concert in the Square, Burnside High School Big Band, PNBHS Stage Band
- 7th June – NZSM Jazz Project, Wellington - PNBHS Stage Band
- 13th June – Big Sing Regional Competition – Regent Theatre, PMU, S.O.A.P Choir, Pacifika, OK Chorale
- 17th June – Feilding Festival of Bands – Civic Centre Feilding, -Concert Band, Stage Band
- 27th June – Mini Roadshow – Huntley School, Bulls School
- 26th/27th July – Music Roadshow, town and country schools
- 7th/8th August – School Concert – Speirs Centre

## TE ARAROA TRAIL FUND-RAISER FOR RONALD MCDONALD HOUSE



The Te Araroa challenge was set up to test our students both physically and mentally and to allow our school community to support and give back to a charity that helps New Zealand families during their own challenging circumstances. Ronald McDonald House was the charity of choice for the Boys' High community to raise money. This charity has impacted positively on many families in our Palmy Boys' community, along with other families throughout New Zealand.

The task to run the length of the North Island using the Te Araroa trail was an ideal environment to challenge our students. The trail covered over 1700km of off-road trails and public roads. To achieve this challenge we had groups of runners completing sections of the trail. The first group ran from Cape Reinga to Auckland, the second group from Auckland to National Park, the third group from National Park to Whanganui, the fourth group from Whanganui to Palmerston North and the last group ran from Palmerston to Wellington. Each group consisted of 10-15 runners along with the 4-5 staff.

Once the relay began on Tuesday 3 April at Cape Reinga the team ran between 100 to 140 kilometres each day. The trail went through spectacular landscapes from beaches to volcanoes to forests and cities. Finally, after 15 days running, the team ran into Island Bay, Wellington to finish the length of the North Island. Before we ran the last 5km the group had the chance to visit Ronald McDonald House. It was great to have the opportunity to see where the money we fund-raised would be used.

Throughout the journey, our students and staff meet many amazing people who were will-

ing to help the team along the way. Some people encouraged us with motivating words, others donated money or supplied the group with a more than needed hot meal. All involved appreciated the generosity and support that others offered us and life-long lessons were learnt by the group of the importance of doing things for others.

Throughout this time, the students involved did an amazing job at representing Palmerston North Boys' High and Ronald McDonald House community. The dedication and commitment all students showed while participating was extraordinary and I would like to congratulate all students involved. The way that all students embraced this challenge in a positive manner was a real highlight for the staff involved.

The group would like to thank the following major sponsors McVerry Crawford Motor Group, Hyundai NZ, McFalls Fuel, McDonalds Manawatu, Sand Safaris, Hunting and Fishing Manawatu, Gilmore's Palmerston North, Plumbing World, College House.

\$25,000 was presented to Ronald McDonald House

Finally, I would like to thank all the staff who were involved throughout the challenge, your help and support was remarkable. To Peter Finch, Lindsay Calton, David Brokenshire and Rachel Wenham personally your commitment, advice and support was much appreciated in the build-up to the event and throughout the challenge.

*Dave Barwick*

View more pics on this link

<https://photos.app.goo.gl/JUHHn06yBre4y7wx2>

## Sporting News

This issue of the Newsletter has articles on Rugby, Football, Cross Country, Road Race, Swimming, Clay Target Shooting, Basketball, Cycling, Golf. For some of the articles, hyperlinks have been created for those who would like to read more detailed match reports and/or view pictures.

### Rugby 1st XV

The team has performed well in the preseason games. Included in these games are the three matches the team played as part of the Hurricanes Schools Festival of Rugby. These have allowed the team to build combinations and confidence heading into the traditional fixtures.

#### Match Results

vs Scots College 27-0  
vs Lindisfarne 52-3  
vs St Paul's Collegiate 33-12  
vs Auckland Grammar 12-22  
vs Francis Douglas Memorial College 37-6  
vs Wellington College 57-20  
vs Scots College 22-20  
vs St Pat's Town 35-8



The season's Super Eight matches started on Saturday with a 23-21 win against Gisborne Boys' High School.

Match Reports for all these games can be viewed on this link [1st XV match reports](#). Photos of the games can be viewed on Stratus or on the link above.

### Rugby 2nd XV



vs HIBS 31-29  
Manawatu 1st XV 38-10

Match reports follow the 1st XV Reports

### 1st XI Football

The highlight of the season so far has been the Australian Football Development Tour undertaken over the Term 1 holidays. The party spent 10 days in Queensland, playing five fixtures and experiencing the delights of Australian life in general. The squad spent the majority of their time in Brisbane, Toowoomba and the Gold Coast.



#### Results

vs Ipswich Grammar School 6-0  
vs Padua College 2-0  
vs Cavendish Road State High School 6-0  
vs Toowoomba High School 2-6  
vs Marist Ashgrove 1-3

Match Reports for these games can be found on the link below.

Detailed Report and Other Match Reports go to

#### [1st XI Football Match Reports](#)

#### Other Match Results

vs St Pat's Town 2-2  
vs North End Reserves 11-0  
vs Francis Douglas MC 6-2

#### Jaeden Shaw selected for NZ Secondary School U19 Football tour to USA.

Jaeden Shaw, the 1st XI football captain, was selected last December in the NZSS U19 Football team to tour the USA in April, 2018. Regional trials were held last year in Auckland, before a wider group of 40 from around the country assembled in December, after which the team was announced. The team had a training camp in Auckland during the 1st term holiday break and then left for the tour of USA.

After crossing the Pacific, their first game was against Loyola Marymount University, losing 3-1, in an exciting match where Jaeden earned the man of the match award for his hard work in defence.



The second match was against the highly rated LA Galaxy Academy team, which ended in a 1-1 draw. This was a game where the U19 team had many chances to score a winning goal but were not clinical enough in the final third of the park. The Galaxy's keeper also had a very good game between the sticks.

The third game was a 3-2 win against the San Jose Earthquakes, and again Jaeden had a strong game as centre-back in defence. The fourth game was a 3-2 defeat to a slick Santa Cruz Breakers team, while the fifth game ended in a 5-4 victory against San Jose State University. This 9 goal thriller was played out in upwards of 30 degrees. The last match of the tour was a disappointing 5-1 defeat to CSU Monterey Bay.

At the conclusion of the tour Jaeden flew back to Palmerston North, and the next day turned out for the PNBHS 1stXI Football team. Jaeden said this was his first time in a national team and before the tour, he was looking forward to playing for the New Zealand Secondary Schools side.

“It was one of the best achievements of my life,” he said. “To represent my country is an awesome feeling.”

## Basketball

Great to see the young Manawatu Jets team - featuring current students Jake McKinlay and Kade Muru and Old Boys Callum McRae, Oscar Oswald, Haize Walker, Michael Welch and Rangimarie Mita - progressing. The Jets are coached by PNBHS staff member and Premier A Basketball coach, Mr Tim McTamney.

Congratulations to Year 13 student Jake McKinlay, who has been selected in the New Zealand Under 17 Basketball team for the FIBA Under 17 World Cup, to be played in Rasario and Santa Fe, Argentina from 30 June.

<https://www.stuff.co.nz/manawatu-standard/news/104046847/Jets-assistant-manager-backs-his-young-team-in-NBL?cid=app-iPhone>

**Prem A Basketball vs Mumba Bucks**  
page 16

The Prem A Basketball team played Mumba Bucks on Wednesday evening in the Men's League competition. After a slow start, the game lost a bit of structure and points were easy to come by. Final score was a 107 - 51 point win. There were good contributions from all players. Taine Davis got 2 from 3 three point attempts and Jacob Collis 4 from 6, however there is plenty of basics to work on, specifically finishing strong at the rim and free throws. Mikaera Marsh top scored with 22 points, Jacob Collis scored 20 points and Kopere Tanoa 16.

### Prem A Basketball vs Unity



In the first game of Premier Men's Basketball Competition, PNBHS played Unity. Unity were stronger than last year with recent old boys Hamish Bissell, Trent Smith and Nikau Tangaroa playing for them. The Prem A got out to a comfortable lead early on and the plan was to play at a very fast pace to tire Unity and go on to win comfortably as Unity tired. Unfortunately, Unity had other ideas about how the game would play out. Unity played hard and fast and put PNBHS under pressure, so much so, that points were hard to come by. Unity took a comfortable lead into the major break.

Coach McTamney called for patience and a fight back at the end of the 3rd quarter which brought the score to within 15 points. Jake McKinlay scored from out wide on full time to make it 70 - 70 and take the game in to extra time. The Prem A went on to win 80 - 76.

The Prem A will need to work on their shooting if they want to be competitive in this grade as there are fewer teams this year but the quality of the teams is the best it has been for several years.

### Prem A Basketball Win St Pat's Classic Tournament

The PNBHS Prem A Basketball team played in the St Pat's Classic in the last weekend of the school holidays.

In pool play PNBHS beat Rongotai College 70 -69

and beat Wellington College 58-47. However, these teams both won their cross-over games, so all the teams in our pool ended up in the semi finals. In the semi final, PNBHS beat Wellington College 63 - 44 and then beat Rongotai College 59 - 54 in the final. Rongotai were without two of their starting five for the final so they will be tough to beat when at full strength.

Pre-season running clock basketball games are all about developing the team, not really about the scoreline. It was pleasing to see that the intensity and effort stayed high when the bench players were on and the team can be pleased with their overall development over the weekend.



## Golf

### Manawatu/Wanganui Intercollegiate Championship

Thursday 5 April

Four PNBHS golf teams made a successful visit to Marton Golf Club on Thursday 5 April. The A team managed to win the Manawatu/Wanganui Intercollegiate Golf Championship, which means they now qualify for Nationals in September. The team was comprised of Bradley McSherry(right below), who shot the low round of the day with 70, which earned him the individual trophy for Best Gross.

Kaleb Idemaru with 76, Ethan Dodds with 79 and Cameron Giddens with 83 were the other members of the A team.

Nikhil Banerjee (left in pic) won best nett score with 68 having shot a round of 81.



Past winners of the trophy include Craig Perks who won the Players Championship in 2002 and others

who have since turned professional.

### vs Francis Douglas Memorial College

In a match played yesterday against Francis Douglas Memorial College at the Manawatu Golf Club, the PNBHS A golf team had a tight victory, two and a half to one and a half. Bradley McSherry and Kaleb Idemaru with comfortable victories and Ethan Dodds with a clinch birdie on the last to halve his match and seal the victory. Cameron Giddens had a narrow loss.

## The Running Season

### 2018 Road Race

Well done to all young men who competed in the Road Race. This annual event is competed for by all boys in the school running. It is an impressive sight watching the start of the various races.



Placing in Pics below: 3rd, 1st, 2nd



**Junior (U 14)**  
1st - Jaiden Meyer  
2nd - Luke Brown  
3rd - Nelson Doolan



**Minor Intermediate (U 15)**  
1st - Liam Wall  
2nd - Aden Porritt  
3rd - Joseph Bevan



### Major Intermediate (U 16)

1st – Andre Le Pine-Day  
2nd - William Leong  
3rd – Jamie Dennis



### Senior (16 and over)

1st – Benjamin Wall  
2nd – Luke Scott  
3rd – Samuel Phillips



### Seniors

1st: Samuel Phillips  
2nd: Benjamin Wall  
3rd: Luke Scott

Photos of the Cross Country can be viewed at [Cross Country Pictures](#)

## 50th Wellington Schools Cross Country Relay Championships

This is the third time PNBHS has entered teams into this competition. With around



300 runners, consisting of all the top Wellington and Kapiti Schools, this event gives our runners top competition.

The race was held at Karori Park on a course of mixed terrain from flat to a technical ascend and descend with a total distance of 2km per lap. Each team had 6 runners, running a lap each.

Our Senior team consisted of Samuel Phillips, Luke Scott, Jamie Dennis, William Leong, Robert Norman and Andre Le-Pine Day. This is a very young team who will all return next year and to finish in 3rd place was a great result.

In the U 16 race the team of Liam Wall, Nelson Doolan, Luke Brown, Angus Wallace, Sam Parry and Aden Porritt were placed 2nd. This was a great result considering for a number of these runners, it was their first experience competing at this level.

## Manawatu Secondary Schools Cross Country Championship

### Junior Boys: 3.8km

Nelson Doolan 1st; Luke Brown 2nd; Thomas Harding 3rd; Jayden Simpson 4th; Sam Stichbury 5th; Alex King 6th; Fletcher Carpenter 7th

This was a fantastic result for the school to take out the top 7 spots. The 4 man Junior boys team were placed 1st.

### Intermediate Boys: 4.8km

Andre Le Pine-Day 1st; Liam Wall 2nd; Jamie Dennis 3rd; William Leong 4th; Tom Hansen 5th; Aden Porritt 7th; Sam Parry 10th; Bradyn Popow

### Club Placings

1st: Murray; 2nd: Vernon; 3rd: Kia Ora; 4th: Albion; 5th: Phoenix; 5th: Gordon

Photos of the Road Race can be viewed at [Road Race Pictures](#)

## 2018 Cross Country

Held once again on Keeble Farm, 640 boys ran the course. Luckily the weather was kind. The final tussle between Luke and Sam was gripping - Luke taking the race with a sharp final burst.



### Club Placings



1st: Murray; 2nd: Juniors

1st: Nelson Doolan  
2nd: Luke Brown  
3rd: Jaiden Meyer



### Intermediate

1st: Andre Le Pine-Day  
2nd: Liam Wall  
3rd: Jamie Dennis

10th; Connor Managh 12th; Angus Wallace 13th

A very strong showing from all runners in the intermediate division competing. To have 10 runners all finish inside the top 13 was an outstanding achievement. The 4-man intermediate boys team were placed 1st.

### Senior Boys: 4.8km

Samuel Phillips 3rd; Luke Scott 4th; Adam Martin 5th; Robert Norman 7th; Louis Morrell 8th; Dineth Rajapakse 10th

Angus Grant (had to withdraw from the race due to an ankle injury).

This race was a very strong but small field of senior boys runners. Samuel Phillips managed to finish 3rd behind two quality runners from other schools. In the 4-man team the school was placed 1st.

Overall a very successful day from all runners with the school taking out all the 4-man teams competition. The team now looks forward to competing in the Super Eight in Tauranga in two weeks.

## Various Results

### Cycling

Congratulations to School Prefect Adam Martin, who teamed up with his older brother, and recent Old Boy David, to win the Six-hour Cycle Challenge at Manfeild. The duo completed 82 laps of the 3-kilometre Manfeild circuit, about 245 kilometres altogether, in the six hours. Congratulations also to Year 13 student Madi Hartley-Brown, who finished in second place overall - a phenomenal effort considering that Madi competed as an individual.

### North Island SS Swimming Championships

On Saturday 12 May, 15 swimmers from Palm-



erston North Boys' High School competed at the North Island Secondary Swimming Championships held at Freyberg Pool. With 232 swimmers overall competing, the level of competition was high.

Ryan Cutler was the only swimmer to win an event, taking out the 15 and Over 200m Backstroke. To this, he added 2nd place in both the 100m and 50m Backstroke. In the 50m Backstroke, he broke his recently set school record by more than half a second.

Kokoro Frost gained 2nd place in the 15 and Over 200m Butterfly and 3rd place in the 50m Backstroke. In addition, he shaved 0.01 of a second from the PNBHS 15 Year Old Boys' 50m Freestyle record.

Michan Hunter gained a 3rd placing in the 15 and Over 50m Butterfly.

The Senior relay team performed admirably in both the 4x50m Freestyle relay as well as the 4x50m Medley relay, gaining 2nd place in both events.

### Clay Target Shooting - Murray Luke Memorial Shoot

12 of our shooters attended the Murray Luke Memorial Shoot in Taupo on Thursday 10 May - our traditional 'kick start' to the season. With around 180 shooters, the only shoots bigger are the Island and National Championships. The A team suffered a case of feast and famine. In the first event of the day (single rise), they smashed



the targets and posted a very impressive 98 / 100. The B team were not too far behind on 89.

Then came the teams event (points score), where each target is scored out of three, rather than the usual one. Here the wheels completely fell off. It is worth noting that the B team pipped the A's.

There were some very pleasing individual efforts. The most noteworthy being A team Vice-Captain Henry Bennik (left), who was outright winner for the day, and Jack Gibbs (B team Captain) (right) who was second.





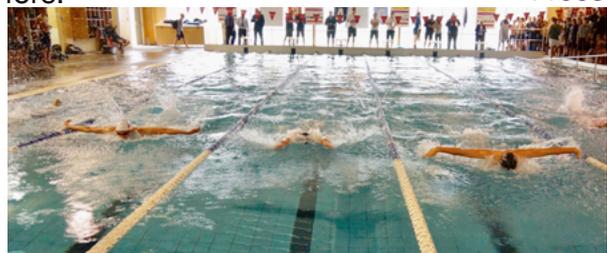
## Five Old Boys at the Commonwealth Games

A great photo of four of the PNBHS Old Boys who competed at the Commonwealth Games. On the left is Ben Langton Burnell, who made the final of the Javelin and finished 10th. Next to him is Campbell Stewart with his two Silver track cycling medals. Next to Campbell is Hayden Phillips, with the Silver medal he won with the Black Sticks Men's Hockey team. Rounding off the quartet is Gold Medalist with the Men's Sevens team, Kurt Baker. Missing from this group is swimmer Chris Arbuthnott, who made two finals and achieved a new personal best time. Congratulations men, great performances

## School Swimming Championships

The School Swimming Championships were held on the 11th of April. The school pool was packed to the rafters with aspiring aquatic athletes seeking to propel themselves and their club to glory.

The individual events were hotly contested, with established competitive swimmers being to the fore.



- Levi Holman (Vernon) was the standout 13 and under swimmer, winning his age group in both the 100m Backstroke and 100m Freestyle, as well as sneaking a 3rd placing in the Open 200m Medley.
- Jake Thompson (Kia Ora) dominated the 14-year-old age group, winning both the 100m Freestyle and 100m Breaststroke. He also finished 2nd in the Open 100m Medley.
- Ryan Cutler (Kia Ora) was firmly at the front of the 15-year-old group, winning the 100m Backstroke and 100m Freestyle as well as taking out the Nevin Cup for the Open 50m Butterfly Championship.

In the Senior age group, the honours were spread a little more evenly as some swimmers had opted to concentrate on 50m and Open events.

- Adam Martin (Kia Ora) took a somewhat surprise double in the 50m and 100m Freestyle events in what can only be described as epic finishes in both races.



he added the Ross Cup for Medley champion, winning both the Open 100m And Open 200m Medley events.

- Louis Morrell (Vernon) took out the Senior 100m Breaststroke.

After the individual events Kia Ora was on top of the swimming points table for Shand Shield, with Gordon and Vernon both in touch. This meant there was all to swim for in one of the most hotly



contested sets of relays in some years. Vernon Club took out both the 13 and under and 15-year-old Medley relays to bring them closer to Kia Ora. Murray won the 14-year-old Medley and the 13 and under 'B' freestyle relays, which put them firmly in

a battle for 4th place overall with a plucky Phoenix. Gordon won the Senior Medley relay and the 13 and under 'A' freestyle relay to briefly put them in the lead over-



all. The Kia Ora boys responded in a rousing fashion, to win both the 14-year-old and 15-year-old Freestyle relays and wrestle the lead back. Phoenix took out the Senior Freestyle relay and cemented 4th overall in the process.

### Overall Shand Shield Results

- 1st Kia Ora
- 2nd Gordon
- 3rd Vernon
- 4th Phoenix
- 5th Murray
- 6th Albion

Pics of [Swimming Sports](#)

Pencil these dates in your calendar:

Where: All classes are held at Events Central (Central Library)

Time: 6.00pm – 8.00pm

Classes start second week when term starts

**Term 2: Week 2**

Monday 7th May to Monday 25th June

**Term 3: Week 2**

Monday 30th July to 24th September

**Term 4:**

Monday 29th October and 5th November

**ENGLISH Study session in preparation before NCEA examinations:**

Level 3: Monday 12 November 4.00pm – 8.00pm

Level 2: Monday 19th November 4.00pm – 8.00pm

**MĀORI Study wananga sessions in preparation before NCEA examinations:**

Level 1: Thursday 29th November 9.00am – 3.00pm

Level 2: Sunday 18th November 12.00pm – 5.00pm

Level 3: Sunday 25th November 12.00pm – 5.00pm

All students are welcome to all levels

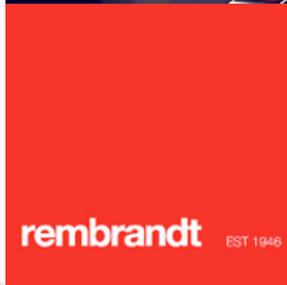
All study wananga/session are held at Events Central – Central Library.

Please don't hesitate to make contact with us if you require more information :

Nuwyne Te Awe Awe Mohi for Māori literacy programme Nuwyne.teaweawemohi@pncc.govt.nz or Rhia Taonui rhia.taonui@pncc.govt.nz for the English literacy programme. We look forward to seeing everyone on Monday 7th May 6pm.

Kia manuia

RHIA TAONU I Pasifika Liaison Co-ordinator Libraries and Community Services I P O Box 1948 I Palmerston North P: +64 (6) 3514100 I [www.citylibrary.pncc.govt.nz](http://www.citylibrary.pncc.govt.nz)



Our Menswear business offers all students a 10% discount.

We are aware that the ball season is coming up so would like to be able to inform the students about the discount and that we also have a great

suit hire service as well.

Contact Shirley Cameron on 06 3585885.

<http://www.rembrandt.co.nz/winter-look-book-2018>

**25 Years of the 'OK CHORALE'**

**25<sup>th</sup> REUNION**  
**October, 2018**  
 Friday 26th  
 Saturday 27<sup>th</sup>, Sunday 28th

**Reunion Programme, 2018**

**Friday 26<sup>th</sup> October**  
 Hosted by 2017/18 OK Chorale

4.30pm Registration  
 7.00pm Meet and Greet, Drinks and nibbles

**Saturday 27<sup>th</sup> October**

9.00am Photo and coffee  
 11.00am Combined group photo

**LUNCH**  
 1.00pm Group and combined rehearsal, repertoire choice  
 2018 Chorale rehearsal

7.30pm Evening Concert, Group and solo items

**Sunday 28<sup>th</sup> October**

11.00am Family meet and greet and BBQ lunch

Palmerston North Boys' High School - 2007 OK Chorale

**NEW ZEALAND RED CROSS**

**Red Cross Book Sale coming up.**  
 Queen's Birthday weekend in the Barber Hall, Waldegrave St.  
 Masses of children's books plus games and puzzles.  
 Bargain hunters delight.  
 Why not stock up for birthdays and Christmas.  
 For more information see our website <https://www.redcross.org.nz/get-involved/fundraise-help-others/regional-red-cross-events/annual-palmerston-north-book-sale/>

## Stolen? Or Simply Left Behind!

In the past few weeks we have had a number of young men, and their parents, extremely concerned about stolen property – jackets, jerseys etc. The school takes theft extremely seriously and will do what it can to solve cases of theft. The consequences for anyone caught stealing at Palmerston North Boys' High School will be severe.

However, please note that almost all of the recent cases of reported theft have, in fact, not been theft at all. In nearly every case, the young men have simply left their clothing or bag behind and the property had been handed in to the Student Support Centre. This is despite the fact that the students were adamant that their “gear” had been stolen and they had

told their parents that this was the case.

If your son believes his property has been stolen, it is essential that he reports this.

However, he first needs to check in at the Student Support Centre to see if it has been handed in. Most property left behind usually “turns up” within a few days. Another good task is to go around his previous classrooms and teachers and see if he has simply left his clothing in a previous lesson, as this is very common.

The amount of clothing that is simply left around the school on a daily basis is staggering. The majority of what you see in these photos comprises the clothing handed in to the Student Support Centre within one to two days only.

SHAND SHIELD 2018									
				<i>Difference from Leader</i>					
				12.5	18	3	0	20	12.5
				<b>Total Points to Date</b>					
				50.5	56	41	38	58	50.5
EVENT	PART OF EVENT	STAFF	DATE	ALBION	GORDON	KIA ORA	MURRAY	PHOENIX	VERNON
				Points	Points	Points	Points	Points	Points
Cricket	22/2,9/3,16/3,23/3,6/4	CT	22-Feb	6	2	4	3	1	5
Athletics	(Track)	DE	08-Mar	1	6	3	2	5	4
	(Field)	DE	08-Mar	4	6	2	1	5	3
	(Relays)	DE	08-Mar	3	5	2	1	6	4
	(Marching)	SI	08-Mar	3.5	5	6	1	2	3.5
Senior Touch		SK	14-Mar	2	4	1	5	6	3
Tennis		FB	14-Mar	6	1	5	3	2	4
Table Tennis		WI	14-Mar	1	4	2	6	5	3
Road Race	(Junior)	DO	10-Apr	5	1	3	2	6	4
	(Minor Interm)	DO	10-Apr	3	6	4	1	5	2
	(Major Interm)	DO	10-Apr	6	4	1	5	2	3
	(Senior)	DO	10-Apr	1	6	5	2	4	3
Swimming		CT	11-Apr	6	2	1	5	4	3
Cross Country		CT	01-May	3	4	2	1	5	6



## from the Director of Sport

### Winter Code Thank you,

With all codes up and running I believe our boys and the wider community would like to know what is happening across the board.

We have over 150 teams involving 1500 boys registered and placed into winter teams and most have already started their respective competitions. The school is incredibly thankful for the 154 staff who, on top of ever growing classroom workloads, offer their time to support our many teams. This number obviously includes many staff who have committed to several winter codes! The school is also grateful to the 15 outside coaches and managers who balance their respective loads and responsibilities to support our boys in their pursuit of winter sport.

The school believes involvement in a co-curricular activity such as sport gives the boys a special environment in which to develop into young men of outstanding character. Most teams and or players have goals and objectives. They will experience frustrations and bad calls, but dedication, commitment, honesty and hard work can also produce successes and highlights. All of these experiences will be shared and accepted with humility as a team member and pupil from PNBHS. To those boys and parents who are disappointed at the team they have been placed in, please appreciate they are now in a major talent pool and that team selections are fluid for several weeks. Be patient and rely on and old saying "water always finds its own level". If we initially get it wrong, talent and dedication will win out in the end.

All the best for character building challenge that is winter sport.

Peter Finch  
Director of Sport





# WANTED: HOMESTAY FAMILIES FOR A JAPANESE STUDENT



9 NIGHTS ONLY  
SUN 29 JULY – TUES 7 AUG 2018

**\$350**

Please contact Wendy Christophers, Accommodation Manager, at  
homestay@pnbhs.school.nz or 354 5176 ext 775 for more information.



# LUNCHTIME IN THE SQUARE

WITH THE PNBHS STAGE BAND AND  
BURNSIDE HIGH SCHOOL BIG BAND

FREE CONCERT → TUES 5 JUNE  
12.30 - 2PM

WIT WEATHER DEQUE - SPEIRS CENTRE



## PNBHS Sponsors and Benefactors

The School wishes to recognise these organisations, businesses and people whose generous contributions and support enable us to provide a quality education for your sons.

We encourage you to support our sponsors.



### PREMIER SPONSORS



### SPONSORS

