

## COVID-19/CORONAVIRUS INFORMATION Sunday, March 22



Good afternoon Parents/Caregivers,

The latest update from the Secretary for Education includes the following information:

With the <u>announcement</u> that New Zealand has moved to <u>Alert Level 2 – Reduce Contact</u> for COVID-19, people over 70 years of age and those with compromised immunity and certain existing medical conditions are asked to remain at home as much as they can from now on and avoid any non-essential travel.

Staff, children and young people in schools and early learning services are therefore asked to follow this advice.

## High risk individuals

While the majority of people who are confirmed with COVID-19 will experience mild to moderate symptoms, some individuals are at risk of more severe symptoms.

Older people, particularly those with pre-existing health problems are more likely to get severe illness and are therefore considered at risk. High risk individuals also include people with underlying medical conditions, such as:

- a compromised immune system
- liver disease
- cancer
- kidney disease
- heart disease
- diabetes mellitus

## Further information is available at:

- https://covid19.govt.nz/help-and-advice/for-everyone/vulnerable-people/
- https://www.health.govt.nz/our-work/diseases-and-conditions/covid-19-novel-coronavirus/covid-19-novel-coronavirus-health-advice-general-public/covid-19-novel-coronavirus-questions-and-answers

It is therefore recommended that any of our young men who fit into those categories remain at home, along with a further reminder that any young men displaying cold or flu-like symptoms also remain at home.

Yours faithfully,

D M Bovey RECTOR





