



# Palmerston North Boys' High School

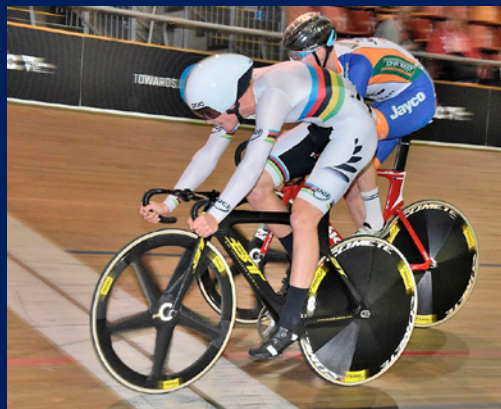
## Newsletter 2016 - August

Volume 22 No 5

19 August 2016



Squadron Leader Tim Costley speaks during Leadership week and brings a helicopter!



Campbell Stewart - 4 'rainbow' jerseys to date



A draw means we keep the Banner



Red Socks Day - a part of the Sir Peter Blake Leadership Week



A second group have been on the Tama Tu Tama Ora programme



Great performance at the 2016 Pasifika Fusion Festival in the Regent



The cycling boys meet Campbell Stewart on his return



PNBHS win top school at NI Cycling Champs



## From the Rector Mr David Bovey

Employers want people who are focused, well-presented, willing to take advice, well-mannered, respectful, realistic, reliable. They don't want excuses – "take responsibility for what you do" – nor are they interested in people who stand around or play on their mobile telephone when they should be working.

Towards the end of Term II we met with a number of representatives from the local and regional employment sector as part of our strategic planning process. The focus was on what employers are looking for in a school leaver these days. The meetings gave us a superb insight into what is important for our young men as they leave school and head out into a workplace environment that has changed markedly in recent years.

From across a diverse range of areas, employers shared with us their experiences, their thoughts and their suggestions. Many talked about how young people going into a new job need to understand that they are starting at the bottom, so they might have to get cups of tea, or sweep the floor, and that those roles are part and parcel of learning the ropes – such tasks are not beneath them. Employers want people who are focused, well-presented, willing to take advice, well-mannered, respectful, realistic, reliable. They don't want excuses – "take responsibility for what you do" – nor are they interested in people who stand around or play on their mobile telephone when they should be working. They want good communicators, they want young men who will look them in the eye when shaking their hand, and they want people who do not live their lives on line.

But the dominant theme, as you might expect, was attitude. Simple as that. A positive attitude and a good work ethic are crucial. Young people who are determined to do a good job, to do their very best. It is a theme we often return to here at school, and it is worth making comment here about the reports that went out for each pupil at the end of last term. So many of our young men earned excellent attitude grades, and regardless of the level of academic achievement those young men are to be commended. The right attitude and continued hard work will pay off.

We have also seen that throughout the winter sports season which in some codes will soon be drawing to a close. Those young men who have given it their best and worked hard, who have attended training regularly and have supported their team mates, will have been important parts of their team. Many will also have learnt that despite their best efforts sometimes the results do not go their way; but learning to cope with losing is an important part of sport, and life.

Given the theme of this particular missive is based around hard work and determination, it has been great to see the recognition that Year 12 pupil Jesse Hyde's recent achievement has attracted. Jesse recently completed the North Island section of the Te Araroa trail, walking a total of 1,600km over 55 days spread over the school holiday breaks. Jesse's determination and courage in completing this challenge by himself, beginning as a Year 11 pupil, are inspirational and his wonderful achievement is a great example of what can be achieved when a goal is pursued with passion and commitment. Great stuff.

### Open Day

The recent Open Day saw large numbers visit the school throughout the three sessions, two of which, in particular, saw larger numbers than in recent years. I would like to thank those involved in Open Day; the staff and the many young men who gave their time to ensure Open Day was a success. Special thanks go to Year 9 pupils Matthew Allen and Jachan Roberts who, along with Head Prefect Te Ariki Te Puni, spoke at each of the presentations. My thanks also to those young men who acted as tour guides and did a superb job of providing their groups with information about the school from a young man's perspective.

Enrolments for 2017 close on Monday 5 September. If you require further detail please contact the school office on 06 3545 176.

### NCEA Internal Assessments

All parents of young men sitting NCEA this year should be receiving fortnightly electronic or hard copy updates from us regarding internal assessments that are due in the following two-week period. We hope these are useful and would encourage you to discuss your son's assessment schedule with him so that he meets all deadlines and can pass all assessments at a level commensurate with his ability and level of application.

The teaching and assessment programme for young men sitting NCEA this year is at the business end of the year. It is essential that young men maximise the use of their time so that they can secure a qualification of worth.

Internal examinations take place from Friday 9 September to Friday 16 September and young men need to take these examinations seriously. Effectively these are practice examinations for the externals they will sit in November and it is the last opportunity for them to receive indicators as to their progress.

The results from these examinations will also be used if a young man should require an NZQA derived grade because of bereavement, serious illness or an accident during the external examination period. Thus we would stress that young men take these examinations very seriously as every year we have a number of students who need this type of assistance. Sometimes young men think that it will not affect them.

### Technology in the Classroom

Given the steady growth of technology in schools in recent years, we have encouraged senior pupils in Years 11, 12 and 13 to bring laptop computers to school. These young men are able to use their laptops in classes when appropriate, particularly for NCEA internal assessments. NZQA are trialling digital assessment in some subject areas and are looking at examinations being completed digitally in the future.

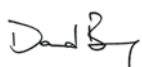
We will continue to move forward in this regard, as we must, but we have done and will continue to do so cautiously. Technology is an important tool in teaching and learning, but it is just that – another tool, and it is important to not have the tail wagging the dog, so to speak: there is a time and place for it, and more so in some subjects than others, not being used for the sake of it.

From 2017 we are extending the use of laptops to Year 10 and given the nature of a number of the school's academic courses it is strongly encouraged that all young men at PNBHS from Year 10 up have a laptop that they are able to bring to school. Tablets and similar devices will not be permitted; laptop computers only.

Information about laptop requirements can be found on the school's Stratus page – click on the ICT Help button, then click on Helpful Information from the menu.

### Winter Tournament Week

We wish all of our teams competing in National and Regional tournaments all the very best as they travel throughout the country in week six of the term.



D M Bovey  
Rector

## Student Achievement

- **Pasifika Fusion** – at the annual festival, a number of our pupils did well: the quiz team won their event; Pajoe Mapuilesua won the Samoan speech competition, while Lisale Talamaivao won the Junior English category. The dance 'crew' won the Contemporary Dance category; Melo Tuimana won the Visual Arts category and overall the school was third in the Cultural Performances.
- **Singing** – at the Manawatu Performing Arts singing competition Ryan Ngarimu won three awards and finished second in another three categories, also winning the Best Overall in his category.
- **Martial Arts** – at the Oceania/National Taekwondo championships held in Tauranga, Jack Watson won two gold medals and two bronze medals. Jacahn Roberts won gold in the U14 75kg sparring division.
- **Martial Arts** – at the NZ Karate championships held in Porirua in the recent school holidays, Joseph Izumi won his category, with Lukas Dreyer and Reif Dawson also achieving podium finishes. In the NZSS event, Joseph again won his category, with brothers Lukas and Waldo Dreyer achieving third places.
- **Karting** – at the NZSS Karting championships held in Taranaki, the PNBHS team of Jacob Cranston and Thomas Greig won the school's fifth national title in 12 years.
- **Super Eight tournaments** – the 1st XI football team finished runners-up in the tournament hosted at Massey University. The Clay Target Senior A team also finished runners-up at their tournament.
- **Cycling** – at the NISS Road Championships held in Cambridge during the holidays, PNBHS won top overall school. Individual successes were: U20 Time Trial – third; U14 Road Race – Adam Francis won, three other PNBHS riders in the top 10; U15 Road Race – Michael Richmond first; U14 Criterium – Adam Francis first; U16 Criterium – three PNBHS in first seven finishers; U17 Criterium – Madi Hartley-Brown third; U20 Criterium – David Martin first. In the Track events: U14 Derby – Ewan Cousins second; U17

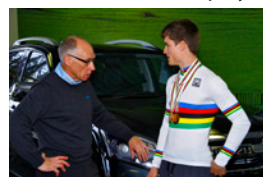
Team Pursuit – third; U15 Elimination – Michael Richmond third; U14 Scratch Race – Ewan Cousins second; U15 Scratch Race – Michael Richmond third; U16 Scratch Race – Angus Claassen first.

- **Clay Target Shooting** – the Senior A team finished runners-up at the recent NISS Championships, where they also finished second in the Super Eight event as mentioned above. Max Edwards was first in the Skeet, Tate Ferguson first in the Single Barrel, Richard Simpson third in the Points Score.



- **Cycling** – at the World Junior Track Cycling Championships in Aigle, Switzerland, Campbell Stewart won two gold medals, to go with the two he won at the same event in 2015. Campbell was part of the team that won the Team Pursuit event in world-record time; he then went on to win the Omnium, an individual event, before teaming up with a rider from Southland to win silver in the Madison. Campbell's four 'rainbow jerseys' is one better than the previous best of three by 2016 Rio Olympian Sam Webster.

- **Wellington College Exchange** – overall, a draw for the day: wins to the 1st XI hockey, the Prem A and Junior basketball and Junior debating; losses to 2nd XI and Junior football, U15 hockey and Senior debating; 1st XI football drew.
- **Rugby League** – Wesley Veikoso has been named in the NZ U18 team
- **Boxing** – David Minchin won the national U38kg title in Rotorua recently.
- **Polson Banner Exchange** – the annual exchange with Napier BHS saw 14 teams competing. Wins were recorded by the 1st XI & U15 hockey, 2nd XI football and the Year 9 rugby team. The following teams lost and so had to walk home: Prem A basketball, Junior and Senior debating, Golf, U15, U16 and 2nd XV rugby. Draws – 1st XV, 1st XI football and Junior football.
- **Squash** – the Senior A team finished fourth at the NZSS Championships while the B team finished 27th. Corbin Faint was named captain of the NZSS team to play Australia later this month.





## From the Deputy Rector

Self-efficacy is defined as one's belief in their ability to succeed in specific situations or accomplish a given task. One's sense of self-efficacy can play a major role in how one approaches goals, tasks, and challenges.

### Senior Examinations

Senior examinations take place towards the end of this term, from Friday, September 9 – Friday, September 16. In recent years the American term 'mocks' has crept into our young men's vernacular in reference to these examinations. Please be assured they are anything but mock and consequently it is important that your son takes them seriously and puts as much time into revising for them as he can. The school examinations provide a very valuable opportunity for young men to gain feedback on their understanding of the content covered in class, and also in terms of their ability to effectively communicate this understanding as per the requirements of the assessment tasks – an essential skill for success under the NCEA system. This information will be critical for their planning as they build towards the NCEA external examinations. Consequently, failure to take the school examinations seriously will place your son at a disadvantage.

Should your son be unable to sit an external examination through, for example, illness or family bereavement, he may qualify for a 'derived grade' and potentially be able to gain the credits available. The grades from the school examinations will be used in this process. Young men tend to take a 'it won't happen to me' approach to this information and, unfortunately, every year a number are caught out by unexpected circumstances and need to apply for a derived grade.

### Subject Selection

Recently parents of young men in Years 10 -12 were emailed with a link to the 2017 senior subject information which can be viewed on Stratus. This information is intended to help your son make an informed choice in terms of the subjects he wishes to study in 2017. On Tuesday, August 23, we are holding a subject information evening where teachers from the various subject areas will be available to answer any questions you might have. The Careers Advisor and a representative from Massey University will also be in attendance. On this night there will be two sessions. The first, at 5.30pm, is for young men who are in the accelerate programme, while the second session, starting at 7.00pm, is for all other young men who will be senior students in 2017.

### NZQA Fees

Thank you to the majority of parents who have paid the NCEA fees for their sons. There are a small number who have yet to attend to this. If you are in this situation, please contact the Finance Office as soon as possible to get this resolved or you will have to deal directly with NZQA who will impose late payment fees. If the NZQA fee is not paid your son will be ineligible to gain any NCEA credits, or have his qualification recognised.

### Open Day

Thank you to the many young men who volunteered to play a part in our recent school Open Day. Close to 100 students came forward to act as tour guides, nearly 50 performed with the Year 9 Concert Band and another 30 assisted with subject presentations and demonstrations. We received many very positive comments about the outstanding job our young men did in showing our visitors through the school and answering their questions about school life. Thanks also to Year 9 students Jacahn Roberts and Matthew Allen, who presented in the Speirs Centre to the nearly 900 people who attended over the three sessions. Both Jacahn and Matthew presented confidently and clearly, an impressive effort in front of such a large audience. It was gratifying to have large numbers of prospective parents and students tour the school on the day; a strong community endorsement of the opportunities available at Palmerston North Boys' High School.

### Student Self Efficacy and Mindset

Self-efficacy is defined as one's belief in their ability to succeed in specific situations or accomplish a given task. One's sense of self-efficacy can play a major role in how one approaches goals, tasks, and challenges. Young men who realise that through hard work and effort they will develop their understanding and improve their levels of achievement, are well placed to make academic progress. Conversely, those young men who do not make the link between effort and learning, will likely be in a position where they struggle to make academic progress.

World renowned Stanford University psychologist Dr Carol Dweck has identified that one's mindset is a key indicator of success in nearly all aspects of life, including academic achievement. Dr Dweck identified two mindsets. In the first, a fixed mindset, people believe that their basic qualities, such as intelligence, are fixed traits. Consequently, people who have this mindset do not value hard work or perseverance with difficult tasks as they simply believe that such things are beyond their ability.

Conversely, those with a growth mindset, a belief that basic abilities, such as intelligence, can be developed through hard work, understand the benefits of perseverance and resilience in the face of difficulties. They recognise the link between effort and perseverance, and academic progress and achievement. This approach, according to Dr Dweck, "creates a love of learning and a resilience that is essential for great accomplishment. Virtually all great people have had these qualities."

What is your son's level of self-efficacy? Does he believe that it is within his ability to accomplish the tasks that he is given, academic or otherwise? Can he establish a link between effort, perseverance, resilience and achievement? Does he have a fixed mindset or a growth mindset? Conversations around these questions will be useful for parents to have with their sons. And, if he is struggling to recognise the link between effort and achievement, helping him to identify examples of such circumstances may be helpful.

### Character and Attitude

At the recent employer engagement meetings, it was very pleasing to have our emphasis as a school on character and attitude validated. The wide range of local employers we consulted were overwhelming in their feedback that being of good character and having the right attitude – being reliable, industrious, punctual, trustworthy, having respect for others and acting with integrity - were all key traits they sought in employees. Other key attributes included being able to relate positively to a wide range of people, having good time management and organisational skills and, importantly, being able to use one's initiative to solve problems, rather than simply fronting up to the boss with an issue for them to solve.

Many comments were passed about cell phones, and in particular the frustration of employers that many of their young employees seem to be incapable of surviving without them. The message from the employers was clear – they are paying you to do a job, not to check your cell phone. They also stressed the importance of young people realising that they will be starting at the bottom and that it takes time to work your way up. However, employers are more than happy to provide time and support to help those young people with the right attitude and work ethic. There is a lot for our young men to consider in this feedback, especially those who will be looking to join the workforce in 2017.

G M Atkin

DEPUTY RECTOR

## Leadership Programme - March/April 2016

- Bush telegraph – this edition is being written as we are developing the character of 35 young men in the sub alpine levels of the Tararua at Makahika. 40 young men took up the challenge in Term 2 and the second group are in the thick of it in cooler conditions than we experienced in July. As we say – it is good character building weather!
- Our senior school leaders are continuing to do what they do best by role modelling and putting their best foot forward in so many areas through sports, cultural, classroom, attitude and co and extra-curricular activities.
- Head Boy Te Ariki Te Puni has been everywhere shaping and influencing and encouraging our young men. A stand out performance.
- Joel Fleet-Stephenson and his World Vision organising team created an outstanding fight for charity night.



- Seniors have volunteered to come back to Makahika to assist with running bush Solo night led by the Price twins.



The Sir Peter Blake Leadership Week this year was an outstanding week where we had a number of speakers visit the school and speak on their thoughts on leadership around a central theme of "Believe You Can". We had three Old Boys from different eras speak as well as two other outside speakers.

Old Boy Dr Gary Hermansson set the tone for the week with his thoughts on leadership outlining that everyone has an inherent capacity for leadership decisions. He used examples from the life of Sir Peter Blake highlighting his humility, passion, inspiration and capacity to help other people as the reason

he was such a great New Zealand leader. Dr Hermansson then inspired our young men with his own story where he failed School Certificate twice with constant reminders that he "could do better" before the light switched on and he went on his lifelong journey having found his passion to complete five university qualifications including a Professorship and PhD. He has been the NZ Team Psychologist at five Commonwealth and five Olympic Games. He identified a number of qualities that lead to success in life: high work ethic; personal effort in the early years; emotional resilience and mental toughness; no gain without pain; treating all setbacks as learning opportunities; finally – operate in the present moment, not in the past or in the future – do not worry. In a nutshell – success is achieved through determination, effort, perseverance and resilience.

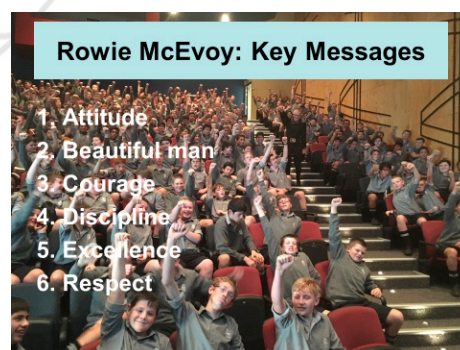
Old Boy Dr Trent Cutts (PNBHS 2003-2007) is a former Head Boy who attended the University of Otago and Griffiths University in Queensland to study Health Sciences and Medicine and he provided a fantastic summary of what he believed young men should be striving to do to succeed in life and in leading themselves to a successful future. It centred around his thoughts on treating everyone as you expect to be treated – with respect. He had made contact with many of his former classmates to get their thoughts and input for his presentation and then he glued together the common themes. They centred on how you treat people – people are the centre piece of your future life. He urged young men to be authentic – be yourself; to be proactive – do not procrastinate; to be patient in finding your passion by first being a master of yourself; he urged the young men to explore a range of career options and eventually your passion will find you your life's purpose. In the end he said that your character will always win in the end and your life will be defined by your character.

MaxFitness professional Rowie McEvoy delivered leadership seminars to Year 9 and 10 and as always she was able to absolutely enthral the junior school with her outstanding and passionate messages and challenges for young men to stand up and make good decisions. Year 10 were captivated by her positive

messages around "Playing to Your Strengths" by surrounding yourself with good friends; being a good guy; leading yourself well; making good decisions and respecting others. Similar messages were delivered to the younger Year 9 students under a general theme of being "Emotionally Intelligent." Rowie rocked the house as always.

Our keynote speaker on Wednesday was André Lovatt, a professional engineer who is the Chief Executive of the Arts Centre in Christchurch and he has also recently been appointed as the Chair Designate of Regenerate Christchurch. In 2015 Mr Lovatt received a Sir Peter Blake Trust Emerging Leaders Award. Mr Lovatt began with an outstanding array of photographs of his life spent overseas overseeing amazing engineering projects in Perth, Dubai and Singapore in his post graduate years following his engineering training before providing his highlights for a young man to succeed at leading. Mr Lovatt emphasised the need to use mistakes made as learning opportunities and he coined the phrase "scar tissue" to emphasise the need to be resilient. He highlighted the need in everything you do to strive for excellence, to be world class at what you do, to have a great attitude and with high self-belief always expect the best from yourself. He highlighted the importance of "joy" – having fun because life is about being happy and positive and you always have the personal choice to find a way to be happy. If what you are doing does not make you happy and is not fun, then go and find something that makes you happy and do it. Under the banner of passion, he encouraged our young men to try different things because only by attempting great things by "stretching" yourself do you fully get the most out of life. He used the examples set by Sir Edmund Hillary, Charles Upham, VC and Sir Peter Blake as role models he looked up to who really courageously stretched boundaries in what was achievable.

On Thursday, our guest speaker was another Old Boy, Squadron Leader Tim Costley, RNZAF. Tim is a helicopter pilot and flight instructor and one passionate, positive role model for young men. He is one of those great examples of just how well you can do when you set goals and put your mind to it. His resume since joining the RNZAF is just outstanding with the magnificent experiences he has had serving his country both in New Zealand and in overseas theatres. Tim told his story which centered on great yarns about his time at school not really doing that well and not taking to physical challenge opportunities but getting by where he was interested. His central slide was from his music tour book to Australia and it was not until very late in his presentation where he hum-



bly pointed out what an ordinary student he had been that he revealed the last line on his picture that had his career goal to be a pilot. In Richie McCaw speak he has gone on to be a GP (Great Pilot)! He described leadership as both an art and a science, but in the end being a considered decision – first to lead yourself and then to make good decisions on a daily basis. It was his view that good leaders are fundamentally good people; that good character makes you a good leader; good leaders persevere and are determined, positive and have self-belief. He certainly thrilled the school at lunch time when an NH90 Helicopter arrived at the school with recent Old Boy Jordan Lloyd on board as well.

The week concluded with a presentation by Mrs Sally Duxfield, owner and Director of Contact NZ, a leadership development consultancy who is also well known to many boys as “Auntie Sally” where she delivers the Tama

### Words of the Week: For Life

1. Scar Tissue: Determination; Effort; Perseverance; Resilience
2. Focus on people and treat them with respect
3. Find your passion and pursue it
4. Your character will define your life
5. Focus on excellence
6. Joy – be happy
7. Stretch yourself with courage
8. Be a beautiful man
9. Attitude
10. First lead self – good leaders are good people
11. Positive self belief
12. Be kind to others
13. Don't waste time – be proactive
14. Serve others
15. Live the school values in life



Scar Tissue: Determination; Effort; Perseverance; Resilience

Tu Tama Ora Outdoor Leadership Challenge to many Year 10 students. To date more than 300 young men have been through this programme. Mrs Duxfield delivered a passionate “thoughts on life and leadership” for young men which was well received. She urged the young men to take their own journey, with the deck they are dealt by playing the best hand they had. Along the way, if they showed

kindness to others, especially the less fortunate little guy, with self-belief, a plan, a “serving others” mentality, without wasting time on FB and PlayStation, live would be good to them. She urged the young men to live the school values rather than just knowing them. Her bottom line challenge was to ask “how are you going to enable others to be great?”

The school was left to digest the messages from all speakers after a long term and a key theme from all speakers was the importance for young men to be in the arena, taking on challenges, with self-belief, grit, determination and resilience, being kind to others and finding ways to serve others positively. Sir Peter Blake would be smiling somewhere on his legacy.

Thank you for your continued support of your young men. The Leadership Journey continues.

## PNBHS involved in UN Global Summit

Creating harmony from hostility and hatred in a divided world? A tall order for Kiwi high school pupils, perhaps, but giving peace a chance in the war-torn Middle East in a simulated UN meeting tested aspiring diplomats from Palmerston North Boy's High School.

They were among pupils from 14 Auckland and seven Manawātū schools who experienced the twists and turns of global diplomacy amid conflict and national power struggles when they took part in mock Global Summits at Massey University's Auckland and Manawātū campuses in June.

Year 12 and 13 pupils were selected for the United Nations Security Council-style setting – complete with flags, an unfolding real-world Middle East crisis, behind-the-scenes manoeuvring, as well as politics staff in cameo roles as a belligerent Russian diplomat and a UN Peacekeeping Operation Force Commander.



Teuila Nosa from Awatapu College and Duncan McDonald from Palmerston North Boys' High, representing Angola

Approximately 30 pupils on each campus spent a day in a round table set up to mirror the UN Security Council, where they became representatives of nations on the Security Council to debate, argue, challenge each other and recommend solutions. Participants were briefed on the history and workings of the UN Security Council as well as a specific Middle East conflict prior to the summits. At the Global Summit, organiser and senior lecturer in international relations, Dr Damien Rogers, explained the origins of the UN Charter, created after the dropping of atomic bombs on the Japanese cities of Hiroshima and Nagasaki at the end of WW II.

Participants learned of its membership, function, rules and procedures, such as the power of veto by its five permanent members (United States, United Kingdom, France, Russia and China), the use of sanctions, and the role of the International Criminal Court.

The scenario evolved throughout the day, from hammering out what to do about the deteriorating situation in Syria and its threat to international peace and security while responding to breaking news, new reports from peacekeeping operations, refugee and human rights agencies, and special instructions from member states' governments.

The exercise revealed to the fledgling diplomats the extent to which notions of good and bad, right and wrong can be obscured and overlaid by issues of national security and self-interest.

“We wanted to create for the students a sense of the dynamics and the difficulties of high-level diplomacy,” Dr Rogers says. Participants had to make decisions based on what they understood of their nation's perspective and its network of global alliances and loyalties.

This included issues such as; what to do about reports of repression of young Syrians protesting the repressive authoritarian rule of Syrian President Bashar al-Assad to responding to reports of the use of child soldiers and of violence against women by Syrian troops; and a call for more UN Peacekeeping troops.

Proceedings heated up when Professor Rouben Azizian, head of the Centre for Defence and Security Studies and former Russian diplomat, delivered an Oscar-winning performance in his impromptu speech as a grandstanding Russian government representative.

By the end of the day, pupils learned that the art of listening and understanding is central to resolving issues, and that compromise is difficult. Unfortunately,” Dr Rogers says, “by the end of each day, the Security Council remained deadlocked, which it is in real life.”

Dr Rogers was impressed at how engaged and articulate the students were at both events. “The students have shown amazing skill and flair in their critical thinking, problem solving and communication – as well as great passion for and knowledge of international issues. Being asked to role play as a UN member state or Security Council member was a huge challenge, but one that's given them real insight into the mind-blowing complexities and tensions of trying to resolve international crises.”

## Performing Arts

### PNBHS Dramafest 2016

Over 5 weeks this term PNBHS Drama presents four different plays which are the major productions for the fulltime Drama option classes from Years 10 – 13.

All performances are in The Little Theatre (Drama H Block behind the Colquhoun Memorial Hall) but please **NOTE THE DIFFERENT TIMES**

Door sales only:

Years 11 – 13: Adult \$5, Student \$3, Family Pass (up to 4 people) \$12  
Year 10 performances only: gold coin donation

Week 3 Level 1 Drama (Mr Greer)  
Monday August 8 5.30 and 7.00pm  
**MOUNTAIN LANGUAGE**  
BY HAROLD PINTER  
*Without language, what do we have?*



Weeks 3-4 Level 2 Drama (Mr Burton and Mrs Lowry/Ms Tutavaha)  
Mr Burton's Class: Sunday August 14 6.30 and 8.00pm  
Mrs Lowry's/Ms Tutavaha's class: Weds August 17 and Thurs August 18 7.30pm  
**Niu Sila**  
written by Dave Armstrong and Oscar Kightley  
*This hilarious but moving play explores the influence of Pacific Island culture in 1980s' NZ*



Week 5 Level 3 Drama (Mr Burton)  
Tues August 23 and Weds August 24 7.30pm  
**Once On Chunuk Bair**  
by Maurice Shadbolt  
An iconic tale that arguably reflects a defining moment of Aotearoa NZ



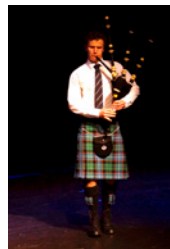
Week 7 Year 10 Drama (Mrs Lowry/Ms Tutavaha)  
Weds September 7 5.30pm and 7pm  
**Dreams** by Barry Kay  
*What do we want for the future? How do we achieve it?*

### YEAR 11 - MOUNTAIN LANGUAGE



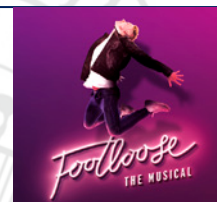
### Annual Music Department Concert

This years Concert A Journey Through Space and Time involved over two hundred students and showed the diversity of talent that we have across a wide range of musical genres.



### PNBHS/PNGHS 2017 Senior production

Onstage in the Speirs Centre for nine performances  
March 16-25



### COMPULSORY information evening:

**Term 3 Week 10 Tues Sept 20, 7.30pm in the Speirs Centre for all who want to audition for cast or band.**

Parents are welcome.

Workshops and auditions will take place in the first three weeks of Term 4 2016. To be guaranteed the right to audition you must either attend this meeting or make a PRIOR apology to Mr Burton via email as below

We teach singing!! While Performance Excellence is our perennial goal, experience is not necessary but enthusiasm and commitment are!

Cast is open to PNBHS and PNGHS students who will be in Year's 11-13 in 2017. Students at any level will be able to apply to join the band and crew.

Interested in doing some background exploration?  
Check out the show website: <https://sites.google.com/a/pnbhs.school.nz/seniorproduction/>

There are also many clips on Youtube.

Any queries to Mr Chris Burton (Director, HOD Drama)  
[burtonc@pnbhs.school.nz](mailto:burtonc@pnbhs.school.nz)

**Junior Musical Theatre's A and B Companies** are continuing to prepare for their Term 4 performances, Big River and Blood Brothers excerpts respectively. Energy and enthusiasm are much in evidence!!

**Junior Play:** the hilarious and well written Hysterical History of the Trojan War has been selected by co-directors Chris Dewhurst (Y11) and Mr Burton. Auditions are nearing completion.

**Theatresports** continues meeting twice weekly in H Block at lunchtimes.

**PNBHS Drama - Find us on Facebook!!!**

We have two public pages:

- 1 PNBHS Drama (posts general Drama information and replicates much of the information from the closed PNBHS/PNGHS Senior Production page for parents.
- 2 PNBHS Junior Musical Theatre which covers all notifications for Junior Musical Theatre (both groups), Junior Play and Junior Performing Arts Showcase

## Library News

We have heaps of new books which arrived in the holiday so come in and browse or use our online catalogue via the Library tab on STRATUS.

Our staunch band of Student Librarians is of enormous help in a variety of tasks around the library. Malachi Hill and Eric McKee have earned their Bronze award and progressed to Silver. Our Head Student Librarian, Aydin Partridge-Long, has almost completed his Gold award, which will be the first time since the Award System has been running. Notable hard workers in the workroom are Nic Frost, Finn Davidson, Nick Punnett, Eric McKee and Conor Wohlrab. Thanks and well done!

This service is an excellent way of earning points towards the Barraclough Award as well. Positions will be available again in 2017 for Year 10's and up, so this might be a service for consideration regarding expanding your high school experience.

Remember the Library is the place to come for research, homework as well as for leisure reading. Compared to many schools, our opening hours are generous – 8am to 4:30pm. If you need any help our friendly staff are just waiting for you to ask!

## Careers Update

### Unit Standards

There are a number of Unit Standards at Level 2 and 3 available for self-study. These are listed on the Stratus Careers Site – under Unit Standards – Self-Study). Seniors may work their way through these and then undertake an assessment to get credits.

### Drivers Licence Unit Standards

Students may get credited with 3 different Unit Standards that count towards NCEA at various levels. Instructions for being credited with these Units are outlined in the Driving Section of the Stratus Careers site.

### Careers Room

While the careers room is currently being used as a classroom during the Art block construction, it is available on a drop-in basis for students needing help with Testimonials, Halls Applications, Unit Standards, and Careers Advice in general. The room is staffed on Wednesday lunchtime and after school and at other after school/lunchtimes by arrangements. See Mr Adams.

### Gateway and Trades Academy 2017

Students considering the Gateway and Trades Academy options for 2017 should be having a chat with Mr Adams (Gateway/Trades Academy) or Mr Johnson (Gateway). Expressions of interest for these programmes will be called for before the end of this term.

## International Students' News



Pong Tingpattana, Sun Xiao Tong, Sam Xie, Oscar Su, Lorenz Schulz, Timo Spitzhorn



Santiago Ochoa, Tomas Elmiger; Bruce Hu;



Jack Huang;



Alex Nguyen helping collect for Poppy Day

It has been a busy start to the term with eight new enrolments and three groups visiting us. Students from China, Argentina, Germany and Thailand have all started well and are now making their way around school with ease. The students in their classes and sports teams have been very welcoming, making the transition an easy one for them.

We also welcomed back Namiki Secondary School from Japan. Their programme consisted of some English classes, sports, Maori, Japanese and Science. Their organisation of the farewell party was outstanding and all attendees had a wonderful time.

We were also lucky enough to host a group from Delhi Public School in India. As part of their programme the boys practised and played cricket, golf, basketball, tennis, squash, shooting, karting, weight training and hockey. We were also lucky enough to have ex-Black Caps Stephen Fleming (current Pune Supergiants IPL Coach) and Jacob Oram to coach them cricket. The boys stayed in our Hostel, College House, and a highlight of the New Zealand boys having our guests from India here was them teaching us Kabaddi. The level of participation and enthusiasm they showed, along with their excellent English ensured a wonderful stay at Palmerston North Boys' High School.

Another school that visited us was Le Hong Phong School from Ho Chi Minh City, Vietnam. They are part of a shared project with PNBHS, Palmerston North Girls' High School and Awatapu College. The students got to attend a number of different classes, including construction, Mathematics, Art, Chemistry and English to name a few. They also got to take part in a golf lesson, a snow trip to Turoa Ski Field and a trip to Te Papa and Wellington.

These visits would not be possible without the wonderful support of the homestay families who did many different activities with them and showed them the New Zealand way of life.

Mr Lance Retemeyer  
Director - International

(l-r) Indian students with Year 13 PE Studies class, about to learn Kabaddi; the Namiki students with their homestays and Year 10 Japanese student minders; Mr Strickland teaches Namiki boys the haka



## Sports Talk with Peter Finch



### PNBHS is running a National Sports Performance Conference 5-7 November

This conference will offer an amazing opportunity for administrators, coaches, managers and trainers of aspiring athletes and teams

It will be an opportunity to listen and interact with many of the leading thinkers and doers in performance sports. There is a strong lineup of speakers and practitioners in applied sports science including **Ryan Somers** who is a National Scouting Director and College Recruiting Expert of the NCSA Athletic Recruiting network in the USA; **Paul Larsen** who is involved in leading the Per-

formance Physiology team at High Performance Sport NZ; **Yvette McCausland-Durie** who is one of NZ's leading netball coaches

and draws on her experiences and educational background to create models infused with Maori links and **Prof. Gary Hermansson** - one of NZ's elite Sport Psychologists - currently in Rio.

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Register now online at  
<http://nzconferences.org.nz/NZSP/>

## Various Sporting and Cultural Reports

### PNBHS Wins Super 8 Badminton



On 30th June 2016, the PNBHS Senior A badminton team travelled to Hamilton to participate in the annual Super Eight tournament. The tournament followed a round robin format among the eight competing schools. We beat Gisborne, Napier, Hamilton's second team and Hastings Boys' High School 6-0 in meticulous fashion. In addition, we also beat Tauranga and New Plymouth Boys' High School 5-1.

In the final, against our prime adversary, Hamilton Boys' High School 1, the PNBHS team showed great heart and camaraderie. Samee Imtiyaz performed exceptionally by winning his singles in two sets against a more experienced opponent. After a shaky start, the score was tied at two all. It was down to the last two games to determine the winner. Through strong performance by our top two singles (Junius Ong and Wei Lim), we prevailed over Hamilton Boys and won the tie 4-2.

Finally, after the lengthy reign by Hamilton of seven years, we succeeded in bringing the shield back home. Overall, it was a great trip as we were not expected to win as Hamilton Boys' have been the dominant force in badminton for so long. This is also a good tournament as it prepares us for the upcoming Nationals tournament to be held in late August, also to be held in Hamilton.

The team was Jordan Richard, Jordan Larsen, Samee Imtiyaz, Liang Wu, Junius Ong and Wei Lim (captain).

### Wrestling and Boxing

**Jack Scrimshaw** competed at the Waikato Champs (30/31st July) and won two silver medals.

1 for 66kg Junior  
1 for 69kg Cadet

**David Minchin** achieved a gold medal and the NZ boxing title for under 40kgs in the holidays.

### PNBHS 2nd XI Football vs Wellington College

Result: 3-0 win to Wellington College

A typically grey and windy day at Celaeno Park framed the encounter between the PNBHS 2nd XI and Wellington College 2nd XI. Wellington College had first use of the strong winds and this made life difficult for the PNBHS defence. Niall Malone was resolute in defence, not giving any ground on his flank. All it took were two defensive errors that Wellington were good enough to capitalise on and consequently had a 2-0 lead at the half. With the wind at their back in the second half, PNBHS dominated the game in terms of possession and territory, constantly hammering away at the goal through an inspiring mid-field performance from captain Darnel Hopkinson-Clayton. Nelson Braddon-Parsons was unlucky to hit the crossbar twice and the post once during periods of sustained pressure. On other days, those shots go in. Such is football. Opportunities were also generated by Samuel Sartie and Matthew O'Leary, who both had strong games but to no avail. Wellington only had one genuine opportunity to score in the second half via a contentious penalty with time expired, which they duly converted for a 3-0 win.



### Top Performers at NI Cycle Champs

PNBHS - Top School at NI Champs for 2016 - Outstanding achievement

1st Places gained by:

- David Martin in U20 Boys A Criterium
- Adam Francis in U14 Boys A Criterium
- Michael Richmond in the U15 Boys Road Race
- Adam Francis in the U14 Boys Road Race
- U20 Boys Team Time Trial (16km) came 3rd

## Polson Banner Remains at PNBHS

### 1st XV - Draw 17 all

The game started rather poorly with a charge down kick inside the first 30 seconds almost leading to an early try for the home side. As it was, a five metre scrum was scrambled clear, but the tone was set for the first half with Napier enjoying territory and possession with the wind at their backs. Two early penalties gave the home side a six nil lead before the game was tipped on its head with two quick yellow cards resulting in the 1st XV spending a period of time with only 13 on the field. This time proved pivotal as the team's defensive pride came to the fore with no points being scored, despite Napier laying siege to our tryline. The return of both players led to an upsurge in tempo and we were able to produce some positive play resulting in attacking forays down the edges in particular. Unfortunately we were undone by a lack of execution both at the breakdown and with our catch-pass and so we were unable to build any consistent pressure. A penalty just before the half gave Napier a 9-0 lead going into the break. However, there were positives heading into the second half given our defence and our brief attacking efforts.

The second half started poorly with an offside at kick off. Shortly thereafter, Napier scored a try from a penalty derived period inside our 22. Napier showed a patient approach to a pick and go based attack and scored to go ahead 14-0. From the kick off, we finally got on the board with a penalty, only for Napier to return the favour and with 15 minutes to it was 17-3. With scoreboard pressure building, the team started to play some rugby in the right parts of the field with intelligent kicking from the backs. This led to some forced errors from Napier and Matene Ruawai was able to finish off a period of strong play close to the line to make it 17-10 with ten minutes to go.

From the kick off, we were again able to head into the 22 and attacked the line with force. Napier, to their credit, repelled a number of attacks before we finally got across with time up on the clock. This left Stewart Cruden needing to kick the conversion to draw the game. Despite a full team charge down attempt, he showed a clear head and managed to guide the ball through the goal posts. The draw meant that we retained the Polson Banner for another year resulting in a massive feeling of relief amongst the team and our loyal band of supporters.

### 2nd XV - Loss 5-53

The team identified the Napier game as one of two that, if played well, would have seen the season finish on a positive note. Unfortunately, the team seemed to run out of energy after the short three day turn around from the Rotorua exchange. The 2nd XV's slow start into the game allowed Napier to grab easy points in the first 20 minutes. From there, the team was forced to play catch up rugby. The 2nd XV really failed to fire any shots except for quick thinking Jack Sturmey's quick tap from a penalty which resulted in him scoring in the corner. The end result was a 53 - 5 loss.

### U16 XV - Loss 10-38

The boys travelled to Napier in a confident mood after a good win the previous Saturday. The game started with Napier controlling the ball and putting phases together. Some good defence looked to have averted the danger but a mis-read allowed their 1st 5 to exploit a gap and give Napier a 7-0 lead. The game then evened out before a long kick found space and their centre showed remarkable pace to score in the corner and the lead was stretched to 14-0.

PNBHS showed some good spirit to respond and a series of pick and go's saw Usaia Fonongalao crash over and reduce the deficit before fine interplay from backs and forwards saw metres gained and an inside ball from Taine Evans allowed Thomas Ellmers-Ropitini to score in the corner and it was game on at 14-10.

Unfortunately, from this point, PNBHS lost their shape and structure and allowed Napier to take control of the game. Napier used the wind very well and pinned PNBHS in their 22 for long periods of the second half and scored three further tries to win the game 38-10.

### Colts XV - Loss 5-27

U15 colts came into this game desperately needing a good win heading into tournament week. Unfortunately, we were not in the game in the first half and Napier raced out to a 24-5 lead at half time. We played well in patches but again struggled to finish off opportunities. The second half came and we finally 'got off the bus', but it was too little too late. The second half was 0-0 until full time when Napier kicked a penalty to win 27-5.

### U14 XV - Win 38-24

History has shown on this away fixture the U14 rugby team normally get well beaten. With this in mind, we have worked hard to turn this around.

With the pitch being hard and fast, the team played very constructive rugby to go into half time 33-7 up, with the tries being well spread among the boys and added to by a masterclass kicking demonstration from Logan Love. The second half proved to be more of an arm wrestle with the defence being soundly tested. Another achievement for the boys in winning 38-24 and another step in the right direction.

### Prem A Basketball - Loss 70-74

The Prem A played Napier in their annual exchange on Wednesday. The team started well driving to the basket and forcing Napier to foul. Up 21 - 9 at 1/4 time and with Napier in foul trouble, PNBHS were in a dominant position.

The roles reversed in the second quarter with PNBHS collecting the first five fouls of that quarter. Napier closed the score to trail 38 - 37 at half time.

The score was 60 - 58 heading into the 4th quarter and with the score ebbing and flowing it was always going to be a tight finish.

Napier had a strong run and were up 72 - 62 with just over a minute remaining. Clever use of their timeouts and a never say die attitude meant the Prem A got back to within four. Napier were under pressure and made mistakes. Unfortunately Palmerston North could not take advantage and Napier went on to deservedly win 74 - 70.

Jack Henry again led the way with 19 points and Dewehji Akran had a strong defensive game.



## Annual Huge Exchange with Napier Boys' High School



### 1st XI Football report

The 1st XI played Napier Boys' High, drawing the match 1 – 1. In the first half, the team didn't really get out of 1st gear and were dominated by a competitive Napier team. Fortunately, the 1st half ended at nil all, although Napier had several chances to take the lead. After a half time "rev up" by coach, Mr Dawson, the boys stepped up the tempo and started to create chances for their front men. After a nice through-ball by energetic Troye Aitken, Thomas Viles found the back of the net, to put the team 1 nil up. However, with the game in the bag, the defence failed to clear the ball from the box and Napier pounced to score and equalise the match. Of note, captain, Taylor Monk played his 100th game for the 1st XI football team.

### 2nd XI Football - Win 3-1



A firm track and settled, sunny weather created perfect footballing conditions which took the PNBHS team by surprise, as this is something they have not been used to this season. The Napier wings and striker were clearly causing the PNBHS back trio concern as they were given too much space early on and their pace threatened breakouts at every opportunity. Napier took the early advantage through strong midfield play which capitalised on a defensive error from PNBHS. The away team stayed in the hunt though, with captain Darnel Hopkinson-Clayton settling the team down and leading from the midfield. A tactical formation change at half time and shrewd substitutions bolstered the PNBHS midfield, and the extra player in the defence took the impetus away from Napier. Jett MacGregor-Dunn regularly found Matthew O'Leary on the left wing and after Samuel Sartie levelled the scores early in the second half, PNBHS were buoyed while Napier's confidence started to flag. A bullish run straight through the centre from Jett was finished in superb style and gave PNBHS licence to play an expansive and attractive style of football. Nelson Braddon-Parsons scored his third goal in three consecutive games, ably assisted by the crossbar, with 6 minutes left to well and truly take the game from Napier. Result: a comprehensive 3-1 victory for the 2nd XI, who played the entire game with intensity and resilience. The team can be proud of their best performance so far in the 2016 season.

### Junior Football - Draw 2-2



The game started with both teams playing good possession football. The four four two formation, would have worked had Kaykay Adeyinka been fully fit. Kaykay, noted for his speed, was pulling up when chasing for the ball and he had to be substituted early in the first half. Palmy had the better of the first half and put Napier under pressure and forced a free kick outside the box. Luke Minshull made no mistake and struck the dead ball, past the defensive wall, into the top corner. The one nil in the 23rd minute, was also the half time score.

Early in the second half, Zac Farmer's through ball past the Napier defence gave Fergus Johnston the opportunity to slot the ball past the goalkeeper. This two nil lead was short lived, as Napier's attack was allowed to go unchallenged and gave them the lift to come back into the game. Napier followed up with a very good attack and Kyle Rowe had no chance of stopping the high ball to equalise in the 13th minute of the second half. The final score a 2-2 draw.

### 1st XI Hockey Win 8-3



The 1st XI Hockey Team beat NBHS 8-3 in the traditional sports exchange. After a very lacklustre start PNBHS scored early through a Brendan Payne penalty corner drag flick. Ben McAlley and Bradley Grapes both added a goal each during the first half. The score was 3 -1 to PNBHS at half time.

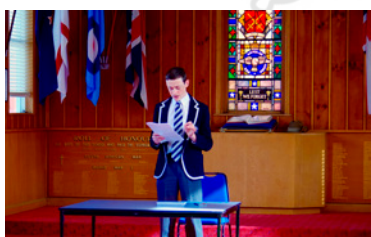
The second half started in much the same way with poor marking and basic skill execution from PNBHS. Napier Boys' were allowed to get themselves back in the game scoring two quick goals shortly after the break. At 3 all, PNBHS had some soul searching to do to lift their game to the standard that is expected of the 1st XI hockey team. The last 10 minutes of the match saw PNBHS score five goals. Three of these to Felix Foertsch, another to Brendan Payne and one to Ben Blyde resulting in the 8 - 3 final score.

### Senior Debating - Loss



Aidan Berkahn, Ronan Carroll and Denzel Chung took on a strong NBHS team in a limited preparation debate. They had one hour to prepare their material and think through their strategy to affirm that "Action should be taken to limit immigration in Europe." It was a spirited debate. Our boys chose to give a model that included refugees as immigrants (rather than a more narrow definition of immigrants as people moving freely from country to country). Because of this, the negating NBHS moral argument that the rights and safety of refugees are paramount, won the day.

### Junior Debating - Loss



The Junior debating team, comprised of William Wood, John Cole, and Andrew Karatea, affirmed the moot that 'Russia should be banned from the Olympics'. The team was well-prepared and put forward a robust case in an articulate and sophisticated manner. They were able to rebutt several of the negating team's points and examples, and had their first experience of dealing with questions interjected by the opposing team. However, Napier Boys' adjudicating team decided, by a very small margin, that the negating team was more convincing, and awarded the debate to Napier Boys' High School. John Cole was named as first equal best speaker in this debate.



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PNBHS Old Boys Association



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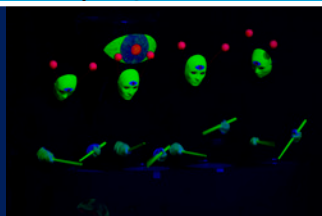
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*Year 9 Haka Challenge*



*Music dept Concert 2016*



*Polson Banner Exchange*



The two tries that  
saved the day in  
1st XV match -

left: James Stratton  
right: Matene  
Ruawai



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The school acknowledges the above businesses, who through their significant sponsorship arrangements, assist us in developing young men of outstanding character. We appreciate their support and encourage you to also support them in return



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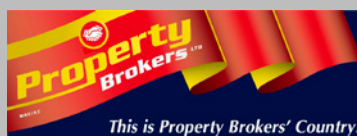
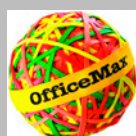
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## The French Language and Culture Tour Group 2017

The French Language and Culture Tour Group 2017  
is selling olive oil from The Village Press in Hawkes Bay.

1 L Bag 'n Box (Barnea)	\$20.00
Varietal 3 bottle giftpack (Barnea, Frantoio & Picual)	\$20.00
Infused 3 bottle giftpack (Lime, Lemon & Garlic Infused)	\$20.00

Whether you want to dunk it, drizzle it on a salad or cook with it, it is delicious and great value.

If you would like to purchase some of this oil, please fill in an order form from the Main Office and leave it and the money at the Main Office, or contact Mrs Alison Dickinson at school 354-5176, email: [dickinsona@pnbhs.school.nz](mailto:dickinsona@pnbhs.school.nz).

The olive oil will be delivered mid-October.

**Thank you for your support!**



## PNBHS International Homestay Information Evening



Dear parents,

Palmerston North Boys' High School International Department would like to invite interested families to an information evening about becoming one of our homestay families.

Palmerston North Boys' High School International Department and a panel of current homestay parents will be there to share their experiences and speak about the support you will receive and answer any questions you may have.

There will also be light refreshments provided.

**Where – College House Function Room,  
Palmerston North Boys' High School**

**When – Thursday, 8th September 2016**

**Time – 6:00pm – 7:30pm**



Hosting an international student is a rewarding and enriching experience, provides an opportunity to explore new cultures, languages and create lifelong relationships.

Homestay families will be remunerated \$230 per week for each international student.

Please feel free to pass onto any friends or family. It is not a requirement to be a parent of a current Palmerston North Boys' High School student in order to be one of our homestay families.

**For catering purposes, please register your interest to Wendy Christophers, Accommodation Manager, at homestay@pnbhs.school.nz or 06 354 5176 ext 775 by Monday, 5th September 2016.**

## WHITE STAR LINE TOGETHER WITH PNBHS The Commerce Department INVITE YOU TO BOARD THE TITANIC



Saturday September 3rd, Two Thousand and Sixteen  
Tickets \$60 from the PNBHS Finance office

**Last years SOLD OUT so get in now!**  
**Ian Colquhoun Memorial Hall, PNBHS, from 7pm - late**

*With guest performance from  
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## COMMERCE TOUR BALL

ON SATURDAY THE 3RD SEPTEMBER WE WILL BE HOSTING THE 2ND COMMERCE TOUR BALL AS A FUNDRAISER FOR THE 2017 COMMERCE TOUR. THE THEME THIS YEAR IS THE TITANIC.

THE COST PER TICKET IS \$60 AND THIS INCLUDES ENTRANCE AND NIBBLES THROUGHOUT THE NIGHT. WE HAVE AGAIN SECURED THE SHANE CORTESE BAND WHO WERE FANTASTIC IN 2015.