



Palmerston North Boys' High School

Newsletter 2018 - September

Volume 24 No 6

28 September 2018



A Page of Sporting Achievement

(top right clockwise) Super Eight Basketball winners; Winners of 2nd XI National Tournament; U15 Hockey won the Tanner Cup at St Paul's Invitational Tournament; the Junior 4 won their grade in Manawatu Comp; Winners of Manawatu U14 Grade Rugby; Colts XV won Manawatu U15 Grade Rugby; 3rd XV won their Grade in Manawatu Rugby Schools competition; Captains of winning teams: Alex Boblea - U14 XV; Henry Leck - 3rd XV; Reuben Davis - Colts XV; Aki Wickes-Matakaiongo - Junior 4 XV

Heading photo: Group pic of all boys going to Tournament Week

From the Rector



Dear Parents

At a recent assembly I marked the passing of soul legend Aretha Franklin and spoke about perhaps her most well-known song, Respect. Originally written by Otis Redding, Ms Franklin's cover version became so much more than a successful song, one which won her two Grammy awards. It became an anthem for civil rights and for women's rights during what was a turbulent time for American society. Redding's lyrics were altered to represent a woman demanding respect from her man; Ms Franklin later said that "It's quite natural that we all want respect – and should get it".

I used this as a segue to talk about the fact that September 19 marked 125 years since New Zealand became the first country to grant women the right to vote. In a conversation in the staffroom Mr Dawson noted that while the concept of democracy as we know it today is considered to have taken shape in Ancient Greece, it wasn't until 1893 that real democracy began. Maori men had been granted suffrage in 1867, Pakeha men in 1879, and then, in 1893, universal suffrage was granted. Kate Sheppard, a leader of the suffrage movement, therefore holds a special place in New Zealand and, indeed, world history. Like Aretha Franklin, Mrs Sheppard wanted respect and, like Ms Franklin, she earned it.

Respect is one of our school values. We see respect in the way our young men treat their parents; in the way they treat their brothers and sisters; we see respect in the way they treat their home environment, their school, their uniform; we see respect in how they treat their friends, their team mates and their classmates.

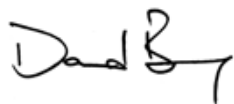
We also see respect in the way they treat themselves.

Russian novelist Fyodor Dostoyevsky once said, "If you want to be respected by others, the great thing is to respect yourself. Only by that, only by self-respect will you compel others to respect you".

It is crucial that our young men develop self-respect. They need to set high standards for themselves, they need to look after themselves. They need to hold themselves to account and take responsibility for their actions. We have had to deal in recent times with issues that have arisen from young men who have spent too much time playing video games to the detriment of their studies and even, in some cases, to their physical well-being and family relationships. These young men will be in a precarious position when it comes to the NCEA examinations later in the year where they could be, along with others who have let themselves down through lack of effort, in danger of what is these days described as achieving poor academic outcomes, but what most of us know as failing.

A significant number of our young men were involved in competition throughout the recent winter tournament week – well done to all who competed strongly and who represented the school with pride. There will be many reports from that week in this newsletter. For many the winter season is now over, enabling our young men to focus on their academic work. All those involved in NCEA exams need to prepare for the weeks ahead with real purpose and focus.

Good luck to those young men who will be involved in national competitions in the holiday break – safe travel and strong competition, and all the best to our seniors who will soon be off on study leave, early in Term IV.



David Bovey
Rector

Rector's Administrative Notices

Staffing

Vacancies for 2019 have been advertised and a number of interviews will be conducted early in term four.

Enrolments 2019

At this stage we have reached our limit for Year 9 enrolments for 2019, although in-zone applications will continue to be accepted. We now have a waiting list at Year 9 and have actively sought to reduce our intake at Year 9 for next year. The resources and facilities are struggling to cope with the sheer numbers of young men who wish to attend our school and we are looking to reduce the pressure on our infrastructure.

Playing Fields

Many of you will have seen a post on the school's Facebook page regarding the positive relationship with our neighbours, Queen Elizabeth College. Our thanks go to Mr Chris Moller, Principal, for allowing us to share the use of the QEC sports fields during the year for cricket, touch, football and rugby. A number of our Year 11 pupils also attend a UCOL-run course hosted at QEC. We certainly appreciate being able to work together in this regard.

School Fees and Donations

Our thanks are extended to all families who have paid their son's school fees and donations for 2018. While we are aware that the Ministry of

Education believes that schools can run entirely on their government funding, they are wrong: the fees and donations are absolutely vital to the school's continued ability to offer the opportunities available for our young men. Many of the programmes and opportunities the school offers would not be able to be offered without these contributions. The following list outlines just some of what the school donations go towards:

- The Board of Trustees funds nine teachers over the government allocation
- Learning Support Programme
- Accelerate Programme, including the Massey University and Scholarship classes at the senior level
- Recently added or expanded courses, especially at the senior level – Gateway, Maori Performing Arts, Achievement Support Programme
- Cultural and Performing Arts programmes
- Sports Development programme
- Facilities – new gym extension supervision; swimming pool
- The addition of a second Guidance Counsellor, funded by the BOT
- Leadership and Mentoring programmes

The donations are effectively an investment in people, without whom these programmes simply would not be able to run.

Student Achievements

- Geography – a team from school won the Year 11 Regional Geography Quiz held recently at Massey University.
- Science Fair – at the Manawatu Science and Technology Fair three PNBHS entries were prize winners. Finn Martin and Junius Ong won first place in both the NZIC and NZIFST awards and a Massey University Distinction prize. Nick Slegers and Max Edwards won the Fonterra Science and Technology Youth Award and a Massey University Distinction prize also.
- Touch Rugby – Carson Hepi was part of the NZ U18 team that won a silver medal at the World Cup held recently in Kuala Lumpur. Carson was co-captain of the team.
- Puhoro – Ezra Davis, Rakei Paul, Bryson Campbell and Xavier Puki-Smith were part of a team that won the Science and Engineering Challenge hosted by the Puhoro STEM Academy at Massey University.

- Student BOT Rep – David Kakrada won the election for 2019 student rep on the BOT.
- Triathlon – at the World Junior Championships on the Gold Coast, Adam Martin finished fourth in the 16-19 year age group Male Sprint category with Luke Scott finishing eighth. Recent Old Boy David Martin finished second in a photo finish in the 20-24 year age group.
- Winter Tournament Week – a busy week with further details of each team's performances to be found in this newsletter:
- Badminton – Senior A finished 5th, Senior B 10th in Division 2
- Basketball – Premier A third at regional qualifying tournament, Premier B won the Schick



Tournament in Wanganui; Junior A was third at the regional tournament in Napier

- Football – 1st XI finished 26th at the NZSS championships; 2nd XI won their tournament in New Plymouth; Junior A team finished 10th at the Hillsdene Tournament in Tauranga
- Golf – 10th at the NZSS tournament in Palmerston North.
- Hockey – 1st XI finished 12th at the NZSS Rankin Cup Tournament; 2nd XI was third at the Galletly Cup; U15 Colts won the Tanner Cup for the second year in a row.
- Rugby – U16A team finished third at their quad tournament at St Paul's; U15 Colts finished 13th at the National Invitational tournament in Auckland; U15B finished seventh at the Lindisfarne tournament in Hastings. U14A did likewise at the Colquhoun tournament hosted by PNBHS.
- Table Tennis – the Senior A team won Division Two at the NZSS Championships in Auckland.
- Choral – the OK Chorale received a Silver Award at the National Big Sing Finale, one of only three boys' schools to be recognised thus.
- Loves Me Not – a programme that explores healthy relationships and unhealthy ones was delivered to

our Year 12 pupils recently.

- Australian Rules Football – Cameron Kerr has been selected in the NZ AFL U18 team to tour Australia in 2019.
- Theatresports – Finn Davidson led a PNBHS team of Matt Allen, Ollie Gillespie, Ollie Grant and Trent Hooper to the Manawatu Secondary Schools' Theatresports title recently.
- Rugby – Stewart Cruden has been named in the NZ Schools rugby development camp squad.
- Boys' Schools – a statement was released recently by the ABSNZ following independent research by DR Michael Johnson from the Faculty of Education at Victoria University that showed that young men from boys' schools in New Zealand achieve at a significantly higher rate than boys who attend co-ed schools.



held to thank those members of the community who have supported our School across a wide range of areas was well-attended. It was great to have Palmerston North Mayor, and Old Boy, Grant Smith join us as guest speak-



From the Deputy Rector

NCEA Examinations

Senior students have now completed their school examinations and will be waiting upon their final written report for the year. Their results from these examinations will be available via the Parent Portal as marking is completed by teachers. I encourage your interest in this information as it will be fundamental to your son's revision programme for the impending external examinations. The school holidays will provide an opportunity to establish a revision programme and to identify an appropriate place and time for study to occur at home. The use of past examination papers will be an important part

of the revision process. Past papers can be found on the NZQA website for all subjects, along with exemplar answers, marking schedules and examiners reports – all very useful resources: <https://www.nzqa.govt.nz/ncea/subjects/>

For many young men, simply not knowing 'where to start' can be an impediment to their revision. The website below provides a range of effective study strategies to help in this regard and could be a good starting point for a discussion with your son:

<https://chronotopeblog.com/2018/05/05/how-should-students-revise-a-brief-guide/>

A range of mostly New Zealand websites that provide support,

tips, and techniques for studying can be found here:

<http://assessment.tki.org.nz/Assessment-tools-resources/Study-and-exam-techniques>

NCEA examinations begin on Wednesday, November 7. The full examination timetable can be accessed here: <https://www.nzqa.govt.nz/assets/qualifications-and-standards/qualifications/ncea/exams-and-portfolios/exam-timetable-2018.pdf>

Junior Examinations

Junior examinations take place from Monday, November 5 to Friday, November 9. A good starting point for your son will be to ensure that he has completed all classwork and homework ac-



tivities set this term. Parents of young men in the junior school have been emailed information about the content of the core examinations – English, Mathematics, Science and Social Studies. This information will assist you to work with your son to help him establish a revision timetable so that he can be as well prepared as possible for the examinations. Examination papers from previous years are available on Stratus and will be a useful revision tool for your son. Some further ideas can be found here: <https://www.wikihow.com/Revise-Successfully>

How can Parents help with Preparation for Examinations?

1. Know your son's exam schedule - put a copy of the exam timetable on your fridge. Make sure you and your son are aware when he has to be at school for each exam.
2. Ensure your son is present for each paper - make sure he is up, dressed and fed each morning before you leave the house.
3. Make a checklist of daily requirements, based on each day's papers - Has your son got the equipment he needs to sit the exam? Pens, erasers, calculators etc should be checked, along with personal requirements such as reading glasses and asthma inhalers.
4. Listen to the story of their day

and move on - after each day's exams, allow your son to re-count to you his daily story. Do not be tempted to review in detail the errors or omissions he may have made. Such a process achieves absolutely nothing, other than to

increase stress levels. Just allow him the time to tell his story and move on.

5. Help him to focus on the next day's exams - it can be helpful to review the next paper. Simple questions, such as "What subject is next?" or "Have you got some old exam papers?" can be useful in helping students plan their revision schedule for the time available before the next exam.

6. Remove digital distractions – access to digital devices should be a 'reward' at the conclusion of a defined period of study time. Despite what your son might tell you, having access to a phone is an impediment to concentration and will consequently reduce the effectiveness of his revision.

7. Help him to maintain a balanced routine - ensure he maintains a proper balance between study and rest. After an exam, he needs time to recharge before study for the next paper. Remember that this is an ongoing process and he needs to be mentally sharp for each exam. Late-night study sessions should be avoided.

8. A good night's sleep improves examination performance - all revision should end at least an hour before bed to allow your son to unwind. Falling straight into bed from the study desk

means his mind will be buzzing for hours as he attempts to fall asleep. Remove digital distractions from your son's bedroom to help him sleep without interruption.

9. You are what you eat - what you eat and drink affects your performance in any activity, especially one involving mental sharpness. As a parent, you should try to ensure that your son eats and drinks nutritious food during the coming weeks. Help him to avoid grazing on junk food, this can be very tempting at times of increased stress.

10. Don't stress the importance of any examination - make it clear to your son that your love and regard for him is in no way dependent on how he performs in exams. This affirmation is the best gift you can give him on the eve of his exams.

11. Make sure your son continues to mix with friends and family - do not isolate him in his bedroom. Contact with his friends is very important to maintaining his spirits during the coming weeks. You can also support him with a friendly chat when he is taking a break from his revision.

Character

We are continuing to progress the development of our Character education framework and are currently working to progress a number of pilot projects for 2019. As we go through this process, the value that our school community places on 'who' our young men are developing into, as opposed to 'what' they can do, has been at the forefront of our thinking. This is not to say that qualifications and evidence of the performative elements of character are not important – they most certainly are. It is, however, an endorsement of Dr Martin Luther King's profound observation that "Intel-

ligence plus character – that is the goal of true education.”

Paediatrician and psychologist Dr Leonard Sax has identified conscientiousness as one of the most important virtues for parents to teach their children. He states that conscientiousness is the only trait identifiable with greater health, wealth and happiness, irrespective of individual background or experience. In his book ‘The Collapse of Parenting: How we hurt our kids when we treat them like grown-ups’, Sax states that “If you want your child to be healthy and wealthy and wise, then your first priority should not be measures of cognitive achievement, such as high grades or test scores, but measures of Conscientiousness, such as honesty, integrity and self-control.”

Sax suggests that the path to developing conscientiousness in a teenager starts with an authoritative approach to parenting – one that blends high expectations with high levels of support. This might include such things as imposing restrictions on screen time – not at family meal times, not until after chores and homework have been completed – to help develop self-control. Having high expectations and expecting cooperation and respectful relationships are imperative. He explains that other important aspects of conscientiousness, such as honesty, responsibility and industriousness, can also be deliberately developed. Sax states “There is one inescapable truth: you must teach by example. You can’t expect your child to exercise self-control if you stay up past midnight watching TV or surfing the web. You can’t expect your child to be responsible if you don’t keep your word. And you can’t expect your child to be industrious if you yourself

are often looking for the easy way out.”

Sax’s comments point towards another key aspect of character education identified in the feedback from our community – the vital importance of role modelling. We hope and expect that young men in the senior school will be positive role models for our junior students to look up to and aspire to follow. Likewise, we hope that our staff are role modelling good character and good decision making so that our young men can learn from them. We acknowledge that there will be setbacks along the way, but these provide opportunities for learning so that we can continue our work to ‘raise the bar’ in character education.

What does it mean to be a man in 2018?

The world today is a different place to what it has been at any other time in history. While that statement could probably be applied at any time, rates of change in society in many respects are accelerating. Expectations of what it means to be a man in contemporary society are different to those that previous generations grew up with. What is acceptable and appropriate behaviour from a man today is likewise different. As a boys’ school we need to be engaged with these discussions so that we can assist in developing young men’s masculinity positively.

Former NFL ‘hardman’ Joe Erhmann has been a vociferous proponent of the importance of challenging traditional concepts of masculinity. As a child he suffered physical and sexual abuse which led to a dependency on drugs and alcohol through his teens and early 20’s. Five years into his professional career he watched his brother die of cancer, an experience that caused

him to rethink his priorities in life. Recently at assembly we shared some of his ideas on ‘toxic masculinity’:

“Throughout the course of their development, boys are fed at least three fundamental cultural lies about masculinity. Boys learn the first lie by the time they are 6 or 7 years old. They learn it on playgrounds, ball fields and during school recess. Boys are taught that their masculine value and worth has something to do with their physical strength and athletic ability.

By the time they are in junior high they are indoctrinated into the second lie of masculinity. In our media-driven culture, adolescent boys soon discover that being a man seems to have something to do with sexual conquest. Young, developing boys receive the social message that being a real man means objectifying or seducing girls to gratify physical needs or to validate masculinity. Boys are taught the goals of masculinity are to win the fear and respect of other men and the admiration of highly objectified women. This not only damages boys but helps create a culture of male violence towards women.

The third lie imposed on our boys is that masculinity is defined by economic success; as if the measure of a man can come with a bank account, possessions, power and be dissociated from the content of a man’s character.”

Mr Erhmann asserts that we have to challenge this traditional concept of masculinity and help young men escape from the ‘man box’:

You can watch Mr Erhmann discussing his work to transform the role of sports in developing masculinity:

https://www.youtube.com/watch?v=jVl1Xutc_Ws

Families across our school community will have differing aspirations for their sons and diverse opinions about what it means to be a man. We hope that such discussions have been an ongoing part of your relationship with your son. Parents who



share their high expectations and hopes for their children do have a positive influence on their behaviour and decision-making.

In recent weeks we have shared with our young men a variety of thoughts about the important place respect for others has in our school and society. The 125 year anniversary of women in New Zealand earning the right to vote has provided a backdrop to some of this discussion. At the same time that we acknowledged this important milestone, we have been presented with updated statistics relating to family violence and violence against women in New Zealand. Unfortunately, men perpetrate much of this violence. We need to challenge and change these statistics for the betterment of our communities. Defying traditional stereotypes, that work to restrict men's emotions to angry outbursts and place value on what one has rather than who one is, seems a good place to start.

Wellbeing - Screen Time and Developmental Measures in Childhood

Dr Giles Bates from the Mid Central District Health Board shared a recent article from The Journal of Paediatrics titled 'The Inverse Relationship Between Digital Media Exposure and Childhood Flourishing'.

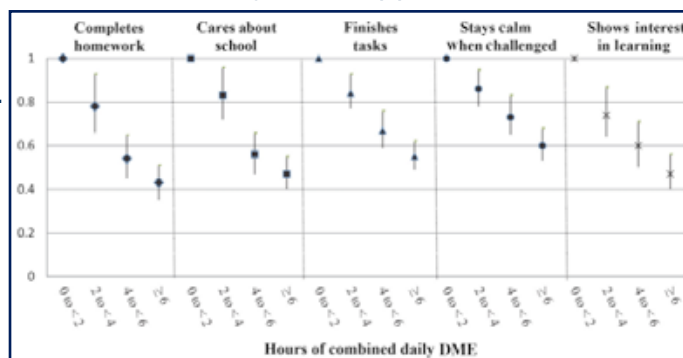
The article noted that through "the introduction of laptops, smart phones, and tablets, patterns of digital media exposure (DME) have evolved significantly over recent decades. The change in media landscape has made DME ubiquitous in the lives of children. Although digital media use has conferred benefits, such as enhanced communication, connectivity, and knowledge, physicians and other childhood specialists have become increasingly concerned about the physical, behavioural, and neurocognitive effects of DME on children. Studies have demonstrated negative associations between DME and obesity and poorer fitness, attention and cognitive deficits, violence and bullying behaviour, poor sleep, and risky behaviours, such as substance use."

The graph below shows the impact of DME across five different criteria that were used to provide an indication of 'flourishing': completion of homework, caring about school, task completion, remaining calm when challenged, showing an interest in learning. We acknowledge that the use of digital media is an important part of young people's lives, in particular as part of their education. However, it is important that the amount of time young men spend engaged with

digital media does not become counterproductive. (note: the hours of DME in the graph below exclude class time spent on digital media)

Well-being at School Survey

Earlier in the year we promoted the Well-being at School survey, which was completed by 832 young men. This provided a wealth of data that we are working our way through. A key component of this process has been to engage our young men to ensure their voice is strong in the process. Interested young men were recently invited to attend an initial discussion of the survey results. Their thoughts and ideas about what actions should be prioritised to lift student wellbeing will be refined over the coming months and we are looking forward to their contributions to developing strategies to support this.



Prizegiving 2018

Our annual school prizegiving takes place at 7.00pm on Wednesday, December 12. This is a highlight of the school year and provides us, as a school community, the opportunity to recognise the achievements of a significant number of our young men. In recent years we have utilised two 'big screens' at the stadium to make the event more visible to the large audience. As with all initiatives of this nature, there is a cost, which we endeavour to cover through sponsorship arrangements. If you are aware of any businesses who might be interested in entering into a sponsorship arrangement

to help cover the costs, please contact me at school (atking@pnbhs.school.nz). Recognition of sponsors reaches the audi-

ence on the night of approximately 3,000 people, as well as a much larger audience through the school's social media presence.



Boys Achievement

In the previous newsletter, reference was made to the results of recently released research commissioned by the Association of Boys' Schools New Zealand.

This research covered the time period 2013 - 2015, and reached similar conclusions to previous research covering the period 2010 - 2012: at every level of NCEA and Scholarship, at every decile level and across all ethnic groups, boys in boys' schools achieve higher academic grades than boys at co-ed schools. The full press release summarising this research can be found here: <http://www.pnbhs.school.nz/wp-content/uploads/2018/09/Media-Release-Achievement-in-New-Zealand-Boys-Schools.pdf>

Student Commonwealth Heads of Government Meeting (CHOGM) 2018

On Monday 3rd of September, six students travelled to Wellington to attend the annual Student CHOGM (Commonwealth Heads of Government Meeting) conference held in the Legislative Council Chamber in Parliament building.



The six selected to attend this year's conference were John Cole, Andrew Karatea, William Wood, Ahmad Barzak, Trent Hooper and Max Davis. Prior to the conference all were partnered and assigned a role as either the Head of Government, or Foreign Minister, for a commonwealth nation. As Ministers of their country they were required to attend Student CHOGM and discuss a range of topics currently affecting commonwealth countries.

The first day started with the group assembling at the Palmerston North railway station to catch the Capital Connection. Though it was an early start to day the train ride to Wellington gave each delegation an opportunity to discuss a variety of global issues. By voicing their govern-

ment's perspective on a variety of topics each delegation was given an invaluable opportunity to prepare for their presentations to those other CHOGM delegates.

The timetable for the two days consisted of plenary sessions, each of which focused on a variety of topics from policy making to human rights, and everything in-between. Following each plenary session the delegates assembled in the Legislative Council Chamber to debate global issues of concern. Delegates were required to think quickly, articulate a point of view and confidently sum up their adopted nations position under the watchful eye the Student Secretary-General.

Though some were challenged they all acknowledged that the two day conference was

an amazing opportunity, especially for those students interested in international relations. All gained an insight into how governments interact within various political settings. This extended to them all attending a state dinner and mixing with guests such as the retired member of Parliament, Peter Dunne and The Right Honourable Sir Anand Satyanand, GNZM, QSO.

Throughout the two days the boys developed friendships with other like-minded students creating a network of contacts throughout the whole country. All were a credit to the school and represented their respective countries in a respectful and responsible manner.

Thanks to the organisers, Eva Maffey and Madison Burgess-Smith, who provided pastoral support throughout the conference. Also, a thank-you to Aaron Hape, old boy and founder of Commonwealth Youth New Zealand, for his guidance and support throughout the conference.



From the Director of Sport

"Winning is worth striving for but development matters more."

In an article penned by Paul Cammarata he states "Winning matters but development matters more.
Let's understand that they both matter".

Winning has become a taboo word in much of our youth sport. Most recently the debate has become an issue of coaches choosing between winning or development, as if they are mutually exclusive. Coaches who develop players the right way don't have to choose either, because winning and development go hand in hand.

In my opinion, winning doesn't feel as good if no struggles and hard work have been experienced first.

The idea we face today that winning doesn't matter, only development, stems from the extreme "win at all costs" mentality and in many sports this has given rise to the selection and promotion of the early maturers and a failure to approach coaching holistically. In a knee jerk reaction to this, the polar opposite has arisen where we tell our players that winning doesn't matter, and here is our ultimate issue.

A secondary school has the privilege and challenge of nurturing their cohort for a very small window of the students' lives and owe it to their charges who are involved in sport to add value to them in all ways: physically, technically, tactically, emotionally and psychologically. Palmy Boys attempts to create a scaffolding that can allow the boys to grow, develop and, as a result, experience some level of success.

Testimony to the fact that PNBHS works hard in this area is seen in the number of Old Boys who have stayed in sport post school and, in fact, gone on to become regional or national representatives. The makeup of club sport here in the Manawatu is strongly supported by PNBHS Old Boys. Also the sheer numbers of young men who are active in sports and recreation throughout their tenure at school reflects a healthy, well-balanced approach to life and sport within that. This illustrates that when they do leave school, they are not burnt out, put on a pedestal that offers no pathway up, appreciate their performance can always be improved upon and that fun and hard work like winning and development are not mutually exclusive.

Library News

The Library has been loaned Black Butler, Dragonball and Tokyo Ghoul (Volumes 1-10 of each) Manga books as a bulk loan from IPU (Institute of the Pacific United). In spite of these being in Japanese, we have had some interest and have extended the loan until the end of October.

Very few students have "borrowed" any of the 1500 eBooks or 600 audiobooks, which have been available this term, so we will not renew our contract of eBooks on Wheelers ePlatform. Those that read ebooks tend to have their own Kindles/devices so we will use the money to buy more physical books for our eager readers.

A very useful service we offer, is instant access to a whole range of relevant International magazine and newspaper articles. This is called One Search and is found on the Library App catalogue on our STRATUS Library tab. Just type in your search keyword and a list of the books we have will be displayed – but also the tab ONE SEARCH on the bottom left of the screen. Click on this and explore all the results!

Mrs V Langley

Performing Arts

Drama News

Manawatu Secondary School Theatresports Finals

FAHS, Awatapu College, PNGHS and PNBHS competed for this inaugural title at Centrepont Theatre.



In a tight race, with PNGHS in particular, we won by a fine margin but winning was very much secondary on the night; humour, quick wit, confidence and the joy of performing were evident from all students who took part and supported each other's teams in a fantastic environment which blends competition with collaboration. Well done Finn Davidson (a superb captain), ably supported by Trent Hooper, Ollie Grant, Ollie Gillespie and Matt Allen. PNGHS was led with great gusto by Anything Goes lead, Katie Atkins.

Big thanks to the Palmerston North City Council who provided funding for Centrepont coaches to go into nine schools and upskill students in this challenging form of theatre. Many thanks also to Dan Pengelly, Spontaneous and Centrepont Theatre. They are people who just keep giving to the Arts in this region. We are incredibly lucky and can support them by attending their fantastic array of shows.

OK Chorale bring home silver.

In the last week of August the OK Chorale competed in the National Big Sing Finale in Wellington.

Only four all-male ensembles were included in the 24 participating choirs which had been selected from more than 275 groups that performed in regional festivals. Chorale remains



Senior Production auditions

With our Information Evening now complete and students having indicated their interest, great excitement is ahead as we await the first Monday of next term when our three weeks of workshops/auditions commence. As always, we will introduce students to the material, cast our ensemble then workshop and audition for principal roles. 11 production team members recently made a trip to see a Whitireia performance of The Addams Family in Wellington. (Whitireia is a tertiary performing arts school). It was a top production (including Riley Booth from Footloose as a principal), very valuable to watch and just a little bit of fun too!



Junior Performing Arts Showcase Term 4

This year's offering will feature the Junior Concert Bands, Dance and both Junior Musical Theatre companies. It will be a cracking season of five performances



which in November. The dates are:

Mon Nov 26 Dress rehearsal during the school day

Tues Nov 27 Performance 7.30pm

Wed Nov 28 Performances 2pm and 7.30pm

Thur Nov 29 Performance 2pm and 7.30pm

Door sales only but reservations can be made by emailing co-ordinator Mr Chris Burton: burtonc@pnbhs.school.nz

Music News

unique at this event for a number of reasons: it was easily the smallest group competing and the only one to perform completely unaccompanied.

The guys are also expected to be individually expressive rather than being chained to a

regimented conductor.

As none of this year's group had attended a

Finale before they quickly learnt how high the standard was and were blown away. They knew that they would have to dig deep. Many hours of rehearsal came down to two performances and the guys rose to the occasion.

Chorale received a standing ovation from the audience and their peers for its first performance of three songs in what many viewed as one of the best performances of the event. Unfortunately they could not keep the momentum in their second performance which was creditable but not their best.

This set was notable for the contribution of 2010 Chorale leader, Andrew Atkins, who conducted the group for Jingga-lye-ya, a very difficult work that he had taught them. This old boy's link was very pleasing throughout the event with, apart from Andrew, one adjudicator being Matthew Gifford [OK Chorale 2001], five members of NZ Secondary Schools Choir either present or immediately

past chorale members and two members of the NZ Air Force band who performed were also ex-PNBHS.

The boys were very pleased with their silver award which puts them in the top three male choirs in NZ this year. All performances can be seen via facebook at the Big Sing 2018.

25 Years Reunion

The OK Chorale has now been a feature at PNBHS for 25 years and celebrates with a 25th reunion gathering October 26-28.

There will be a range of activities and chances to catch up with the centrepiece being a Public concert at The Salvation Army on Saturday 27 showcasing the talents of past and present members and culminating with a massed item.



Close to fifty past Chorale members have already registered, so if you are in contact with a past OK Chorale member, check that they have registered.

For more info, contact Arts Co-ordinator Heather Dearlove



(left) Senior students donating blood at the annual PNBHS Collection



(right) Student CHOGM meet in Parliament

National Tournament Week Reports

Table Tennis: Nationals in Hamilton

Two teams went to the Secondary Schools' Nationals in Hamilton for tournament week. They were PNBHS A (Carlos Fung, Thomas Sun and Dan Heaphy) and PNBHS B (Callum McKinnon, Changhee Cho and Kaushal Patel)

Our teams qualified for the B grade competition and the A team took out the gold medal for

winning this grade. They won the final against Macleans College D, 4-2. The B team were unplaced.

Wins were as follows : PNBHS Team A ; Liston College 4-3, St Peter's College 4-3, Tauranga Boys' College 5-2, Maclean's College C 4-3, Composite team 6-1. Loss to Macleans College D 1-6.

The boys should be proud of their success.

Colquhoun Under 14 Rugby Tournament 2018

First up was Gisborne Boys' High School. A tough game, which started well, but the final score was a 5-28 loss. Next was Hamilton Boys' High School. We were dominated in territory and possession and the final score was a 5 -57 loss. Day 2 saw us playing New Plymouth Boys High School, a much-improved effort. Unfortunately, we lost 5-6 with a last minute penalty. Day 3 was against Napier Boys High School. We played the Rugby we are capable of and had a convincing 28-0 win, finishing 7th overall.

Rugby: Lindisfarne U15 Tournament – Junior 3

We were to once again struggle to be competitive in this Colts A tournament and our efforts were compounded not only by the atrocious weather experienced over the three days, but by the absence of our coach Mr Pottinger due to illness. A huge thank you to Mr Stu Leighton and the Rector Mr Bovey for stepping in at such short notice and for doing such a great job.

Our first game was against the hosts Lindisfarne who proved to be too big and too strong running out victors 50 nil. The following day was déjà vu against the eventual tournament winners St Peter's College from Cambridge who won 5 – 52. However, the excellent team try we scored against such quality opposition was a highlight.

That afternoon we played Te Aute in what proved to be a very competitive encounter. Although we were down 7 – 10 at half time we believed we had played the better rugby and with stern defence and better ball retention could still win the game. It was imperative that we were the first team to score in the second half but a lack of concentration at the kick-off and some soft defence resulted in Te Aute scoring a converted try making the score 7 – 17. To the teams credit they kept their heads up but we were always chasing the game and in the end ran out of steam losing 12 – 29.

The final game of the tournament was against Lindisfarne B, a must win game to avoid the wooden spoon. After some rallying words from the Rector the game started and it was clear Lindisfarne were not going to be a pushover. The half time score was 5 – 10 to Lindisfarne but again, we believed we had played the better rugby and that we needed to be the first team to score after half time. This time, with the wind at our backs, Lindisfarne made the mistake at the

kick-off and we scored a converted try. Boyed by this and with a renewed belief we played some of the best team rugby we have played all season. Lindisfarne were kept scoreless in the second half and we managed to score two further tries to run out victors 22 – 10.

These final 30 minutes were a fitting end to our season and it was very unfortunate that Mr Pottinger was unable to witness the outstanding fruits of his coaching expertise and efforts. Thank you to all the parents who attended for their support and encouragement.

Rugby: U16 Quadrangular Tournament

2018 saw 23 players travel to Hamilton to play against Sacred Heart, St Paul's Collegiate and Hamilton Boys High School.



We drew Sacred Heart up first and whilst having long periods of possession and territory dominance went down 5-22. A case of the opposition adapting better to the torrential rain and heavy field.

Next up was St Paul's. The weather was better as was the pitch and after a very close encounter we ran in 3 tries in 5 minutes to win 33-7.

In the final match, Hamilton Boys' brought out the best in our boys as we dominated the opposition for much of the game. Several errors allowed them to score and stretch the lead. Final score was 5-22.

Congratulations to all of the boys but in particular Elyjah Crosswell who was picked by the tournament coaches as the best forward this year.

Many thanks to the many parents who travelled up to support, especially Clint Grant who assisted significantly behind the scenes.

Hockey: 1st XI - Rankin Cup

The 1st XI Hockey Team competed in the 32-team Rankin Cup and India Shield National

Secondary School Tournament held in Tauranga during Tournament Week.

The first goal to achieve was to be placed in the top two of the pool to go through and compete for the Rankin Cup.

Pool play results were:

- Rotorua Boys' High School 3 - 0 win (goals from Heath Tangiaiu, James Akuhata and Sam Russell)
- Pukekohe High School 2 - 2 draw (goals from Cassius Henman and Malaki Masoe)
- Westlake Boys' High School 1 - 0 loss

These results allowed the 1st XI to move through to the Rankin Cup Competition as second qualifiers in the pool.

The rest of the week's results were:

- Whangarei Boys' High School 4 - 0 loss
- New Plymouth Boys' High School 4 - 2 win (goals from Cassius Henman (2), James Akuhata and James Harris)
- St Andrew's College 7 - 1 loss (goal from Zac Buinimasi)
- Wellington College 5 - 4 loss in extra time (goals from Zac Buinimasi, Sam Russell, Matthew Dellow and Heath Tangiaiu)

The 1st XI finished the tournament in 12th place.

Congratulations to Maddock Leslie, Connor Managh and Josh White who were presented their Caps during the tournament and to Jimmy Harris who played his 100th match for PNBHS.

Hockey: 2nd XI - Galletly Cup

The 2nd XI Hockey travelled to Hamilton to defend their Galletly Cup title from 2017. The Galletly Cup is contested between 2nd XI teams from throughout New Zealand, and this year included teams from as far north as Whangarei Boys' High School, and as south as Timaru Boys' High School.

After strong performances against both Napier Boys' (4-0) and Taupo-nui-a-Tia (6-0), either a win or a draw against Tauranga Boys' College was needed to progress to the semi-finals in top spot and avoid having to play an extra quarter-final against the 3rd placed team from the other pool.

Strong performances meant that the team finished top of the pool and played Whangarei Boys' 2nd XI in the semi-final. Unfortunately, despite maintaining the majority of possession, and attacking opportunities, the boys were unable to find the back of the net as Whangarei didn't allow any extra space in the circle, and we were unable to capitalise on the few clear chances we got.

A rare foray into our defensive circle led to a well worked goal for Whangarei (the only goal the team conceded at tournament) and with it a one nil loss.

In the playoff for bronze against Hamilton Boys' 2nd XI, the boys bounced back and went into the break one nil up, before grabbing a second goal straight after half time to lead two nil. Hamilton fought back in the last 10 minutes, but solid defence and attacking play through the midfield kept the team ahead and allowed the boys to finish the tournament on a high.

Results:

vs Napier BHS 2nd XI: 4 - 0 win (Meihana Hyland 3, Jacob Petersen)

vs Taupo-nui-a-tia 2nd XI: 6 - 0 draw (Joshua Gloyn 2, Finn O'Malley 2, Noah Holden, Meihana Hyland)

vs Tauranga BC: 1 - 0 win (Noah Holden)

Semi final vs Whangarei BHS 2nd XI: 0 - 1 loss

3/4 vs Hamilton BHS 1st XI: 2 - 0 win (Finn O'Malley, J Petersen)

Hockey: U15 Colts - St Pauls' Invitation

The U15 Colts hockey team travelled to Hamilton during tournament week to compete in the four day U15 invitational hockey tournament run by St Paul's Collegiate. This tournament was created seven years ago by St Paul's as they saw the need to prepare U15 players as their future 1st XI players. Like-minded schools who are regular high performers at the National schoolboy hockey tournament, Rankin Cup, are invited to play in the twelve team tournament.

PNBHS, who won this tournament for the first time last year, played two games on the first day, beating John McGlashan College from Dunedin 2-1, then Christ's College from Christchurch 3-0.

In the quarter final against Lindisfarne College from Hastings, we won 6-0. Later in the same day we played King's College from Auckland in the semi-final and beat them 4 -0.

The final was played against first round opponents, John McGlashan College. They had managed to win their remaining games to get through to the final, two of which were penalty shootout wins. We felt we hadn't played that well in our first match against them and wanted to show improvement. We won the final 6-0 in a totally dominant performance to win the Tanner Cup for the second time.

The U15 Colts showed true PNBHS pride and improved with every game they played and were a credit to the school. These players should now

set their goals on playing for the 1st XI in the future.

The team comprised: Ben Havord (captain), Liam Allen, Sam Bayley, Tom Bayley, Josh Campbell, Zach Carline, Thomas Harding, Harlem Kidd-Kaurauria, Harry Ogilvie, Aden Porritt, Varanjit Singh, Perry Smith, Flynn Underwood, Dan van der Spuy and Macca Williams.

Basketball: Prem A Regionals

In pool play the Prem A beat Heretaunga College 125 - 76, St Pat's Town 87 - 69 and Scots College 83 - 49 to qualify top of their pool.

In the cross over game they beat New Plymouth Boys' 82 - 57, but, in doing so, Taine Evans fractured his hand, Jacob Collis fractured his elbow and Kade Muru sprained his ankle. This seriously depleted the squad as Kobe Chapman also broke his leg in the first game of the tournament.

Under usual circumstances, the Prem A would have been confident of putting in a solid performance against Napier, but with only seven fit players, it was always going to be a huge challenge. In the end, Napier were too strong and PN-BHS lost the semi final 82-92. In the 3rd/4th play off against St Pat's Town, Mikaera Marsh injured himself in the warm up, so the team only had six players. In an extraordinary game, the Prem A were down 0 - 13 and looking likely to receive a good old fashioned hiding, but the team dug deep; down by 10 at 1/4 time they clawed back to 38 - 38 at half time. St Pat's rested their starters for much of the 2nd quarter and it is usual to play the starters at the start of the 3rd quarter, so PNBHS were expecting them to come out strongly in the 3rd quarter. Fortunately, PNBHS defensively were too strong and we won the 3rd quarter 26 - 7 and went on to win 79 - 53 to finish 3rd at the Zone 3 Regional tournament. Kopere Tanoa and Xzavia Mason top scored with 22 points each and Jake McKinlay scored 17 points.

Although it would have been nice to have a full squad for the semi and final, the real goal of regionals is to qualify for Nationals and the Prem A did that. They also showed excellent character in fronting up in difficult circumstances.

Basketball: Prem B Schick Cup Regionals

This year the school entered a team into the second tier regional tournament in Whanganui. The team progressed through pool play with wins against Champion College 109 - 38, Havelock North High School 90 - 44, and Hato Paora College 75 - 59, all 'A' teams.

The next game was a semi-final against Welling-

ton High School. A physical encounter saw us pull ahead in the third quarter to win 79 - 45. The final was played against Wanganui Collegiate, the only other unbeaten team. A strong first quarter saw us build a 10 point lead, and that was to decide the game with the B team winning 72 - 51 and being crowned Junior A Basketball Regionals

Basketball: U15 Regionals

This year the team travelled to Napier/Hastings for the regional tournament. Pool play started well with a 98 - 30 win over Fielding High School. The second game against Hastings Boys' High School was challenging, but we eventually ran out winners 82 - 61. The last game of the pool against Wellington College was won 99 - 43.

The quarter finals saw us surprisingly matched against Opunake High School. We were too strong for them, winning 99 - 33 and setting up a semi-final against Scots College. This was a very tightly contested game against a much taller team, and with a half-time score of 25 - 25 we were still in it. The third quarter saw us fall behind with a number of shots not scoring. Eventually we lost the game 72 - 59, setting up a 3rd/4th playoff against New Plymouth Boys' High School.

The boys replicated their result from 2017 beating NPBHS 81 - 55 and finishing 3rd in the region, losing one game against the tournament winner.

Badminton: Senior A - Nationals

Senior A Badminton Finished 6th at NZSS Nationals



This year brought strong results for the Senior A team at the Yonex National Secondary Schools tournament held in North Shore. The Senior A team, seeded 7th, suffered a harsh loss after being just six points behind Macleans College on countback after a 3 - 3 draw. Later that evening, the team played an outstanding game against

a very experienced Auckland Grammar team, losing 1 - 5. One great game was picked up by undefeated doubles pair Junius Ong (Captain) and Matthew Cao.

Day 2 saw more successes as the A team defeated Kristin School and Napier Boys' High - both 6 - 0 and a debut for key junior player Nathanael Zhang. On the third day, against our historical adversaries Hamilton Boys' High School, the team pulled together with a 4 - 2 win to finish in 3rd place in group B. We later played Rosehill College for a convincing 5 - 1 win. In the 5th/6th playoff we played St Kentigern College who proved to be too strong and we lost 4 - 2.

By Jordan Richard

Badminton: Senior B - Div 2 Nationals

Senior B Finished 10th in Division 2 Nationals



The Senior B team is a young team this year comprising of two Year 9 and two Year 10 students.

On the first day, the team played hard but lost to Auckland Grammar 0- 6, and played well to beat Taupo-nui-a-Tia College 5-1 in the evening. The next day, we played our closest tie by winning 6 points against our opponent Queen Charlotte College from Picton.

Our next tie on the second day was against tough opponents Otago Boys' High which we lost 0 - 6 and that put us in 3rd position in our group. In the evening tie, we came back strongly to beat Whanganui High 6 - 0.

In the final placing for 9th - 12th position, we were first pitted against John Paul College with a win of 4 -2 in favour of the Senior B. In the final game to determine the 9th or 10th placing the Senior B lost to a very experienced Manurewa High School by 1 - 5 to finish 10th overall in Division 2.

By Lucas Richardson

Golf Nationals

The top 16 Secondary School golf teams gathered at Palmerston Golf Club on Monday 3 September. The PNBHS team was made up of Kaleb Idemaru, Ethan Dodds, Bradley McSherry and Cameron Giddens. The tournament consisted of a morning and afternoon round. Conditions on the course were very wet and there certainly wasn't much run. The best performed PNBHS player on the day was Kaleb Idemaru with rounds of 75 and 74. Cameron Giddens was consistent with rounds of 79 and 80. Ethan Dodds had rounds of 77 and 82. Unfortunately, Bradley McSherry battled for rounds of 81 and 84. He is certainly a better player than that. PNBHS settled for 10th position. The tournament was won by Macleans College who had a player that shot a 60 in the 2nd round.



Football: 1st XI National Tournament

26th Place in National Tournament

Palmerston North Boys' High 1st XI football team played in the National tournament in sunny Christchurch, winning two games, losing four and drawing one. On the final day they finished in 26th place, playing Waimea College from Nelson, losing 0 - 2, in a close encounter.

Despite finishing in 26th place, the team played well in most games, dominating some phases of the game, but failing to execute on their chances when it counted. A 0 - 1 loss in their first game with St Pats Silverstream, followed by a draw to Kings College 0 - 0, put the team under pressure early in the tournament. A disappointing loss against Wakatipu College 2 - 4 was not enough to qualify for the top 16, finishing 4th in their pool.

A disappointing, and close loss to St Thomas of Canterbury, Christchurch in the crossover match, 0 - 1, was followed by a win against traditional foes, New Plymouth Boys' High 3 - 0. A win against Wakatipu College, 3 - 1, meant that the team was playing for 25th/ 26th place against Waimea College, which was subsequently lost, 0 - 2. The 1st XI are a relatively young team and will build on their experiences from the National Tournament.

Football: 2nd XI National Tournament

The 2nds started the tournament in a pool with Paeroa College, Scots College, and Waihi College.

The first game was against Scots on Tuesday morning. The day dawned fine and clear; however a blustery South Easterly was blowing right down the pitch, making playing into the wind very difficult; unfortunately this wind was present for the whole week. The boys played into the wind to start with and played very well, but could not find a way to put the ball into the back of the net; however they also denied Scots any chance of a goal. Playing with the wind in the second half the boys dominated the game to ultimately win two goals to nil. The afternoon's game was against Paeroa, who showed their intent early by packing their entire team into the penalty box, end result a nine nil win. The last pool game against Waihi was played Wednesday morning and after some early struggles the boys comfortably won six goals to one.

Thursday morning's quarter-final was against the home team, New Plymouth Boys High. The boys again dominated the game but struggled to convert all of their chances. In the end an early goal in the second half was the difference with the boys winning one nil. The afternoon's semi-final was against surprise package Kuranui. The boys lifted from their morning performance and easily won four nil, setting up a final against Hamilton Boys' High on the Friday. Both teams played well but the boys made more of their chances with Coebn Castell-Spence scoring his third hat-trick of the tournament in a four nil win.

Games Played 6, Won 6, Goals scored 26 Goals conceded 1.

Football: Junior XI Hillsdene Tournament

Team list: Brooklyn Browne, Jacob Dredge, Aadesh Ganugapati, Kieran Giddens, Alex Kilkelly, C. Alex King, Nathaniel Leask, Taine MacDonald, Riley Maclean, Daniel McDougall, Jaiden Meyer, Ben Mori, Santino Canterna, Bay Shi, Jayden Simpson, Tom Warnock VC.

Day 1: Pool A

Game 1. The boys got off to a good start with a 5-1 win against Mahurangi College. Ben Mori four goals and Daniel McDougall one goal.

Game 2: vs last year's winner, King's High School from Dunedin, loss -1-3. King's High School went on to reach the finals.

Game 3: Tauranga BC - atrocious weather. A lone goal from Jaiden Meyer. PNBHS finished strong,

and proved to be the better football playing side.

Score: 1-0

Day 2:

Game 4: Napier Boys ' High School. The junior team had recently played Napier BHS at Napier and had a 3-1 win against them. Napier were out for revenge for that 3-1 defeat in the Napier exchange. Tom Warnock dribbled around four players before slotting a goal. Ben continued his goal scoring form from the penalty spot. The Junior XI won convincingly by 2-0.

Game 5: Hastings BHS was another 3-1 victory with Ben Mori scoring all three goals, including one from the penalty spot.

PNBHS finished pool play with 12 points. Several teams from other pools had also finished with 12 points, but they were seeded into a higher group, due to goal difference.

PNBHS were up against the eventual winners, Scots College, for the first of the two games in Group Z.

Game 6: A loss to Scots College 4 - 0. Scots College were very clinical and played to their strength, dominating both the midfield and the wings.

Game 7: Napier Boys' High School. The speed and skill of Jaiden Meyer resulted in two goals; Riley Maclean scored the third, to win 3-0.

Final game: Play off for 9th and 10th - a loss to Avondale College 3-0. Avondale were more determined and deserved the win.

Overall the tournament provided a good experience for the Junior XI, playing against quality teams from around the country. The Junior XI stayed to watch the final, played between Scots College, 2018 winners and King's High School, the 2017 winners. This game identified the areas that the boys needed to work on in order to improve, as both individual footballers and as a team. The Junior XI had nine year 9s in the squad of sixteen this year.



Prem A vs Scots
***** and *****





PNBHS - TERM FOUR EVENTS - 2018

WEEKS 1 - 5



DAY	WEEK / DATE / DAY	EVENTS
	WEEK 1 (15 Oct - 21 Oct)	
6	Monday 15 October	START OF TERM IV
6	Monday 15 October	Otago University Course Planning - Careers Room, Period 4
7	Tuesday 16 October	NZQA Puhoro Workshop - Selected Senior Students - Boardroom, 9:30am-12:25pm
7	Tuesday 16 October	Year 8 College House Orientation, 10:30am
7	Tuesday 16 October	Year 8 Testing - PNINS - Old Gym, 9:00am-12:00noon
7	Tuesday 16 October	Year 11 Barrowclough Leadership Seminar - Speirs Centre, 3:30-5:00pm
7	Tuesday 16 October	PTA Meeting - Library, 5:30pm
8	Wednesday 17 October	Year 8 Testing - College House and Country Schools - Old Gym, 12:00-3:00pm
8	Wednesday 17 October	Year 12 Barrowclough Leadership Seminar - Speirs Centre, 3:30-5:00pm
9	Thursday 18 October	Year 8 Testing - Old Gym, 9:00am-12:00noon
9	Thursday 18 October	PNBHS Board of Trustees Monthly Meeting - Boardroom, 6:30pm
10	Friday 19 October	Year 11 Trade Fair - Periods 3 & 4
10	Friday 19 October	PNBHS Old Boys' Sports Day - Cricket; Football; Golf; Hockey; Rugby 7's; Squash; Tennis; Volleyball; Water Polo
	Saturday 20 October	1st XI Cricket Development Tour to Perth and South Africa - Return
	WEEK 2 (22 Oct - 28 Oct)	
	Monday 22 October	LABOUR DAY
3	Wednesday 24 October	Fred Hollows Day Collection
3 - 5	Wed 24 Oct - Fri 26 Oct	Senior Music Assessments - Year 11-13 Students
4	Thursday 25 October	Ki o Rahi Regionals - Tai Wānanga Tū Toa - Te Aokautere
4	Thursday 25 October	Year 10 Camps - Second Payment Date
4	Thursday 25 October	Enrolments for 2019 Massey Accelerate Students - Period 5
4	Thursday 25 October	Orientation Evening - 2019 Year 9 - Hall, 7:00pm
5	Friday 26 October	Scholarship Calculus Study Leave - Massey Examination
5	Friday 26 October	Scholarship Biology Workshop - Massey
5	Fri 26 Oct - Sun 28 Oct	Mau Rākau Grading, Rākoutātahi Marae - Takapau
	WEEK 3 (29 Oct - 4 Nov)	
6	Monday 29 October	Scholarship Calculus - Massey Examination
7	Tuesday 30 October	Year 10 Camp Meeting with Parents - Speirs Centre, 7:30pm
8	Wednesday 31 October	Manawatu SS Sports Awards – Awapuni Racecourse, 6:30-9:30pm
10	Friday 2 November	Senior Students Study Leave Starts: Year 13 - Pd 3; Year 12 - Pd 4; Year 11 - Pd 5
	WEEK 4 (5 Nov - 11 Nov)	
1 - 4	Mon 5 Nov - Fri 9 Nov	Bells Change to 2-1-2 for this week
1	Monday 5 November	Examinations For Year 9 and 10 Students
3	Wednesday 7 November	Year 13 Leavers' Dinner – College House, 6:30pm
	Saturday 10 November	NCEA & Scholarship Examinations Start
		College House Parents Of The Leavers' Dinner
	WEEK 5 (12 Nov - 18 Nov)	
6	Monday 12 November	Armistice Remembrance Service - 11:10am
7	Tuesday 13 November	PTA Meeting - Library, 5:30pm
9	Thursday 15 November	Year 9 Social Studies Fieldtrip - 4 Classes - Wellington
9	Thursday 15 November	Year 10 Camps - Final Payment Date
9	Thursday 15 November	PNBHS Board of Trustees Monthly Meeting – Boardroom, 6:30pm
9 - 10	Thu 15 Nov - Fri 16 Nov	Sports Development Programme - Trials For 2019 Year 9 Students
10	Friday 16 November	Year 9 Social Studies Fieldtrip - 4 Classes - Wellington
10	Friday 16 November	MTcLg Student Teacher Semester 2 Ends

The second half of the term calendar will appear in the next newsletter



The Board of Trustees has approved the PNBHS 2020 Rugby Tour of England, Ireland, Scotland & Wales. The proposed tour is set for the end of the Term Three holidays in October 2020. The tour will be for approximately 21 days.

If you are a parent of a 2018 Year 9, 10 or 11 rugby player, the following information will give you a broad outline of the proposed tour:

The tour will follow the same format of the three previous tours with games in Scotland, Ireland, Wales and England.

We will be looking to select two teams to tour: The 2020 1st XV and a development team. The development team will be made up of players we believe have the potential to play 1st XV or 2nd XV rugby for the school in 2021. There will be 44 boys selected in total.

While it is difficult to estimate the cost of the trip, a sensible estimate would be \$8000 per player. There will be a number of fundraising opportunities for the boys that will reduce this cost.

At this stage, we are looking for an expression of interest from families who would like their son to be considered for selection. This is a two part process:

1. Provide your son's details and position to Mr Greer who will collate the list.
2. Pay a refundable deposit of \$100 to the Finance Office as soon as possible. If your son is not selected, the deposit will be returned to you.

The selection of players for the tour will be made by PNBHS rugby staff who will watch games and consult with coaches to determine the best fit for each position. Not being in a top year level rugby team does not preclude your son from being considered. We understand that players develop at different paces and there are plenty of talented players who are not in "A" sides at present.

There will be information evenings in the future, once dates and venues have been confirmed.

Also it would be advantageous to follow the PNBHS rugby page, if you are not already. Information will be posted there as necessary.

If you have any questions please contact

Brett Greer

greerb@pnbhs.school.nz



Stolen? Or Simply Left Behind

In the past few weeks we have had a number of young men, and their parents, extremely concerned about stolen property – jackets, jerseys etc. The school takes theft extremely seriously and will do what it can to solve cases of theft. The consequences for anyone caught stealing at Palmerston North Boys' High School will be serious.

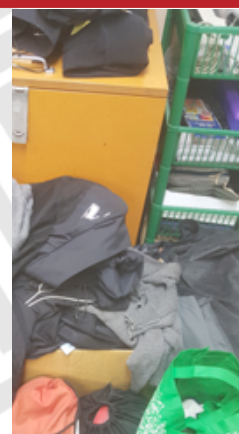
However, please note that almost all of the recent cases of reported theft have, in fact, not been theft at all. In nearly every case, the young men have simply left their clothing or bag behind and the

property had been handed in to the Student Support Centre. This is despite the fact that the students were adamant that their "gear" had been stolen and they had told their parents that this was the case.

If your son believes his property has been stolen, it is essential that he reports this.

However, he first needs to check in at the Student Support Centre to see if it has been handed in. Most property left behind usually "turns up" within a few days. Another good task is to go around his previous classrooms and teachers and see if he has simply left his clothing in a previous lesson, as this is very common.

The amount of clothing that is simply left around the school on a daily basis is staggering. The majority of what you see in these photos comprises the clothing handed in to the Student Support Centre within one to two days only.





OUTWARD BOUND

School Holiday Teen Course

Our Explorer course is the ideal start to life's great journey for teens aged 14-15 years.

This seven day programme is designed to give you the skills - and friendships - to help you find a clear path for growth.

Activities include tramping, camping, kayaking, running, sailing, swimming, rock climbing and high-ropes.

"I swapped social media for adventure, worries for quality chats with new friends and my comfort zone for some crazy and unforgettable experiences."

Key outcomes include:

- Make friends and have fun
- Develop self-awareness and self-identity
- Increase confidence and motivation
- Experience success as a member of a team and develop team skills
- Develop an appreciation for the outdoors

Upcoming course dates

Thurs 27 Sep - Wed 3 Oct
Sun 7 Oct - Sat 13 Oct

To find out more get in touch on 0800 688 927
outwardbound.co.nz

NEW ZEALAND RED CROSS
RIPEKA WHERO AOTEAROA

NZ Red Cross Palmerston North
Refugee Support Volunteer
September training starts:
Thurs 13th Sept 6:30pm

Contact us for more information:
0800 RED CROSS

Your children are amazing already. We just help them prove it.

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Palmerston North Ph 354 3211

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Book now!

Enrol your child
for Yoga Classes
for term 4 now.
Kids (5-10 years)
Monday's 3.30

- 4.15pm and Teens (11-16 years) Monday's 4.30 - 5.30pm. Covering yoga poses, breathing techniques in a non competitive environment. Overwhelming research shows children who practice Yoga on a regular basis have better focus in class and a higher achievement level, are more confident and better able to cope with life's day to day pressures.

Enquirers to Tracy 021525669 or tracy@atyoga.kiwi
www.atyoga.kiwi

@yoga

GETTING PEOPLE PLACES

CHANGE IN TIMETABLE: Cloverlea/Milson Services Effective Monday 1 October 2018

The timetable will be reverting back to 20 minute peak and 40 minute off-peak frequencies* - changes impact Mon-Fri services only -

5 CLOVERLEA

Direction	10:00	10:20	10:40	11:00	11:20	11:40	12:00	12:20	12:40	13:00	13:20	13:40	14:00	14:20	14:40	15:00	15:20	15:40	16:00	16:20	16:40	17:00	17:20	17:40	18:00
Monday - Friday	7:00	7:20	7:40	8:00	8:20	8:40	9:00	9:20	9:40	10:00	10:20	10:40	11:00	11:20	11:40	12:00	12:20	12:40	13:00	13:20	13:40	14:00	14:20	14:40	15:00

6 MILSON

Direction	10:00	10:20	10:40	11:00	11:20	11:40	12:00	12:20	12:40	13:00	13:20	13:40	14:00	14:20	14:40	15:00	15:20	15:40	16:00	16:20	16:40	17:00	17:20	17:40	18:00
Monday - Friday	7:00	7:20	7:40	8:00	8:20	8:40	9:00	9:20	9:40	10:00	10:20	10:40	11:00	11:20	11:40	12:00	12:20	12:40	13:00	13:20	13:40	14:00	14:20	14:40	15:00

Please check the direction of travel as some services have changed.

Printed timetables are now available at the i-Site and on buses

From 1 October 2018:

1. Plan your new journey on the GoHorizons app, or
2. Download the new timetable from horizons.govt.nz

*Changes impact the Cloverlea/Milson weekday services only. All other PN urban services are unaffected

If you have any queries please contact the transport team on 0508 800 800 or transport@horizons.govt.nz

horizons
regional council

Photo Albums

If you wish to view photo albums of various events that have been posted up on Facebook, please click on this link, which will take you to the Albums on Facebook

[PNBHS Facebook Photo Albums](#)

If you are reading a hard copy of this newsletter, you need to go to
<https://www.facebook.com/pg/PalmyBoys/photos/?tab=albums>



WANTED: HOMESTAY FAMILIES

- SHORT & LONG-TERM OPTIONS (2 WEEKS, 5 WEEKS, 1 TERM, 2 TERMS, 1 YEAR)
- \$250 PER WEEK (2019)
- A GREAT WAY TO EXPLORE NEW CULTURES AND LANGUAGES WITH YOUR FAMILY
- A REWARDING AND ENRICHING EXPERIENCE TO SHOW A FOREIGN STUDENT THE KIWI WAY

Please contact Wendy Christophers, Accommodation Manager, at homestay@pnbhs.school.nz or 354 5176 ext 775 for more information.



PROACTIVE

Four Corners of Health

Proactive Physio

Any student with a sports related injury has access to physio at school covered by the ACCC (Mon and Wed 7:30am-9:00am) or at the Proactive clinic at reduced rates. Please see Mr Finch for more information.



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