



# Palmerston North Boys' High School

## Newsletter 2017 - August

Volume 23 No 5

25 August 2017



### Super Eight titles - Basketball, Badminton, Chess

(l-r) Oscar Oswald with Basketball trophy; Badminton: Arrooran Jeyamohan, Jordan Larsen, Junius Ong, Wei Lim, Jordan Richard, Liang Wu; Chess: Sol Ross, Leon Nie, Martin Joseph, Matthew Clayton



(pics l-r) Josiah Neville donating blood recently; During holidays, rugby camp held for young local players at PNBHS; Joseph Mafi (no 9) playing for NZ Juniors Men in USA; Year 9 Haka Challenge winners: (l-r) Livai Stevenson, Aki Wickes-Matakaiongo, Jonty Fleck



3rd in Squash Nationals - story on p. 8 (l-r) Thornton Ropiha, Richard Bell, Corbin Faint, Jordan Bell, Matthew Adshead, George Mikkelsen



Pasifika group in action at Fusion Festival



Cycling Squad at Nationals - see p. 9 for story

### *Sir Peter Blake Leadership Week*



Rowie McEvoy;



Jacob Anderson;



Prof. Gary Wilson;



Mike Allsop;



Dr Hamish Wright;



Andre van Heerden

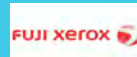


Palmerston North Boys' High School

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The school acknowledges the above businesses, who through their significant sponsorship arrangements, assist us in developing young men of outstanding character. We appreciate their support and encourage you to also support them in return





## From the Rector Mr David Bovey

"The conclusion of the report notes that "the school achieves very positive outcomes for learners, including Maori and Pacific. Shared values and traditions are embedded among the learners, staff and community".

Dear Parents

The Education Review Office (ERO) has recently published its confirmed report for our school on its website. For those of you unfamiliar with ERO, it is a government agency that reviews schools "to give parents and the wider school community assurance about the quality of education that schools provide and their children receive." Some of the findings from this report are worth sharing in this forum. The report notes that "the school mission aspires to challenge and extend students in academic, sporting and cultural activities. Co-curricular involvement...(is) highly valued and embedded as a key part of the school's curriculum." It also notes that "students demonstrate pride in their school" and that "well-understood and reinforced expectations for positive behaviour and involvement at school promote a climate of mutual respect".

It must be said that such findings do not happen by accident, and it is refreshing to see ERO comment on aspects of PNBHS that have not always been recognised in previous reports, despite being so essential to who we are as a school. It was refreshing, also, to have the ERO team note the settled and respectful nature of the young men of the school during conversations we had throughout their visit.

It has become less commonplace, of course, to have young people stand when an adult enters the room or to have young men address adults as "Sir" or "Miss"; the small stuff, some would say, but to us the small stuff is important. Young men will sometimes challenge the boundaries by behaving in a certain way: they may wear their uniform in a slovenly fashion, which indicates a lack of pride in oneself as much as anything else; they may be unmotivated and let themselves down by not working to their potential. But by and large the majority of the young men of PNBHS are outstanding representatives of the school and it was most gratifying to have conversations in that regard with the visiting ERO team.

But the most gratifying aspect of the report was that it recognised the significant commitment of our staff, a staff who "demonstrate commitment to sustaining the traditional values of the school and promoting curriculum change to reflect the changing nature, aspirations and diversity of (our) learners". A staff who work incredibly hard to provide opportunities for our young men.

The conclusion of the report notes that "the school achieves very positive outcomes for learners, including Maori and Pacific. Shared values and traditions are embedded among the learners, staff and community". It finishes by noting that "ERO is likely to carry out the next review in four-to-five years", the highest 'category' in terms of review cycles. In that regard, I would like to thank the staff for all their efforts in making PNBHS the school it is.

I touched on responsibility in the last newsletter's 'editorial' and given we have recently completed the second set of parent/teacher interviews for the year it is, I believe, worth noting again. Some young men are quick to point the finger in any direction other than at themselves when things have gone awry. Theodore Roosevelt once said that "if you could kick the person in the pants responsible for most of your trouble, you wouldn't sit for a month". Young men need to realise that having a good look at themselves will be a lot more effective than blaming others for their troubles. Such a theme reminded me of the cartoon below which needs no further elucidation:



### Staffing

Mrs Crosswell has joined the staff for the remainder of the year working primarily in the Social Sciences department.

### Donations/Palmerstonian

Parents will have received communication from the school regarding the Palmerstonian, the school's annual yearbook. Previously this has been given free of charge to those families who have paid their school donation in full. Unfortunately, however, we have been advised by the Ministry of Education that we are not allowed to do so; that a school magazine cannot be made available through the payment of donations. Therefore, we must regrettably charge \$30 for the Palmerstonian this year and it will need to be ordered separately through the finance office. This is certainly not our preference and we would like to continue to offer the Palmerstonian free to those families who continue to support the school through payment of the donations, but those in the corridors

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of power have deemed it unacceptable. Further comment from me here would open the free education 'can of worms', so best to leave it there.

### Open Day

The recent Open Day saw large numbers visit the school throughout the three sessions, two of which, in particular, saw larger numbers than in recent years. I would like to thank those involved in Open Day; the staff and the many young men who gave their time to ensure Open Day was a success. Special thanks go to Year 9 pupils Tamati Durie-McGrath and Grayson Lodge who, along with Head Prefect Patrick Takurua, spoke at each of the presentations. My thanks also to those young men who acted as tour guides and did a superb job of providing their groups with information about the school from a young man's perspective. Enrolments for 2018 close on Monday 4 September. Due to the current school roll, we will be limiting the numbers at Year 9 for 2018 so applications received after the due date may be unsuccessful. If you require further detail, please contact the school office on 06 3545 176.

## NCEA Internal Assessments

All parents of young men sitting NCEA this year should be receiving fortnightly electronic or hard copy updates from us regarding internal assessments that are due in the following two-week period. We hope these are useful and would encourage you to discuss your son's assessment schedule with him so that he meets all deadlines and can pass all assessments at a level commensurate with his ability and level of application.

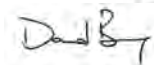
The teaching and assessment programme for young men sitting NCEA this year is at the business end of the year. It is essential that young men maximise the use of their time so that they can secure a qualification of worth.

Internal examinations take place from Friday 15 September to Friday 22 September and young men need to take these examinations seriously. Effectively these are practice examinations for the externals they will sit in November and it is the last opportunity for them to receive indicators as to their progress.

The results from these examinations will also be used if a young man should require an NZQA derived grade because of bereavement, serious illness or an accident during the external examination period. Thus we would stress that young men take these examinations very seriously as every year we have a number of students who need this type of assistance. Sometimes young men think that it will not affect them.

## Winter Tournament Week

We wish all of our teams competing in National and Regional tournaments all the very best as they travel throughout the country in week seven of the term.



D M Bovey  
Rector

## Student Achievement

- Academic – NCEA Excellence certificates were presented to those young men who gained a minimum of 10 Achievement Standards at Excellence level in NCEA in 2016 at an academic assembly. 114 pupils were recognised, up significantly from 2016.
- Karting – for the sixth time and the second year in a row, the PNBHS Karting team won the National title. Jacob Cranston won the 125cc Rotax Max Light category, Jackson Rooney finished runner-up in the Rotax Max Junior and Junior 100cc Yamaha categories and Riley Jack finished 12th in Rotax Max Junior.
- Duathlon – Luke Scott won the NZSS U16 duathlon title at the recent National Championships; Adam Martin was third in the U20 race with Sam Benthams fifth.
- Squash – the Senior A team finished third at the NZSS tournament held in Palmerston North. The Senior B team finished 23rd.
- Super Eight Schools – both the Senior A Badminton team and the Senior A Chess team successfully defended their Super Eight titles from last year. The Premier A Basketball team won their tournament for the first time since 2008 and the 1st XI Hockey team finished third. The 1st XV finished their Super Eight season with a win over Rotorua BHS followed by a close loss to Napier BHS in the Polson Banner match.
- World's Biggest Scrum – a world record for the world's biggest scrum was hosted at school as part of the PNCC's Winter Festival. UCOL students, members of the NZ Army and members of the public joined with our boys to get the numbers up to 1,758. Ratification was recently received so Palmerston North now officially holds the record for the world's biggest scrum.
- Choral – At the Regional Big Sing competition held at the Regent, the SOAP Choir received a Highly Commended award; the Pasifika Choir received the Spirit of the Festival award; the OK Chorale won Best Unaccompanied Song and the Overall Award for Best Performance of the festival.
- Table Tennis – a number of young men performed with distinction at the recent MSS Table Tennis finals. Jae Lee won the U19 competition, with William Hunter finishing third. In the U15's Thomas Sun won the gold, with Kaushal Patel and Jamie Thompson winning the silver and bronze medals respectively. In the U13's Sam James won silver, Angus Lyver the bronze.
- Leadership Week – in the final week of last term we hosted a number of presenters at assembly throughout the week, the final presenter being Old Boy Dr Hamish Wright.
- Mountain Biking – Max Taylor won the Senior event and Ben Orr the Intermediate race at the Wanganui Mountain Biking Championships.
- Rugby – Stewart Cruden, Tom Finlay and Jack Sturme have been selected for the Te Tini a Maui Maori U18 rep team.
- Beach handball – Michan Hunter was selected for the NZ U17 Beach handball team that competed in Mauritius.
- Kapa Haka – Te Piringa, the combined group made up of pupils from PNBHS, PNGHS, Mana Tamariki and Freyberg, was the overall winner at the Manawatu/Horowhenua Regional Kapa Haka championships.
- Year 9 Haka Challenge – 9BX won this year's haka challenge, with Aki Wickes-Matakaiongo won the Best Kaea (leader) award.
- Cycling – at the North Island SS Road Championships there were some excellent results: the Junior A team won the U16 Time Trial; Chenuka Rajapakse won the U14 Road Race; Michael Richmond was second in the U16 Road Race, with Jack Pronk third; Madi Hartley-Brown won the U20 Road Race; Adam Francis was second in the U15 A Criterium, Aidan Jones second in the U16 Criterium, and the team finished as Overall Winners, thus defending the NISS title won last year.
- Hockey – Jake Hanna, Thomas Walshe, Tom Tremain, Ben O'Connor and Matt Peel were selected in the Central Districts U18 hockey team that was coached by 1st XI coach Mr Blanks.
- Basketball – Kopere Tanoa and Jake McKinlay were named in the National U17 Championships tournament team.
- Taekwondo – Alex Petrovich was named Best Overall Junior Male Black Belt at the NZ International Taekwondo Championships after winning three gold medals and a bronze.
- Wellington College exchange – the annual exchange with Wellington was again a close affair. Wins were recorded in the junior football, U15 hockey, U15 rugby and junior basketball; losses in the 1st & 2nd XI football, Prem A basketball and both senior and junior debating. The 1st XI hockey drew 3-3. The 2nd XV won their fixture on the weekend against Wellington College and the 1st XV earlier in the season, so although it was 5-4 to Wellington on the day, the added rugby results make it 6-5 to PNBHS.
- Napier BHS exchange – the Polson Banner exchange is the school's biggest with 15 fixtures. Due to council ground closures, the three football fixtures were cancelled. PNBHS had wins in U15 & U14 rugby; 1st & 2nd XI and U15 hockey; junior and senior debating; Premier A basketball; losses in 1st, 2nd and 3rd XV rugby and the golf. An 8-4 'win' overall, but the Banner itself lost and has headed back to Napier.
- Open Day – Another busy and successful evening, with numbers up on last year. Enrolments are ahead of where they were at the same time in 2016.
- School Concert – a successful concert again this year. Held over two nights, the concert showcased the significant num-



ber of talented young musicians/per-  
formers at the school.

- Chess – continuing their successful season, the Senior A Chess team won the regional competition and in doing so have qualified for the National Tournament later in the year.
- Hockey – Tom Tremaine and Matt Peel have been named in a NZ U18 extended squad. Ben O'Connor has been named as a reserve.
- World Vision – the school's World Vision team, led by Benji Pritchard and Matthew Watts, organised a successful event at the Regent Theatre: Our Generation United. Well done to all concerned.
- Old Boys – players from the 1949-1959 1st XV's held a reunion over two days re-

cently: they attended the Polson Banner match and came to assembly the following day followed by a dinner at College House. A good number attended.

- Community Service – the annual Blood Donor Day was again a success. Coordinated by the boys, over 80 boys and staff contributed.



## From the Deputy Rector

In summing up the evening, Bernice Mene shared a story reinforcing the importance of strong family connections and the strong influence that positive relationships with adults can have on the development of young people.

### Senior Examinations

Senior examinations take place towards the end of this term, Friday September 15 – Friday September 22. These examinations provide an opportunity for

both your son and his teachers to get a good indication of his progress to date this year. The feedback that your son gets will be invaluable in his preparation for the external NCEA examinations. Furthermore, should your son miss an NCEA examination because of an unforeseen circumstance, such as an accident, illness or family bereavement, the grades he obtains in the school examinations will be used for the Derived Grade process and count towards his final NCEA results. Consequently, please do not believe your son if he tells you that these school examinations are not important. I encourage you to work with him to put in place an organised revision schedule so that he is able to achieve to the best of his ability and in doing so set himself up for success in the external examinations.

### Life-long Learning

In recent years we have worked to expand our senior school curriculum to meet the needs of the growing number of young men who have post-school destinations other than university study. The most recent data available to us (2015) indicates that 77% of our young men who left school that year entered into tertiary study of some kind upon leaving school - 45% at university and 32% at a variety of Industry Training Organisations, Polytechnics and other institutions. It is essential that our young men see education as a long term proposition as the majority of them will continue to work towards gaining qualifications well after the conclusion of their secondary schooling.

### Open Day

Our annual Open Day provided an opportunity for prospective students and their parents to find out more information about the opportunities we offer. We had 915 guests attend over the three sessions and hope that they found the presentations and tour of our school informative. We are hugely indebted to the more than 250 young men who volunteered their time to come in at night to act as tour guides, assist with subject presentations or perform as part of the Year 9 Concert Band. It is fantastic to see this level of pride and commitment from our young men.

### Character

At our Open Day two Year 9 students, Tamati Durie-McGrath and Grayson Lodge, spoke to the young men and parents who attended. In both of their presentations they touched on the importance of character, with Grayson in particular commenting on the extent to which the school values of integrity, industry, humility, pride, respect and courage, help to drive his decision making, especially in challenging circumstances. It was fantastic to listen to young men who were able to clearly articulate the things that they believed were important, and refreshing to note that the things of importance they identified went far beyond material goods or experiences that were solely of benefit for them.

In contemporary society much worth seems to be placed on the accumulation of wealth and material goods, or finding five minutes of fame through social media. Within such an environment a focus on who we aspire to be is often lost. I read an article recently that included this passage: "The type of person you want to become – what the purpose of your life is – is too important to leave to chance. It needs to be

deliberately conceived, chosen and managed." The article discussed an occasion in which, as a young man, the author's beliefs and values had been challenged, and he had been encouraged by his peers to disregard these "just this once". On reflection, after electing to remain true to his values, he offered this advice: "If you give in to "just this once" you'll regret where you end up. It's easier to hold to your principles 100% of the time than it is to hold to them 98% of the time. The boundary – your personal moral line – is powerful, because you don't cross it; if you have justified crossing it once, there's nothing to stop you doing it again."

I encourage you to have conversations with your son about how he might make decisions in challenging situations, especially those in which an element of peer pressure is involved. Such discussions provide an opportunity for you to share examples of occasions in which you have had to make tough decisions, thus providing your son the opportunity to learn from your experience. While the pressure of making a decision 'in the heat of the moment' is much different to a conversation with parents, having a good understanding of their own values and what is important to them, as well as your values and the things that are important to you, may well prove to have a strong influence. We see the development of character as an essential part of the education we strive to provide for our young men. We hope that in doing so we are working in partnership with parents. Everything we can do together to help young men to understand themselves and to identify the things that are really important to them, will help set them on a path to lead a fulfilling and flourishing life.

### Youth Suicide in New Zealand

Recently a discussion paper was released by Sir Peter Gluckman, the Prime Minister's Chief Science Advisor, summarising the challenges faced in reducing New Zealand's appalling youth suicide rate. The introductory sections of this document outlined the extent to which the environment in which young people today grow up in has changed; family structure and composition is very different to previous generations, the level of direct parental involvement in raising children, the nature of social networks and modes of communication have all changed, while the ubiquitous nature of social media and the rise of the cult of the celebrity have worked to create unrealistic expectations and pressures on young people. "Compared to previous generations, youth face many more choices at an earlier age, but at the same time may have less clarity as to their path ahead. The role of traditional community supports such as sports, church and other youth groups has declined. The ace of these sociological and technological changes is unprecedented and it is not surprising that for many young people, particularly those with less psychological resilience, it can leave them with a growing sense of dislocation."

The responses promulgated by Gluckman are not 'silver bullets'. Developing connections to community, through involvement in team and group activities, and building positive and stable relationships with a range of supportive peers and adults are important. Reducing the access of adolescents to alcohol, in particular through encouraging involvement in structured group activities, is identified as another preventative measure.

It is important to note the emphasis on developing community connections and relationships. Having a sense of belonging is essential for young people, and the greater the number of connections they make



– family, school, sports teams, cultural groups etc. – the better. Furthermore, it is important that the relationships they develop are in the real world with real people, not in a virtual world with someone behind a screen. Young people who are strongly connected with the various communities they are a part of, and who have strong relationships with a range of people, are more resilient and able to ‘bounce back’ from the inevitable disappointments in life. In the May newsletter, summarising a presentation from the Brainwave Trust, it was noted that in order to reduce risk-taking behaviour in adolescents “family and whanau relationships are the most important, but positive involvement with a range of other adults –including teachers – will also help to reduce risk, validation of the adage that it takes a village to raise a child,” a very similar message.

### Sir Graham Henry and Bernice Mene

Last week 40 of our young men had the opportunity to listen to a presentation from former All Black coach, Sir Graham Henry, and former Silver Fern, Bernice Mene. Sir Graham shared some of his experiences in tertiary education, not all of which were successful, to reinforce the importance of following what you are interested in and passionate about. He also spoke extensively about the important role honest self-analysis plays if we are to be the best that we can be in any area of endeavour. To reinforce this, he explained the All Blacks focus on process. This focus involves breaking any task or goal down into smaller parts and then working to master each of these components. In a rugby environment this equates to an emphasis on developing basic skills, rather than just concentrating on executing the game plan. Athletes who focus on process worry only about the things that they control and are single-minded in their preparation. The opposite of this is a focus on perfor-

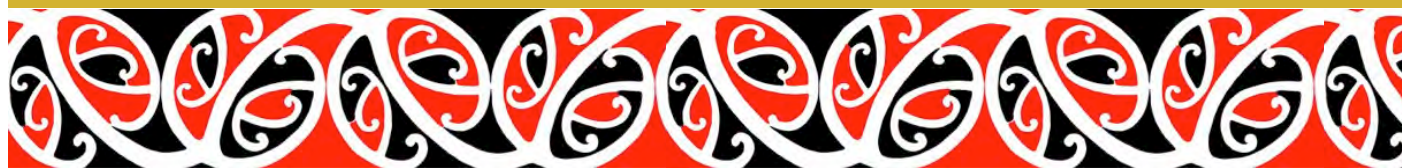
mance – when results become all-consuming and the fear of failure can inhibit performance.

While Sir Graham used sporting analogies, the message about the importance of focusing on process can be applied equally to academic or cultural performance or the tasks that we have to complete at work on a daily basis. Another key message he had was about the link between mental and physical health. In describing this he talked about the early morning gym sessions the All Blacks coaching and management staff undertake while the team is together to help ensure that they are ‘on top of their game’ in the other aspects of their roles with the All Blacks.

The link between physical and mental health is an important message for our young men. Sir John Kirwan also spoke of this in his presentation to the school last year. Being physically active and having a healthy diet are simple but effective tools for helping to minimise the effects of stress, something young men need to be cognisant of with impending school and NCEA examinations. In summing up the evening, Bernice Mene shared a story reinforcing the importance of strong family connections and the strong influence that positive relationships with adults can have on the development of young people. Young men who have such relationships are also more resilient and are often better placed to respond to the challenging situations that inevitably arise in their lives.

Thank you to Mr Tom McVerry, McVerry Crawford Motors and Hyundai New Zealand for the opportunity for our young men to attend this presentation. Bernice Mene is the Coordinator of the Pinnacle Programme, a development programme to help young people aged 15-18 achieve their dreams. For more information or to apply, please see [www.pinnacleprogramme.co.nz](http://www.pinnacleprogramme.co.nz)

## Maori and Pasifika News Pae Rangatahi - Regional Kapa Haka Celebration



### Pae Rangatahi - Regional Kapa Haka Celebration

Palmerston North Girls' High School had the privilege of hosting this year's Pae Rangatahi Festival. The festival is about growing Māori Performing Arts in all secondary schools in the Manawātū and Horowhenua regions.

'Ngā Tama Toa o Papaioea' is the name of our kapahaka group. We encourage all students to immerse themselves in kaupapa Māori. Ngā Tama Toa o Papaioea performed four items and thoroughly enjoyed the day.

A special thanks to Pā Josh for his commitment and passion. This year we had over 50 boys performing haka, waiata and moteatea.

*Whāia te mātauranga ki tōna puhi kaioreore, e ea ai te werawera o Tane Rore!*



### Māori Achievement Committee

**Date:** Thursday 14 September

**Time:** 7.30 a.m

**Venue:** College House

The main purpose of this committee is to help support the growth and development of all initiatives that help our young men academically and culturally. If you have ideas to support this kaupapa, please do not hesitate in contacting one of our parent representatives.

Todd Taiepa [todd.taiepa@pncc.govt.nz](mailto:todd.taiepa@pncc.govt.nz)  
Nardine Hall [nardinehall@yahoo.co.nz](mailto:nardinehall@yahoo.co.nz)  
Felicity Robinson [Felicity.Robinson011@msd.govt.nz](mailto:Felicity.Robinson011@msd.govt.nz)

### National Ngā Manu Kōrero Speech Competition 2017

**Date:** Wednesday 20 September - Friday 22 September

**Venue:** TSB Stadium, Mason Drive, New Plymouth

We will be taking a group of boys to attend this year's competition. They will depart PNBHS on Wednesday 20th September and return Friday 22 September. This is a wonderful opportunity for your son to be inspired and motivated in the realm of public speaking. This is open to all Year 9 -13 students. Please e-mail [kendalj@pnbhs.school.nz](mailto:kendalj@pnbhs.school.nz) further information.

### Student Profiles

We are incredibly fortunate to have a number of students who have come from kura kaupapa to continue their journey in education with us at Palmerston North Boys' High School. Their knowledge in Te Reo Māori is inspiring and rewarding for other students and all our teachers, learning Te Reo Māori.





### Te Ihinga Mar - Year 12

Iwi: Ngati Porou

Hapu: Te Whanau -a- Ruataupare

Marae: Tuatini

Awa: Waiapu

Maunga: Hikurangi

Waka: Horouta

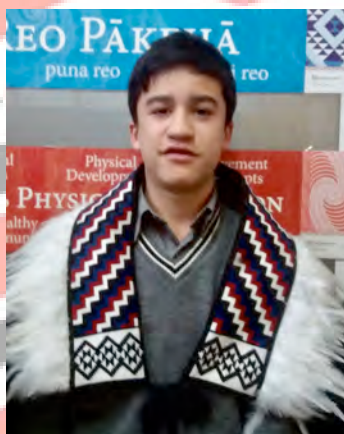
Future Plans: Study at AUT to become a physiotherapist or to become a Te Reo Māori teacher and travel. Play NBA Basketball in the USA for the Timberwolves.

Current Interest: Basketball, Touch Rugby, Kapa Haka – Super 8, Ki-o-Rahi, Tag and Music.

School Club: Albion

Whakatauki: *E kore e hekeheke he kākano rangatira*

*A noble heritage will never perish.*



### Maioha Taiepa - Year 9

Iwi: Ngai Tuhoe, Rongomaiwāhine

Marae: Tuahuru

Awa: Whangawehe

Maunga: Nukutaurua

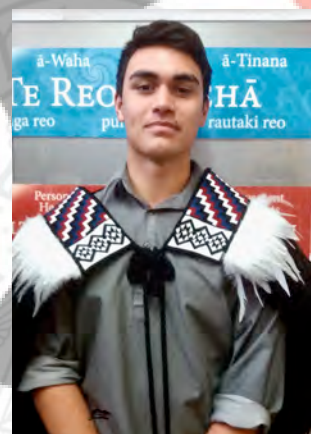
Waka: Kurahaupo

Future Plans: I would like to travel the world once I have become an Architect.

Current Interest: Basketball, Kapa Haka.

School Club: Vernon

Whakatauki: *He aroha whakatō, he aroha ka puta mai* – If kindness is sown, then kindness is what you shall receive.



### Cail Terry - Year 11

Iwi: Ngati Rongomaiwāhine, Ngati Maniapoto

Marae: Rakato, Maniaroa

Awa: Whangawehe, Mokau

Maunga: Tuhinga Kakapo, Taupiri

Waka: Tainui, Kurahaupo

Future Plans: Study to become a personal trainer and physiotherapist or to become a Te Reo Māori and Physical Education Teacher.

Current Interest: Rugby, Waka Ama, Basketball, Golf, Kapa Haka, Ki-o-Rahi, Tag, Rugby League, playing the Drums and Guitar.

School Club: Murray

Whakatauki: *E hara taku toa, i te toa takitahi, he toa takitini* – My strength is not as an individual but as a collective.

## Performing Arts

### Music Department, Term 3

The annual school concert was held over two nights, August 8th and 9th. More than two hundred students showcased their talents in a range of genres.

The show was loosely themed around music of the 1970's and was in two halves. The first was more formal and showed the skills and virtuosity of Pasifika, Kapa Haka and our top string trio "No Frets", as well as the developing skills of our Year 9 and 10 Concert Bands. The senior Concert Band enthusiastically performed a medley from Queen and 75 strong choir 'Son of a Pitch' rounded off the half with Bridge over Troubled Water.

The second half gave our Seniors license to cut loose, and the crowd showed their appreciation for a nostalgic programme with standards

from Bowie, Eagles, Lyn and Skynard and Abba.

Both evenings were compared by Head prefect Patrick Takurua, channelling John Clark as Fred Dagg with some great satire and rousing crowd participation in the gumboot song.

All of this was bookended by performances from the OK Chorale and the concert ended with the usual stirring numbers from the PNBHS Stage Band.

Many of the crowd found this to be one of the most entertaining concerts of recent years.



- The music department now look forward to a cultural exchange with New Plymouth Boys' High School on Wednesday August 30th with a combined schools concert at 5pm.
- This will be followed with the PNBHS Stage Band Dine and Dance to be held at the Manawatu Golf Club on Wednesday November 1st. This was a very successful night last year and tickets will sell fast.
- The OK Chorale will hold their annual end of the year concert in November with the date yet to be determined.
- For all the latest up to date information and photos pertaining to the Music Department like our facebook page, PNBHS Music Department.





## Drama, Term 3

By the time you read this we will be in the latter stages of Dramafest 2017.

At the time of writing, Level 2 have performed two very well-received renditions of Niu Sila and Level 1 are about to present Harold Pinter's Mountain Language. That will be followed by Level 3 with Vincent O'Sullivan's classic play Shuriken about the infamous "Featherstone Incident" in 1943, and Year 10 with Dreams. Each performance is the major internal assessment for each class for the year.

The process and performing to a live public audience is an essential part of what we do and it's fantastic to get families along supporting their sons. It is a huge occasion for students and challenges them in many ways – it has been very encouraging to see the high number who have pushed themselves to new levels of achievement.

### New Year 10 Drama programme

You may have learned that from 2018 there will be a timetable change that will see most Y10 options become half year courses to allow students to experience more choices. Drama will be affected and in the coming months we will be planning this and informing parents and students

### Some top class theatre

In recent months we have visited performances of 1984 at the Globe and Lord of the Flies at Centrepont Theatre. It was fantastic to see two of our students onstage in the latter – Scott McCready and Finn Davidson – in this reworking of the traditional story. Centrepont have provided a superb study guide and we will be teaching LOTF from this for part of the school and external exams. Our boys thoroughly enjoy the opportunity to experience top class theatre – for some it is the first time.

### Exams loom

Senior classes have one focus once their major performance is completed – preparing for school and external exams. All teachers will be identifying the specific skills students need to effectively meet the demands of written Drama exams with practice responses being marked and feedback given.

Year 10 will begin working toward their Level 1 Achievement Standard.

### Junior Musical Theatre

A and B Companies are continuing their highly enthusiastic preparation for the Term 4 Showcase and already seem to have achieved a great sound with Mrs Kirsten Clark and senior students. The cast is:

Pulitzer – Ollie Grant, Jonathan – Sebastian Cave, Seitz – Gregory Wood, Weasel – Karmeehan Senthilnathan, Weasel's assistant.

– Harrison Hook, Jack – Zac Maskill, David – Tom Varney, Les – Ben Cen, Racetrack – Kid-blink – Jacob Dredge, Boots – Ollie Gillespie, Skittery – Josiah Luoni, Mush – Liam Rodgers, Crutchy – Nicholas Dewhurst, Swifty – Grady Molloy, Bumlets – Grayson Lodge, Specs – Fergus Congdon, Pie Eater – Dylan Cryer, Snoddy – Tyler Purdy, Denton – Reuben Davis, Spot Conlon – Caleb Rayner, Brooklyn Newsie and Swing – Manu Easton, Brooklyn Newsie and Swing – Matthew Allen

**The Junior Play** directed by Ms Belcher and Mrs Lowry is also well underway with devising workshops bringing Ms Belcher's original script to life. The cast is: Ryan Morgan – Tom's brother, William Hince – Vincent, George Ambridge – Tom, Ollie Grant – Callum, Gregory Wood – Harry, Fergus Congdon – Murray, Liam Hartnell – Steven, Tyler Purdy – James, Oliver Gillespie – Dairy owner/ teacher, Karmeehan Senthilnathan – Tom's mother, Caleb Rayner – father

### Backstage

Another huge cleanout during the last holidays by staff and two PNGHS production girls saw our props room cleared of useless junk and totally refitted to be considerably more user-friendly! Thanks to those who helped, we can now find most things we look for including an armoury North Korea would be proud of!



## Sports Talk with Peter Finch



As winter codes head into play offs and the end of their respective seasons, we often focus more on the outcomes of semis and finals rather than celebrating the involvement in sport by many boys.

PNBHS boasts very high percentages of boys who are involved in one sport or more. This is mirrored by the percentage of staff who assist in making this happen, but these figures don't reflect what is happening nationally and abroad.

The Washington Post recently ran an article quoting as many as 70% of kids are opting out of sport in their early teens. Early specialisation and the lack of fun that comes with playing one sport and aspiring to make it to the top via that code is given as the major factor.

The Kiwi model has trended towards this same ideology of early specialisation and this, I believe, could be catastrophic for several reasons. The health and welfare of the many youngsters who make an early decision to give sport away because they are not likely to be immediately selected into a pathway team of their chosen sport will be seriously compromised. Crystal ball gazing to predict as a 10-12 year old what eventual physique they will end up with and whether or not that lines up with their ambitions in the one sport of their choice is hit and miss at best. Specialisation too early doesn't allow for exposure to other sports that may well better suit or at least could be complimentary. The attributes of one sport can often support and add to those needed for another eg. the vertical jump element of volleyball would greatly support the requirements of the high jump or skills needed in Basketball.

Over the last 10 years or more many sports have been increasingly driven by initiatives of their national governing bodies. These bodies have no interest in developing athletes for other codes or indeed matching the right person to the right sport or sports. This has meant that some codes are creating 12 month programmes to develop their players. This, in turn, means other sports are dropped, holidays are compromised and athletes are forced to specialise. Summer sport numbers (Athletics, swimming and cricket) are dropping each year and part of this is the commitment required by some kids who traditionally played several sports to play a winter sport, but to do this all year.

Research indicates being exposed to a variety of sports for as long as possible is the best preparation for those aspiring to compete at the top level and yet that appears to be in direct contrast to what is happening. The writer believes kids need to be allowed to play and enjoy many sports up to the age of about 15 and at times allowed 'just to be a kid', relax and not have overly structured lives all the time. This could produce higher numbers involved in activity and more balanced athletes at the high performance level.

Kids in sport should be athlete centred i.e. what is best for the athlete and not empire building or competition between codes.





## Adult Literacy Rural Trust



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website: <http://www.adulthoodliteracy.ac.nz>

## Careers Update

### Careerwise

The Careerwise site is proving a success story in terms of communication with boys and parents – the address is [pnbhs.careerwise.nz](http://pnbhs.careerwise.nz)

There are scholarships for tertiary study being promoted on the site on a weekly basis.

### Testimonials

All seniors who intend leaving at the end of the year should have applied for a Testimonial by now and Common Confidential Reference Form applications (to support applications for a place in a University Hall of Residence) need to be submitted by August 25. Deadlines for these are quite tight and boys are urged not to leave this until the last minute.

### Gateway and Trades Academy 2018

Expressions of interest are now being sought for places on both the Gateway and the Trades Academy programmes for next year. Eligible students are urged to have a chat with Mr Johnson or Mr Adams.

### Driver's Licence

Unit Standards are available for boys who have attained the various classes of driving licence. Visit the Driver Licensing section of Stratus to apply for these Units.

## Various Sporting and Cultural Reports

### Leejean Engu New Zealand Volleyball U17 Youth Team



Earlier this year I was selected to go to the New Zealand High Performance camp in Wellington for New Zealand Volleyball. Then from the camp I got the chance to play in the North Island team, but the Australian U17 Youth Teams Coach traded me in. So I was able to go to Australia and play with the U17 Squad. To do this we had to raise money to help support my trip. Joseph Mafi (Selected for NZ Jnr Mens Volleyball Team) and I got the idea of doing my dad's little market business of selling Island Donuts at school. This idea blew up in our faces as we were swarmed every week trying to rush to get all the donut bags out to the eager, hungry boys. After seven hard weeks of making donuts and along with the help of our sponsors (who wanted to see us grow in our sport), Joseph and I had raised the money required.

Australia doesn't have the nicest weather at this time of year and, being in their capital Canberra, did not help at all as most mornings were ice cold and colder nights. It was my first time in Australia so packed for winter, but it was still hot enough to get a light tan. The Australian Institute of Sport (AIS) was amazing. It is huge with a wide range of sports catered for. The best elite players in their given sports were there either training, recovering from injury, or for other reasons. We were in Australia for ten days and every day we had a new challenge with games against different Australian Development teams in the same age group (16-18). Our games were always intense with smack talk and cheering from both sides. We won a couple of games, drew a couple and lost a couple. We had the chance to play against the U23 Australian team which we did pretty well against considering the age and experience gap. Another cool experience was the Volleyball World Qualifier which involved Australia (host), New Zealand, Chinese Taipei, Japan and Thailand.

So overall this was one of the best experiences in my life. It has opened my eyes to a sport that is not really talked about much. I've definitely learned lots from this experience and I urge anyone who is interested in giving volleyball a shot to do so, because maybe you will fall in love with it.

### NZSS Squash Nationals



### SENIOR A

The PNBHS Senior A Squash team played in the NZ Secondary Schools National Squash Tournament in Palmerston North. The team was seeded 3rd in a field of 32 boys teams from around the country.

The team played two games on Friday beating two lower seeded teams comfortably; Marlborough Boys' College and Liston College, and, in doing this, qualified for the quarter finals on Saturday morning.

This quarter final was against a strong Hamilton BHS team and all players in the team played well to secure a 5 matches to 0 win and a place in the Saturday afternoon semi-final. This semi was against the 2nd seeded St Paul's Collegiate and, although the team played well and the matches were close, they lost this fixture and went through to the 3rd/4th playoff against another strong rival; Tauranga Boys' College.

The playoff on Sunday morning for 3rd place was a close encounter against the Tauranga team. First up was Matt Adshead at number 4; Matt had a tough five set match against a higher graded player and ended up losing a close game in the fifth set. The second game was the number 3's. Richard Bell played very well to secure this match in three sets, as did Corbin Faint in the number 1 spot, which gave the team a 2-1 lead. George Mikkelsen was up next in the number 5 spot. George struggled in the first two sets against a higher graded opponent, however clawed his way back to 2 all. Another close battle resulted in another close loss and so the team was 2-all going into the final match. Jordan Bell in the number 2 position was up against a player that was a similar grade and



we were expecting another close encounter. Jordan, however, followed the commanding performances of Richard and Corbin and beat his opponent in three sets meaning a 3-2 win for the team and an overall placing of 3rd for the tournament.

The team played exceptionally well throughout the tournament and showed good spirit and sportsmanship throughout all matches. All of the team played to their potential and can be proud of their accomplishment.

Senior A team members:

1. Corbin Faint; 2. Jordan Bell; 3. Richard Bell; 4. Matt Adshead; 5. George Mikkelsen; 6. Thornton Ropiha

## SENIOR B

The Senior B team was seeded 25th out of 32 teams for Nationals. In the first round the team lost 5-0 to 8th seeded Whangarei Boys' High School on Friday morning, but bounced back later in the day with a convincing 4-1 win over Taupo-nui-a Tia College who were seeded 24th.

On Saturday morning the team suffered a narrow 2-3 loss to St Paul's Collegiate B, with Sam Fletcher and Connor Fortuin winning their matches. On Saturday night the fixture was decided in the very last match, the team losing to Auckland Grammar B. Again Sam and Connor won their matches.

In their final game on Sunday morning, the team produced a great team performance to beat Hawera High School 3-2. Sam, Connor and Camryn Mabey all won their matches 3-0. Final Placing 23rd.

Senior B team members:

Connor Fortuin, Sam Fletcher, Josh Brownrigg, Camryn Mabey, Mark Anderson, Flynn Roache, Ashton Emeny

## ITF Taekwon-do National Championships

Four Boys' High students recently competed at the ITF Taekwon-do National Championships, held in Auckland over the school break. There were over 400 competitors from around New Zealand and Australia.

Reuben Watson (Year 9), Alex Morozov (Year 11), Jack Watson (Year 11) and Alex Petrovich (Year 13) all represented the Central Region which placed third overall for medallists, despite having a much smaller contingent competing.



Individual results are as follows:

Reuben Watson -

- Gold - Individual Sparring (4th-1st Gup Coloured Belt)
- Bronze - Pre Arranged Sparring (Coloured Belt)

Alex Morozov -

- Gold - Team Sparring (Junior Black Belt)
- Gold - Team Specialty (Junior Black Belt)

Bronze - Individual Sparring (Junior Black Belt)

Jack Watson -

- Gold - Team Sparring Team Patterns (Junior Black Belt)
- Gold - Team Patterns (Junior Black Belt)
- Silver - Individual Patterns (2nd Dan Black Belt)
- Bronze - Pre Arranged Sparring (Junior Black Belt)

Alex Petrovich -

- Gold - Individual Patterns (2nd Dan Black Belt)
- Gold - Individual Sparring (Junior Black Belt)
- Gold - Individual Power (Junior Black Belt)
- Gold - Team Sparring (Junior Black Belt)
- Gold - Team Patterns (Junior Black Belt)
- Gold - Team Specialty (Junior Black Belt)
- Gold - Team Power (Junior Black Belt)
- Bronze - Individual Power (Junior Black Belt)
- Bronze - Pre Arranged Sparring (Junior Black Belt)

Alex Petrovich was also awarded the trophy for the Best Overall Junior Male Black Belt. A fantastic effort!

## North Island Secondary School Cycling Championship 2017

Venue: Cambridge, Waikato

This year the team travelled to Cambridge with a very young group of riders and looked forward to seeing how we matched up against other riders from the North Island. With losing a number of experienced riders from last year and not having any Year 13 riders in the team, it was going to be a real challenge for the team to retain their North Island Team Championship from last year.

With poor weather conditions leading into the event it meant that we were greeted at Lake Karapiro with very unfavourable conditions under foot. This made for hard conditions for riders to warm-up.

The first racers for the weekend were the team time trial which involved our teams riding a 16km course. In the Under 16 grade we had 7 teams entered and 3 in the Under 20 grade. With our teams having a disjointed preparation due to school camps and illness all our teams produced solid results.

Under 16 Team Time Trial Results:

Junior F- 31st  
Junior E- 18th  
Junior D- 19th  
Junior C- 13th  
Junior B- 7th  
Junior A- 1st Place-  
Team members (Michael Richmond,

Jack Pronk, Aiden Jones, Adam Francis)

Under 20 Team Time Trial Results:

Senior C- 27th  
Senior B-14th  
Senior A-DNF

Due to a high speed crash the Senior A team didn't finish the race. However, amazing sportsmanship was shown by all team members to remain with our injured rider until medical help arrived. When the team crashed they were looking at a top 3 finish.

## Road Race Championship

Saturday afternoon saw the riders competing in the North Island Road Race Championship. With large numbers in each race it meant for exciting racing.

In the Under 14 Road Race, Chenuka Rajapakse won the sprint finish to win this race. This was a great result considering he was struggling with illness prior to the race. Other results, Nelson Doolan (19th), Alex Montgomery (25th), Max Ferguson (48th).

With a large number of our riders competing in the Under 15 Road Race the team was looking to use these numbers to benefit our riders. This was evident as the group managed to get three riders in the top 10, Dra's Caldwell (5th), Adam Francis (6th) and Den Irvine (9th). Other results, Caleb Falkner (11th), Darcy Ainsworth (13th), Ewan Cousins (14th), Ben Orr (17th), Nathaniel Leask (18th), Fergus Lloyd (19th), Jack Carson (20th), Liam Ainsworth (28th), Logan McKinnon (30th), Logan Hey (41st). Interestingly, the sprint finished included a group of 35 riders with 13 of these riders were from PNBHS.

In the Under 16 Road Race Michael Richmond (2nd) and Jack Pronk (3rd) showed a good turn of pace to sprint with another large finishing pack to podium. The large finishing pack also included Aiden Jones (8th) and Sam Russell (16th). Other results: Finn Hannan (43rd) and Matthew Cooper (53rd).

A very strong Under 17 field lined up for the Road Race. Max Taylor had to withdraw due to injury from an accident earlier, meant our team lost one of our stronger riders in this age group. Also in the race Ethan Craine had a technical which meant his withdrawal from the race. However, Cam Jones (13th) and Angus Claasen (15th) had strong rides to finish with the lead pack. Other results: Luke Scott (43rd), Keegan Leask (46th), Nick Tuck (52nd), Campbell Ware (66th).

A very large field was involved in the Under 20 Road Race. PNBHS has had significant success in this race in the past so the pressure was on the senior boys to continue this tradition. Madi Hartley-Brown was involved in a break-away with 4 other riders and at the end Madi showed his class by timing his sprint to the line to perfection to win the Under 20 Road Race. His is was impressive performance considering Madi is only Year 12. Thomas Standard (10th) and Dylan Simpson (11th), Dineth Rajapakse (15th), Liam Valentine (16th) and Adam Martin (17th) also finished strongly in



attacks were always quickly shut down by other riders. Nelson Doolan had a strong ride to finish in 14th.

Alex Montgomery (4th) and Max Ferguson (10th) lined up in the Under 14 B Criterium Race and both had strong performances. Both riders were riding in their first events and with further development will look to push into the A races.

In the Under 15 A Criterium Race the team wanted to dominate with the large number of riders we had in the grade. As with the Road Race the Criterium race came down to a large bunch sprint. Adam Francis (2nd), Ben Irvine (4th), Ewan Cousins (6th), Dra's Caldwell (9th) all sprinted home to gain vital points for the overall team points. Also finishing in the main bunch was Fergus Lloyd (13th), Ben Orr (14th), Nathaniel Leask (18th), Darcy Ainsworth (19th), Caleb Falkner (22nd). Other results: Liam Ainsworth (26th) and Jack Carson (31st).

The Under 15 B Criterium saw Logan Hey (2nd) and James Gardner (3rd) which rounded out a sound weekend for these two riders.

Aiden Jones (2nd) showed his sprinting ability to finish on the podium in the Under 16 A Criterium. He was also well supported by Jack Pronk (6th), Michael Richmond (16th) and Sam Russell (31st) had solid performances.

Matthew Cooper (8th) and Finn Hannan (10th) had a strong race in the Under 16 B Criterium Race. Finn unfortunately was involved in an accident which impacted on his overall placing. Nathan Greenwood also battled on to finish 17th.

## Manawatu Small-bore Rifle



## Association Schools Open Competition

This annual competition was once again held at the local Totara Road range. The event is open to all secondary school shooters in the Manawatu/Rangitikei area.

Shooters compete for the top individual and the highest score by a school trophies. Additionally, the top ten shooters are selected for the region's Representative Team.

Four Palmerston North Boys' High School small-bore shooters competed. Lachie McNair, Shaun Jeffery and Roland Clayton were competing on slings, and Ben Whiteman in his first competition, was shooting from a rest.

Well done to Ben who won the 'Rest' competition with a personal best score of 166.2.

Individual scores for our team were: Lachie - 189.6, Shaun - 187.3, Roland - 184.2, Ben - 166.2

As has been the situation for the last few years, there was very strong competition from FHS and Awatapu College, and some exceedingly good individual shooters from PNGHS and Rangitikei College. However, when the scores were averaged the Palmerston North Boys' High School team came third.

Congratulations to Lachie, Shaun and Roland who successfully made the region's Representative Team. They will go on to shoot a postal competition against other regions in the near future.

The turn out from PNBHS, which is one of the largest small-bore shooting clubs in the region, with 37 members was disappointing. Only 4 shooters showed the commitment to their chosen sport, three of whom will be strongly placed in the selection process to represent the school at national level in the coming weeks.

## Rugby: 2nd XV vs Tu Toa in Prem 1 Semi Final

PNBHS won the toss and elected to play into the wind in the 1st half. Given the tough conditions and the strength of the wind a tough 1st half threatened. From the kick off Tu Toa camped in the PNBHS 22 with some good interplay in the forwards causing problems from the PNBHS defence. However, a big hit knocked the ball free and was pounced on by Mitch Leach deep in his own 22. Mitch then beat three defenders on his way to an outstanding try in the corner to give PNBHS a 5-0 lead. Back came Tu Toa and they used the wind well to camp in the PNBHS 22. Pressure told and they were rewarded with a penalty and then a try to lead 8-5. A well worked move from PNBHS created space and allowed Israel Young to crash over for a 10-8 before a penalty on half time from Tu Toa made the score 11-10.

PNBHS turned with the wind confident they could overturn the deficit. A strong start from the forwards was rewarded with an early penalty from Jack Harris. Further pressure was applied and from a series of pick & gos Matthew Oldridge sneaked over and the lead was now 20-11. Another penalty to Jack Harris extended the lead further before Kolo Tavake crashed over from close range to seal the victory.

A dominant second half performance from the 2nd XV and they deserve their place in the Premier 1 final on Saturday.

Tries: Mitch Leach, Israel Young, Matthew Oldridge, Kolo Tavake

Conversions: Jack Harris

Penalties: Jack Harris x2

## STOP PRESS: Premier 1 Final



After a hard physical battle against Manukura 1st XV, the 2nd XV were 10-5 down at half time. Despite a huge effort in the last 15 minutes, the team was unable to break through Manukura's defence and the final score was 11-20.

Tries: Korie Winters; Penalties: Jack Harris (2)

## Prem A Win Super Eight Basketball

Super Eight Basketball 2017 was held at Tui Ridge Park just outside Rotorua, a complex that sleeps 240 people and also has three basketball courts.

Seeded in pool A, PNBHS beat Hamilton Boys' 88 - 60, Napier Boys' 103 - 61 and Rotorua Boys' 100 - 52 to finish top of their pool.

The Prem A then played New Plymouth Boys' in the semi final and beat them 86 - 44 to set up a final with Hamilton Boys' who surprisingly beat Hastings Boys' in the other semi final.

Hamilton came out firing during in the first quarter and PNBHS were not used to that pressure. Up 23 - 14 at 1/4 time, Hamilton came back 23 - 16 in the 2nd quarter to make it a 2 point ball game at half time.

Ex-Tall Black, Paora Winitana spoke at the Super 8 Basketball dinner about the principles of Mental Toughness. They are 1) subject knowledge 2) Applied knowledge is power and 3) surround yourself with good people that will help you on your journey through life.

The 2017 Prem A team have embraced this message during the Super Eight tournament. They had scouted the opposition well and knew their strengths and weaknesses.

PNBHS kept their composure and applied pressure when it counted. Rangimarie Mita scored two three point shots at the end of the 3rd quarter to give PNBHS a 64 - 57 lead with one quarter remaining.

Hamilton had to foul and eventually some of their key players fouled out. Final score was a 92 - 75 win.

Credit must be given to a strong Hamilton side that never gave up.

Oscar Oswald top scored with 23 points, Rangimarie Mita scored 17 and Callum McRae 16 points.



## Polson Banner Remains at PNBHS

### Polson Banner Match Report

The 1st XV started exceptionally well with a converted try after five minutes following some good close work. Napier replied with some excellent rolling mauls from lineouts. However, excellent defence from the home side managed to hold them out. The pattern for the game was set early and the condition of the field started to deteriorate quickly, meaning this was going to be a game of trench warfare. The two forward packs in particular went hammer and tongs at each other and the competition was a willing affair. Napier scored an excellent try midway through the first half to close the gap to 7-5 before we scored another penalty to take a 10-5 lead into halftime.

The second half saw us play the territory game exceptionally well with astute kicking from all the backs. While this didn't transfer into points, the pressure was on the opposition to clear their tryline and score points in what was effectively a quagmire between the 22's. With time winding down, Napier finally got territory to match their possession and, while we held them out for an extended period of time, they managed to scramble a try to gain the lead with 2 minutes remaining. From the kick off we regained possession and after some surging pick and go earned a chance to win the game. Unfortunately, we were not able to convert and Napier ran out the victors 12-10.

Points Scorers:

Try: James Stratton; Conv: Stewart Cruden; Pen: Stewart Cruden

### 2nd XV

Napier started quickly, stretching our defence. Good scramble kept them at bay initially, but their fast start was rewarded with a converted try. We rallied and were rewarded with a penalty to Jack Harris before Napier scored again to extend the lead to 14-3. On half time Thomas Ellmers-Ropitini scored to make the half time score 14-10.

The second half was very tight and remained scoreless for a long time. A good break was well finished by Napier to make it 21-10 before a late reply from Matthew Oldridge made it 21-15. A late charge from PNBHS ultimately was not enough and they lost a very close game 21-15.

### 3rd XV

We fielded a rejigged lineup after illness, injuries and a well deserved promotion. Napier were better organised and quicker to react around the track. Three quickly taken penalties resulted in three tries and further pressure resulted in a fourth try being conceded before half time. Half time 22 - 0 down.

A spirited effort and better cohesion saw a much more even battle in the second half. We took two nice tries to salvage some pride on the day. Final score 35 - 10 to the visitors

### Colts XV

After an excellent pre-match build up, PNBHS started the game in fine fashion with Reif Dawson scoring close to the sticks in the opening stanza with Logan Love adding the conversion. 7 nil after 1 minute.

Playing with the wind in the first half, PNBHS played the game perfectly, pinning Napier inside their half and coming close to scoring on a number of occasions. Every time Napier tried to exit their half, they were turned back through strong defence or expertly judged box kicks that consistently found land, not hand.

At the 25 minute mark Tiwha Rukuwai barged his way over after a long and sustained build up. A fine reward for an enthralling forward orientated game of "bumper boats". Love's conversion meant PNBHS went into half time 14 nil up.

Knowing they had to battle into the wind in the second half, both the forwards and the backs knew percentage rugby was a must. An arm wrestle ensued with a kickable penalty being awarded to PNBHS mid second half which was duly slotted. This proved to be the only scoring of the second half.

The rest of the game was played out between the 22m lines with both teams throwing the kitchen sink at each other.

### U14 XV vs Napier

The boys prepared well for their only interschool for the year, and were into it from the word go. After some good early pressure, and strong carries from our forwards, Jordi Viljoen spied a gap around the ruck and ran in under the sticks. Napier then started to use the strong wind at their backs. We were stuck defending our line for 20 minutes, conceding two tries, and going into halftime down 7-12.

We turned in the second-half and used the wind well. With great kicking from Curtis Heaphy and Jordi, and good chase lines we were able to mount pressure, get turnovers and score three tries in quick succession - Livai Stevenson, Dean Shields and Curtis crossing. Napier would come back strongly again, but we were up to the challenge with our forwards rolling up their sleeves and going to work in a huge defensive effort. Jordi would score again on fulltime to make it a 33-17 win.

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## Annual Huge Exchange with Napier Boys' High School



### Senior Debate

The senior debate topic was "This house believes that New Zealand should increase its refugee quota". The Senior A team (Denzel Chung, Aidan Berkahn and Ronan Carroll) successfully negated the moot. The affirmative were a polished team, who claimed the moral high ground for their case. However, PNBHS persuaded the adjudicator, Dr Geoff Watson, that despite the humanitarian grounds being strong, the negative presented a credible cautionary tale about potential social problems. The adjudicator said the debate was so good it was a model debate. The debate was narrowly awarded to PNBHS by 261 points to 259 points.



### Junior debate 2017

On Wednesday 2nd August, the PNBHS Junior A Debating team faced Napier Boys' High School to argue the moot that "This house believes that a sugar tax on all sugary foods and drinks should be introduced. The affirmative PNBHS team consisted of Paul Lee, Ray Su and Ollie Gillespie. Paul began by stating the model of a sugar tax being placed on foods with added sugar of over 6% sugar per serving. The team also suggested taking the existing GST tax off healthy fruit and vegetables. Paul, Ray and Ollie affirmed their case and rebutted well, while Napier did their best to tear down the affirmative argument. The main points of clash were on the economics and the effect on industry and/or the poor if a sugar tax were to be introduced. Despite robust argument on both sides we pulled through and won the debate.



### 1st XI Hockey

The match against Napier Boys' High School was a rather "panicked" performance from the 1st XI Hockey Team. However the game was won by PNBHS 2 - 1.

Ben McAlley opened the scoring for PNBHS in a half that saw PNBHS struggle with their structure. The score at half-time was 1 nil. PNBHS held more possession in the second half but still struggled to play the style of hockey that they are capable of. Ben McAlley scored his second goal of the match before Napier BHS managed to score.

### 2nd XI Hockey

Higgie-Brown Trophy

9 - 0 win (5 - 0 HT)

A very strong and composed performance by the Palmerston North Boys' High School 2nd XI. Good team work and ball movement through the midfield allowed for numerous opportunities to be created in the attacking third of the field, and the strikers were able to capitalise and keep the Napier defence on their toes.

Strong defensive play, both on and off the ball, by the PNBHS defensive unit (lead by GK Josh White) kept NBHS scoreless and allowed the PNBHS team to play with freedom and retain the Higgie-Brown Trophy in convincing fashion.

An outstanding team effort.

Goal scorers: Digby Werthmuller (4), Zody Takurua (4), Hugo Wakeling (1).



### Colts Hockey

The Colts hockey team had a pleasing 5 nil win over a competitive, young Napier side as part of the Napier BHS exchange in Palmerston North.

A penalty corner goal to Tom Hansen in the first minute of play created an expectation of many more goals to come. PNBHS created most of the attacking play, however, slow free hits and a congested attacking circle with strikers not moving saw us only 1 nil up at the break. Napier could easily have scored from their quick counter attacks but our defence held strong lead by Jay Ranchhod, Ben Loudon and Zac Buinimasi.

The second half was a marked improvement from all players and 4 more goals were scored on a regular basis. Second half scorers were Blake Rhodes-Robinson (2), Connor Managh & Matthew Dellow.



### Prem A Basketball

PNBHS played Napier Boys' High School in the annual Inter-school fixture recently. Determined to start well, the Prem A got out to a 27 -17 lead at the end of the first quarter. Callum McRae, playing his first game for PNBHS in 2 months, top scored with 20 points, he also got 13 rebounds. Oscar Oswald contributed with 16 points. Up 60 -31 at half time meant that the bench could get some playing minutes.

Although the final score of 92 - 57 to PNBHS was pleasing, the Prem A have high standards and know there is improvement that still can be made.

### Golf V Napier Boys' High School

The course was heavy and early form was in Napier Boys' High School favour. Good matches were between Bradley McSherry (1) who lost one down, Cameorn Giddens (4) won, 2 and 1. Jayden Burgess (7), Ethan Dodds (3) and Mitchell Floyd-Naylor (8) all had convincing wins. Kaleb Idemaru (2), Zain Ali (5), and Nikhil Banerjee (6) all had losses. We were a little unlucky not to half the match, but lost 5-3.







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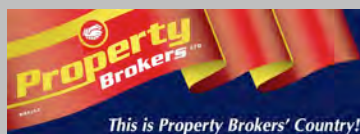
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#### B. 3 BOTTLE GIFT PACK \$29.50

1 x Tuscan garlic & rosemary infused olive oil 250 ml

1 x Mediterranean citrus infused olive oil 250ml 250 ml

1 x Spicy Sicilian orange infused olive oil 250ml 250 ml



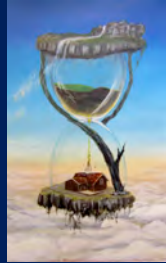
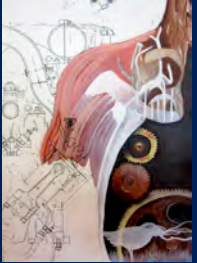
Whether you want to dunk it, drizzle it on a salad or cook with it, it is delicious and great value.

If you would like to purchase some of this oil, please fill in an order form from the Main Office and leave it and the money at the Main Office, or contact Mrs Alison Dickinson at school 354-5176, email: dickinsona@pnbhs.school.nz.

The olive oil will be delivered late October. WW

Thank you for your support.





## Year 9 Haka Challenge

Paintings of the Month

Chaz Rossiter - Level 2

Xavier Reuben - Level 2

Zefeng Chen - Level 2

Jone Veigo - Level ?



## Music Dept Concert



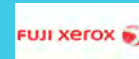
## Polson Banner Exchange



## Palmerston North Boys' High School Major Sponsor Partners



McVerry Crawford



The school acknowledges the above businesses, who through their significant sponsorship arrangements, assist us in developing young men of