

Palmerston North Boys' High School



Newsletter 2016 - April

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Winners of Super Eight Tennis: (back) Kieren Rooney, Caleb Young, Mr Forbes
(front) Kurt Amey, Zared Griffiths, Felix Foertsch



Forum 2016: Back Row (L to R): Lucas Grapes, Antonio Sami, Nathan Hotter, Joel Fleet-Stephenson, Callum Crawley, Alex Gaimster, Alan Kirk
Front Row (L to R): Matthew Cao, Ajay Bansal, Ben Blyde, Te Ariki Te Puni, Cassius Henman, Finn Martin



Winners of NZ Motocross - Jimi Smith, Zac Jillings, Liam Valentine, Jack Stephens, Bradley Watling, Max Miller (captain), Finlay Wistrand, Hunter Miller, James Steele (absent: Jacob Saville)



Adam Francis wins NZ U15 Crosscountry and Oceania Mountain Biking titles



Level 3 NCEA Excellence awards to (back) Ni-all Malone, Liam Allen, Timothy Cen
(front) Malachi Hill, Kaveesha Fernando, Sam Reddish



1st XV captain, Braden Iose, hands off Lindisfarne in win - 26-17



Te Ariki Te Puni wins National Race Unity speech contest



From the Rector Mr David Bovey

A long and busy first term draws to a close, and as it does so the young men of the school will be aware that a significant part of the academic year is now behind them. It has been interesting to follow the progress of another new cohort in Year 9; most have quickly embraced the ethos of the school and have made positive strides. Others have found the expectations somewhat challenging. Good – we want our young men to be challenged, and we expect high standards from each and every one of them. We want our young men to have high expectations of themselves, too; Mr Atkin has included some information in this regard in his section of this newsletter, which points out how important it is for young people to set goals and maintain high standards.

This term has seen a number of successes and achievements, many of which can be found in this newsletter and the previous edition, along with the school's Facebook page and Stratus. It is always heartening to see the sheer range of involvement of our young men. There is always a perception that boys' schools are focused on sport. The reality is that boys love sport and the sheer number of teams we have at Boys' High means there is a never-ending stream of match reports and features in school publications and the local media. The importance of academia is paramount – regardless of a young man's involvement in co-curricular activities, his academic work must always be the number one priority; as a school, we often celebrate the academic successes of our pupils.

But there is often a perception that boys' schools do not place any importance on cultural involvement and achievements. Our school has some incredibly talented young men in this area, and one only had to attend a performance of the school's production of Happy Days to see this. Musicians, singers and actors combined with pupils from Girls' High to produce another outstanding show. Every year Mr Burton and his team work incredibly hard – as hard as any of our first teams – to produce shows of a standard as good as or better than any other school productions in the country. My congratulations are extended to all those involved in Happy Days and my thanks go to Mr Burton, Mr Dredge and the team of staff.

The selection of the 2016 OK Chorale also proved that the school has some wonderful singers and we look forward to this elite group, under Mr Young's tutelage, performing during the year. The Stage Band, the Concert Band, a number of junior groups, the Kapa Haka group, the Pasifika group, debating, Head Prefect Te Ariki Te Puni's success in oratory competitions: these are young men performing at a high level and representing the school in outstanding fashion.

This also highlights how fortunate we are as a school to have staff who give up a significant amount of time to provide our young men with a range of opportunities. This is just one of the factors that makes our school what it is – while schools throughout the country are struggling to have any teachers taking co-curricular activities, we have staff members involved with over 150 teams or groups. And with the winter season approaching, I thank all our staff in advance for their efforts in this regard.

As I often do at the start of the winter season, when we have so many teams involved in competitions, whether they be local, regional or national, I will make comment about sideline behaviour. I have seen some appalling behaviour from so-called supporters on the sidelines, who think it their right to abuse the match official or opposition players. This is intolerable and embarrassing. At school we discuss our expectations of our teams and our young men and it is important that these are supported at home and on the sidelines. Thus, a Supporters Code of Conduct has been introduced which outlines the expected behaviour of those choosing to support PNBHS teams:

- 1 Always remember the boys are involved in sport for their enjoyment, not yours.
- 2 Set an example – applaud good play and good effort.
- 3 Do not criticise team members or opponents for making a mistake.
- 4 Criticism of referees or umpires is unacceptable – officials give freely of their time and effort and do not deserve to be harassed by people on the side-line.
- 5 Support all efforts to remove verbal and physical abuse from sporting activities.
- 6 Do not come on to the field of play; do not enter changing rooms. No parents in halftime huddles.
- 7 Recognise the value of coaches and managers who give their time to provide opportunities for our young men.

At the heart of the matter is that we want our young men playing because they enjoy playing. They do not want to be embarrassed by the conduct of family members or supporters on the side of the field. Not everyone will be a national representative; it is important to keep that in mind to provide a realistic context. It is important to remember also that not all staff members will be the next national coach and yet some on the sideline think it their right to criticise team selection and offer uninvited advice; not every referee or umpire will be a professional. We want to encourage all those involved to stay involved.

Uniform

Sports uniform

As young men join various sporting codes to represent PNBHS there will be a set uniform that boys must purchase. While representing the school it is expected that students wear their sports uniform correctly and abide by school rules. It is also expected that associated registration fees are paid on time or a suitable arrangement is made with the Teacher in Charge prior to playing. If fees are not paid or an arrangement is not made students will not be able to play.

All items of sports uniform can be purchased from Mrs Groube at the Uniform Shop.

I thank you in advance for assisting us in maintaining standards of dress and behaviour on and off the fields and courts this winter.

Polypropylene

As the cooler weather approaches a reminder that young men may wear polypropylene under the school uniform as long as it is not visible. We recommend that young men purchase black v neck polypropylene tops to wear under their school shirts. These are available from a wide variety of suppliers.

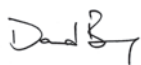
In Physical Education classes young men may wear their club rugby jersey in cooler weather or they may wear a polypropylene top the same colour as their club, underneath their club singlet.

Jackets

Any raincoat may be worn to school on a wet day but must be removed once inside the school grounds. Should a young wish to wear a jacket within our grounds it must be one of the approved black jackets. These are not permitted in classrooms.

Well done to Year 9 students who are about to complete their first term as students at PNBHS. You are now part of the long and proud history of the school. To those students travelling away on tours in the coming weeks - safe travel.

All the best for the holiday break and we look forward to a positive term two.



D M Bovey Rector

Student Achievement

- Cycling – Campbell Stewart has achieved success at the National Track Cycling Championships in Cambridge. He won the U19 3000m Individual Pursuit and the U19 Scratch race, while he won a silver medal in the Time Trial event. He went on to win another gold and silver on the final day of competition and was named U19 Track Cyclist of the Year. He has been selected for the NZ team for the Junior Track World Championships in Switzerland in July. Cycling – Robert Stannard competed recently in a number of events in Australia. In the Oceania Championships in Bendigo he was third in the U19 Men's Time Trial and was second in the Road Race.
- Cycling – at the Junior Track Nationals held in Invercargill, Campbell Stewart won the U19 Omnium, winning all six races in that event. At the same event Dylan Simpson won gold in the U17 Scratch Race. Dylan then joined fellow students Angus Claasen and Max Taylor to finish second in the Team Pursuit.
- Music – Nathan Lau has been selected for the New Zealand Secondary Schools Symphony Orchestra.
- Academia – at the recent Scholars Assembly, presentations were made to young men who had achieved NCEA Level 1, 2 or 3 with Excellence Endorsements. Those at Level 2 and Level 3 were presented with a Super Eight Schools badge as official Super Eight Scholars.
- Triathlon – David Martin and Darren Hirschberg have been selected to compete in the Under 19 event at the Triathlon World Championships in Mexico later in the year. David also won the recent Manawatu Secondary Schools U19 triathlon, with Lane Gordon in second; in the U16 race, Adam Martin was first, with Samuel Phillips second and Luke Scott third.
- Sevens Rugby – the annual PNBHS Sir Gordon Tietjens 7s tournament was held once again at the Massey University Sport and Rugby Institute. The school's Senior A team finished third, while the U15 teams finished third and fourth respectively.
- Super Eight Tournaments – the Senior A Tennis team successfully defended their title in Napier; the Senior A Golf team also won their championship, the second in three years; Senior A Volleyball finished third.
- Swimming – at the recent MISS Championships, School won 40 of the 43 events entered. Xavier Hill broke two school records, the 15 yrs 100m freestyle and 100 breaststroke, while Year 9 pupil Ryan Cutler broke the school record in the 13 yrs 50m backstroke.
- Athletics – Aidan Smith won both the U18 and U20 javelin titles at the NZ Track and Field Champs in Dunedin on the weekend. Aidan also won the NZSS Senior Javelin title at the end of 2015.
- Athletics – the annual Athletics Championships were held last week at the Massey track. Albion finished first in the track events, Murray won the field events, Kia Ora won the relays and, in a boil over, the marching. Overall, Murray won the day from Kia Ora, then Gordon, Albion, Phoenix and Vernon. Adam Fairclough was named Athlete of the Meet for victory in the 10,000m, 5,000m, 1,500m and the 800m.
- Cricket – the 1st XI retained the Oram Cup after a draw with Auckland Grammar in the annual three-day fixture, a match that went down to the wire with all three results possible for much of the last day's play.
- Sevens Rugby – the Senior A team lost in the final to Feilding High School in the Condors qualifying tournament. The U15 team lost in golden point extra time in their final against Manukura.
- Debating – Denzel Chung and Milo Constanza-van den Belt were selected in a squad from which the Central North Island debating team will be selected for the national championships.
- Relay for Life – a large group of senior pupils were involved in the recent Relay for Life and performed with credit.
- Tennis – the Senior A team beat New Plymouth BHS in the regional qualifier to make the NZSS nationals in April.
- Wrestling – James Bramley won a silver medal at the Oceania Continental Wrestling Championships in the U85kg cadet class.
- Mountain Biking – Adam Francis won the NZ U15 title at the Cross Country Mountain Biking Championships in Wanaka recently. Adam followed this up with victory in the same event at the Oceania Championships held in Queenstown over Easter.



From the Deputy Rector

NCEA Excellence Endorsement 2015

At assembly recently young men who gained NCEA endorsed with Excellence in 2015 were recognized with the presentation of New Zealand Super Eight Schools certificates (all NCEA levels) and badges (Level Two and Three only).

NCEA Level One Endorsed with Excellence: Alexander Antoine de Joux, Connor Beck, Lukas Dreyer, Alexander Hoek, Jonas Holman, Roman Jensen, Arrooran Jeyamohan, Steven Jiang, Luciano Lanham, Samuel Leabourne, Jaesung Lee, Keun Hee Lee, Nico Lieffering, Asa Ngirazi, Junius Ong, Matthew O'Leary, Hayden Osborne, Harrison Porritt, Nicholas Punnett, Long Qian, Kieran Sanson, Daniel Soveini-Nejhadi, Patrick Takurua, Patric Truebridge, Gehui Zhao.



NCEA Level Two Endorsed with Excellence: Ryan Adams (NCEA Level One and NCEA Level Two), Nelson Braddon-Parsons, Denzel Chung, Callum Goacher, Lane Gordon, William Hunter (NCEA Level One and NCEA Level Two), Stanley Jackson (NCEA Level One and NCEA Level Two), Alan Kirk, Joe McDonald, Gregor McIntosh, Finlay McRae, Jonathan Nosa, John Robinson, Emmanuel Shaji, Takarangi Te Putu-Love, Thomas Walshe, Alexander Ward.



NCEA Level Three Endorsed with Excellence: Liam Allen, Timothy Cen, Kaveesha Fernando, Malachi Hill, Nathan Hotter, Niall Malone, Samuel Reddish (this group is small as the majority of young men who gained NCEA Level Three Endorsed with Excellence were in Year 13 in 2015 and have subsequently left school).

Top IGCSE Achievers

Young men who gained A or A* grade passes in IGCSE examinations were also presented with their certificates at assembly. These young men achieved A or A* grades in 2015 as Year 10 students: Milo Costanza-van den Belt, Jarod Govers, Aidan Holroyd, Kaleb Idemaru, Finn Martin, Jack Nesdale, Tomas Lieffering, Alistair Keay-Graham, Aidan Berkhan. These young men achieved A or A* passes as Year 11 students: Victor Ferreira van Eyk, Jonas Holman, William Hunter, Stanley Jackson, John Robinson, Finlay McRae.



Congratulations to all of these young men. Their hard work and consequent achievements have provided them with an important point of difference for the future when applying for scholarships, tertiary courses or employment.

Junior Examinations

Junior examinations take place from Tuesday, May 31 until Friday, June 3. These examinations provide essential feedback for both students and teachers and assist greatly in identifying the next steps in student learning. There are a range of resources to assist with revision for these examinations – in particular examination papers from previous years – on Stratus (search by subject name and level under the Departments tab). Generic study information for both junior and senior students can also be found on Stratus (click on Assessment under the Academic tab).

Co-curricular and Character

Through our daily assemblies, school newsletters, website, Stratus and Facebook, our young men and other members of our school community can see the very wide range of co-curricular activities we offer. The wide scale advertising of these opportunities, and the celebration of student success, is very deliberate. We strongly believe that involvement in co-curricular activities is an essential component of an effective education for young men and a fundamental aspect of the development of their character.

In 2014 the Association of Boys' Schools New Zealand commissioned the independent New Zealand Council of Education Research (NZCER) to undertake a study comparing the achievement of boys in boys' schools, with the achievement of boys in coeducational schools. The results of this study, which utilised several years of NCEA achievement data, were unequivocal; boys in boys' schools are more likely to achieve educational qualifications than boys who attend coeducational schools, boys in boys' schools are more likely to gain Merit and Excellence endorsements than boys who attend coeducational schools, and boys who attend boys' schools are far less likely to leave school without a formal qualification when compared to boys who attend coeducational schools. Furthermore, these findings held true across all ten deciles.

Dedication to a strong co-curricular programme was recognised as one of eight key factors accounting for the success of young men who attend boys' schools. In her summary of the findings of this study, Cathy Wylie, NZCER Chief Researcher, stated "What was really interesting was how the high-performing schools stressed the importance of a student-centred approach, offering co-curricular activities alongside academic programmes for holistic development, and developing self-managing students who set high goals for themselves." This statement encapsulates much of why we believe co-curricular activities are so important. Sporting and cultural activities provide vital lessons for young men as they develop their character. They put young men into situations in which they are challenged and are required to rely upon each other in order to achieve. Young men learn about working as part of a team within set rules and team culture (integrity), commitment, competition and hard work (industry), the importance of having good time management and organisational skills, they gain valuable lessons in coping with defeat and what they need to improve their performance for next time (courage), and learn how to win with humility, to take pride in their performance, while at the same time respecting their opposition.

Psychologist Richard Weissbourd identifies that empathy and an appreciation for others can be developed through team or group activities: "Competition challenges children to appreciate the skills of opposing players even when they seem like mortal enemies, to find weaker teammates' strengths even when those players are jeopardising the team's chances of making the playoffs, to take the referee's perspective, at least after the game, even when he or she has made a bad call at a critical moment. That's the kind of demanding morality that helps to develop over time children's capacity to see beyond their own intense feelings. To tolerate others' flaws, to place others' perspectives and needs on a par with their own."

Many employers today emphasise what have traditionally been considered as 'soft' skills – those associated with teamwork, collaboration and relationship building. Participation in co-curricular activities provides a concrete way that young men can demonstrate the development of these skills. Increasing emphasis is being placed on co-curricular involvement in the awarding of many scholarships for tertiary study, and involvement in such activities provides another avenue for young men to set themselves apart from the competition in this area.

Expectation

In his book 'Man (Dis)connected: How technology has sabotaged what it means to be male' Philip Zimbardo states that "if you are a young man looking for life to be more rewarding or satisfying, you're going to have to make it happen. It's not going to happen while you're buried in a game or waiting on the side lines. You are going to have to go outside and participate in it. When you're too busy looking down at your mobile phone or laptop, you aren't going to see the chances you miss." The message Zimbardo is imparting is a simple and clear one – we get out of life what we put into it. Those who actively look for opportunities and make the effort when they find them, will reap the rewards. The opposite, of course, also applies.

Amanda Ripley, author of 'The Smartest Kids in the World and How They Got That Way' recognised that young people who had high expectations for themselves, who planned to finish secondary school and move onto further education or training, were significantly more likely to achieve in high school compared to those young people whose expectations of themselves were at a lower level. In her examination of educational research, Ripley concluded that this maxim held true even for those students from low socio-economic backgrounds, students whom academic research across a wide range of schooling systems has generally identified as less likely to succeed academically at school. The factor ultimately determining success, according to Ripley, was the expectations and aspirations students had for themselves, an internal and controllable variable that all young people can, with support, develop.

Mindset

Student mindset – the manner in which they approach their academic

studies – will have a huge impact on the expectations they set for themselves. Dr. Carol Dweck, Professor of Psychology at Stanford University, has conducted research into links between human motivation and personality amongst students. Her work has identified two 'mindsets', fixed and growth, that have a significant influence over peoples belief in their capacity to grow and develop their capabilities and intelligence, and, consequently, their ability to learn and succeed at school. "In a fixed mindset students believe their basic abilities, their intelligence, their talents, are just fixed traits. They have a certain amount and that's that, and then their goal becomes to look smart all the time and never look dumb. In a growth mindset students understand that their talents and abilities can be developed through effort, good teaching and persistence. They don't necessarily think everyone's the same or anyone can be Einstein, but they believe everyone can get smarter if they work at it" (Dweck, in a 2012 interview).

The manner in which young men are praised – either for their ability (encouraging a fixed mindset) or for their effort (encouraging a growth mindset) – can have a significant impact on their resilience and ability to overcome challenges and, consequently, their academic progress. The following passage comes from an article in the Wall Street Journal summarising some of Dr. Dweck's work and highlighted "a study of 400 fifth-graders conducted by psychologist Carol Dweck and a team at Columbia University in which the children took three tests. The second test purposely was made difficult enough that every child failed. What the scientists found was that kids who had been praised for their effort recovered from that failure by the third test to achieve scores 30% higher than on their first test. Meanwhile, the students who were praised for their intelligence had scores that were 20% lower. Ms. Dweck's conclusion: You should praise children for qualities they can control, like effort. Those praised for their innate brainpower might develop the sense that hard work isn't necessary." Furthermore, explicitly making the link between genuine effort and academic progress, should be a key component of your discussions with your son.

Habit

"We are what we repeatedly do. Excellence, then, is not an act, but a habit." This quote, attributed to Aristotle, is particularly apt for our young men. Having high expectations of ourselves, and striving to meet and exceed these expectations, is a habit. Similarly, expecting little of ourselves, shying away from challenge and fostering an excuse mentality, is also a habit. Which does your son exhibit? Which is likely to hold him in good stead for the future?

In the 2014 commencement address to the University of Texas US Navy Admiral Commander William H. McRaven gave an interesting piece of advice to new students: simply put, he told them to make their bed every day. Why? To develop a winning habit. In this small act they will have successfully completed their first act of the day, helping to set the tone for accomplishing more tasks.

In a similar vein, making one's lunch each day and having a regular time slot for completing homework, also help to build habits which will lead to success. The expectations you have of your son, and the assistance you provide in helping him to form achievement focused habits, will play a significant role in his academic progress and ultimately whether or not he achieves the goals he has set for himself. As the school year progresses the academic workload for all young men will increase, but particularly for those in the senior school. Having good work habits, based around effective time management and prioritisation skills, will provide your son with every opportunity to achieve to his potential. Importantly, your expectations that he produces quality work and achieves to his potential, will also play a part in determining his level of achievement.

G M Atkin

DEPUTY RECTOR



*Tēnā koutou katoa, Kia orana, Fakaalofa, Iahi atu, Mālō e lelei, Tālofa lava. Talofa ni.
Kia eke panuku, eke Tangaroa*

“Through effort, we achieve”

A big thank you to all parents and caregivers who attended our Whānau Hui and Fono meeting. These are held once a term and provide us with the opportunity to share with families the wide range of school events and activities your son(s) have the opportunity of being involved in. Our next Whānau Hui and Fono meeting will be held Thursday 16th June at 6.00 p.m in the Speirs Centre.

National Race Unity Speech Awards, 2016

Congratulations to Te Ariki Te Puni who won the Regional Race Unity Speech Awards. He will now represent the Manawatu at the National Race Unity Speech Awards being held in Auckland from Friday 8 April to Saturday 9 April.

The Challenge 2016



The Challenge is a multimedia competition open to students of Māori descent. It is an opportunity for young people to use tools of the 21st century to explore the contributions and sacrifices of the legendary 28th Māori Battalion and Second Lieutenant Te Moananui a Kiwa Ngārimu VC.



Te Ariki Te Puni with Councillor Mr Tangi Utikere and Inspector Mr Cliff Brown.

Students are asked to choose one kaupapa to research and answer. The student's answer should demonstrate their understanding of the characteristics and values associated with the 28th Māori Battalion. The student (or students) can present their research in a variety of ways; as a short film, a musical composition, a written essay and more. This year Isaiah Smiler, Riki Parata, Takarangi Te Putu-Love and Matene Ruawai will take up the challenge.

Māori & Pasifika Achievement

As Term 1 draws to a close it is important that your son is keeping up to date with his homework and all internal assessments. If you have any concerns or queries regarding his progress please contact his subject teachers in the first instance. The email contact for all staff members is their surname followed by their initial e.g. kendalj@pnbhs.school.nz. We know as teachers that attendance has a big impact on student success and achievement at school. If your son is away from school please ring the school on the day of his absence. On his return, this is to be followed up with a note explaining why he has been away.

Pasifika News

Malo e lelei, Talofa lava, Bula Vinaka, Kia Orana, Taloha Ni, Fakalofa lahi atu, Halo Olaketa, Ia Orana
Warm Pasifika Greetings.

We hope that you have all had a safe and happy Easter holiday with family and friends. This term has been a busy one for the Pasifika collective, in both school and their co-curricular involvements. If your son is involved in any co-curricular activities, these will require gear and fees and if you have any enquiries about these, please do not hesitate to contact our school or myself at eastmures@pnbhs.school.nz

Pasifika Mentoring - 'Toko-Usu Brothers'

On Friday 4th March, our Pasifika Senior Leaders had their first meeting with a small group of Year 9 Pasifika students. This was to encourage new relationships between our younger and older students, leadership skills and following through with academic goals. In the last week of school we will meet again to discuss how this term has been for them, as well as new aims for Term 2.

Pasifika Fusion Festival

This year's festival theme has been confirmed:

Pacific Leadership.

What are your interpretations of leadership in Oceania or with Pasifika?

If your son is participating in the Pasifika Club for the upcoming festival, you can begin to unpack this theme by asking some questions such as,

- How do I interpret leadership as a Pacific youth?
- What are some factors that can enhance Pacific leadership?
- What are some barriers to Pacific leadership?

From these you can encourage your son to write poetry, a speech or an essay. He can even create artwork based on this theme to submit in his classwork and towards this year's festival.



Our Pasifika Club performing the Tongan Hymn "Mamani 'oku Fakalofa" at our Term 1 Maori Hui-Pasifika Fono on Tuesday 22nd March 2016.

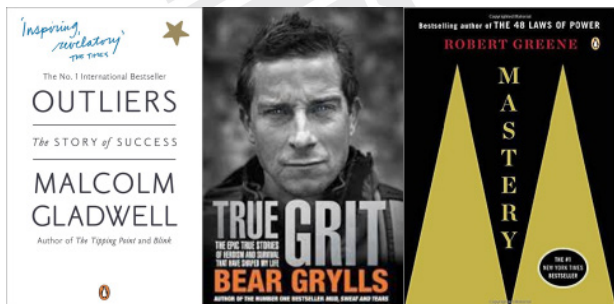
Leadership Programme - March/April 2016

"Without a doubt, "Outliers" has had the biggest impact on my life in terms of finding personal success. The Ten Thousand Hour Rule is absolute gold and was something I often think of when I am setting goals/targets." 2013 PNBHS Head Boy

"The character education programme at Boys' High, I believe, is what marks our school as an outlier. The idea of pursuing excellence and rejecting mediocrity is at the forefront of the programme and is expanded on with a combination of traditional and fresh ideas. At its core I've found that the leadership/character development programme at our school can be encapsulated by the phrase of "be an outlier, lad." 2014 PNBHS Head Boy

We are heading into the season of grit, perseverance, resilience, determination where every small point of difference will matter when we get to the end of the year and look back and ask ourselves if we could have done better. A common theme from the many interviews with senior students in the Barrowclough Programme is, "I could have done better last year." When pressed on what prevented "better" being achieved, a sameness emerges in the responses - distractions and time wasted on social media, gaming, and just not putting in the hard work are the favourites.

Three books I would encourage all young men to read as part of their character education journey sooner rather than later are "Outliers" by



Malcolm Gladwell, "Mastery" by Robert Greene and "True Grit" by Bear Grylls. The coming holiday period provides a great opportunity to put the head down and complete some serious, worthwhile reading. In their own way each author provides a perfect challenge for young men to excel and each will inspire them to raise the beam when things get tough. Too many distractions are holding our young men back from reaching their full potential and we can all do something to be of assistance to recalibrate and refocus from a now well documented screen mentality which is affecting our reading focus and general knowledge.

This term has been a fantastic term for our young men, without doubt one of the best first terms in my experience in the school. Why? It all comes down to leadership and from where I sit and observe, our senior students led by the Prefects are

leading the school superbly in what is a very challenging environment for young men: they are leading by example, getting stuck in to a wide range of co-curricular activities from Senior Production to sports teams, community service such as Relay for Life and the plethora of activities the school offers. They are proactive, watchful, passionate about their school and compassionate in their duties. Many are also busy outside the school. It is hoped that the same is occurring in classroom academic pursuits. A busy young man generally leads to a positive young man well equipped to face the world in later years and by doing the business and role modelling well they are setting a high standard. The senior students are well into their stride mentoring and role modelling for junior classes. The senior production, "Happy Days" was fantastic and it was so pleasing to see so many young men involved from performing to support and technical production. Prefect Baxter Perry was noted at one point to be playing cricket on Saturday morning, lead in the Production Saturday night and on the graveyard shift from midnight to 6 a.m. at the Relay for Life fundraising event: service, grit, endurance second to none.

22 young men travelled to Wellington recently to attend the World Vision Global Leadership Convention led by Joel Fleet-Stephenson. This group has steadily increased in the last few years and we now have representation in each year group working in this area. They were treated to some fantastic presentations on global issues with personal stories by Daniel Flynn, Bonnie Howland and Chris Jupp about where World Vision is making a difference. They came away inspired and motivated to also make a difference so we look forward to seeing how they lead this as the year progresses. Elsewhere the first leadership seminars for Year 11 and 12 students were held recently with excellent attendance and our young men engaged fully to accept the challenge to set goals, make a difference and step up to lead in the senior school through becoming proactive, positive outliers with a purpose. Recent Year 9 and 10 Learning Leadership presentations featured the School Values and Resilience respectively. Read more, run more, listen more. Thank you for your continued support of your young men.

The Leadership Journey continues.

Paul King
Leadership Director



Library News

New books are pouring in! Books requested by students and staff are actively sought out and purchased. There is also a Request book at the Issue Desk, in which to write book titles we don't yet have.

We are proud to announce that Aydin Partridge-Long is Head Student Librarian and for the first time we have a Deputy Head Student Librarian, who is Stuart Turrill. Congratulations! They ably lead the team of Librarians, who work voluntarily and are of enormous benefit to the efficient running of the Library. There are various rewards throughout the year and anyone from Year 10 onwards may apply. Those who carry on from 2015 are Thiliner Ariyaratne, Sam Bentham, Dylan Boerboom,

Timothy Cen, Kavish Desai, Harry Dickons, Diamond Gore, Joel Grant, Malachi Hill, Nathan Holdsworth, Connor Hurnard, Jeremy Lloyd, Eric McKee, John Robinson, Antoine Ryba-Edwards, Emmanuel Shaji, Nick Slegers, Hamish Taylor and Conor Wohlrab. At present we have some promising young men being trained to join our team.

If anyone needs help in the Library, they just need to ask a staff member, Student Librarian or one of the two prefects who are on duty before school, at Interval and at Lunch.

Mrs V Langley

Another hugely successful senior production wound up with packout on Sunday March 20. Typically, this fantastic young company rolled up their sleeves, got stuck in and we had the show put to bed in record time. A get-together at Joe's Garage café followed where we were able to wind down for a couple of hours.

The main challenge with Happy Days was always going to be presenting some very well-remembered characters in a manner that the audience would buy into as a clear representation of the sitcom icons. Our young cast put in many hours to this end and we were delighted with the end result.



Mrs Carol Kellet put a huge effort into creating a fresh wardrobe; many thanks to them and the long list of PNBHS and PNGHS staff and supporters who helped out. It was wonderful to see the new PNGHS Principal, Mrs Karene Biggs at rehearsal and for her deputy, Ms Helen Kinsey-Wightman to speak on final night. (More pics on back page)

Our largely inexperienced crew was highly fortunate to be led by three outstanding and experienced young adults: Terise Broodryk, Dylan Falkner and Geordie Rogers. They instituted a whole new system for crew selection and training similar to the cast understudy programme, which has given us several potential leaders and increased experience for 2017. The work of Kathryn Parr in creating and organising Props was also outstanding.

Baxter Perry started strongly and simply grew with every performance



to become a fabulous Fonz, owning the stage and delivering buckets of cool! The growth he made was equaled by that of Jess Cave (Marion) and Amy McLaren (Joanie) – their trio number with Emma Dredge (Pinky) was one of our theatrical highlights of all time. The Dialtones (Josiah Nevell, Joseph Medyckj-Scott, Simon Pritchard and Kyle Dahl) set the Speirs Centre alight with their superb harmonies (thanks Mrs Jen Church!) and close characterisation of Richie, Ralph, Chachi and Potsie respectively. Aidan Berkahn was a very convincing Mr C while the melo-

dramatic Malachis (Micaiah Hunt and Brooke Pearson) never failed to amuse the crowd.

Our principal dancers undertook a challenging workload – none less than Abby Lohrey who danced the last five shows carrying a significant injury (dancers are tough!!) – and even managed to coax some decent steps out of the likes of Jacob Aull! Well done Ms Cara Hesselin and Ms Alex Hughes. A strong cast including the superb harmonising Car Hops fully supported our leads.



A hard-working team of understudies gave us great depth on the bench and the training value of our Junior Musical Theatre group under Mrs Kirsten Clark was apparent right from auditions. Mrs Sally Darby and

Mr Paul Dredge pulled together a band of musos also lacking experience in some areas but he shaped them into a tight unit which gave us a fabulous sound and made the most of Paul Williams' great score. This gave us a significant X factor when compared to the track-backed production we saw in Auckland. It was great to have young Old Boy Jason Gardner back with us on drums.

While Happy Days was successful at the box office with around 93% occupancy, as always, the real success is in the journey young adults make as we go through a process that demands commitment, self (and family)-sacrifice, long periods of concentration and a willingness to learn new skills and push one's mental and, sometimes, physical, boundaries. These productions are not cheap to stage and we are very grateful for the support of our various sponsors especially Property Brokers and FujiXerox. If you would like to assist us provide these opportunities for young performers, please contact Co-Producer, Ms Jenn Mann: man-nj@pnbhs.school.nz

Junior Musical Theatre group

Mrs Kirsten Clark has launched into action with some 40 highly enthusiastic young men currently learning the eccentricities of a southern American accent as they come to grips with material from the musical Big River. It is based on Mark Twain's story of the adventures of Huckleberry Finn. This material will be used for the audition in early Term 2, then worked up through the year for the Junior Performing Arts Showcase in Term 4. It is fantastic how numbers have grown since we started with 20 juniors two years ago.

Theatresports

Senior students Dom Oliver, Leveson Jensen and Charlie Johnson are leading a weekly session underway in the Drama Block which is open to all and currently very well attended.

Relay for Life



PNBHS had its most successful year ever raising well over \$3,000 to go towards cancer research. 29 students got sponsorship for the event with Ben Blyde, Reuben Dods, Zared Griffiths, William Johanson, Alan Kirk, Aye Mint-Shwe and Stuart Turrill being sponsored for at least \$100 each. Special mention goes to Shane Murphy who was the most successful student collecting \$265 in sponsorship. Students also had eight sausage sizzles and the PNBHS staff (organised by Mrs Reid) raised \$350 by having a raffle.

The PNBHS Relay for Life committee decided to have a theme which was 'dress as your favourite superhero' this was well received by the runners who all appeared to enjoy themselves.

The 2016 team has set the standard for future PNBHS Relay for Life teams and next year the aim is to raise \$5,000.



Thanks to Joel Fleet-Stephenson and Hamzah Arafah for their organizational skills. Thanks also to parents and staff for all your support and lastly, thank you to the Manawatu Cancer Society for organizing Relay for Life 2016.



Sports Talk with Peter Finch

With the flood of sport on television, cable and personal devices many teenagers can be forgiven for thinking they are highly involved in sport. This spectator involvement can often replace good old fashioned playing sport for the cathartic outcome and robs individuals of the social benefits and exercise for enjoyment in the company of others. Some Western world cultures are seeing teenagers who are not involved in a first team environment being lost to the sport and often to activity of any kind. Let us not become one of those countries. The strength of many of our National sporting teams is a result of what happens at lower level competition and we know that athletes all mature and perform at varied rates. It is worth noting many of our country's outstanding performers, such as Peter Snell, were fourth place getters for most of their school career, but through hard work and perseverance, rose to the top of their game or sport. Week 9 here at PNBHS has seen the official handover from summer sports into the winter codes and, as such, trials for our 120 or so teams have begun in earnest. It is the writer's hope that

boys accept whatever the trial process throws up at them and that whatever challenges are then placed before them, they get their heads down and work as hard as they can

whilst enjoying being involved in the game of their choice. A last point on selection is a point raised in this space before, coachability. Coachability is one of the highest ranking selection criteria in all successful teams and as such is incorporated into our school's protocols when picking a team. This is the willingness to be on time, to listen and to attempt to take on advice and constructive criticism.

Good luck to our many coaches and the huge numbers of boys who continue to have a winter sport to enjoy activity in challenging situations and environments in the pursuit of becoming an educated man of outstanding character.

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Various Sporting and Cultural Reports

Junior John Prestage Debating 2016

Six teams are either preparing for or competing in the Term One debating round as this report goes to print. The moot is that "immigration benefits a country." For teams taking the negating side, this moot is a tough round and only ingenuity with sophisticated debating skills will win the day. During this year the teams are debating against St Peters College, PNGHS, Nga Tawa, Cullinane College, Wanganui High School, Feilding High School, Wanganui Collegiate, Wanganui Girls' College and Rangitikei College.

After three preliminary rounds the semi-finals and finals take place in Term 4. For the last two years a PNBHS team has won the competition.

Geography Go on Field trips

The **Year 12** Geography students attended a field trip to various places in the Manawatu.

They were looking at features of the Manawatu natural environment.

Part of the day was spent measuring aspects of river processes (eg river flow rates and bed characteristics) at two sites on the Turitea Stream.

Other places visited were the Ashhurst Domain, looking at landforms, and the nature of the forest and soil, Hiwinui, and the Manawatu River within Palmerston North, where students looked at the river protection works at the end of Ruahine Street, and the changes being made to the cliff at the end of Albert Street.



Year 11 Geography field trip to Napier.

On Wednesday 23 March, the Year 11 Geography students went on their annual day trip to Napier. This full day trip focusses on the Napier Earthquake of 1931 – New Zealand's worst natural disaster with 258 people killed.

The students looked at changes to the Napier central area, Bluff hill, the Ahuriri area (once under the sea and uplifted above it in the earthquake) and Park Island cemetery (where there is a mass grave for the earthquake victims). The Napier museum was also visited, where the earthquake section was of real interest to the students. In addition, time was given to students to spend time in central Napier, and buy their lunch.



This trip is always a highlight of the Year 11 Geography year.

In term 3, there is another Year 11 field trip to look at the Manawatu Gorge and Woodville, looking at the impacts of the frequent Gorge closure due to slips.

Science Road Show



The National Science Roadshow was hosted by PNBHS on 15-16 March. The Roadshow is an interactive and informative Science show on wheels, which will spend the next nine months on the road, visiting schools the length of the country. All our Year 9s and 10s were able to attend the show. The material talked about and shown is very relevant to the PNBHS junior Science programme and will no doubt enable each young man to get a better understanding of concepts taught in class.

School Athletics Day

On the back page are some pictures from the 2016 PNBHS Athletic Sports and Marching held at the Community Athletics Track at Massey University.

Congratulations to all young men who competed and gave their best on the day. The strong level of competition was commented on by many of the staff and parents present, with the relays in particular being a highlight.

Adam Fairclough was presented with the trophy for Athlete of the Meeting, having placed first in four events: 10,000 metres, 5,000 metres, 1,500 metres and 800 metres.



From a club perspective, Albion were first in track events, Murray first in field events and Kia Ora first in the relays and marching. A very high level has been set for the Shand Shield competition for 2016.

See 2016 Athletics Results, Cup Winners and Points via the link - <http://stratus.pnbhs.school.nz/mod/forum/discuss.php?d=946>

Various Sporting and Cultural Reports continued

First NZCT Junior Cricket Knockout

Vs. Rathkeale College.

Rathkeale 81 (Hayden Skou 2/12, Sean Ferguson-Pye 5/17)

PNBHS 82/1 off 18.1 (Jack Wenham 32no, Blake de Burgh 31)

Interschool Vs. Wellington College

Wellington 187/6 (Jack Culleton 2/19, Jack Wenham 2/47)

PNBHS 191/7 off 37.5 (Jack Wenham 39, Levi Woolston 31, Hayden Skou 36no, Lachie Spring 27no)

Interschool Vs. Wanganui Collegiate

Wanganui 151/8 (Blake de Burgh 2/16)

PNBHS 152/5 off 36.3 (Blake de Burgh 43, Levi Woolston 35)

Interschool Vs. St Pats Silverstream

PNBHS 263/7 (Jack Culleton 76, Levi Woolston 40, Henry Deans 28, Lachie Spring 39no)

Silverstream 112 (Sean Ferguson-Pye 3/39, Jack Wenham 2/6)

Second NZCT Junior Cricket Knockout Vs. Lindisfarne

PNBHS 178 (Blake de Burgh 36, Jack Culleton 68, Henry Deans 21)

Lindisfarne 164 (Henry Deans 4/30)

Central Districts NZCT Junior Final Vs. New Plymouth Boys High School

NPBHS 123 (Hayden Skou 2/25, Levi Woolston 3/11, Sean Ferguson-Pye 3/21)

PNBHS 61 (Jack Wenham 33)

The Junior cricket side had an impressive first term beating some strong opposition and playing some very good cricket along the way. There were many excellent individual performances including Sean Ferguson-Pye's 5/17 (including a triple wicket maiden), Jack Culleton's 76 and 68, Henry Dean's 4/30 which turned the game against Lindisfarne and the consistency of openers Jack Wenham and Blake de Burgh. Unfortunately they left their worst performance for the biggest game of the season and were beaten by a very good New Plymouth Boys High School side. Special thanks must go to Rachel Wenham for scoring each of the matches and the support of the parents throughout.

1st XI Cricket v Wellington College – Day One

Because of mid-week rain, the pitch at school hadn't had an appropriate amount of preparation and was still damp on the surface so the toss was going to be vital. Wellington College won the toss and had no hesitation in asking the 1st XI to bat first. The 1st XI struggled on a pitch that had variable bounce and plenty of sideways movement and were all out for a paltry 82. In the heat of the afternoon, the pitch began to flatten out but the 1st XI bowlers made Wellington College work hard for their runs and they were 32/2 off 25 overs at tea. Wellington College grafted hard in the last session and earned them-

selves a 35 run lead as they were 117/3 off 58 overs at stumps. Jack Harris had the impressive figures of 2-21 off 19 overs including 12 maidens.

Day

Day 2 of the game started with the news that our main strike bowler would not be able to bowl due to injury. This meant that the other bowlers would have to shoulder a heavy load. The remaining bowlers set to their task and continued the good work of the previous day, being particularly miserly and picking up regular wickets. Bryn Wilson induced some false strokes to take 3 wickets for 26 runs, but it was Jack Harris who was most impressive in returning figures of 30 overs, 5 for 37 (including 16 maidens). This effort limited Wellington to 163 all out in 80.3 overs.

Survival was the watchword as the 1st XI's second innings commenced. After an early wicket, Tom Tremaine was joined by a determined Thomas Walshe who added 107 minutes to his 1st innings stay of 104 minutes, providing stability to the our innings. Floyd na Nagara continued this trend with a display of fortitude, but it was Tom Tremaine's impressive stay of 238 minutes and 61 runs which ultimately put paid to Wellington's hopes of victory. With the score on 179 for 8 at the close of play, the match was drawn after a gutsy fight back from the PNBHS 1st XI.

Thanks to all the supporters who turned up at interval and lunch time and wished us well.

1st XI Cricket v Rathkeale

The 1st XI played their second round qualifier on the main block of Fitzherbert Park v Rathkeale. Rathkeale have knocked out PNBHS as recently as 2013 and should have beaten the 1st XI last year so they were expected to present stern opposition. With a bit of morning rain around, Rathkeale won the toss and inserted PNBHS on a slightly sticky wicket where the ball was sticking in the pitch and producing slow bounce. The school made a bright start putting on 47 for the 1st wicket in quick time. Thomas Walshe then joined Charles Parker at the wicket and proceeded to take the game away from Rathkeale with a 176 run partnership for the 2nd wicket. The pair ran superbly between the wickets, turning the strike over at will. Both were strong on the drive and severe on anything pitched short. Charles Parker was eventually dismissed for 125 off 127 balls including 11 fours and 2 sixes. This was Charles' 2nd century for the 1st XI. Thomas Walshe finished with 89 off 110 balls. There were cameos at the end of the innings from James Stratton with 23 from 14 balls and Floyd na Nagara with 43 not out from 21 balls including two huge sixes in the last over. The school amassing a daunting 334/5 from their 50 overs. Rathkeale went hard at the ball in reply which created opportunities. Floyd na Nagara opened the bowling and bowled 10 overs straight through proving to be extremely hard to get away for the Rathkeale batsmen taken 4-12. The other bowlers all chimed in with regular wickets as Rathkeale were bowled out for 92. A win to the 1st XI by 242 runs.

CD QUALIFYING QUAD

vs Nelson College

After overnight rain delayed the start of the game, Boys' High won the toss and inserted the opposition on a dampish pitch and slow outfield. Some tight bowling and fielding paid off and the Nelson scoring rate was slow, the 5th wicket falling for 70 in 26.5 overs. Unfortunately some loose bowling and a lack of concentration in the field kickstarted Nelson's innings and they scored quickly in the final 15 overs

finishing on 211 for 9. Jack Harris took 3 for 56 off 10 and Floyd na Nagara 3 for 43 off 9.

The PNBHS run chase started smartly with Tom Tremaine and Charles Parker putting on 50 for the first wicket in 10.3 overs. The run rate soon slowed though, as Nelson introduced a plethora of spinners into the attack. As the required run rate grew, a number of batsmen got themselves out hitting the ball in the air. Only Charles Parker with 72 and Whetu na Nagara with 53 managed significant scores as the 1st XI were bowled out for 187 in 47.4 overs to lose by 24 runs.

The meant that PNBHS were unable to qualify for the Secondary Schools 1st XI finals in December and would play off for 3rd and 4th place against Napier Boys' on the Tuesday.

vs Napier BHS

Unfortunately, after yesterday's loss this game was a 3rd and 4th playoff which carried with it little meaning in terms of Gillette Cup qualification. There is no such thing as a "friendly" match between these two schools and the 1st XI wanted some payback from a narrow loss to Napier earlier in the year. Whetu na Nagara won the toss and chose to bat first on a damp wicket with a heavy outfield. Early wickets had the 1st XI under pressure at 54/5. Floyd na Nagara and Thomas Walshe began to resurrect the innings with a careful partnership of 49 for the 6th wicket with Thomas Walshe being dismissed for 25. A determined Braden Rowe joined Floyd na Nagara for the game's crucial partnership as the pair put on 72 for the 7th wicket in 12 overs providing the inning with much needed impetus. Braden Rowe dismissed for a hard hitting 41 off 40 balls including 5 fours and a six. Floyd na Nagara was next to be dismissed scoring a responsible and well-constructed 62. The 1st XI all out for 196.

Jack Harris made sure that Napier were under immediate pressure in reply as he took their first four wickets to have Napier reeling at 31/4. Napier never recovered from their poor start and continued to lose regular wickets eventually being bowled out for 95. Jack Harris finished with the impressive figures of 5-31.

A win to the 1st XI by 101 runs.

1st XI vs Auckland Grammar

Three Day match

Day One

Having won the toss and inserted the opposition, Jack Harris struck with the first ball of the innings to dismiss the opposition captain and opening bat. The remainder of the first session was tough cricket as Grammar ground their way to 87 for 4 off of 41 overs at lunch. Grammar continued their stoic resistance after the break and they were well placed at 138 for 4. Boys' High managed to snaffle 3 quick scalps to have them struggling at 157 for 7. Unfortunately the bowlers could not land the killer blow and Grammar were able to declare at 227 for 8 off 109 painstaking overs. This left the 1st XI six overs to survive, but the loss of wicket in the last over put Grammar in a strong position. Some determined batting would be required on Day Two.

Bowling figures were: Ben O'Connor 2 for 40 off 36 overs including 17 maidens. Braden Rowe 2 for 40 off 20 overs.

Day Two

Starting the day on 8 for 1, the 1st XI stuttered to 29 for 4 when Whetu na Nagara (41 from 154 balls) was joined by Bryn Wilson (33) and they proceeded to add 55 for the fifth wicket. The tail tried to wag but only James Stratton with 24 was able to make a contribution, leaving PNBHS on 127 all out, and 100 runs behind.

The effort in the field during Grammar's second innings showed grit and determination as the 1st xi managed to curtail their scoring while picking up regular wickets. The fielding applied pressure and resulted in four well-deserved run outs. Floyd na Nagara took 2 for 23 from 11 overs and the other wickets were shared around.

Boys' High's second innings commenced in gloomy conditions, needing 212 to win. Unfortunately, before the umpires called stumps for bad light, wicket had already fallen, leaving PNBHS on 9 for 1 and still 202 runs behind.

Day Three

Day Three dawned bright and sunny and the PNBHS players were in a determined mood, needing to survive four hours of batting on a drying, turning wicket in order to retain the Oram Family Cup.

Play started at 10:30 sharp and within the first hour, the first wicket had fallen to a fiery short delivery. This brought captain Whetu na Nagara to join Tom Tremain (38) at the crease. These two shared a stand of 42 in 19 overs, and started to look comfortable, before both fell within two overs. Another wicket fell seven overs later and lunch was called with the 1st XI on 90 for 5.

During lunch, speeches and formalities were undertaken with both Captains commenting on the importance of the fixture and the positive spirit in which the game was played. Special mention was made of Ben O'Connor who sportingly "walked" after being given not out by the umpire.

After lunch, battle resumed and Bryn Wilson pro-

ceeded to play to his strengths by batting aggressively and causing the Grammar team to re-think their attacking fields. He was ably supported by Trey Bidois who looked to counterbalance Bryn's aggression with fortitude. Bryn's innings ended on 52 and Trey was joined by a succession of batsmen who displayed solid resistance, including James Stratton who played an uncharacteristic knock of 3 from 44 balls. The last half hour was played with wickets down and Trey "farming" the strike to take Boys' High to the close of play and a hard-fought draw to retain the cup. Trey must be lauded for his stay of 119 minutes and 139 balls, ending the day on 60 not out.

The whole team displayed great courage in saving the game from a seemingly untenable position and this performance will stand the players in good stead in years to come.

Super Eight Volleyball

Day One

PNBHS played Napier Boys' in a tight and interesting game. 5 sets were played to prove the winner. The first set was a breeze, winning 25 - 8, the boys were fired up and played really well together. The second and third set were taken out by a quick-thinking and fast Napier Boys' (18 - 25 and 17 - 25). By the fourth set we had gained our momentum back and the boys decided to step up their game after some novice mistakes. They came back to win the fourth set 25 - 19. The fifth and final set brought about some nerves. The boys were pumped up and team spirit was sparking, they put their heads together to win a very fast paced and nail biting final set, 15 - 11. Well deserved and excellent team spirit.

Day Two

PNBHS played Hastings Boys' first up with a close game, the team was focused and played well winning three sets (3 - 0). The second game was another quick paced and close game. With a few points difference for each set, the boys managed to work hard to win three sets and take out the game, which placed them in the semi final. Gisborne Boys' came on strong as did we, we narrowly missed winning the first set and were able to come back to win the



second set well. The third set brought about an unfortunate injury for the boys, meaning we lost one of our key players. The momentum was lost and we left the win to Gisborne Boys' for the third and fourth sets.

Day Three

The final game for the boys was played on Wednesday morning against New Plymouth Boys'. It was a close game between two clever and determined teams. The boys started off

strong with the win of the first set, 25 - 22. The second set proved trickier, with silly mistakes allowing New Plymouth Boys' to take the win. PNBHS came back strong to fight for our third place and was able to take out the win, finishing off the third set 26 - 24 and the fourth set 25 - 18. The boys worked hard as team and showed sportsmanship throughout the tournament. We finished off 3rd overall. Well done boys!

The 1st XV Training Squad vs Lindisfarne

The 1st XV Training Squad were fortunate to play the curtain raiser to the Hurricanes v Force game on Friday 18th March. The squad was a mixture of old and new with players who had trained hard over the pre-season earning an opportunity to showcase their playing abilities.

The game started rather ominously with a kick off not taken cleanly allowing Lindisfarne to earn a lineout on our five metre line. This resulted in a well worked lineout drive that ended in a try - first blood to the visitors. The game continued to be scrappy with both teams struggling to gain any continuity with inaccuracies at the breakdown and handling errors meaning play struggled to go beyond two phases. We started to win the territory battle however and with this built pressure on the opposition who were struggling to clear their page 11

own line. Two converted tries to us were the direct result of this pressure including a classic 8-9 play at scrum time that put Ethan Helu-Makasini away to score his first try for the season. Lindisfarne replied with another drive over try from a five metre lineout. 14-10 at halftime

The second half was a slight improvement on the first in particular around the defensive intensity that we were showing. Our set piece started to show some real dominance on their ball and this led to disruption of their attacking play. By contrast a steady stream of ball meant we strung some phases together through the middle part of the half and this allowed our edge runners to show their attacking prowess, Brayden Iose especially effective in this area scoring a hat trick of tries. Potentially more points could have been scored but typical preseason handling and decision making errors cut some promising raids short. Lindis-

farne scored an intercept try right on half time to make the scoreline a 26-17 victory to us.

All in all a satisfactory start to the season with the effectiveness of the lineout especially pleasing. There was good endeavour to get attacking flow going and the defense improved as the game progressed. The impact that some of the newer players brought when they were inserted was also exciting - the performance of young year 11 Harry Newman in particular caught the eye and bodes well for the future.

Thanks to the staff, parents and PB Nation supporters that came out to support us, we hope to see you at more fixtures as the season progresses.

Points Scorers:

Tries: Brayden Iose 3 tries; Ethan Helu-Makasini 1 try

Conversions: Stewart Cruden 3

Happy Days



Athletics Sports 2016



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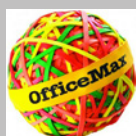
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Administration Information for those playing Hockey this season

The school hockey season begins Term 1 Week 9 and finishes in September for the 1st XI. The secondary schools' competition begins Term 2 Week 2 and ends in late August with the division finals. This year we will be entering at least twelve teams in the local competition, so there is room for all students who would like to play hockey, even if they have had no prior experience.

Most games take place at the Fitzherbert Turfs between 4.00 pm and 8.00 pm. There may be a few games at the Feilding and Levin turfs. Games will be regularly on Tuesdays, Wednesdays and Thursdays for all teams except the 1st XI. There will be approximately fifteen games per team in the secondary division. Players will know their draw in advance. Practices are on the school turf.

Please ensure that correct uniform is worn for games and that a mouth guard is worn during practices and match games. Hockey and soccer teams wear the same strip which can be purchased through the school Uniform Outlet: white shirt with navy collar \$60, navy shorts \$42 and navy socks with two white stripes \$15. Prompt attention to uniform would be appreciated, so that all players have uniforms ready for the start of the season.

Fees for the 2016 season are yet to be confirmed, but are expected to be approximately \$250 for the 1st XI and \$180 for all other teams, including subscription and turf fees. Fees need to be paid before the start of the season at the Finance Office. If you wish to arrange to pay these fees by automatic payment, please contact the Finance Office.

Trials have been held for the 1st XI, Under 15 Colts and Year 9 Specials. All other teams will be based on performance in the 2015 season. The 2nd XI will be playing in the secondary schools' competition this year, which will affect the divisions, as we try to spread our teams across the competition.

Teams will be provisional until Term 2 Week 7. Students who feel that they have been put into the wrong team have time to prove it. Students who wish to play for a club team must also play for a school team. We have always encouraged this, but players need to see Mr Bovey and complete a Partial Release Form.

If you have any queries, please contact Mrs Dickinson or Mr Tutty at school.

Going to University in Future Years?

Going to university or polytechnic is a big step for many students:

- subjects and courses are different,
- classes are different,
- accommodation is different,
- costs are expensive!

Tertiary institutions are concerned that students come to study without really knowing what they are doing. Students and their families need to check out all the options and spend time finding out about future study options. At PNBHS, Mr Brent Costley is available to students and their parents to provide help through this process. To date this year, over 150 Year 13 students have requested meetings to take advantage of this service.

Entry to university is based on University Entrance, but universities are setting their own individual entry standards and costs are going up. Mr Costley provides advice on this and on accommodation, scholarships, finance, student loans, and study courses at all New Zealand universities.

Students in Years 11 and 12 need to start finding out information for their future studies, so that they can choose the correct subjects in the senior school to meet university requirements. For example, you need to take physics in Year 13 if you want to be a vet! To enter design courses at some universities you need to submit a portfolio of original work, but at others you do not. You cannot assume that all universities do things in the same way. Parents who went to university will find that their university, and the whole university system, have changed in recent years. And students need to be aware of those changes.

Students can call in to the Careers Room to make an appointment to see Mr Brent Costley. Parents are welcome to come in and see him if they have questions – contact him by email: costleyb@pnbhs.school.nz

Careers Dept Update

Facebook Page – PNBHS Careers now has a Facebook page – go to PNBHS Careers and Pathways.

The main means of communication regarding Careers and related activities at school, particularly for parents, is the Facebook page and through Stratus – the Careers Section on Stratus may be accessed by going to Careers in the drop down menu under the heading “Students” on the navigation bar.

Main Career activities within the school at present include the last of the first round of University Liaison Visits, Career Search workshops for seniors trying to firm-up on what they want to do beyond school, and a series of Introductory Careers lessons for Yr 9 students.

Coming Up:

- Apr 8: Waikato University Liaison Visit (Period 4) – Careers Room
- Apr 13: Careers in Chemical Engineering (Period 3) – Speirs Centre – open to all seniors
- Apr 14: Height Safety Courses – Gateway
- May 11: Victoria University Information Evening – Speirs Centre
- May 16: AUT Liaison Visit (Period 4)
- May 17: CPIT – Broadcasting School (Period 4) – Speirs Centre
- May 18: Lincoln University Liaison Visit (Period 4) – Careers Room
- May 19: Sort It Expo (The school will be taking all Yr 10 students down to this – seniors are encouraged to go after school or in the evening)
- June 2: Height Safety Course – Outdoor Ed
- June 3: Height Safety Course – Outdoor Ed
- June 20–24: Careers Week
- June 21: Massey's new BA – what employers want? (Period 5) Speirs Centre
- June 22: Defence Careers Liaison Visit (Period 2) – Speirs Centre
- June 24: Careers in Health at Mid Central Health

For information about any of these events see the Careers Adviser or Register in the Careers Room

Have a look at our new Facebook page: PNBHS Careers and Pathways.



Palmerston North Boys' High School

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Open Day

Sunday 10th April 2016, 10:00am - 2.00pm



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For further information please contact the
College House Manager
Email chmanager@pnbhs.school.nz
Phone 06 3586704 ext 4 www.pnbhs.school.nz

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