



# COVID-19/CORONAVIRUS INFORMATION

## Friday, April 3



Dear Parents/Guardians and Young Men,

We are now more than one week into the Alert Level 4 Lockdown. Hopefully our young men and their whanau have developed routines to give their days some structure and are also attending to their physical and mental health and wellbeing with regular exercise. Remember that even under the Level 4 restrictions individual exercise is permitted and is an acceptable reason for being outside of home.

A reminder that term two will start on Wednesday, April 15. We will be in contact with you again closer to that date with information about remote teaching and learning. In the meantime, we have compiled suggestions of activities that will be beneficial for young men and whanau over the coming weeks. Please see the attached document for details. This enforced period of lockdown is a great opportunity for social bonding.

We will continue to post additional information on our social media sites, Facebook (<https://www.facebook.com/PalmyBoys/>) and Instagram ([https://www.instagram.com/palmy\\_boys\\_/](https://www.instagram.com/palmy_boys_/)).

The PNBHS Daily Fitness Challenges, provided by our Director of Sport, Mr. Finch, are also on Instagram ([https://www.instagram.com/pnbhs\\_fitness\\_challenges/](https://www.instagram.com/pnbhs_fitness_challenges/)).

Can I please encourage all in our community to continue to abide by the Alert Level 4 restrictions. This is the best thing that we can do to protect our own physical health and that of our friends, whanau and wider community.

Kind regards,

D M Bovey  
RECTOR



Palmy\_Boys\_



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