



Palmerston North Boys' High School

Newsletter 2016 - October



Clay Target Shooting team at nationals with some of the ammunition sponsored by Hunting and Fishing



Campbell Stewart holds aloft the trophy for the U20 Points Race



Old Boy Rolf Leenards opens the new section of the New Gym. He is wearing the new Old Boys blazer. Details will be going out to Old Boys soon with details of how to purchase one.



Award winners in the ICAS Science competition.



SOAP Choir perform in a choral showcase held at St Andrew's in the City along with other choirs from PN



Prem A Basketball team lose National final by one point after a great tournament





From the Rector Mr David Bovey

Let me be clear here – the donations all schools receive from parents are crucial for the operation of the school. Without them, of course, many schools would struggle even more than they are now.....We are the school we are because of what we can offer our young men, and we can only do so with the financial support we receive from donations.

Dear Parents,

This last newsletter for 2016 celebrates an impressive range of achievement. Indeed, this year has been yet another remarkable year in terms of what our young men have achieved.

In noting these achievements it is often easy to overlook the effort that leads to success. Often we see the finished product: be it on a field, on the stage, in a classroom. We don't always see or appreciate the time, the energy, the commitment that goes in to preparing our young men for their success.

Such preparation requires focus and discipline, concepts that aren't often considered in the same breath when discussing young men. But to watch some of the recent solo performances from our senior Performance Music pupils, one could not help but marvel at not only the talent on show, but also on the hours upon hours of practice that went into performing at such a level.

For some, discipline seems to be an outdated word. Yet it is as vital now as it has always been, especially at this time of the year. Our senior pupils, in particular, are heading towards their NCEA examinations and they should have been in preparation mode for some time. Many will have been given the proverbial kick up the backside by the school examinations last term and will know they have a mountain to climb if they are to achieve academic success from the year.

For some, it is all too easy to hope that some last-minute study will save them. We have seen this fail on countless occasions, with many young men lamenting the fact that if only they'd worked a bit harder here, studied more there, they would have been okay. It isn't about being okay; it is about achieving the academic success that one is capable of. Too many young men have had to repeat courses or, in some cases, entire years simply because they have failed to work hard.

Throughout the period of study leave, we ask that you, as parents, ensure that your son is studying, that he is working when he needs to and that he is as prepared as he can be for his examinations. Do not accept an excuse that he 'only needs x to pass'. He needs to study. He needs to put in the hard yards. For some, that might mean giving up video games for a few weeks, or ignoring the temptation to spend half his time on social media, or socialising with friends. These distractions could ultimately be the difference between passing and failing.

If we are to see our young men achieve the success they want this year then they will need to earn it. Nihil Boni Sine Labore.

It was interesting to note in the recent holiday break the media returning to the theme of donations in schools. Even more interesting that our school was a focus, along with another of our Super Eight comrades, when another ten or so schools were mentioned in the article. Since the Ministry decreed that schools could no longer, in many instances, charge fees donations have been a real focus.

Let me be clear here – the donations all schools receive from parents are crucial for the operation of the school. Without them, of course, many schools would struggle even more than they are now. As I said in the article, the perception that donations are used for luxuries or put in a tin for a rainy day is so far wide of the mark. The donations at PNBHS are used to fund teaching and learning programmes; they fund extra staffing that the government does not pay for; they go toward facilities that again the school receives no state funding for. In short, the operational funding we receive is insufficient for what we as a school aim to achieve for our young men. We are the school we are because of what we can offer our young men, and we can only do so with the financial support we receive from donations.

To all those who have supported us throughout the year, thank you for your contributions. All the best for the rest of the year. To those young men leaving, thank you for all you have done for the school in your time here – we wish you well for your future wherever that may take you. To those returning, we look forward to the challenges and opportunities a new year will bring.

Enrolments 2017

We have reached capacity for 2017 and as a result the enrolment scheme has had to be enforced. A waiting list is now in operation and continues to grow. Given the numbers at the senior levels, we are again looking like starting the new academic year with around 1,800 young men.

Technology in the Classroom 2017

As previously noted in the newsletter, it is the school's intention to extend the use of laptop computers that can be brought from home by Year 10 pupils next year. Thus, it is strongly encouraged that all young men in Years 10-13 bring a laptop to school when required. The growing demand for computer use, particularly for assessment work, has placed added demands on schools and their IT networks. Thus, there is a very limited availability of computers for use at school and this will be even more so next year, hence the importance of having a laptop. We also have to keep in mind the government's intention that, within a few years, there will be some online assessments even to the extent of having examinations online.

There will be a number of courses where having a laptop will be a necessity at the senior levels and the young men involved in those courses will have been made aware of that.

David Bovey
Rector

Student Achievement

- **Academic** – at the final assembly of Term 3, the Year 13 accelerate students who achieved A grades in their Massey University papers were recognised.
- **Basketball** – the Premier A team won the local Senior Men's competition for the first time in the lead-up to the NZSS tournament held in Palmerston North. Two nights later they won the Manawatu Secondary Schools title; the Junior A team also won their grade on the PNBA finals night.
- **Shand Shield** – the annual Winter Tournament took place in the last week of last term. Albion won the chess, junior and senior basketball and quiz; Kia Ora won the junior football, senior hockey, senior volleyball and the shooting; Murray won the senior rugby and junior hockey; Phoenix won the junior rugby and junior volleyball and Vernon won the senior football and the golf.
- **Rugby** – Te Ariki Te Puni was named in the NZ Maori U18 rugby team. Staff member Mr Rehutai was one of the coaches, while another coach, Mr Rua Wanoa, is an Old Boy.
- **Academic** – winners of certificates in the ICAS Science Competition were presented with their awards at an assembly last term. Paul Kaiser, Year 9, received a High Distinction award, placing him in the top one percent of entrants from around Australasia and the Pacific.
- **Academic** – certificates were also awarded to those who had performed well in the Otago Science Quiz. Nick Slegers, Year 11, finished third in New Zealand for his year group.
- **Student BOT Rep** – three candidates presented their campaign addresses at an assembly last term. Alan Kirk won the ensuing election and will be the student representative on the Board of Trustees for 2017.
- **Triathlon** – Darren Hirschberg finished in 15th place in the 18/19 year's category at the World Triathlon Championships in Mexico.
- **WWI Commemorations**



Stuart Turrill and Matthew Watts (left) were both selected to attend the WWI commemorations in France. Stuart won a place as part of the Shared Histories project between France and New Zealand while Matthew represented the NZ Cadet Force.



- **Racing car driver Brendon Hartley** and his two team-mates recently won their third straight event in the World Endurance Championship.
- **Shand Shield** – in the Choral Competition Kia Ora finished first, followed by Albion, Vernon, Murray, Phoenix and Gordon.
- **Canoe Polo** – the PNBHS 3rd team won Division Two in the local competition.
- **Chess** – Cameron Van Rynbach won the U14 grade in the MSS Chess Championships last term. Sol Ross won the Open competition, with Malachi Hill runner-up and Matthew Clayton third.
- **Cycling** – the Senior A team won the Sir Bernard Ferguson Trophy in the time trial for just the second time at the NZSS Championships held in the first weekend of the holidays. The team of Campbell Stewart, David Martin, Andrew McKenzie, Madi Hartley-Brown and Dylan Simpson won the title by 5/100ths of a second. In the Road Race, Jack Pronk was second in the U15 B race, while Dylan Simpson won the U17 event. Campbell Stewart was second in the U20 race. In the Points Race Madi Hartley-Brown

won the U17 race and Campbell won the U20 event. Campbell won the points race in his respective category for the last five years – i.e. every time he was involved. Overall, PNBHS finished third.

- **Rugby** – Brayden Iose recently captained the NZSS team in their victories over Fiji Schools and Australia Schools. Matene Ruawai was selected for the NZSS Barbarians team, effectively a SS B team, who also beat both Fiji and Australia.
- **Basketball** – at the NZSS Nationals, the Premier A team finished runners-up. Superb performances throughout the week saw the team make the final for the first time since 1995. Against defending champions Rangitoto College the team was down 35-60 at half time, but fought their way back and were leading 80-79 with seconds remaining. Rangitoto hit a long shot with half a second to go to win 82-80 on the buzzer. A fantastic game. The boys' reaction afterwards was superb and the team and their supporters performed a haka to the victors.
- **Clay Target Shooting** – the Senior A team finished fifth at the NZSS tournament in Christchurch during the holidays. Max Edwards won the South Island Points Score event and Jack Gibbs, from the B team finished third in the Single Barrel. Max and Richard Simpson were selected for the Wellington Region team. Max and Tate Ferguson won the South Island two-man teams event in the Skeet while Max was the DTL and Skeet champion for the South Island.
- **Water Polo** – the U14 A team finished third at the Nippers Cup tournament in Lower Hutt.
- **Old Boys** – Aaron Hape was recently named as an Associate Fellow of the Royal Commonwealth Society.
- **Old Boys** – Chris Pither finished 11th in the recent Bathurst 1000 driving for the New Zealand Super Black team.
- **Leadership** – a group of Year 12 pupils recently attended the yLead Conference in Rotorua.
- **Swimming** – Xavier Hill continued his good form to win two bronze medals while representing NZ at the Australian Inter-State Competition. At the NZ Short Course Nationals he won the 15yrs 200m butterfly and was the youngest swimmer to qualify for the Open Men's final. He also won four silver medals, setting a new Manawatu Open Men's record in the 100m butterfly.
- **Swimming** – Chris Arbuthnott won seven gold medals at the NZ Short Course Nationals and made three PBs. He won the 50m and 100m butterfly, the 50m and 100m freestyle, 100m and 200m individual medley and the 100m backstroke in the AWD categories.
- **Academic** – Callum Goacher (right) won the Massey University Year 12/13 Japanese Speech competition.
- **Martial Arts** – at an international tournament in Budapest, Hungary, Alex Petrovich won two gold medals, Matt Bowden a silver and Jack Watson a bronze in their respective categories.



- **Karting**: Jacob Cranston and Thomas Greig recently won the NZSS Karting championships.



From the Deputy Rector

We are of course aware that the motivation and inclination to study and revise comes more easily to some young men than others. While parents cannot do the work for their sons, your encouragement and support will make a significant impact on the quality of revision that your son undertakes.

Examinations

Examinations are looming and it is essential that young men are giving themselves the best chance to achieve to their potential through an organised and committed revision programme. We are of course aware that the motivation and inclination to study and revise comes more easily to some young men than others. While parents cannot do the work for their sons, your encouragement and support will make a significant impact on the quality of revision that your son undertakes.

You can assist by:

- Ensuring there is an appropriate study space in the house. It needs to be a quiet space with sufficient room for him to be able to spread out exercise and textbooks.
- Working with your son to establish a revision timetable. It is important that time is allocated to all subjects and achievement standards – not just those he enjoys or finds easy. Extra time and effort must be allocated to those areas that are challenging.
- Ensure your son gets plenty of sleep, regular exercise and has a healthy diet. These three factors will ensure he can study effectively, can concentrate in examinations and remains in good health during the examination period.
- Getting enough sleep is essential. Research over the past decade has confirmed the relationship between sleep and learning in adolescents. Because so much is going on in adolescents' brains - they are learning so much at such a fast pace, especially as they prepare for examinations - they need much more sleep than their parents; 9 1/4 hours per night has been identified as the optimal sleep time for adolescents. Please note: this is time asleep, not simply time in the bedroom where digital distractions can often reduce that figure significantly. (source: 'The Teenage Brain: A Neuroscientist's Survival Guide to Raising Adolescents and Young Adults').
- Ensuring your son gets enough sleep might involve some difficult discussions and tough decisions around his access to digital devices in his bedroom for the next few weeks.
- Research has linked physical fitness to academic achievement. Encouraging your son to remain physically active during the examination period is important.
- You are what you eat - what you eat and drink affects your performance in any activity, especially one involving mental sharpness. As a parent, you should try to ensure that your son eats and drinks nutritious food during the coming weeks. Help him to avoid grazing on junk food, this can be very tempting at times of increased stress.
- Make sure there is an accessible copy of the examination timetable displayed prominently at home. Unfortunately, each year there are a small number of young men who miss their examinations because they have relied on their mates for information rather than consulting the examination timetable. In such situations there is nothing that can be done to help; they are simply ineligible to gain the available credits.

Young men returning to PNBHS in 2017 need to be aware that there are prerequisites they need to achieve in order to be accepted into each subject and to move from one NCEA level to another. These prerequisites are independent of NCEA level certification and are based around the demonstration of sufficient background knowledge and understanding to proceed in a subject. The message from us is very simple; all young men must aim to achieve to the best of their ability and not be satisfied with anything less than their very best effort.

NCEA examinations begin on Wednesday, November 9. Your son will receive personalised information regarding his examinations. If

he is unsure of any details please consult the NZQA website (www.nzqa.govt.nz) or contact the school. By enrolling for NCEA your son is agreeing to abide by all NZQA assessment rules and procedures and that he will follow the instructions of the examination supervisors. All school rules also apply throughout the examination period. Please remind your son of the following in particular:

- He must bring his admission slip to all examinations.
- Cell phones are not permitted in examination rooms.
- PNBHS expectations in relation to grooming apply at all times. It is important that he attends to this as having to sort issues out prior to an examination starting will create unnecessary stress for him.
- No student will be allowed to enter an examination room after the first 30 minutes.
- Students sitting Scholarship examinations are required to bring photo ID as well as their admission slip.

It is a Palmerston North Boys' High School expectation that students remain in the examination room for the duration of their examination. We also expect that students will make a genuine attempt at all Achievement Standards they have been entered in. Achieving this will require that students make use all of the time available to them. Non-attendance at an examination, or leaving an examination early, will void a student from consideration for awards at the school Prizegiving.

Derived Grade Process

Should your son miss an NCEA examination through a legitimate illness or injury he may be eligible for a derived grade. In this instance, the grades he received in the school end-of-year examinations will be used to help determine his final grade. If your son finds himself in this position, please contact the school immediately. Official evidence of the injury or illness, such as a medical certificate, is essential. Further information about the derived grade process can be found on the NZQA website.

Accelerate/Massey University Programmes

It is timely to provide another reminder to accelerate students that they require a minimum of a Merit average if they wish to continue in the accelerate programme in 2017. Students who intend to take Massey University papers in 2017 are reminded that as well as having a Merit average at Level 3, they must also gain the University Entrance qualification. Tentative enrolments for 2017 Massey papers have been taken. If your son has not completed this process it is essential that he contacts Mr Benn at school as soon as possible.

Stationery and Workbooks 2017

Many of you will have read an article that appeared in the media during the school holidays in relation to school fees and donations. In order to meet the requirements of the Ministry of Education in relation to school materials, stationery packs for junior students and any workbooks (write-on-notes) at all year levels will no longer be supplied through school. Stationery and workbooks for ALL year levels 9-13 will be sold by OfficeMax online at myschool.co.nz/pnbhs. We are currently working on the Stationery lists and we will let you know when you are able to purchase for 2017.

Other schools have found this to be an efficient way for parents to purchase their son's materials. You will be able to purchase most class requirements, including workbooks, through OfficeMax. There are some subject resources that will need to be purchased through school; this information will be specified on the stationery lists which will be available on-line.

Resilience

Resilience is an essential quality for young men during the examination period. By their very nature examinations are stressful, especially so for young men who may be struggling academically, or for those who may not have made the effort they could have throughout the year. Even for those young men who are well prepared, questions that were different to what they were expecting, or a change in the format of the examination paper, may be enough to throw them. Having the ability to recover readily from such frustrations and disappointments is important. Dwelling on problems is not productive.

You can assist your son with a quick debrief after each revision session or examination. This will allow him an opportunity to vent his possible frustrations and give you an opportunity to steer him in a positive direction. Brevity is key, and statements such as "You should have done more work during the year" will not help. Your son is after your support and encouragement so that he can make maximum use of the time that is available to him. Young men often find it difficult to put their struggles and concerns into perspective and consequently fairly minor concerns can, at times, become all consuming.

You can assist by providing this perspective. Difficulties and failure are a fact of life and all of us have to face these issues at times. The most important thing is how we respond to setbacks. Viewing them as opportunities to learn is vital, as it is not the setbacks that define us, it is the manner in which we respond to them. Author James Michener summarised this eloquently when he stated that "Character consists of what you do on the third and fourth tries."

Summer Learning Loss

Summer learning loss is the decline in academic skills and knowledge over the course of the summer holidays. While not a common theme for discussion in New Zealand, it has been the subject of much re-

search in overseas settings. The decline in learning varies between age levels and subjects. A common finding across numerous studies is that, on average, students scored lower in mathematics and reading tests at the end of the summer holidays than they had on the same tests administered prior to the holidays.

Recreational reading plays a key role in maintaining literacy skills. Parental encouragement and role modelling of regular reading during the holidays is therefore important. Providing a range of different experiences, and opportunities to do 'new' things over the summer holidays, can also go a long way to alleviating summer learning loss.

School Prizegiving

Our annual school Prizegiving takes place on Thursday, December 15, beginning at 7.00pm in the Arena 2 stadium. The Prizegiving is a highlight of the school year and allows the school community to celebrate the achievements of our young men in a diverse range of academic, cultural and sporting areas. All students are expected to attend the Prizegiving and an invitation is extended to all families and friends of the school to join us for the evening. At the conclusion of the Prizegiving, all Year 13 Leavers are invited to the 'Leavers Supper' in the school hall, provided by the PTA.

Defaulters

Ensuring the return of textbooks, library books, sports uniform and other equipment which has been issued to students, along with the payment of school fees, is an essential exercise at the end of each school year. These matters need to be attended to by 1.30pm on Thursday, December 15, otherwise your son will be placed onto the Defaulters List. To avoid being put in this position, I encourage you to work with your son to ensure that he has met all of the necessary commitments. If you are unsure of your current position with regard to school fees, please contact Ms Marika Hoppe in the Finance Office

BACK TO SCHOOL MADE EASY

- **Your Choice** - buy online or in-store OR simply download a copy of the class list requirements for your child.
- **Price Match Promise** - find a lower price and we'll match it! Conditions apply. See myschool.co.nz for details.
- **Free Delivery** - for orders over \$57.50. You can choose delivery to home or work. See myschool.co.nz for delivery windows.
- **Earn Rewards for your school**



“I use OfficeMax MySchool for all our back to school supplies.”
— April Ieremia, parent

myschool.co.nz Phone 0800 724 440 Fax 0800 367 724 Stores nationwide

Careers Update

Unit Standards

There are a number of Unit Standards at Level 2 and 3 available for self-study. These are listed on the Stratus Careers Site – under Unit Standards – Self-Study. Seniors may work their way through these and then undertake an assessment to get credits.

Drivers Licence Unit Standards

Students may get credited with 3 different Unit Standards that count towards NCEA at various levels. Instructions for being credited with these Units are outlined in the Driving Section of the Stratus Careers site.

Trades Academy 2017

Students considering the Trades Academy options for 2017 should be having a chat with Mr Adams. The application process is well underway. If students hope to attend the Trades Academy next year they need to move fast.

Careers Information

Parents and boys are encouraged to visit both our Facebook and Stratus sites regularly for updated careers information and suggestions.

Facebook: PNBHS Careers and Pathways

Stratus: Students/Careers

Update from the PTA

Another year nearly over and the PTA have been busy. Upcoming events include the staff Christmas function, staff morning tea and the leavers' supper all supported voluntarily by the PTA. Thank you to all our helpers and members who support the PTA.

We would really appreciate donations of sporting goods and uniform that can be used in a sale in January to benefit students/families in need. So please have a clean out and contact us for collection or send to the school office – a great way to give back and help fundraise for the PTA.

Contact: pnbhspta@gmail.com
0272409324 or 021825792



Mau Rākau 2016



The students travelled to Rākoutātahi marae for the annual Mau Rākau grading. Learning new techniques and drills and of course establishing relationships were highlights of the wānanga. Fantastic to see new faces from Pahiataua and Marae-nui. Congratulations to those who went on to higher pou. Thank you to our māngai who spend hours on end giving

knowledge to their students. Thank you to the cooks and our local people who helped out where ever they could. Very much appreciated and you are never forgotten.

Hei whakamutunga māku, he mihi mutunga kore ki te haukāinga o Takapau i whai wā ki te tautoko i te kaupapa ki roto, ki waho o te whare. I akiaki i te mana o te tangata nō reira kei raro koutou i te korowai aroha.

Library News

We are having a good term with new books still pouring in, among them some great donations. This is a timely reminder of the great legacy Leavers can give to their school in the form of donated books in their field of interest, whether it be a thriller or a sports biography. We insert a book plate in the front of the book so that all borrowers can see the name of the leaving student who added it to our collection.

Sadly, we now say good-bye to some of our perennial Student Librarians, Aydin Partridge-Long (Head), Stuart Turrill (Deputy Head), Malachi Hill, Timothy Cen, Harry Dickons, Diamond Gore, Hamish Taylor and Conor Wohlrab who have all worked voluntarily for two or more years. We have enjoyed having one of the largest group of Student Librarians in many years – 30 helping us at one time. Year 10s and up can apply in the new year to become part of the team.

Our books are as popular as ever with more copies of great books being bought so that there is less waiting time for them.

Leadership Programme Update

As another year draws to a very quick end, eleven years into the programme it is important to say thanks because in writing the summary of the leadership programme for 2016 and having recently completed another brief on the programme to the Board of Trustees, there was a theme that ran through which suggested our young men in the senior school have evolved to a point where they are certainly leading the school confidently and well.

Recent news that the International Boys' Schools Coalition Research Project: Character Education in Boys Schools, which will commence in 2017, will also give us a clear purpose and direction to take what we are doing to the next level – this seemed to be another thread to suggest that much of the hard work we have been doing is paying off.

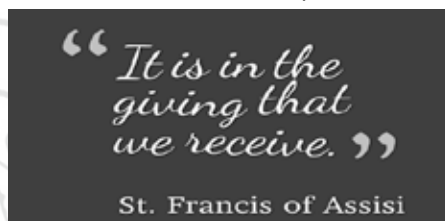
So to all who have been working so hard over so many years to develop educated men of outstanding character, thank you for your efforts.

- To Mr O'Connor and Mr Hart and Mr Stephenson and the 2005 Board of Trustees who listened to Celia Lashlie and took the risk to establish the PNBHS leadership education programme and to Mr Bovey and the current Board of Trustees who continue to develop the character education programme – thank you.
- To the many young men, teachers and parents, the outside individuals and organisations (too many to mention but you know who you are) who have put your heart and soul into the school vision: thank you.
- Most of all, thank you to the young men who have stood up to the challenge to lead, the challenge to stand out from your peers, to do the right thing when no one is watching, to do your very best, to be uncommon and pursue excellence, to destroy mediocrity and be the out-

ers who believe that anything can be achieved with a lot of hard work, a touch of common sense, a true moral compass and a sound values and belief system – you are living proof that good things do happen.

- To the many young men who led without a badge, with the badge of courage pinned in their pride for the school, you made a huge difference with your great attitude and role modelling.

Thank you – in giving, you receive so keep up the model of servant leadership



Ten Year 12 students recently attended the yLead Rangitira Leadership Conference in Rotorua (sponsored by Old Boy Mr Bill Ker-mode) with about 100 peers from fellow Super Eight boys' and girls' schools. The intent was to inspire them to continue raising the beam in education and character in our school in 2017. Whatever position they hold in the school next year, they will benefit from the leadership development they received. They have considered proposals to assist in making their school better in 2017 and these have been presented to the Rector and Deputy Rector. There is no doubt that through their vision to "ignite passion and pride for the school and its culture through participation and respect", they will succeed in continuing to build a good foundation in the area of mentoring for future PNBHS students to develop and grow in confidence.

In conducting final interviews and reviews of the goals and achievements of the 254 seniors in the Barrowclough Programme, the power of

this programme continues to speak for itself: not only does it provide these men with something to strive for, it is proving to be the point of difference when applying for positions in the senior school and beyond school when applying for positions in hostels and for university scholarships.

Seizing the Day. Many of our young men are stepping up to lead and take advantage of a number of opportunities to lead and make a difference.

- Benji Pritchard attended a World Vision Leaders Scholarship in Auckland and will continue in 2017 to build on the excellent work of Joel Fleet-Stephenson raising funds for this worthy organisation.

- Two young Year 10 students spent a day in Linton on a Westpac Bank sponsored Apiata Challenge, where they were mentored by Willie Apiata, V.C., a very special day for them.



- Learning Leadership winds up this term for Year 9 with "Delegation of Passing the Buck" and for Year 10 with a session on "Character". These sessions follow on from sessions on "Boys' Rules for Dealing with Young Women" and a review of character education at Tama Tu Tama Ora which has seen close to a quarter of the Year 10/2017 cohort apply to be challenged in this programme next year.

The leadership journey continues.

Paul King
Leadership Director

Barrowclough Programme 2016

Background

The Barrowclough Programme (junior school) and Barrowclough Award (senior school) were launched in 2009. The Barrowclough Programme and Barrowclough Award are named in memory of a prestigious old boy, Sir Harold Barrowclough, KCMG, CB, DSO and Bar, MC, ED. He dedicated his life to serving New Zealand in two professions in both the military and in law. He rose in both professions through his committed and dedicated service built upon strong personal core values of courage, respect, integrity and humility to proudly serve his country working very hard throughout his life pursuing excellence in all that he undertook.

He was a prominent sportsman, academic and leader at school from 1907 to 1912 where he obtained a university scholarship and was Dux Litterarum, was a member of the 1st XV Rugby team for three years, was the Head Boy at College House and Head Boy of the school. He was also Captain of the Debating team and wrote the first Palmerstonian. He studied Law at Otago University, and he served his country in both the First and Second World Wars. He was awarded the Military Cross for his "exemplary gallantry during active operations against the enemy" as a Company Commander during the Battle of the Somme and later was decorated with the DSO for "conspicuous gallantry and able leadership" whilst commanding the 4th Battalion later in this campaign. During World War Two he was awarded a Bar to his DSO for his "conspicuous bravery and brilliant leadership" as the Commander of the 6th NZ Brigade during savage fighting around Sidi Rezegh during the second Libyan campaign. He reached the rank of Major-General and was selected to command the 3rd NZ Division in the Pacific. Following World War Two and after a long career in law, he became the Chief Justice of New Zealand in 1953, a role he fulfilled for 13 years. He was appointed to the Privy Council in 1954 and was instrumental in the formation of the Court of Appeal as a separate court in New Zealand.

Rationale

The Barrowclough Programme assists the achievement of the Palmerston North Boys' High School vision To Develop Educated Men of Outstanding Character, who embrace the school values of Courage, Humility, Industry, Integrity, Pride, and Respect. This is achieved through encouraging young men to strive to fulfil their potential in all aspects of their lives. The Barrowclough Award provides extra incentive and recognition to young men in the senior school who seek to challenge and extend themselves.

In the junior school, the Barrowclough Programme recognises young men who have gained positive attitude grades in their end of year reports, have had excellent levels of attendance and have been involved in school and extra-curricular activities. Stu-



dents who meet these criteria are presented with a certificate that acknowledges their successful involvement in the Barrowclough Junior Programme.

In the senior school, students have the opportunity to enter into the Barrowclough Award scheme. Through their pursuit of excellence across all aspects of their schooling and full participation in the wider life of the school as well as participating in community service initiatives, they have the opportunity to gain points during the year. Accumulation of a certain number of qualifying points will result in the awarding of either a Gold, Silver or Bronze certificate of recognition.

At Year 11 and Year 12, the Barrowclough Award recognises a young man's all-round participation in the wider life of the school, while at Year 13, there is a greater focus on in-depth involvement and reflection. The Bronze award is within the grasp of all young men who approach their schooling in a committed manner while the Gold award provides an incentive to those who are highly motivated to extend themselves further.

The Barrowclough award provides young men with a point of difference and a goal to strive for in serving their school and pursuing excellence across as many fields as possible. Barrowclough Programme students are stand out candidates for formal leadership development as they pass through the senior school and it places them in a position to compete for Prefect positions in the school.

Over time we would like to see the Barrowclough Programme and the Barrowclough Award become nationally recognised, the recipients to be renowned as 'Educated men of outstanding character' who display the values of courage, humility, industry, integrity, pride and respect, and of course for Palmerston North Boys' High School to be recognised as the institution that has developed these outstanding young men.

Barrowclough Programme and Award in 2016

2016 is the sixth year in which the Barrowclough Programme and Barrowclough Award have been delivered to all year levels throughout the school.

The Barrowclough Programme

- Key components of the Barrowclough Programme are the Leadership Seminars delivered by Mr King, involvement in community service and extracurricular activities and the Merit Referral process.

- This is supported by 110 Year 13 students who act as mentors to all Year 9 and 10 form classes.
- A positive classroom attitude is encouraged, and recognised at the end of Year 10 with the awarding of the Barrowclough Programme Certificates to those young men that have met the required standard.

The Barrowclough Award

- At Year 11 and 12 a key component of the Barrowclough Award are the Barrowclough seminars delivered by Mr King.
- 124 Year 11, 91 Year 12 and 53 Year 13 students are enrolled in the Barrowclough Award in 2016.
- Senior students have been challenged to show greater leadership and get more involved in the junior school – the feedback from the students involved has been very positive.
- The following recipients achieved a Gold Barrowclough Award in 2013, 2014 and 2015 thus earning the right to be presented with their final award at the 2015 Prizegiving: Samuel Dobson, Likhit Dukkupati, George Gaimster, Bogo Lee, Tom O'Connor, Benjamin Pigott, Hayden Washinton-Smith, Colson Verdonk, Patrick Watts.

Merit Referrals

The number of Merit Referrals being made by staff, and the range of activities covered by these referrals continues to increase. This has resulted in greater recognition for young men who approach their schooling in a positive manner.

Merit Referrals are coveted by the students and are an excellent way for students to show that they understand and aspire to our school values of Courage, Humility, Integrity, Respect, Pride and Industry.

Community Service

The focus on community service through the Leadership and Barrowclough Programmes has continued.

Examples of community service activities that students choose to participate in:

- Poppy selling – 40 students volunteer to sell poppies for the RSA in the Palmerston North CBD.
- Sixtus Lodge Working Bee – Barrowclough students give up their Saturday to paint, clean and repair Sixtus Lodge.
- Ronald McDonald House Appeal - 60 students collect throughout a number of central city locations during the school day and afterschool. Approximately \$6000 is collected by our young men.
- NZSS Cross Country Marshalling – 25 students marshal for these races.

- NZSS Karting Champs Marshalling – Students marshal at these Champs at Longburn.
- Te Kawanu Rugby and PTA Jazz festival also used Barrowclough students for their activities
- Red Socks Day – Red socks are purchased by students to celebrate the Sir Peter Blake Trust.
- Foodbank – Approximately 400 food items are collected from students, and passed on to the Palmerston North Food Drive.
- Blood Donor Day- Students and teachers donate blood to the Palmerston north Blood bank.
- Manawatu Science Fair Youth Judges – Students are Science Fair judges and ushers.
- Ronald McDonald Supper Club Waiters -

Students are waiters for this fundraising event. Over \$50,000 is usually raised.

- College St School, Junior & Senior Secondary School Regionals, National Secondary School Basketball Tournaments. – Many students are involved in refereeing/score benching these four tournaments.
- Aged Community Care – Prefects spend time in their holidays speaking and singing to an Aged Care Community.
- Fred Hollows Foundation Appeal - Annual Fred Hollows Foundation appeal and fundraising activities. Money collected funds operations to restore sight to 50 people affected by cataract blindness.
- Care For Our Coast – All Year 9 students clean up the beach between Himatangi and Foxton, organised in conjunction

with the Sir Peter Blake Trust's 'Care for our Coast' programme.

- Relay for Life - 40 Year 13's participated in this event and raised well over \$3000 for cancer research by getting sponsors.
- World Vision Sausage Sizzles – A series of sausage sizzles took place in Terms 1 and 2 to raise money for World Vision.
- School Service Opportunities – A number of opportunities occur throughout the year where volunteers are requested to assist such as guides for school open day, set up for science fairs and young men are eager to assist where they can.

Summary. The Barrowclough Award has raised the bar with regard to leadership and character development at Palmerston North Boys' High School. It provides a pathway of pursuing excellence for all students as they pass through the school.

Performing Arts

PNBHS/PNGHS Senior Production 2017

March 16 – 25



Onstage in the Speirs Centre All Bookings online at www.patronbase.com/_PNBHS

an Berkahn, Nick James, Digby Werthmuller, Finn Davidson, Matthew Taylor, Lewis Halewood, Joseph Medyckyj-Scott, Keun Hee Lee, Ryan Ngarimu, Zain Collins, William Wood, Jacob Aull, Andrew Karatea, Nico Lieffering, Caleb Houghton, John Cole, Oliver Lodge, Josiah Nevell, Kyle Dahl, Hayden Day, Oliver Inman, Cameron Babb, Zac Maskill, David Kakrada, Andrew Matheou, Matt Deakin, Jonas Aichberger (German Exchange student in 2017).

PNBHS: Amy McLaren, Katie Atkins, Anya Darby, Geneva Christensen, Emily MacKay, Shania Mika-Tamihana, Anna Stewart, Anna Dombroski, Madi Pomana, Myah Miranda, Phoebe Allan, Annabel Orwin-Higgs, Sophia Wright, Laura Dodd, Sidney Gilchrist, Lisabet Morgan, Alex Hooper, Sharne Molloy-Turpin, Lauren Argyle, Courtney Laing, Miriam Carr, Stacy McDonald, Riley Booth, Lily Viles, Lily Warnock, Amy-Mae Sorrell, Amelia Williamson, Lily Bourne, Ariannah Reid, Nomuma Amarbat, Elizabeth Cocks, Phoebe Moir, Brianna O'Malley, Grace Mainwaring

Footloose Cast

With 90 students auditioning this was a remarkably intense process and a first for our team to deal with such numbers of talented, determined and promising performers. Many of the 26 who were not selected would have been in previous years - we were privileged to work with them all and have them share their voices and drama skills with us. A cast of 64 will certainly demand some cunning onstage manoeuvres from the director and his assistants! We are now in the process of workshopping and auditioning the principal roles.

Cast:

PNBHS: Charlie (Charles) Johnson, Jake Richter, Christopher Dewhurst, Aid-

Junior Performing Arts Showcase 2016

Onstage Week 8 for three evening performances (Tues 29/11, Weds 30/11 and Thurs 1/12) and two school matinees.

This year's Showcase will feature the Junior Concert Band in M3 (Speirs rehearsal chamber) followed by these performances in The Little Theatre:

- Junior Play (The Hysterical History of the Trojan War),
- Zac Maskill's award winning Hip Hop solo and
- Junior Musical Theatre A Company present an excerpt from Big River.

The list of commitments for the Music Department is finally beginning to get shorter.

In one of the last community service performances, OK Chorale performed for the Red Cross Meals on Wheels drivers. This ends a number of diverse events for Stage Band and Chorale and was followed by a performance at Feilding Intermediate supported by pipers and drummers. The students were an awesome audience to perform for and were hugely enthusiastic. These gigs are valuable inspiration for the next crop of budding musicians.

On Saturday, October 15, Son of a Pitch and OK Chorale combined with Freyberg's Bella and the Fellas and Junior Choir for an end of year choral showcase at St Andrews in the City. With a large crowd in attendance, each group provided a solo programme covering a range of styles; the evening concluding with some massed items (pic right). This was the last performance for Son of a Pitch this year with OK Chorale still to perform at prize giving and PNCC Christmas in the Square on December 17.

Great news for OK Chorale, with five current members selected for the 2017-18 National Secondary Students' Choir. Daniel Hodgetts, Keun Hee Lee, Josiah Nevell, Robin Park and Carson Taare add their names to this list of more than twenty past OK Chorale members who have been selected for NZSSC.



In their final performance of the year Stage Band presented a Dine and Dance evening at the Manawatu Golf course; this is a great way to round off the year for the very hardworking Stage Band and their leader, Mr Lauridsen. With auditions well under way for production and next year's Stageband and OK Chorale, there is little time to rest and reflect before we begin it all again.

Sports Talk with Peter Finch



A huge and heartfelt thanks to all of the winter teams, managers and coaches for their tireless work over the winter terms. Also to the Teachers in Charge of the winter codes who do many hours coordinating and supporting their codes so the boys have the best experience possible. Together we have achieved many great things but none bigger than the sheer numbers of our young men who are involved in a positive, chal-

lenging physical pursuit through the darker and often wetter terms of the year.

Term 4 brings some spring weather, the smell of cut grass and the ushering in of the summer codes. The Manawatu Secondary Schools' Sports Awards have been held and was dominated by athletes from PNBHS. The 1st XI cricket have started particularly well with two wins from two in the men's grade.

Results wise, 2016 has been one of the most successful years with multiple World and Oceania Champions, over 30 NZ representatives and an equal number of National titles, three winning and several top three placings at National teams events, Top school overall in Super Eight Schools with four wins and eight top three placings. This only

focuses on our elite, but the truth is most of our athletes are playing the best they can at many levels and for sharing fun and excitement.

The largest challenge for many of our senior boys is maintaining or restoring the balance in life and ensuring that whilst they strive for sporting fulfilment, they also need to be setting and achieving academic goals. After a long year playing and training and, for some, as they transition from one top sport to another, study habits can be smudged over; they should instead have top priority.

As the year lurches to its end in mid December, I need to give thanks to TBI Health who have assisted many staff and pupils with Physiotherapy, Countdown Rangitikei for their support of our breakfast for athletes programme and Rubix Studio for assistance with individualised programmes and programme support. Thanks again to all those who have made an effort this year and well done to those who have been successful in enjoying sport and growing into well balanced and educated young men of outstanding character.

*Peter Finch
Director of Sport*

We were involved in many National Tournaments



Water Polo

The school holidays were a very busy time for the school's younger water polo players. The Under 14 team played in the Nippers' Cup in Lower Hutt and the National Championships held in Tau-

ranga. The Under 16 team played in their Nationals Championships held in Auckland. Jake Thompson managed to play in every single one of the 21 games played over the two weeks, scoring an impressive 30 goals.

Under 14's

The Under 14's started the holidays off by playing in the Nippers' Cup Tournament over the first weekend. The team learned a lot over the weekend playing against sides from Wellington.

An 11-all draw against St Pat's Town started the weekend off well before we got hammered 19-2 by Hutt A. A comfortable 15-8 victory over Maranui B was followed by a 24-2 hiding from Maranui A in what was a long day of water polo.

Sunday morning saw us beat Hutt B 15-3 before losing 20-3 to Hutt A in the semi-final.

The team claimed the bronze medal with a solid 8-7 victory over St Pat's Town despite having to have a reshuffle when Zac Tutty copped a bleeding nose in the goal. Ryan Cutler was outstanding on offence in this tournament, scoring 22 goals.

In the second week of the holidays, a slightly changed team travelled to Tauranga to play in the Division 2 National Championships.

- Rotorua proved a tough task in the first game with the team missing the strong centre forward presence of Ryan.
- In the second game a strong Marist team took us to task, but the 18-1 score line wasn't indicative of the opportunities that we had started to create.
- A 7-all draw against Mountfort Park was somewhat disappointing considering we lead 5-2 at halftime.
- We then destroyed Sea Wolf 16-2, with Jake Thompson scoring

7 goals in his 7 minutes in the pool and Trent Forman making giant strides at centre forward.

- A tense plate semi-final against Southland saw us snatch a 5-4 victory from the very jaws of defeat.
- Tired boys then struggled to make headway in the plate final, eventually going down 11-5 to Waitakere.



Under 16's

The Under 16's travelled to Auckland in the first week of the holidays for the Division 2 National Championships. The team started well, defeating Marist 12-8, before losing to North Harbour C, 16-3. A 14-10 victory over Mountfort Park was followed by a crucial 10-3 loss against Tauranga B where we couldn't seem to put the ball in the back of the net.

These results saw us in the plate section. A good 8-5 win over North Harbour D was followed by a scrappy 7-6 win over Sea Wolf B. The result of the game against Waitakere Teal did not affect the outcome of the tournament so the PNBHS team was split in half and played a game within the game. The half of the team lead by Matthew Gray triumphed by one goal in the 15-12 victory. A rematch against Mountfort Park was the plate final. This game was marred by a brutality against one of the opposition and a misconduct and an extraordinary number of ejections against us. Despite the numerical advantage we had in the pool, poor shooting and tired play saw us lose 8-10 to finish 10th. Cam Pomana had an exceptional tournament and was unlucky not to score more than 22 goals that he managed. His explosive work at centre forward will be an asset in the future.

Hamish Eagle, Finn Martin and Cam Pomana from this team were selected to participate in the Wellington Regional Training Centre, which is effectively a Wellington area representative team. These boys stayed in Auckland and played in the Regional Challenge for three days after the conclusion of the nationals.

National SS Small-bore Shooting Championship

This year's competition was held over the middle weekend of the Term3/4 holiday at the Blenheim Small-bore Rifle Range. The team comprising of Cameron Eveleigh (Capt.), Harry Kinghorn and Lachie McNair left Palmerston North on Friday morning to catch the afternoon ferry to Picton. However, due to a delay of several hours, the boat docked late and caused a significant delay to our departure. Luckily the weather was calm and the voyage pleasant. Phoning ahead we were able to request that the range remained open to accommodate our late arrival for practice.

An early start on Saturday was necessary to ensure the team also attended the morning practice shoot. The main competitions, for the 19 teams attending, commenced at 0900hrs with 3 rounds of 10 shot cards. Taking most of the day to complete, the finalised scores showed that PNBHS had improved their national standing to 13th place over the previous year. Additionally, Cameron was selected to shoot for the North Island in the annual match against the South Island. Happily, the North Island regained The Plate after it had been resident in the South for several years.

Individuals' aggregate scores were finally used to select the 12 students for the New Zealand team, which went on to challenge the UK in a postal shoot. The last position to be filled was selected from 4 shooters all having the same score. This included Cameron. Unfortunately, Cameron missed out on a place by the smallest of margins when the 'inners' were counted.

The mixed team event, where all the schools are mixed up to create multiple squads for another Plate Match, was won by Harry's team.

The competition organisers at Blenheim did an excellent job throughout the weekend. They were also able to accommodate an early finish, to enable us to catch an earlier return boat. Another good crossing and back to Palmy by 2100hrs. (Much earlier than the original 0100hrs.)

Our thanks also due to Jono Phillips and his partner Helen who are well known and highly regarded shooters from Palmerston North. They travelled to the event and were a good inspiration to the team.

Top 5 placing for clay target shooters at nationals

The first weekend of the holidays saw our A and B teams head to Christchurch for the national championships. This was a three-day shoot with the South Island 'Down The Line' (DTL) champs on Saturday, The national DTL champs on Sunday then both the South Island and National Skeet champs on Monday. In total, there were well over 300 individual competitors with 62 teams from 38 different schools.



Saturday saw the teams not do so well but some great individual efforts. Highlights being Max Edwards who won the South Island Points Score event and Jack Gibbs, from the B team, gain third (boys) in the Single Barrel.

The national champs on Sunday saw the A team place 5th - ahead of all the other Super Eight schools. In doing so, they equalled their second best team score of the season. Over the two days, seven of our 10 boys shot at least one 'possible' to qualify for a shoot-off.

Representative teams are chosen by Fish and Game regions. Two of our shooters made the Wellington team - Max Edwards and Richard Simpson.

While our top skeet shooters finished just outside the individual placings, Max Edwards and Tate Ferguson won the South Island two-man-teams event and Max was the South Island combined DTL and Skeet champion.

In summary, all of the boys put every effort into their season. They all shot to, or above, their potential and that is all we can ask. When you put your best effort up and someone is better than that on the day, then good luck to them. Looking ahead we have a large base of talent that has now been built up. This will create real pressure to make our top two teams next year. This can only be a good thing. With another year of experience, which breeds all important confidence, the up and down 'rollercoaster' effect will flatten out and we will be a very hard team to beat.

Thanks to the Palmerston North Gun Club, Simon O'Connor and Charlie Meyer of the local Hunting and Fishing franchises for their support of clay target shooting at PNBHS.

New Zealand SS Road Championship

Levin and Manawatu

Saturday 24 and Sunday 25 September

Team Time Trial

Junior Team Time Trial

This year we had seven teams entered in the junior team time trial, which is the largest number we have ever entered at this level. Our Junior Teams C/D/E/F/G all raced exceptionally well and it was great to see all the hard training these teams had put in rewarded with solid times.

Our Junior A and B team results were disap-

pointing and unfortunately both teams did not deliver the results they were hoping for.

Senior Boys' Team Time Trial

Our Senior B team only had one training ride together as a full team and finished a commendable 15th overall and placed 4th out of all the B teams. This was a great result from a young team and was an experience they can learn from.

Our Senior A team of Campbell Stewart, David Martin, Andrew McKenzie, Madi Hartley-Brown and Dylan Simpson were involved in the closest finish in the 49-year history of the event.

The team beat Auckland Grammar by five hundreds of a second. This result was an outstanding achievement for the team and only the second time in the history of the event that a Palmy Boys' team has won.

Both Madi and Dylan who are Year 11, will be able to bring the knowledge and experience of this race to the team in the coming years.

For Campbell, David and Andrew this was an outstanding way to finish team time trialing for Palmy Boys'.

1. PNBHS A 21:33.19

15 PNBHS B 23:52.97

National Road Race- Hiwinui

The Manawatu weather was at its best on the Sunday for the road race, with strong gusty westerlies and frequent rain making riding conditions tough for all.

In the **Under 14** race we had a strong group of riders competing. Adam Francis 7th, Sam Parry 8th and Fergus Lloyd 10th were the best placed of the 8 riders we had in this age group.

The **Under 15** race saw Michael Richmond just miss out on a podium place finishing 4th in this age group. It was an impressive display of determination from Michael who was still recovering from a crash he had only had a week earlier. Jamie Dennis (12th) and Blain Quinn (17th) also finished in the lead pack.

Jack Pronk finished 2nd in the Under 15 B race along with Taine Ata (8th) and Matthew Cooper (9th) finishing inside the top 10. This was an outstanding achievement from these riders who have shown a massive improvement in their cycling over the year.

The **Under 16 A** grade consisted of a huge field of riders which took to the road for two laps of the 18km course. Max Taylor was the best performer in this grade coming 7th, this was a sound result from a promising young

Tournament Reports continued

rider. Ethan Craine (15th) and Angus Claasen (17th) also came in with the main bunch.

The **Under 16 B** grade saw close racing with the riders staying together until the end for a sprint finish. Luke Scott (9th) and Sam Phillips (11th) both had strong performances in this race.

In the **Under 17** grade Dylan Simpson took away his first ever New Zealand Road title. Dylan was in a breakaway group with two other riders both from Hamilton Boys' High School. Dylan showed outstanding composure and skill to outprint the two other riders. This was an outstanding achievement for Dylan who is developing into a sound rider both on the road and track.

Adam Martin (11th) showed he has the ability to take on the best riders for his age and Madi Hartley- Brown crossed the line in 16th place.

The final race of the day was the **Under 20's** race involving 3 laps of the 18km course. Campbell, David and Andrew were a small team who were up against some schools with 8 to 10 riders racing. This race came down to a mass bunch sprint with Campbell just getting pipped at the line by a rider from Auckland Grammar. This was an impressive race from Campbell considering the Auckland riders did their best to help their team mates and restrict Campbell.

David Martin (16th) finished in the lead pack, David worked hard in the race to break away from the group but couldn't find other riders

to assist him.

Points Race- Manfeild Park/ Feilding

The **Under 14** race did not go to plan with 4 of our riders involved in an accident at the start of the race. All riders required medical help however, Adam Francis (2nd) road a very strong race winning one of the three sprint laps and picking up points on the other laps. Ewan Cousins also road well to finish 12th and this was his first race back after injury.

In the **Under 15** race our riders struggled to get themselves in good positions for the sprint laps, therefore they could not pick up points regularly. Aiden Jones (6th) was the top place getter which was a pleasing result for a young man who has come a long way this year.

In the **Under 16** race our riders again struggled to get themselves into position to gain points on the points laps. However, Angus Claasen showed his potential by winning the final sprint lap to finish 4th overall.

Madi Hartley-Brown dominated this race right from the start, he showed his tactical awareness and skill to win two out of the four sprint races and then picking up points on other sprint laps. Dylan Simpson had another strong showing in this race finishing 5th, this completed a very successful national for him.

In the **Under 20's** race Campbell Stewart was the hot favourite to retain the points race title he has won for the past four years.



Campbell did not disappoint showing his tactical knowledge to dominate and control this race from the start. Campbell won four out of the seven sprint laps along with accumulating other points. David Martin (9th) supported Campbell and helped with controlling the peloton and chasing the breakaways.

The PNBHS team finished 3rd overall in the school's competition behind Takapuna and Auckland Grammar. Unfortunately, we couldn't win the top school which was a goal of the team, we struggled in a number of grades where we did not get riders inside the top 10 and due to our junior A and B time trial teams struggling to reach their potential. This meant we did not get vital points required.

Photos by Magnum Images



Old Boys play against the School - Football, Hockey and Rugby 7s



Old Boys vs 1st XI Hockey Match

The annual Old Boys' versus the PNBHS 1st XI hockey match was played on the Friday before Labour Weekend, together with the rugby 7's and football (cricket match cancelled due to inclement weather).

The hockey result was a 4 all draw, maintaining the impressive Old Boys' dominance over the 1st XI in the last few years. However, it was a close fought match this year as the Old Boys' goalie got delayed at work and never played and a number of other players were unavailable due to holiday commitments.

With no goalie, the 1st XI struck two early goals and their goalie Tom Tremain made some fine saves for them. However, recent Old Boys' Matt Hunter, Ben Molloy, Myles Houlihan, Robbie Marshall and Aaron Purser soon had the Old Boys' team dominating and levelling the scores. A see-saw battle ensued and the final result was a fair 4 all draw. Another successful Old Boys' match which was played in good spirit was again discussed at length at the after match function.

Back row: Tom Tremain (1st XI goalie), Jake Blanks (1st XI coach and guest player), Old Boys' – Matt Hunter, Aaron Purser, Jason Peel, Robbie Marshall, Myles Houlihan, Ben Molloy, Joseph Watts, Blake Gloyn, Bruce Kensington (absent Matt Chard).

Front row: Jake Hanna, James Akuhata, James Harris, Alan Kirk, Thomas Walshe, Levi Loudon, Ben McAlley, Matt Peel, Ben O'Connor, Bradley Grapes, Ben Blyde.

Old Boys vs 1st XI Football, winning 7 – 4

The 1st XI Football team played an Old Boys invitation team on Friday, winning the fixture 7–4. The high scoring game was played in a free flowing style which saw goals being scored at both ends of the park. Boys' High opened the ledger early in the game, with a fine strike from captain Taylor Monk, followed up by Than Oo, who thumped the ball into an open net. Not to be out done, the Old Boys team responded with a fine header by Adam Cowan which rocketed into the net, beating the 1st XI goal-keeper, Ben Burnley. The score see-sawed throughout the game, which was played at a high pace, considering the age range of the Old Boys' Team. Towards the end of the encounter the game opened up with both teams finding the back of the net on numerous occasions. The superior fitness of the 1st XI was

probably the main difference between the two sides. Adam Cowan, Craig Morrison, Saul Treadwell, Jason Hayne, Reon Higgs and Nathan Cooksley all displayed a fine touch in certain parts of the game, ably backed up by Jamie How, John van Lienan and Ian Robinson. For Boys' High, Taylor Monk, Than Oo, Thomas Viles, Zac Magos, Luke Palfreyman, Sam Henley-King. Alex Saunders-Malouf and Lewis Atherton all had solid games. Fittingly, the game started with a minutes silence to remember Steve Burnley and his services to football at PNBHS.



Old Boys

Andrew Pitcher, Adam Cowan, Nathan Cooksley, Robbie Laird, Trevor Kenyon, Jason Hayne, Craig Morrison, Saul Treadwell, John van Lienan, Matt McCullum, Reon Higgs, Aaron Clegg, Jamie How, Dalin Wilson, Jamie Stableford, Ian Robinson, Issac Dickerson, Mathew West, Richard How, Brendan Ross.

1st XI

Zac Mangos, Troye Aitken, Ben Burnley, Thomas Viles, Jett MacGregor-Dunn, Sam Henley-King, Luke Minshull, Finlay McRae, Than Oo, Lewis Atherton, Taylor Monk, Alex Saunders-Malouf, Luke Palfreyman, Sam Jones

Old Boys vs School - Rugby 7s

It was great to see many of the Old Boys turn up at least an hour before kick-off to find some rhythm and timing. A few players had bulked up since leaving school, so the current team knew it would not be wise to play a confrontational and physical game against them.

The Old Boys got off to a great start in game one winning 20 – 14. In the second game a mixture of our Senior A & B players moved the ball wide to create a number of scoring opportunities. Andrew McDougall showed some 'razzle dazzle' with his kick and chase game, allowing the Old Boys to trail by one try with two minutes remaining in the second half. The game finished with a long range try by the current boys to lead and take the game out 19-15

The third and final game saw the current boys get out to a quick start by setting targets wide and forcing the Old Boys to chase hard. Liam Giltrap showed some real pace and determination to stop several players from scoring. Strong games by Remi Halpin and Jacob Hewetson-Talamaivao allowed the current team to take the final game out 28-21.

A sincere thanks to all the Old Boys who made the effort to be a part of a great afternoon of 7's Rugby. We look forward to being part of this regular Old Boys fixture afternoon alongside Hockey, Football and Cricket in 2017.



Back Row: Chris Round, Elyjah Crosswell, Reece Brosnan, Jarrad Cruden, Ben Nixon, Massimo Kiri Kiri, Liam Giltrap, Jamie Maoate, Matt Maoate, Fabien Kiri, Daniel Monaghan, Andrew McDougall, Tevita Fehoko, Mayden Tupuivao.

Middle Row: Blain Quinn, Lafo Takiari-Ah Ching, Sean Pape, Tyler Laubscher, Taine Evans, Jacob Freeman-Broderick, Wiri Chambers, Korie Winters, Remi Halpin, Cameron Osgood, Melo Tuimana, Connor Close, Livai McGoon, Israel Young-Eparaima.

Front Row: Te Ariki Te Puni, Ethan Helu-Makasini, Joseph Mafi, Jackson Scully, Jacob Hewetson-Talamaivao, Sila Sinamoni, Semisi Oliveti.

Prem A Basketball Pipped at the Post

Having won the local school and mens competitions, the Prem A knew nationals would be a big step up. In pool play, PNBHS had five wins from five games to qualify top of their pool. They beat Selwyn College 90 - 81, Rosmini 76 - 73, Hamilton Boys' 75 - 55, Hastings Boys' 83 - 55 and Te Awamutu College 81 - 66. Rosmini won the Auckland secondary school championship and Hamilton were top qualifiers from their zone so winning that pool was a huge achievement. It also meant the Prem A avoided meeting defending champions Rangitoto in their cross-over game.

Instead they played Westlake Boys' in the quarter final. Westlake, a powerhouse of New Zealand secondary school basketball are used to playing finals basketball but PNBHS were more hungry for the win, and despite a late surge, PNBHS won 94 - 91 to make the top 4 playoff for the first time since 2007.

PNBHS had not beaten New Plymouth in any interschool fixture for over three years so they were underdogs going into the semi final. The Prem A had a lot of respect for New Plymouth and prepared well in advance knowing it would be a tough battle. The pace of the game was frenetic and the team were humbled and inspired by the massive vocal crowd. New Plymouth got out to an early lead but PNBHS tied the scores up at 15 - 15 by quarter time. The starting five of Haize Walker, Tama Fa'amausili, Oscar Oswald, Jack Henry and Callum McRae were up for the task and were working well as a team. Points were evenly distributed between them with them getting 13, 12, 12, 14 and 6 points respectively.

PNBHS out-scored New Plymouth 17 - 6 in the second quarter and were 15 points ahead at one stage. Mike Knight, Levi Penno, Philip Turia and Dewehji Akran all contributed off the bench. In most games it comes down to the last couple of minutes and this is where PNBHS showed integrity and industry. As Coach Miles Pearce had warned them "You will have to go to dark places and risky situations to win this game". Although PNBHS led for 34 of the 40 minutes, New Plymouth had a late run and could have come out on top. In the end PNBHS won 59 - 53.

PNBHS had last played in the National secondary school final in 1995 whereas their opponents and defending champions Rangitoto were regular finals contenders. Rangitoto were also the form team of the tournament and had big wins in all their games leading up to the final so the Prem A's knew they were in for a tough game.

Rangitoto got easy baskets and were up 31 - 16 and 60 - 35 at the end of the first two quarters. PNBHS were in trouble and were heading for a 60 point hiding. In the 3rd quarter PNBHS changed their tactics. Callum McRae, after a quiet first half, dominated and took control of the second half. Callum ended up with 33 points and 17 rebounds. Oscar Oswald scored 22 points.

The rest of the starting five were dwarfed by their opponents but the large, loud crowd willed them on and they challenged every play. Rangitoto's shots missed or were intercepted and PNBHS's shots were good. PNBHS out-scored Rangitoto 31 - 8 in the 3rd quarter and had a run of 19 points.

Rangitoto were up 68 - 66 at the start of the fourth quarter and the rabid crowd sensed an upset. PNBHS's secret weapon, their school pride, was evident as the crowd organised a rousing haka that got PNBHS out to a 2 point lead. With seven seconds to go and the game tied at 79- 79, Haize Walker went to the line and sunk one of his two free throws to put PNBHS out to a potential match winning 79 - 80.

However, the fairytale was not to be and Rangitoto threw a miracle ball that went in on the final buzzer to win 82 - 80.

Congratulations to both teams for putting on a remarkable game but extra congratulations goes to Rangitoto for their back to back national titles.

Although disappointed not to win, the character shown by the PNBHS side will be remembered for many years to come. Congratulations to Callum McRae and Oscar Oswald for making the tournament team and comiserations to Haize Walker who had a stellar tournament and must have been close to also being named.

Photos below by Magnum Images



Homestay an International Student



Hosting an international student is a rewarding and enriching experience, provides an opportunity to explore new cultures, languages and create lifelong relationships.

Homestay families will be remunerated \$230 per week for each international student.

Please feel free to pass onto any friends or family. It is not a requirement to be a parent of a current Palmerston North Boys' High School student in order to be one of our homestay families.

For further information and to register your interest, please contact

Wendy Christophers, Accommodation Manager, at homestay@pnbhs.school.nz or 06 354 5176 ext 775



BACK TO SCHOOL MADE EASY

- **Your Choice** - buy online or in-store OR simply download a copy of the class list requirements for your child.
- **Price Match Promise** - find a lower price and we'll match it! Conditions apply. See myschool.co.nz for details.
- **Free Delivery** - for orders over \$57.50. You can choose delivery to home or work. See myschool.co.nz for delivery windows.
- **Earn Rewards for your school**



“I use OfficeMax MySchool for all our back to school supplies.”

– April Ieremia, parent

myschool.co.nz

Phone 0800 724 440

Fax 0800 367 724

Stores nationwide

The Athlete's Foot
school rewards program

With a shoe expertly fitted by one of The Athlete's Foot Fit Technicians, your child will have the right support for all of the school activities and sports they take part in every day. We stock a large range of school shoes to ensure there are options for everyone.

Plus with our School Rewards Program, every school or sports shoe purchased means a donation, of your school's choosing, is given back to the school.

☐ \$15 SPORTING EQUIPMENT OR
☐ \$15 THE ATHLETE'S FOOT VOUCHERS OR
☐ \$10 CASH

Is your school on board?
Ask in store for participating schools and more details on how to get your school involved.

THE IMPORTANCE OF FIT

- ☑ Single athlete's feet are different and they continue to develop until they're 18.
- ☑ Due to continual growth and development, it's essential to get their feet measured properly every time they need new shoes.
- ☑ Every school day is filled with a range of different physical activities.
- ☑ The right fit helps performance and reduces the risk of injury and problems.
- ☑ With The Athlete's Foot highly trained Fit Technicians, getting the right FIT is easy with width options and 15 sizes.

CLUBFIT
Rewards and Benefits Card

REWARDING YOU FOR FINDING YOUR FIT

Join The Athlete's Foot Loyalty ClubFit™ program, you'll be rewarded for each fit you find. It's just our way of saying thanks for your loyalty.

The membership card is your entry into the program. All you need to do is pop it in your wallet, then flash it every time you purchase at any one of our 10 stores New Zealand wide or online. You'll get 1 point for every \$1 spent.

Plus, every time you reach 500 points, we'll send you a special voucher for \$50 – which you can use with any purchase, at any one of our 10 stores or online.

AS A CLUBFIT™ MEMBER ENJOY SOME GREAT BENEFITS, INCLUDING:

- ☑ A 30 day Wearany™ – to ensure you find your perfect fit
- ☑ A free waterproofing service
- ☑ The latest product and health information
- ☑ Competitions and giveaways
- ☑ Exclusive member only deals!

The Athlete's Foot
Shop online at www.theathletesfoot.co.nz

Albany Palmerston North St Lukes Lower Hutt Botany Riccarton Sylvia Park Paparoa Hamilton Dunedin

2016/2017

SCHOOL SHOES FOR ACTIVE KIDS

AVAILABLE NOW

The Athlete's Foot



Donations needed!

Please donate your second hand school uniform, sports uniforms and sporting equipment.
Deliver to Mr. Sinclair's office or text if you need it collected
021 825 792 / 027 240 9324.

2nd Hand Uniform Sale!

Dates to be advised.
We are aiming for two dates prior to school starting in 2017. (depending on donations)

Contact : Amanda Hight or Tamea Leslie
021 825 792 027 240 9324



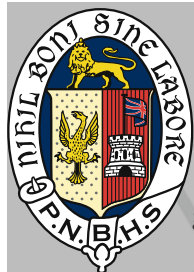
All proceeds will go towards supporting students/families at Palmerston North Boys High school.



New Barber Shop in Town

Jen and Arnie, who used to cut hair at Bladz in Princess St, have set up their own business in King St, called **JB6 Barber Shop**.

Popular among PNBHS boys and staff, they would love to have you come to them for your next haircut.



PNBHS Sponsors and Benefactors

The School wishes to recognise these organisations, businesses and people whose generous contributions and support enable us to provide a quality education for your sons.

We encourage you to support our sponsors.



PREMIER SPONSORS



SPONSORS



Otago Maths, Australian Maths and English ICAS Awards



(front) A. Morozov, R. Su, K. Rodrigo, A. Bansal, C. van Rynback (top in NZ), L. Kenyon, G. Reddish, R. Davey (middle) S. Simpson, C. Rayner, K. Chen, C. Carroll, J. Thompson (back) C. Martin, J. Ellingham, P. Kaiser, R. Davis, M. Kelly, A. Barzak



(front) T. Sun, P. Lee, J. Thompson, Z. Fielder-Beaumont, F. Congdon, A. Bansal (middle) R. Park, P. Te-Tekakenga, L. Walcroft, E. Johanson, T. Cole, D. Chung (back) A. Berkahn, J. Reddish, J. Robinson, T. Ariyaratne, F. McCrae, P. Kaiser, W. Carswell



(front) T. Sun, P. Lee, J. Thompson, Z. Fielder-Beaumont, F. Congdon, A. Bansal (middle) R. Park, P. Te-Tekakenga, L. Walcroft, E. Johanson, T. Cole, D. Chung (back) A. Berkahn, J. Reddish, J. Robinson, T. Ariyaratne, F. McCrae, P. Kaiser, W. Carswell



Top 3 Award Winners in ICAS English were awarded High Distinction: (l-r) Ronan Carroll, Finn Martin, Lucas Heiser



Year 12:

Dang Sarawasi, Chris Wills, Cameron Gillespie
Hang Chen, Jonathan Davies, Sam Meek

Year 11:

Braiden Mudford, Chaz Rossiter, Harry Kinghorn
Jardyn Tamati, Jayden Edgecombe, Jin Hu, JoshKendrew
Lincoln Pearson, Pau Sekona, Zefeng Chen Xavier Reuben,



Palmerston North Boys' High School Premier Sponsor Partners



McVerry Crawford



The school acknowledges the above businesses, who through their significant sponsorship arrangements, assist us in developing young men of outstanding character. We appreciate their support and encourage you to also support them in return